THE VALE NEWS

May 11, 2011 Vol. 35 Issue No. 40 Spring Conferences

NOTE -

We will be meeting at the Castle rock Pub until next December.

Club Calendar & Speaker Assignments

- May 18 Larry Ryan Scott Manning 25 Ken Amann
- June 1 Doug Stoehr-Beverly Kehoe, Vt. Festival of the Arts 8 Karen Winchell 15 Manny Apigian 22 Ralph Walker 29 Changeover

Sept 21 District Governor Visit

Editor's Note: Please inform Wini (496-6710) of the name of your speaker at least 2 weeks in advance. If you can't get a speaker for that date, please try to trade with another person on the list.

Birthdays: Art Conway & Peter Laskowski on May 11th

Anniversaries: - none

Meeting News

Beautiful sunny cool day brought out our Asst. Gov., Steve Dates, our regular summer visitor John Daniell, Anna & Benjamin White, plus our speaker Roy Tuscany and his friends, Michelle, Jesse Murphy, Brian Diagli and Chris Parkinson, all from the High Fives Non-Profit Foundation.

Announcements

Duck Race Sponsors:

Members who were able to get sponsors had Doug check them off his list. Doug reminded the rest of the members that the deadline is 2 weeks from today in order to get their names on the tickets. Art Conway has Duck Race T-shirts available for \$10.

Doug Stoehr announced that the Mad River Chorale is giving concerts this week on : Thursday at the Gate House at Sugarbush 7:30 PM Friday at the Waterbury Congregational Church 7:30 PM Saturday at the Bethany Church in Montpelier 7:30 PM

and Piero Bonamico is presenting an Evening of Song on Thursday, May 19 Shows at 5:30 & 8:00 pm at Sugarbush Resort \$45 with dinner, \$20 show only. Call 800-53-SUGAR for tickets

Jim Leyton announced that the Vermont Symphony Orchestra will give an Outdoor Concert on July 1st at Sugarbush South Ski Area in the evening

The Rotary International Convention is in New Orleans from May 21-25. If you are interested, get the details from the Rotary Website.

Mega Bucks - \$707 to the winner. Betty drew the queen of hearts - \$5.00

Happy Bucks

Jim Groom - Great VSO Concert Dave K. - Back after several weeks of travel to visit grandchildren and 6 of our beautiful National Parks Jim Leyton - Happy to see Steve Dates, A.G.. Al Barillaro - great weather Jack Mansfield - went to Columbus, Ohio to visit family Dave Ellison - Plan to visit Daughter and see her awarded Master's degree in Public Health from Johns Hopkins Tom Byrne - Made it back from France OK Nick Laskovski - visit father Bob Holden - Now that Spring is here - got out Corvette Clayton-Paul - Took kids to Montreal Ken Amann - Motor scooter out Sissy - Happy to be back. Ralph recovering slowly Ken Friedman - Waited too long to remove grout (7 yrs.) Gary Plewak - first day of golf Gene Scarpato - Almost drove new tractor Daniell

PROGRAM

Audrey introduced Roy Tuscany, Co-Founder/President of the High Fives Foundation.

On April 29, 2008 he suffered a devastating spinal cord injury while training in Mammoth Mountain, CA, rendering his lower body paralyzed. This, after having high hopes of becoming a world class professional skier.

He was determined to recover and with the help of strong personalities, positivity and high fives, he was able to ski again in March 2008 at Sugarbush.

The encouragement and financial help he received during his recovery, inspired him to start a foundation to help others with similar experiences.

High Fives Non-Profit Foundation based in Truce, CA became an official 501c.3 non-profit on January 19, 2010. It's mission is to raise money and awareness for athletes that have suffered a life altering injury while pursing their dream in the winter action sports community.

Within the past year, they have successfully raised funds, secured alternative treatments and aided in the recovery of over 15 athletes. It raised them from despair to being able to participate in sports again.

Roy made a computer presentation showing 4 of the athletes:

K.C. Deane a local pro skier, who suffered a C-2 vertebrae break in 2010 and has now returned to professional level thru physical therapy;

Brennan Dekeersgieter, from Burlington, VT suffered a Traumatic Brain Injury while riding in Alpine Meadows, Ca. in 2010. He received financial support for all healing therapies and has returned to riding power.

Grant Korgan, from Incline Village, N.H. suffered a L-1 burst fracture that left him paralyzed from the waist down. High Fives funded his recovery to ensure he dances with his wife, walks with his dog and returns to the mountains

Kyle Smith from Roseville, Ca. suffered a complete Spinal Cord injury that left him a quadriplegic. High Fives provided Kyle with a brand new rugby wheel so he can represent Team USA in one of the most intense sports. All of them were immensely grateful for the positive people around them and the support for their therapies.

50% of the money comes from individuals and 50% from fundraisers. They try to get the athletes to mix in with the whole community.

Tonight at the Big Picture, they will have a show and an auction to raise money. Roy learned to ski at Sugarbush. He will be a speaker tonight.

Their web site is: www.highfivesfoundation.org

THE FOUR WAY TEST

of the things we think, say or do:

- 1) Is it the Truth?
- 2) Is it Fair to All Concerned?
- 3) Will it Build Goodwill and Better Friendships?
- 4) Will it be Beneficial to All Concerned?

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Club Officers

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