

PROTECT
YOUR
ONLINE
ACCOUNTS

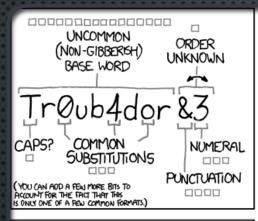


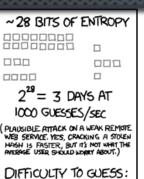


PASSWORDS

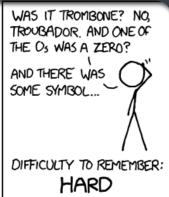
2FA

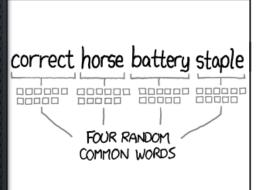
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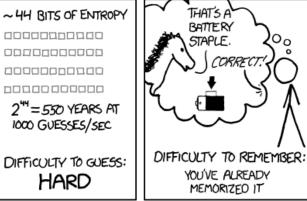




EASY







THROUGH 20 YEARS OF EFFORT, WE'VE SUCCESSFULLY TRAINED EVERYONE TO USE PASSWORDS THAT ARE HARD FOR HUMANS TO REMEMBER, BUT EASY FOR COMPUTERS TO GUESS.

PASSWORDS

- THE GUIDANCE YOU'VE BEEN TOLD ALL THESE YEARS? It's WRONG.
- USE A PASSPHRASE.
- But don't forget the second factor!
- AND DON'T REUSE PASSWORDS ACROSS [IMPORTANT] SITES!
- How to remember?

PASSWORD MANAGERS

- YOUR MAC OR PC COME WITH ONES THAT WORK FINE.
- If you want to share, LastPass and 1Password are both GOOD OPTIONS.
- LET THEM DO THE COMPLICATED PASSWORDS AND REMEMBER
 THEM





TWO (OR THREE) FACTOR AUTHENTICATION

• SOMETHING YOU KNOW (A PASSWORD)

AND

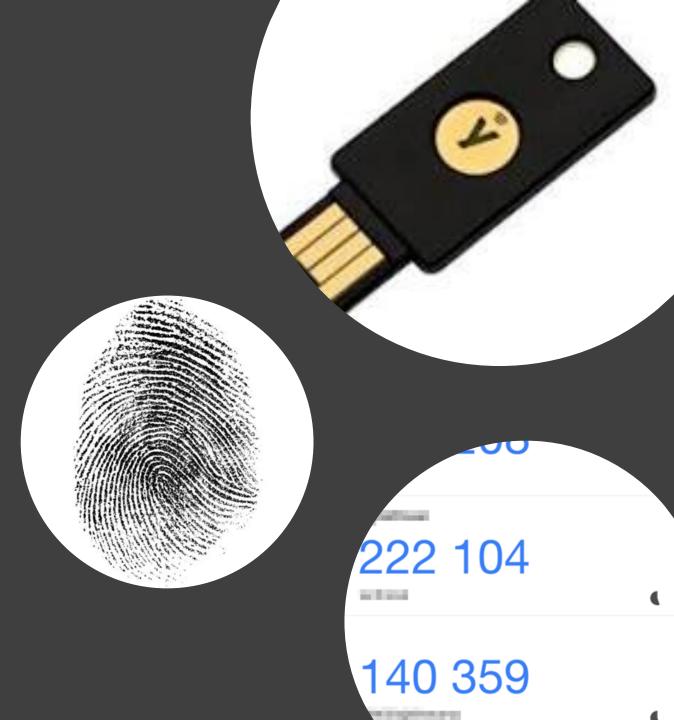
• SOMETHING YOU HAVE (YOUR PHONE/A KEY/A TOKEN)

AND/OR

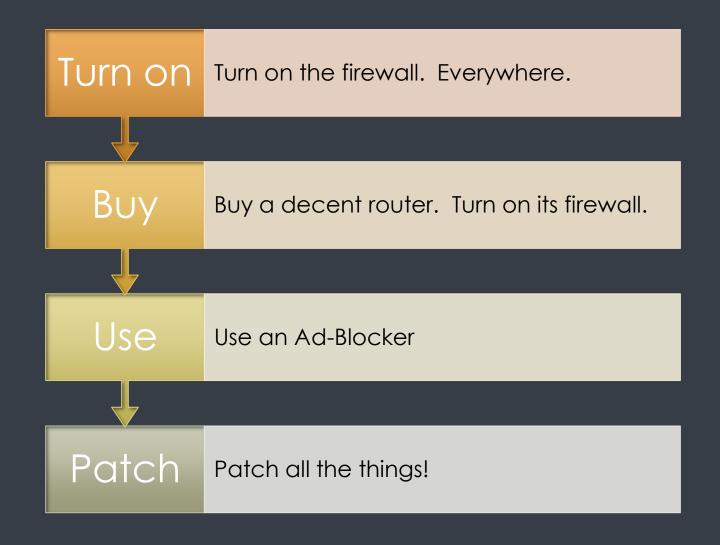
 SOMETHING YOU ARE (YOUR FINGERPRINT/FACE GEOMETRY)

SEE <u>HTTPS://TWOFACTORAUTH.ORG</u> ON HOW TO ENABLE FOR ALL YOUR FAVORITE SITES.

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PROTECT YOUR COMPUTERS



FIREWALLS





TURN ON WHEREVER YOU CAN
– LAPTOPS, DESKTOPS, MAC,
PC, ROUTER

THERE ARE ALSO PHONE APPS AS WELL, BUT BE CAREFUL.

ROUTERS

- THE ONE FROM YOUR ISP? DON'T TRUST IT.
- A DECENT ONE WILL BE \$100 AND UP FROM A KNOWN BRAND
 - Linksys, D-Link, Asus, Google, Netgear, Ubiquiti, Meraki, Cisco
- WHATEVER YOU BUY MAKE SURE YOU:
 - SET A STRONG PASSPHRASE ON THE WIRELESS
 - SET IT TO AUTOMATICALLY UPDATE/UPGRADE ITSELF.
 - ON THE FIREWALL



ANTI-VIRUS





- RUNNING WINDOWS? WINDOWS DEFENDER IS GOOD ENOUGH.
 - Just make sure you turn it on.
- YES, YOUR MAC NEEDS IT TOO.
 - Cylance, Sophos, Avast are all good options.





PATCHING



Yes it's annoying.



Just do it.



Don't forget all your devices!

Phone

Laptop

Desktop

Router/Firewall

TV

Medical Devices

Car

OTHER TIPS







USE A SEPARATE BROWSER OR DEVICE FOR CASUAL USE VS IMPORTANT BUSINESS NOTHING SAYS YOU HAVE TO BE HONEST

USE A TEMPORARY E-MAIL SERVICE



The IRS and SSA do not e-mail or call when they have an issue.



Neither does that solicitor



Microsoft, Apple, and your software providers will never call.



Gift cards are never a valid payment option

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SOCIAL ENGINEERING

PRIVACY



IF YOU AREN'T PAYING FOR THE SERVICE, YOU'RE THE PRODUCT. NOT THE CUSTOMER



USE AN AD-BLOCKER.



INCOGNITO OR PRIVATE BROWSING MODES HELP, BUT THEY'RE NOT FOOLPROOF



OPT-OUT AT

HTTP://OPTOUT.NETWORK

ADVERTISING.ORG/?C=1

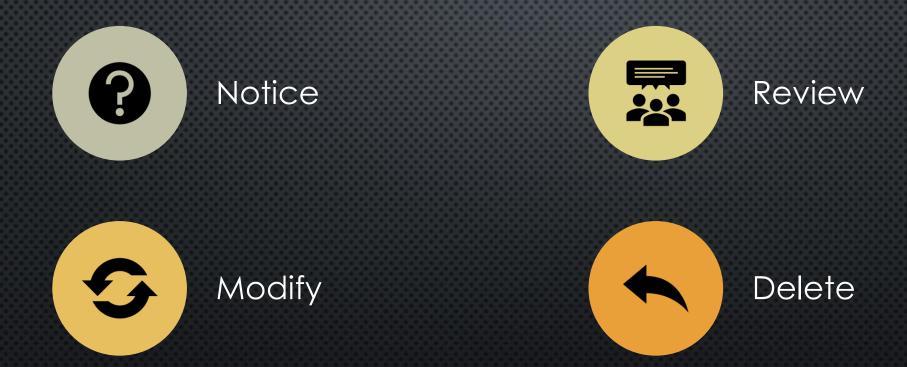


DOUBLE-CHECK THE PRIVACY SETTINGS ON YOUR PHONE APPS

https://www.apple.com/privacy/manage-your-privacy/

https://support.google.com/chrome/answer/114836?co=GE NIE.Platform%3DAndroid&hl=en-GB

PRIVACY FOR BUSINESS



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