

RICHLAND ROTARY REACTOR

October 4, 2016

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 • Web Site: www.richlandrotaryclub.org

• PO Box 37 • Richland, WA 99352
 • Meetings every Tuesday at 12:10 p.m.
 Red Lion Hotel (Hanford House)
 • Charter 7390 • District 5080 • Club ID#262

Speaker Schedule for October

11th – Kate Knutson, Life Flight
 18th – Ann Roseberry, Richland Library
 25th – Colleen French, National Park

Preliminaries

President Dick Richter was back to run the meeting. He said one of the three weeks he was gone he was forced to go to a Mariners game, sitting in the Diamond Club with unlimited food and drinks! He called on Patrick McBurney who led the group in singing the Star Spangled Banner. Patrick noted he had recently been to Fort McHenry, where Francis Scott Key wrote the poem that became our anthem. He said there were historic displays then the flag is unveiled. It was very impressive.

Announcements

Jim Bauer thanked the highway clean up team for their work on Saturday they had nine people, including Bill Siefkin who brought Spudnuts! Chris Smith joined him to talk about the find of

the day, a Lucky dollar bill found by Chris on the roadside. Chris said he was going to auction the bill, and to sweeten the pot, he would add his 10 tickets for today's 50/50 drawing! Bids started at \$6 and went to \$25 with Cynthia Vaughn making the winning bid.

Tim Lewis came forward with a banner for the Truro, Nova Scotia Rotary Club. Truro is on the Bay of Fundy, famed for the extraordinary tides. He and Keiko were traveling in Canada for 45 days.

Larry Lowry and Jon Putz gave the Duck update. Before the meeting we had 7,318 ducks in, with over 1600 added at the start of the meeting. There were also people still filling out tickets during



PAUL HARRIS FELLOWS

Judy Addis (2S)(B)	Larry D. Jecha	Jerry J. McGuire (B)	Sam R. Volpentest (2R)(B)
Steve Arneson (1R)	Darrel Johnsen (2S)	Kathy Miller (5S)	Tom Watkins (D)(B)
Jeremy Asmus (2S)	Roy Keck	Robert D. Nichols	Ken Williams (5S)
Jim Bauer (4S)	Scott Keller	Debbie Noguera	Hal Williamson (DD)(B)
Bob Best (2S)(B)	Shelley Kennedy	Greg Oberg (4S) (B)	Jack D. Zinn (4S)
Tom Bock (1R)(B)	Tom Kirchner (1R)(B)	Thomas M. O'Brien (2S)	(B) Benefactor
Gordon Bopp (1S)	Phillip Koech	Jon M. Putz (6S)	(D) Diamond PHF
Blaine Carr (5S)	Art D. Kohler (D)(B)	Cindy Reents (1S)	(DD) Dbl. Diamond PHF
Thomas A. Cowan (4S)(B)	Dave Larkin (D)	Dick Richter (1S)	(R) Ruby
Bob De Lorenzo (D)(B)	Pamela Larsen (4S)(B)	Robert Rivera	(#R) Multiple Ruby
Jeanne Dillner (2S)	Bob D. Larson (4S)(B)	Pete Rogalsky (1S)	(S) Sapphire
Barbara French (D)	Phil Lemley (2S)	Gary Scofield (4S) (B)	(#S) Multiple Sapphires
Julie Funfar	Tim Lewis (2S)	Anjan K. Sen (1S)	
Linda Gilmore (2S)	Yosen Liu (1S)	Chris Senske (1S)	
Jan Griffin (1S)	Larry Lowry (3S)(B)	Rick Schulte	
Pat Haggerty	Bing Manawadu	Bill R. Siefken (1R)	
Leslie Hawkins (1S)	Mike McAndrew (1S)	Mike Sinclair	
Diahann Howard	Grant McCallum (3S)	Mark Smith (5S) (B)	
Jan Jackson (2S)	Bill McCue (1S)	Bob Tibbatts (1S)	

Officers

PresidentDick Richter
 President Elect.....Diahann Howard
 Secretary.....Linda Gilmore
 Treasurer.....Steve Arneson
 Foundation Treasurer.Mike Winegardner
 Past President.....Larry Lowry

Directors

Meeting Service.....Phillip Koech
 Club Service.....Pat Hollick
 Community Service.....Roy Keck
 International Service.Pete Rogalsky
 New Generations.....Jan Jackson
 Fellowship & Fund Raising.Cynthia Vaughn

the meeting, so that number went up! The last chance for turn in is 1 pm Friday at Barbara French's office (1201 Jadwin Suite 103). Turn in your sold or unsold tickets by then. Yes you can take tickets to her before Friday.

We need people to show up at Ken's place to help load next Thursday at about 5 pm. For the race, be at the park at 7:30 am Saturday morning.

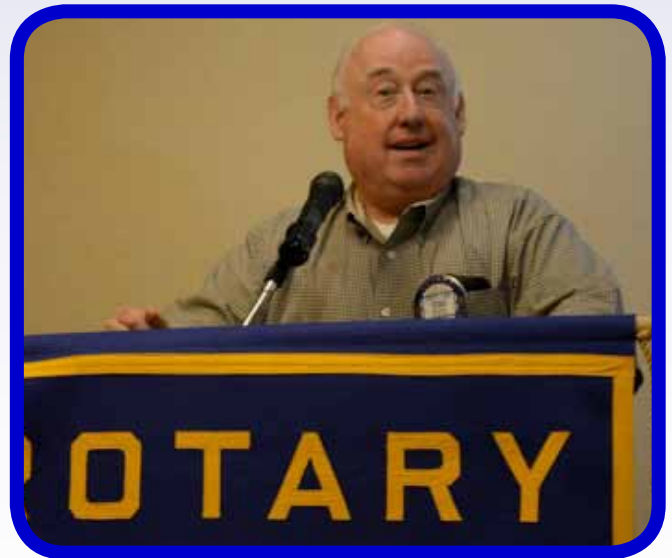
Dick then asked Roy Keck and Jan Griffin to come up to the front. They were awarded Paul Harris Pins, Jan plus two and Roy plus one. Way to go!

50/50

Gary Schofield said there is \$174 in the pot. Blaine Carr got the draw, but not the right chip. Chris Smith's usual luck went to Cynthia as she won the \$10 prize with a ticket she got from Chris.

Judge Stan Jones

Stan started out asking fans of the local college teams to put in as WSU UofW and EWU all won their games this weekend. C. Mark Smith added that Alabama also won. Stan asked who is a Mariners fan. Jon Putz said "I was." Stan suggested others contribute for backing a losing team. Jim Bauer put in for Cynthia Vaughn for her updates on the Club Facebook page. She adds things each week and keeps it lively! He also contributed for selling his house, when the first person that saw it made an offer. He was asked about the goats and said he didn't know what would happen with them, then asked, "anybody want a barbecue? Many groans and expressions of disgust followed.



Stan asked for October birthdays, we had a few, Bill Seifkin 87, and Jan Griffin 74. Tom Cowen said he had been away and missed putting for his birthday and his 47th anniversary, and a new grandchild!

John Putz put in for Duck Team 2, but his Team 7 was leading sales. Tim Lewis celebrates 14 years in Rotary, Stan 7 and Larry Lowry 11 years. Julie Funfar is married 25 years next week. Dick Richter said his son now living in Australia produced a grandson, and he has been married 43 years this month. Jan piped up again to contribute for the Mid-Columbia Master Singers concert at the B Reactor. She said it was great. Cynthia added National Geographic filmed it so it should show up in a program sometime. Hall Williamson said goodbye, as he is headed soon to Tucson for his usual winter retreat.

Program

Stan next introduced our speaker for the day, Matt Watkins, Mayor of the City of Pasco. Matt is a graduate of WSU-Tri-Cities and grew up in the area. He works at Mission Support Alliance as a software engineer. He was elected as the Pasco Mayor in 2010 and again last year.

Matt came to talk about Civil Rights and Pasco. He said the recent issues in Pasco have made him very familiar with the Voting Rights Act of 1965. Pasco is broken into five Districts. There is one City Council person for each District and two at large council members. You have to live in the District to run for that seat, but voting is Citywide. This is the common format in smaller cities in Washington.

The population of Pasco is about 56% Hispanic, and they make up about 32% of voters, but there is only one Latino on the council. This is an issue of representation and justice. He also talked about the rules of redistricting, which among things must consider census data, populations of interest and compact, contiguous boundaries.

In 2014 the ACLU sued the Yakima for the same issue and won. In the end, Yakima accepted fully the ACLU plan and went from four to seven Districts and District only voting. They were also hit with costs of the legal action, some \$4 million. Pasco was next, and the suit came this August.

In answer to the suit, Pasco filed a consent decree saying that the current system in Pasco violated the Voting Rights Act and agreed to work with the ACLU and make changes to better reflect the population in the Districts. The ACLU wants seven Districts with a couple of very awkward outlines, all voting within the District and one at-large seat. Pasco has a preferred plan to have six Districts with one at-large seat. This will allow greater access for people to run for the council. There are two



Richland Rotary Members

Judy Addis (7/89)	Pam Larsen (2/95)	Sam Volpentest (1/95)
Steve Arneson (3/02)	Bob Larson (6/90)	Tom Watkins (9/11)
Jeremy Asmus (10/07)	Phil Lemley (6/06)	James Watson (4/12)
James Bauer (1/09))	Tim Lewis (10/03)	Ken Williams (12/00)
Bob Best (4/90)	Yosen Liu (1/91)	Hal Williamson (4/88)
Tom Bock (3/76)	Larry Lowry (10/05)	Mike Winegardner (11/09)
Gordon Bopp (5/04)	Bing Manawadu (10/86)	Jacqui Wright (12/13)
Blaine Carr (12/09))	Mike McAndrew (2/07)	
Tom Cowan (4/80)	Patrick McBurney (6/09)	
Jeanne Dillner (8/01)	Grant McCallum (9/91)	
Barbara French (11/98)	Bill McCue (3/94)	
Julie Funfar (7/13)	Jerry McGuire (3/95)	
Linda Gilmore (4/12)	Chris Meiers (12/15)	
Jan Griffin (9/00)	Kathy Miller (6/12)	
Linda Gustafson (3/08)	Ian Napier (11/08)	
Al Haggerty (4/12)	Bob Nichols (8/97)	
Patricia Haggerty (4/12)	Debbie Noguerras (8/15)	
Dewayne Halstad (8/16)	Greg Oberg (1/88)	
Leslie Hawkins (11/12)	Tom O'Brien (11/98)	
Pat Hollick (8/10)	Jon Putz (5/81)	
Diahann Howard (4/08)	Dick Richter (6/08)	
Tom Huntington (5/16)	Robert Rivera (7/09)	
Jan Jackson (6/00)	Pete Rogalsky (7/05)	
Larry Jecha (8/97)	Gary Scofield (2/75)	
Darrel Johnsen (8/97)	Rick Schulte (6/14)	
Cynthia Johnson (6/09)	Anjan Sen (11/96)	
Stan Jones (10/07)	Chris Senske (1/80)	
Roy Keck (10/04)	Bill Siefken (4/87)	
Scott Keller (7/02)	Mike Sinclair (1/11)	
Shelley Kennedy (9/02)	Chris Smith (8/10)	
Tom Kirchner (3/81)	Mark Smith (3/01)	
Phillip Koech (8/13)	Bob Tibbatts (6/03)	
Art Kohler (2/87)	Greg Tripp (6/11)	
Dave Larkin (4/04)	Cynthia Vaughn (12/14)	

Honorary Members
Bob DeLorenzo, Jack Zinn &
General James Mattis

**Number of Members
as of July 1, 2016**

74

Current Members:
75

Gained:
Dewayne Halstad

Lost:



slightly different boundary plans. Both plans provide more majority Latino Districts and try to keep the incumbent council members in their Districts. There is one member that may not be within the District depending on the alternative chosen.

The two Pasco proposals and the ACLU plan will go to Judge Suko to decide. The new system will be phased in with the exact boundaries established and then going to voting in each District. Matt is proud that the Pasco council members were willing to take up the challenge and make changes to better the community.

Hal's Humor

As we all know, it takes 1 calorie to heat 1 gram of water 1 degree centigrade. Translated into meaningful terms, this means that if you eat a very cold dessert (generally consisting of water in large part), the natural processes which raise the consumed dessert to body temperature during the digestive cycle literally sucks the calories out of the only available source, your body fat.

For example, a dessert served and eaten at near 0 degrees C (32.2 deg. F) will in a short time be raised to the normal body temperature of 37 degrees C (98.6 deg. F). For each gram of dessert eaten, that process takes approximately 37 calories as stated above. The average dessert portion is 6 oz, or 168 grams. Therefore, by operation of thermodynamic law, 6,216 calories ($1 \text{ cal./gm/deg.} \times 37 \text{ deg.} \times 168 \text{ gms}$) are extracted from body fat as the dessert's temperature is normalized. Allowing for the 1,200 latent calories in the dessert, the net calorie loss is approximately 5,000 calories. Obviously, the more cold dessert you eat, the better off you are and the faster you will lose weight, if that is your goal.

This process works equally well when drinking very cold beer in frosted glasses. Each ounce of beer contains 16 latent calories, but extracts 1,036 calories ($6,216 \text{ cal. per } 6 \text{ oz. portion}$) in the temperature normalizing process. Thus the net calorie loss per ounce of beer is 1,020 calories. It doesn't take a rocket scientist to calculate that 12,240 calories ($12 \text{ oz.} \times 1,020 \text{ cal./oz.}$) are extracted from the body in the process of drinking a can of beer.

Frozen desserts, e.g., ice cream, are even more beneficial, since it takes 83 cal./gm to melt them (i.e., raise them to 0 deg. C) and an additional 37 cal./gm to further raise them to body temperature. The results here are really remarkable, and it beats running hands down.

Unfortunately, for those who eat pizza as an excuse to drink beer, pizza (loaded with latent calories and served above body temperature) induces an opposite effect. But, thankfully, as the astute reader should have already reasoned, the obvious solution is to drink a lot of beer with pizza and follow up immediately with large bowls of ice cream.

We could all be thin if we were to adhere religiously to a pizza, beer, and ice cream diet.