

Post-Traumatic Stress Disorder (PTSD)

A grid of 18 icons illustrating PTSD symptoms, each with a caption below it:

- Avoid Thinking of the Trauma**: A person holding a thought bubble with a bomb icon.
- Avoid Talking of the Trauma**: A person talking to another person who has a thought bubble with a bomb icon.
- Easily Frightened**: A person being startled by a woman.
- Negative Mood**: A person sitting at a desk looking downcast.
- Negative Thinking**: A person holding a thought bubble with a bomb icon.
- Always on Guard**: A person holding a shield.
- Avoiding Places**: A person running away from a boat.
- Avoiding Activities**: A person avoiding a group of people.
- Flashbacks**: A person being overwhelmed by a circular image of a traumatic event.
- Cannot Concentrate**: A person sitting at a desk with a laptop, looking confused.
- Aggressive Behavior**: A person shouting and another person cowering.
- Loss of Interest**: A person sitting at a desk with a laptop, looking disinterested.
- Feeling Guilt or Shame**: A person sitting at a desk with a laptop, looking down.
- Substance Abuse**: Two people drinking alcohol.
- Sleeping Difficulty**: A person sitting up in bed, unable to sleep.
- Bad Dreams**: A person in bed with a thought bubble showing a traumatic event.