



“Health District / Immunizations” ***with Dr. Frank Collins***

Dr. Frank Collins will be giving us an update on what we should be looking for in the way of immunizations this year. Why Immunize? Why immunize our children? Sometimes we are confused by the messages in the media. First we are assured that, thanks to vaccines, some diseases are almost gone from the U.S. But we are also warned to immunize our children, ourselves as adults, and the elderly. Diseases are becoming rare due to vaccinations.

It's true, some diseases (like polio and diphtheria) are becoming very rare in the U.S. Of course, they are becoming rare largely because we have been vaccinating against them. But it is still reasonable to ask whether it's really worthwhile to keep vaccinating. It's much like bailing out a boat with a slow leak. When we started bailing, the boat was filled with water. But we have been bailing fast and hard, and now it is almost dry. We could say, "Good. The boat is dry now, so we can throw away the bucket and relax." But the leak hasn't stopped. Before long we'd notice a little water seeping in, and soon it might be back up to the same level as when we started.

Keep immunizing until disease is eliminated.

Unless we can "stop the leak" (eliminate the disease), it is important to keep immunizing. Even if there are only a few cases of disease today, if we take away the protection given by vaccination, more and more people will become infected and will spread disease to others. Soon we will undo the progress we have made over the years.

Japan reduced pertussis vaccinations, and an epidemic occurred.

In 1974, Japan had a successful pertussis (whooping cough) vaccination program, with nearly 80% of Japanese children vaccinated. That year only 393 cases of pertussis were reported in the entire country, and there were no deaths from pertussis. But then rumors began to spread that pertussis vaccination was no longer needed and that the vaccine was not safe, and by 1976 only 10% of infants were getting vaccinated. In 1979 Japan suffered a major pertussis epidemic, with more than 13,000 cases of whooping cough and 41 deaths. In 1981 the government began vaccinating with acellular pertussis vaccine, and the number of pertussis cases dropped again. What if we stopped vaccinating?

So what would happen if we stopped vaccinating here? Diseases that are almost unknown would stage a comeback. Before long we would see epidemics of diseases that are nearly under control today. More children would get sick and more would die.

We vaccinate to protect our future.

We don't vaccinate just to protect our children. We also vaccinate to protect our grandchildren and their grandchildren. With one disease, smallpox, we "stopped the leak" in the boat by eradicating the disease. Our children don't have to get smallpox shots any more because the disease no longer exists. If we keep vaccinating now, parents in the future may be able to trust that diseases like polio and meningitis won't infect, cripple, or kill children. Vaccinations are one of the best ways to put an end to the serious effects of certain diseases

January is Rotary Awareness Month

- The year was 1948 - 1949 -

Don Phipps was our president this year. This year Dr. Herbert Morse, the "Father" of our Wenatchee Rotary Club, our first president and club secretary and Appleseed Editor for 25 years passed away. We sponsored the Grand Coulee Rotary Club in January 1949. In this same year the Women of Rotary of Wenatchee was also organized by Mrs. Ivan Compton with the help of the Spokane Women of Rotary. The club had 130 members at years end.

Upcoming Probable Programs —

January 21 - Senior Moment Classification Talks by Marc Heminger and Jim McDonald

January 28 - Tech School

February 4 - Classification Talks - Chris Rumbles and Gary Provo

February 11 - Citizenship Luncheon - Norma Gallegos



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The Week in Review –

This week we were treated to two classification talks. Jessi Mendoza who was proposed for membership by Jesus Hernandez. Jessi was born in the Wenatchee Valley and grew up working on an orchard in the Orondo area. He met Jesus about 15 years ago at a school board meeting and was impressed with the way Jesus told him he could be anything he wanted to be. His parents instilled a work ethic in him at an early age and he began working at 12 years of age swamping cherries. They also taught him the importance of family, integrity, honesty and an education. He graduated from WHS and then went on to Wenatchee Valley College. After graduating from WVC he went to WSU where he received his degree. He then went on to study in Thailand for 6 months. Now that he had gotten his education out of the way he interned at Northwestern Mutual where he learned about economics and financial management. Upon completion of that he went to work for Numerica Credit Union where he serves as a financial advisor. Jessi proposed to his wife while standing in line for a zip line trip. She apparently said yes as they have now been married for a year and a half.

Dee Curcio was introduced by Alice Meyer, who has known her for several years. Dee is of Italian descent and holds dual citizenship passports. She professes to be a product of the 60's and a bleeding heart liberal. She grew up in Maryland near Washington DC and received her education in acupuncture and oriental medicine. She also studied herbology and liked to garden. Dee went to China to learn and practice oriental medicine and practiced East Asian medicine while there. She worked in a Chinese hospital for 6 months. Dee gave us a short course in acupuncture telling us that there are 300 points on the human body that can get out of sync and that she can put them back into sync with warm needles. She offered to give us a live demonstration at her business. I can't wait to have someone stick hot needles in 300 places on my body.

Welcome Dee & Jessi to Wenatchee Rotary!

WENATCHEE ROTARY CALENDAR

January 30, 2016

Wenatchee Rotary Auction

May 12 -16, 2016

District Conference - Yakima, WA

May 28 - June 1

RI Convention - Seoul, Korea

WELCOME NEW MEMBERS

This Thursday we inducted to new members to Wenatchee Rotary.

Sarah Johnson was proposed by Steph Grubich as a new corporate member under the Confluence Health umbrella. She is the Director of Organizational Development at the hospital. Maybe she can help us to get organized.

Marianne Rumbolz was proposed by John McDarment. She recently moved to Wenatchee to take a job in catering here at the Red Lion. She is married to Rory and has two teen age daughters.

Welcome to Wenatchee Rotary, Sarah & Marianne!

PLAN TO ATTEND DISTRICT CONFERENCE

Jump Right In

to enjoy Footprints, Fellowship, & Fun

District Governor Greg & Jan Luring invite all District Rotarians to join them in Yakima for this years District Conference May 12-16, 2016. There will be good food, great speakers, music and enlightening breakout sessions.

Sign up early to receive best prices and don't forget to sign up for Home Hosting, tours and lots of fun Rotary Fellowship. To register just go to the District website and click on the District Conference Registration form. Now isn't that easy?

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Auction 2016

BUILDING COMMUNITIES

“BUILDING COMMUNITIES” AUCTION UPDATE
JUST OVER 2 WEEKS TO GO

The countdown has begun to Saturday night, January 30th. If you have not yet bought your ticket please do so NOW. There is still time to get those last minute items in and to get tickets. We are now at about 175 tickets sold, so keep it up. We would like to get at least another 75 people there. We have a lot of great items to auction and most of you have received a copy of the Oral Auction Items. A few changes have already been made to that list and a few additional items may be added. We currently are looking at about 30-35 items in the Oral Auction and about 150 for the silent auction. Our wine cellar is going to have at least 100 bottles of wine. Tom and I would like to thank all of you for your support. These fund raisers don't just happen, your committee has been working over time to get everything together. PLEASE come to the auction and enjoy the evening. It is a great place to come for some fellowship and the opportunity to shop for that family vacation you know you want to take next summer. We now have 30 table sponsors.

You get to have all this fun and know that you are helping many very worthwhile entities. Recipients are the Women's Resource Center, Rotary Park, our Interact club's Habitat Build, Scholarships through our Wenatchee Rotary Foundation, the Pybus Foundation, WestSide and other charitable community causes.

Get Your Tickets Today!

YOU KNOW THAT
LITTLE THING
INSIDE YOUR HEAD THAT
KEEPS YOU FROM SAYING THINGS
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**Yeah, I don't have
one of those.**

THE MEANING OF EVERY ROTARIAN EVERY YEAR

You have heard this phrase often but did you ever wonder what the significance of this phrase really means. It means that you are supporting the RI Foundation in some way each year. Whether it is \$5

or \$5,000. It's not the amount, but by making some donation to the Foundation you are showing that you believe in the work being done and are willing to support it. Let's try to make our club truly a 100% believer in our Foundation. Make your donations through Tom Ross telling him you support the foundation or go online to the RI Website and make your donation.

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Did you know that you can make up a meeting at the following places? —

Wenatchee North	@ Town Toyota Center	Wed. Noon	East Wenatchee	@ Shari's Restaurant	Thurs. 7 am
Wenatchee Sunrise	@ Red Lion	Tues. 7 am	Lake Chelan	@ Campbell's	Tues. 11:45 am
Cashmere	@ Cashmere Presbyterian Church	Wed. Noon	Quincy	@ Quincy Senior Center	Thur. Noon
Leavenworth	@ Kristall's	Fri. 11:45 am			

THE WENATCHEE ROTARY FOUNDATION

THE MISSION OF THE WENATCHEE ROTARY FOUNDATION IS TO IMPROVE EDUCATIONAL OPPORTUNITIES FOR CITIZENS LIVING IN THE GREATER WENATCHEE AREA. FUNDING FOR THE FOUNDATION IS THROUGH IMMEDIATE AND DEFERRED GIVING FROM CURRENT AND PAST WENATCHEE ROTARY CLUB MEMBERS. EACH CLUB MEMBER IN GOOD STANDING IS ALSO A MEMBER OF THE FOUNDATION.

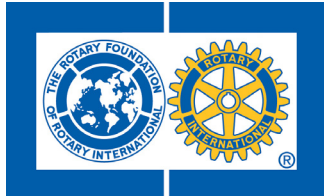
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BOARD MEMBERS: MELISSA HERNANDEZ, PAUL PANKEY, JOE ST. JEAN, RUTH ESPARZA, ALICE MEYER, JIM RUSSELL

Rotary Ambassadors

This week's greeters will be



CHRISTINA DAVITT



CLAUDIA DEROBLES

Rotary Ambassadors

This week's Cashiers will be



RICHARD DEROCK



ROBIN DEROCK

Greeters & Cashiers, please try to arrive by 11:30 a.m.
If you cannot be here please find your own replacement!

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IF YOU HAVE AN ITEM YOU WOULD LIKE TO INCLUDE IN THE **APPLESEED**

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THE BOARD MEETS AT 7 AM ON THE FIRST THURSDAY
OF EACH MONTH IN THE COMMUNITY CHOICE CONFERENCE ROOM
NEXT BOARD MEETING THURSDAY, FEBRUARY 4, 2016

VISIT OUR WENATCHEE ROTARY WEBSITE AT:
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