



RICHLAND

July 23, 2019

ROTARY REACTOR

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Web Site: www.richlandrotaryclub.org
Facebook: <https://m.facebook.com/RichlandRotaryClubWA/>

• PO Box 37 • Richland, WA 99352
• Meetings every Tuesday at 12:10 p.m.
Red Lion Hotel (Hanford House)
• Charter 7390 • District 5080 • Club ID#262

July Speaker Schedule

30th – Fellowship

Preliminaries

President Julie Funfar opened the meeting by calling on Linda Bauer to lead us in singing “You Are My Sunshine.” Kristy Sandidge-Fargher led us in reciting the Pledge of Allegiance, and Chris Smith provided the invocation.

Visitors and Guests

Judy Addis hosted her husband Bill Addis.

Announcements

Terri LeBlanc announced that next week’s Last Tuesday Fellowship get together will be held at the Rotary Gazebo from 4:00 PM to 6:00 PM. It is located just north of our regular meeting place, the Red Lion Hotel Richland Hanford House, behind Sterling’s off Newton St., between George Washington Way and Amon Park Drive.

Linda Bauer announced that she is looking for a new Area 10 Assistant Governor to succeed her and



sit on the District Council. She also recounted some of the travel adventures she and Jim had in Europe, including a visit to a Rotary club in Amsterdam. She managed to abscond with club’s flag, which she proudly displayed for us.

50/50

Gary Scofield noted that there was a grand total of \$33 in the pot today. Linda Bauer drew the first number which was 388. Josh Smith, visiting

PAUL HARRIS FELLOWS

Judy Addis (3S)(B)	Darrel Johnsen (3S)	Chris Senske (6R)
Steve Arneson (1R)	Roy Keck	Rick Schulte
Jeremy Asmus (2S)	Phillip Koech	Bill R. Siefken (1R)
Jim Bauer (4MD)(B)	Dave Larkin (D)	Mike Sinclair
Linda Bauer (4MD)(B)	Pamela Larsen (4S)(B)	Mark Smith (6S)(B)
Bob Best (2S)(B)	Bob D. Larson (4S)(B)	Bob Tibbatts (2S)
Tom Bock (1R)(B)	Phil Lemley (2S)	Cynthia Vaughn
Gordon Bopp (1S)	Tim Lewis (3S)	Sam R. Volpentest (2R)(B)
Blaine Carr (6S)	Larry Lowry (3S)(B)	Tom Watkins (D)(B)
Thomas A. Cowan (4S)(B)	Jerry J. McGuire (2S)(B)	Ken Williams (6S)
Bob De Lorenzo (D)(B)	Kathy Miller (5S)	Hal Williamson (4MD)(B)
Jeanne Dillner (2S)	Greg Oberg (4S)(B)	(B) Benefactor
Barbara French (D)	Thomas M. O'Brien (2S)	(D) Diamond PHF
Julie Funfar	Jon M. Putz (6S)	(DD) Dbl. Diamond PHF
Linda Gilmore (2S)	Cindy Reents (1S)	(R) Ruby
Jan Griffin (1S)	Dick Richter (2S)	(#R) Multiple Ruby
Diahann Howard	Robert Rivera	(S) Sapphire
Jan Jackson (2S)	Gary Scofield (4S)(B)	(MD) Major Donor
Larry D. Jecha	Anjan K. Sen (1S)	

Officers

President Julie Funfar
President Elect.....Chris Meiers
Secretary.....Jeanne Dillner
Treasurer.....Dick Richter
Foundation Treasurer.....Steve Arneson
Past President.....Bob Tibbatts

Directors

Meeting Service.....Tom O'Brien
International Service.....Phillip Koech
Community Service.....Mike Sinclair
New Generations.....Tom Hunnington
Fellowship & Fund Raising.....Travis Clifton
Public Relations.....Jeremy Asmus

from the Richland Fire Department for today's Program had the number. He went for the pot but came up with a blue chip. He drew number 386, which belonged Ian Napier who took the \$10.

Judge Jim Bauer

Judge Jim began his session by offering for auction two boxes of dark chocolates he brought back from his and Linda's trip to Europe. Ian Napier and Chris Smith won one box apiece with bids of \$10 each. Jim recommends pairing them with a nice port.

Next up for auction was a container of stroopwafels. Jacqui Wright won the Dutch delight with a bid of \$16.

Quiz Bowl: Show and Guess Edition

Judge Jim began the quiz with a game of identify-that-object. He held-up what appeared to be a stainless-steel rod with a small bell-shaped piece at one end. He then proceeded to pull-up then drop what was apparently a cylindrical weight on the device which struck the bell at the bottom of the rod. It was, as Linda revealed, an egg guillotine, which she demonstrated by cutting the top off a hard-boiled egg. Avec sa tête!

The second mystery object looked more familiar: a yellow rubber duck. The more precise answer is that it is a souvenir rubber duck from a duck race held by a Rotary club in the town of Lufkin: for a 5 Euro donation you get one duck entered in the race plus a souvenir duck to take home!

Brags and Confessions

Ken Williams at Bumping Lake. Sadly on his return they had to put his shop's cat down due to intestinal illness.

Bob Larson is celebrating his 58th wedding anniversary with his lovely wife Shirley.

Linda and Jim Bauer's 15 year old grandson is a pitching wunderkind with a 90 mph fast ball.

Jan Jackson will turn 70 years old on Monday.

Mike Winegardner has been watching moon landing videos leading-up to and following the 50th anniversary of the Apollo 11 lunar landing on July 20, 1969.

Following that, Jim asked those old enough in the group if they recalled where they were when Neil Armstrong became the first human to set foot on the Moon.

Jim himself was on KP duty in the ROTC at Fort Riley in Kansas.

David Chavey-Renaud's was unborn and with his pregnant mother at the time.

Duck Race Update

On the evening of 7/22 the Ring Party crew of Barbara French, Julie Funfar, Judy & Bill Adddis, Dick Richter, Mike Sinclair, and Andrew Cook completed the work of ringing, sorting, and dividing up the tickets into envelopes for each club member. A number were passed out during lunch today, but several dozen remain to be claimed. They will be available during our meetings, including Fellowship on 7/30, until all have been distributed. Each envelope contains your allotted tickets, ticket sale guidelines, deposit envelopes, and a Quacker Backer form.



Both entrances of Safeway on George Washington Way have been made available to members who wish to sell tickets there.

The sign-up sheet for the Farmer's Market is full.

Program

Today's program was Heart Safe Richland, brought to us by three members of the Richland Fire Department. Firefighters Josh Smith, Mike VanBeek, and James Hempstead were our presenters.

The goal of Heart Safe Richland is to reduce the number of cardiac arrest related deaths within the City of Richland and greater Tri-City area. To put the issue into context, consider the following statistics:

- Nationally there are about 350,000 out-of-hospital cardiac arrests (OHCAs) annually, or about 1,000 per day.



Richland Rotary Members

Judy Addis (7/89)
Eric Andrews (9/18)
Steve Arneson (3/02)
Jeremy Asmus (10/07)
Jim Bauer (3/19)
Linda Bauer (3/19)
Bob Best (4/90)
Tom Bock (3/76)
Fred Brink (6/18)
Blaine Carr (12/09)
David Chevey-Reynaud (4/17)
Travis Clifton (10/16)
Andrew Cook (3/19)
Claire Cox (6/19)
Jeanne Dillner (8/01)
Richard Evans (11/18)
Kristy Fargher (7/18)
Bob Ferguson (3/18)
Barbara French (11/98)
Julie Funfar (7/13)
Linda Gilmore (4/12)
Jan Griffin (9/00)
Linda Gustafson (3/08)
Diahann Howard (4/08)
Tom Huntington (5/16)
Jan Jackson (6/00)
Larry Jecha (8/97)
Darrel Johnsen (8/97)
Roy Keck (10/04)
Danielle Kleist (3/17)
Phillip Koech (8/13)
Dave Larkin (4/04)
Pam Larsen (2/95)
Bob Larson (6/90)

Teri LeBlanc (6/18)
Phil Lemley (6/06)
Tim Lewis (10/03)
Eric Livesay (2/18)
Patrick McBurney (6/09)
Grant McCallum (4/19)
Jerry McGuire (3/95)
Chris Meiers (12/15)
Ian Napier (11/08)
Greg Oberg (1/88)
Tom O'Brien (11/98)
Cynthia Reents (6/09)
Dick Richter (6/08)
Robert Rivera (7/09)
George Sanders (8/18)
Rick Schulte (6/14)
Gary Scofield (2/75)
Anjan Sen (11/96)
Chris Senske (1/80)
Mike Sinclair (1/11)
Chris Smith (8/10)
Mark Smith (3/01)
Rebecca Thornton (9/18)
Bob Tibbatts (6/03)
Cynthia Vaughn (12/14)
Sam Volpentest (1/95)
Tom Watkins (9/11)
Ken Williams (12/00)
Hal Williamson (4/88)
Rick Wilson (6/19)
Mike Winegardner (11/09)
Jacqui Wright (12/13)
Joan Wright (3/18)

Honorary Members
Bob DeLorenzo, Tom Cowan &
General James Mattis

Current Members:
67



- The survival rate for unwitnessed OHCAs nationally: 10%
- The survival rate for witnessed OHCAs nationally: 33.9%
- The survival rate for witnessed OHCAs in Richland, WA: 66.7%
- There have been 30 witnessed cardiac saves in Richland this year.

Heart Safe Richland intends to improve upon that success. To achieve that goal the program will teach Hands-Only CPR and AED use to 10% or more of our population annually, building strong relationships with local partners in emergency medicine, and promoting Public Access Defibrillation with strategic placement of AED's throughout Richland.

In as little as 30-minutes, this program will provide you with the most recent data and hands-on skills required to save a life.

Heart Safe Richland will offer open enrollment classes once per quarter, as well as recruiting local Home Owner's Associations, (HOA) businesses, churches, etc. to host classes and become part of our Heart Safe Community.

Frequently Asked Questions about Hands-Only CPR and AED Use:

1. Can I hurt them?

When performing chest compressions, it is common to feel the breaking of cartilage within the chest wall during the first few compressions. This is expected and will not negatively affect the outcome.

2. Where do I place my hands?

To properly place your hands for chest compressions, find the bottom of the sternum and place the heel of your palm approx. 3-4 fingers up in the center of the chest.

3. How fast do I push?

The proper rate is 100-120 compressions per minute. Popular songs that will help you achieve this rate are "Stayin' Alive" by the Bee Gees and "Crazy in Love" by Beyonce featuring Jay-Z.

4. How hard do I push?

The desired depth in children and adults is 2-2.4"

5. Can I misuse the AED?

No. The automated external defibrillator (AED) will only shock those individuals who are in a "shockable rhythm." Ensure the safety of all rescuers prior to pressing the shock button by making sure they are not touching the patient.

6. Do I check for a pulse after I have shocked the patient?

No. Continue compressions and shock as advised by the AED until EMS arrives.

7. If the patient does not survive, am I liable?

No. The Revised Code of Washington (RCW 4.24.300) commonly referred to as the "Good Samaritan Act," addresses your immunity as a lay provider.

ATTENDANCE, A ROTARY COMMITMENT ***Meeting Dates of Local Clubs***

Richland Riverside.....	Monday, Noon Anthony's Columbia Pt Richland
Richland.....	Tuesday, Noon: Richland Red Lion
Pasco/Kennewick.....	Wednesday, Noon: Clover Island Inn Kennewick
Columbia Valley Daybreak..	Thursday, 7 am: Tri-Tech Skills Ctr. Kennewick
Columbia Center.....	Thursday, Noon: Bingo Boulevard Kennewick
Tri-Cities Sunrise.....	Friday, 7 am: Red Lion Pasco

8. What do I do if I get a pulse back?

Once you begin chest compressions, continue compressions until first responders arrive or until the patient begins to respond with purposeful body movements.

Contact: For more information or to schedule a class, please call Shauna Knight at 509-942-7703, or email the program coordinator, Josh Smith. More information is available at: www.heartsaferichland.com.

PulsePoint: If you have already received CPR training and want to help, download the PulsePoint app. PulsePoint empowers everyday citizens to come to the aid of anyone suffering from cardiac arrest. We now know the difference early CPR and defibrillation can make in a Sudden Cardiac Arrest event. Fifty-seven percent of U.S. adults say they've had CPR training, and most would be willing to use CPR or an AED to help save a stranger's life. Yet only 11% say they've used CPR in an actual emergency.

When an emergency call is made, Richland Fire & Emergency Services will be ready. But if someone else is close by or already at the scene, applying lifesaving CPR and defibrillation until the EMS team arrived the odds of survival increase dramatically. With PulsePoint, Benton County's dispatch system immediately alerts CPR-trained bystanders about a nearby cardiac event through the free PulsePoint Respond mobile app and lets them know the location of the closest AED.

In Closing

President Julie Funfar announced next Tuesday's Fellowship meeting will be at the Rotary Gazebo from 4:00 to 6:00. See the top of this newsletter for directions.

Hal's Humor

A man asked his doctor if he thought he'd live to be a hundred years old.

The doctor asked the man, "Do you smoke or drink? Do you gamble drive fast cars or chase pretty women?"

"No," he replied. "I've never done any of those things."

"Well then." Said the doctor. "Why would you want to live to be a hundred?"