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Merry Christmas and best wishes for the coming year. I was not sure I would send out a Christmas newsletter this year. I decided I had 4 reasons to send it. 1. I have a year of stories compelling me to write to you, even though you may not think they are compelling. 2. I looked over your names on my Christmas list and I had so many fond memories of you I wanted to write to you. 3. Some of you have fond memories with Karen and would like to be greeted with news from her family's year. 4. I have a new address. At least look at the great pictures..



I moved into my apartment in a Wesley Living retirement center at the complex where Carol lives. I eat better, sleep better, exercise more, make new friends, and live closer to Carol. I visit Lynne frequently and regularly. Carol and I have traveled to California on Amtrack, cruised the Mexican Riviera, wore Halloween costumes (see picture), and visited many physicians' offices. We presented three sessions as certified volunteer Alzheimer's Educators on caregiving for people with Alzheimer's.

Lynne celebrated her 58th birthday at her memory care home. Many well-wishers liked this photo of her radiant smile with her three sons. She is on hospice and we continue to be blessed by compassionate and fun-filled visits from her friends and family. Lynne's sons live with their father in Seattle and visit their mom often.



Keith and Sheri Russell's family toured Italy for one month, shown here in the Dolomites. Alena is in Graduate School for Art History at New York University. Maysee will graduate next year from Oregon in Public Policy and Planning. She is dancing and choreographing for the UO hip hop team in their performances at UO basketball games and other events. Keith has been honored to become the Dean of Humanities and Social Sciences, a demanding and rewarding responsibility in these turbulent times of liberal arts education. Sheri continues her highly respected mediation and consulting practice and teaching conflict resolution and law courses.



Pam and Eduardo toured France and cheered racers on four legs of the Tour-de-France bicycle race. We spotted them on TV in their dream vacation. They continue to work in meaningful and challenging jobs: Pam is a writer, supporting professional learning for a top K—12 ed-tech company; Eduardo as a foreman who safely and effectively upgrades electrical transmission power lines as a member of IBEW Local 1245. PS They also adopted my little dog Haley, shown here blessing their big dog Monty.

