

## **THE VALE NEWS**

October 19, 2011

Vol. 36 Issue No. 16

New generations Youth Services - a time to highlight Rotary's commitment to youth

### **Club Calendar & Speaker Assignments**

Oct. 26 Art Conway - Susan Klein (Chamber of Commerce)

Nov. 2 Foreign Exchanges Students' Presentations  
9 9 Billy Brauer - autobiography speech  
16 Ben Plewak - Autobiography. speech  
23 No Meeting (Thanksgiving Eve)  
30 Harwood Students talk about Rotary Interact

Dec. 6 Holiday Party - Terra Rosa Tues. 6 PM Happy Hour  
7 No Meeting  
14 Joe Goldstein  
21 Brian Crandall  
28 No Meeting until next year

Attention - anyone scheduled in December please let me know before next Wednesday if you can't make this date. Wini 496-6710

Editor's Note: Please inform Wini (496-6710) of the name of your speaker at least 2 weeks in advance. If you can't get a speaker for that date, please try to trade with another person on the list. December is not firm yet. If you want one of those dates, let me know.

Birthdays: Clayton-Paul Cormier 10/20; Bob Grant 10/23

Anniversaries: Ron & Hilda Geren 10/20

### **Meeting News**

The opportunity to get a flu shot before the meeting augmented our attendance with Laura Arnesen (the Flu shot provider from CVHHH), spouses Charlie Hosford, Gail Hietzker and Virginia Scarpato plus a visit from our current exchange students: Sebastian Thorsted from Denmark and Marie-Lorraine Kaufmann from France; our speaker, Akhil Kaplan and our old faithful John Daniell.

Lorraine had to start the meeting a few minutes late as people were still receiving flu shots at 7:45 AM... We had more People to sing "God Bless America" but alas it only increased the volume not the tone quality.

### **Announcements**

Lorraine told us the BOD meeting will be next week.

The Rotary Leadership Institute will be held on November 5th in Rutland. This is an education opportunity, especially for those who will assume leadership positions in our club.

Marion Bedell's message informed us that with our donations and pledges from District 7870 and other Rotary districts from the Northeast, South Africa and Taiwan, we would be able to

apply for a grant totaling approx. \$180,000 for flood relief. Donations are still coming in and we are striving for \$200,000.

2012 Dist. Conference date/location is- May 18 - 20 at Mountain Club on Loon in Lincoln, N.H.- Theme - "Embracing Humanity" Save this date for fun, fellowship and inspiration.

Gail: informed us that the Warren Church is hosting a Domestic Violence Panel & Lunch at the church following worship on Sunday, Oct. 23rd at 11:45 A.M. Lunch 12:30 Cost - Free

A "Vermont Reads" event also spotlights the Domestic Violence issue in Harper Lee's book "To Kill a Mocking Bird". Call Gail for reservations and more information: 583-1935

Mini Bucks: Winner's share over \$200. Joe Klimek drew the 7 of clubs for \$5.

Happy Bucks.  
Gene Scarpato's story

The Italian Golfer:

An 80-year-old Italian goes to the doctor for a check-up. The doctor is amazed at what good shape the guy is in and asks, 'How do you stay in such great physical condition?'

'I'm Italian and I am a golfer,' says the old guy, 'and that's why I'm in such good shape. I'm up well before daylight and out golfing up and down the fairways. I have a glass of vino, and all is well.'

'Well', says the doctor, 'I'm sure that helps, but there's got to be more to it. How old was your Father when he died?'

'Who said my Father's dead?'

The doctor is amazed. 'You mean you're 80 years old and your Father's still alive How old is he?'

'He's 100 years old,' says the Old Italian golfer. 'In fact he golfed with me this morning, and then we went to the topless beach for a walk and had a little vino and that's why he's still alive. He's Italian and he's a golfer, too.'

'Well,' the doctor says, 'that's great, but I'm sure there's more to it than that. How about your Father's Father? How old was he when he died?'

'Who said my Nono's dead?'

Stunned, the doctor asks, 'you mean you're 80 years old and your grandfather's still living! Incredible, how old is he?'

'He's 118 years old,' says the Old Italian golfer.

The doctor is getting frustrated at this point, 'So, I guess he went golfing with you this morning too?'

'No, Nono couldn't go this morning because he's getting married today.'

At this point the doctor is close to losing it. 'Getting married!! Why would a 118 year- old guy want to get married?'

'Who said he wanted to?'

(Gene's story caused so much laughter that we could not hear many of the other 'Happies' today)

Joe Klimek - glad that Gene's grandfather married

Billy Brauer - good buck but had no jokes

Betty, Carol and Doug - happy but not heard over the noise

Ralph - family here for Sissy's birthday

Charles Hosford - Project Harmony being featured

Lorraine - happy to see our exchange students here

Jim Leyton - couldn't top Gene's story

Clayton-Paul - story about life in Japan

John Daniell - another comment on Gene's joke

Gary Plewak - going to Australia and New Zealand for a month

Dave Ellison - celebrating anniversary at Huntington House

## **Program**

Wini stated that she preferred alternative medicine to standard American Medicine. After the Mad River Valley Health Center expanded, Akhil and his wife Sarah started their Acupuncture & Herbal medicine practice on the second floor and Wini became one of his patients.

Akhil Kaplan is a nationally accredited and board certified Acupuncturist and Herbalist. He grew up part-time in the Mad River Valley, racing for GMVS and later playing tennis professionally until age 20. At this time he suffered a terrible back injury which ended his tennis career.

At that point, he sought Chinese Medicine as a relief for his pain and this ultimately led him to a career in Acupuncture and Chinese medicine.

It turns out he was also a neighbor of Sissy and Sissy commented that he was a good neighbor and an outstanding tennis player.

While Akhil was in school, Richard Nixon was in China and had an operation performed using acupuncture instead of an anesthetic to prevent his feeling the pain. This publicity gave acupuncture a big boost in the U.S.

It is one of the oldest forms of documented medicine in the world. Akhil's goal is to help as many people as possible by providing affordable treatments and educating the general public about the life-changing benefits of Acupuncture and Chinese Medicine.

It is also a diagnostic tool. Akhil starts analyzing your condition as soon as he looks you over by observing your skin condition (pale, ruddy or blue), your eyes, your tongue, pulse etc. to identify the root cause of your complaints.

He prescribes an herbal formula for each individual. There is no "one size fits all" medicine for his patients. The real roots of Chinese medicine are preventive medicine. Keep the patients healthy and catch any disease early make the cures faster and easier. He also helps people who have side effects from their American drug medications.

The last Wednesday of every month is free community night. He hopes to see you there but be sure to reserve a space ahead as these sessions fill up quickly.

He answered questions for the next 20 minutes until his allotted speech time was up.

THE FOUR WAY TEST  
of the things we think, say or do:

- 1) Is it the Truth?
- 2) Is it Fair to All Concerned
- 3) Will it Build Goodwill and Better Friendships?
- 4) Will it be Beneficial to All Concerned?

**The Vale News**

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**Club Officers**

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