**THE VALE NEWS**

July 23, 2014

Vol. 30  Issue No. 4

Literacy-International Service- a time to highlight and emphasize World Community Service

**Club Calendar & Speaker Assignments**

July 23rd – Dave Hartshorn - Hydroponic farming

30th – Laura Armesen - Mayo Healthcare for seniors

Aug. 6th - Andrea Cohen, Exec. Dir. - Vt Business for Social Responsibility

      13th - Kinny Perot -  Friends of the Mad River  (what we do)

20th - Henry Erickson - Vt. Cancer Survivor Network

27th - Barbara Gavin, Exec. Dir.  – Hannah’s House

Sept 3rd - District Governor Bruce Pacht - Dist. News

      10th – Jeff Lynn – Bridge Street Butchery.

      17th - Candidate Forum - Heidi Spear & Adam Greshin

      24th - Candidate Forum - Maxine Grad and Ed Read

 Oct. 1st - Chris Mattrick, Forest Ranger - US Forest Service

        8th - Liza Walker,Vt. Land Trust

      15th - Robin Morris - MR Food Hub

     22nd - Kurt Gruending WCVT Communication Update

     29th - open

**Birthdays:**     none  this  week

**Anniversaries:**  Art & Barbara Conway 7/29;  Ken & Kathie Friedman 7/23

**Meeting News**

Small crowd on this muggy hot morning.  Guests were: Susan Stoehr, Dave Hartshorn, our speaker, Caryn & John Crump and John Daniell, all former members.

**Announcements**

\*Senior Center (Evergreen Place) is serving breakfasts on Mondays & Thursdays 8 - 10 AM in addition to lunch on Tues. & Thurs. Everyone is welcome. The breakfasts are Meals-On-Wheels Fundraisers.

The Senior Citizen Org. sent us a thank-you note for our contribution.

\*Gordon (Big Duck)    reported on last week's Duck Race sales - another banner weekend- $1,200, with the Warren Store as the star venue.

He said the duck necklaces and the little ducks help sell tickets at the Farmers Mkt especially to people with kids

Look for Leo’s email on the Duck Race activity scheduled for Aug. 29th

\*BOD today following regular meeting.

\*Dave Ellison thanked all the members for paying their dues so promptly this year.

**Mega Bucks**  $335.  Al B. had a chance at the prize today, but became another $5 consolation player.

**Happy Bucks**

Jim Leyton - just happy

Dave E. - friends here from N.J.

John Daniell - another happy person

Tom Byrne - visit Dad

Ken Friedman tickled pink over having 26 years with Kathie

Betty - attended nephew’s wedding

Caryn C. son visiting

Bob Holden - got to sit nxt to Caryn instead of John Crump

Stan - enjoying Summer

Al - B . visit with granddaughter

Ken Nadolny - visitor from Italy

Gordon - Duck sales going well

John Crump - repairs on house

Carol Hosford - Bklyn trip to hear grandchild perform

**PROGRAM**

Dave Hartshorn thanked us as a group for the many years we have all supported his farm. He has both an outside organic farm and an inside hydroponic farm. Hydroponics (the growing of plants in nutrient solutions) extends the growing season in Vermont.

It takes 1000 lbs of water/day, thus they require a pump. Electric power is essential to keep the plants warm in winter and cool and ventilated in Summer.  They need large generators when the power goes out and are hoping for government support.

Advantages of hydro fed plants, they are not bothered by wind, bugs, acid rain, plant eating-critters etc., and use 1/10 of the energy of outside plants.

He passed around a small bag of basil leaves to show us the quality of the hydro-fed plants.

Vermont is synonymous with quality products and small working farms.

                            THE FOUR WAY TEST

                        of the things we think, say or do:

1) Is it the Truth?

2) Is it Fair to all Concerned?

3) Will it Build Goodwill and Better Friendships?

4) Will it be Beneficial to All Concerned?

**The Vale News**

PO Box 267, Waitsfield, Vt. 05673

**Club Officers**

President                                            Gary Plewak

President elect                                 Chris Pierson\*

Past President                                   Manny Apigian

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Editor Wini Thorsen