

THE VALE NEWS

Aug. 22, 2012

Vol. 37 Issue No. 7

Membership & Extension A time to highlight membership development & extension

Club Calendar & Speaker Assignments

August	29	Jack Miner - Membership Program
Sept	5	John Straub- Wendy Brauer - G.Mt. Opera Festival
	12	Restaurant Raffle assignments
	19	Doug Stoehr - Vince Gauthier Community. Services
	26	Judy Reed - Health Measures
Oct.	3	Vermont Legislative Candidates
	10	Larry Ryan
	17	Gene Scarpato
	24	Joe Goldstein Forbes Morton - Short term Rotary Exchange program
	31	Gary Plewak

Editor's Note: Please inform Wini (496-6710) of the name of your speaker at least 2 weeks in advance.

Birthdays: John Straub 8/26

Anniversaries: none

Meeting News

It was quite cool this morning; Autumn is just around the corner. The exchange students are arriving and summer vacation is almost over.

Good turnout with only one guest, Joni Zweig from the MRV Ambulance Service and she is our speaker today.

Announcements

Doug started his remarks with another joke - more successful than the last one.

He asked for help during the year for Joe Goldstein with managing the exchange students' functions.

More host families are needed later this year and also next year, as hosts often take students for only 3 months.

Audrey volunteered to come to Joe's aid.

Gary announced that TODAY is duck counting day and he also needs help to set up the duck race on Labor Day weekend.

Gary got several volunteers to put up the Duck Race posters around town. If the members who got sponsors want to deliver the free tickets to their sponsors, get the tickets from Gary today, otherwise he will mail them to the sponsors.

*Jon Jamieson speaking for the Rotary-Person-of-the-Year Committee told us last week that a big party is set for Sept. 8th in Waitsfield on Bridge St. Rotary has donated \$1,000 for the event. Volunteers are needed to set up and cleanup AND Someone from Rotary needed to explain what Rotary does. It seems all the committee members will be out of town and Doug also will not be around on Sept. 5th Maybe our members should draw lots to do this job! It will be a big event. 12 volunteers needed for the work - only one to speak. These Volunteers needed to inform Doug today.

***Exchange Students**

Nicholas Cordova from Chile arrived in Burlington on 21 Aug. His host family is Mary and David Hoyne.

Pablo De La Vega from Argentina arrives in Burlington also on 8/21 Aug. His host family is Camilla and Chris Behn.

Vjera Krasek from Croatia arrives in Burlington on 23 Aug. at 3:42 PM. Her host family is Liz and Dan Raddock

*Following meeting today, committee discussions.

*Jack Miner - Membership short 14 from our goal of 70. Wants lists of potential members in our community

Megabucks \$342. (winner's share) Joe Klimek drew ace of spades.

Happy Bucks

Jim Leyton - today's breakfast contained delicious scrambled eggs

Clayton-Paul, Jr. - looking forward to drinking wine while counting ducks

Joe Klimek - thanked people for netting his vines

Monk - Jane's medical procedure a success

Dave Ellison - enjoyed cousins' visit

John Hale - Hiked up Camel's hump with 5 grandkids

Al Barillaro - grandson on brink of arrival

Ken Friedman - Took 3 grandchildren to Wash. D.C.- piled up expensive restaurant bills

Bob Holden - Accompany Eli back to Ithaca

Ken Amann - Youngest daughter engaged

Leo Cohen - last of mob left Friday

Jack Simko - back from vacation promised to help sell D.R. tickets

PROGRAM

Lorraine introduced Joni Zweig and told us that Joni has lived in Warren since 1976 with her husband Tom Barefoot. She has one daughter, Madhurii, who lives in the Valley with her husband and daughter.

Joni has been a volunteer with the Mad River Valley Ambulance Service for over 30 years and continues to love this work. She is the executive director and president of Amurtel, No. America, an International relief and development organization focusing on needy women and children.

She travels to programs around the world, providing administrative support and oversight, and focus on fundraising for these projects when back in the states. She also travels to disaster sites to work as a medic where needed.

Joni started by thanking Rotary for all the support given to their organization.

The Ambulance Service is an all volunteer group of people from many walks of life from PHD's to farmers and they all work together to save lives.

She says you get a tremendous feeling of reward from helping others. They have the cutting edge of training and equipment and offer a high standard of service. They are also looking for more volunteers – drivers and attendants. They must be physically fit and able to get up in the wee hours of the morning.

They receive over 13,000 calls per annum.

Q & A Period

She was asked what people should do while waiting for the ambulance to arrive.

In case of a fall - check what kind of fall - did the person hit anything on the way down - check body parts for breaks and sprains - does anything hurt - in a case of osteoporosis - be careful in handling. If patient is clear and lucid, ask to sit up or stand.

In an accident, check for broken bones, don't let person out of car if anything broken. Help them to stay in balance. Don't patronize, be respectful, listen to get past embarrassment. When in doubt, call for help - better an unnecessary call than not to call and have the patient die from a heart attack for example. Patients are often in denial.

She said they would arrange a CPR class if we had enough people- to call 496-8888 to set it up.

To be a member, it costs \$40 per year. This entitles you free ambulance service to CVH. It saves a couple of minutes if you call 496-3600 instead of 911.

The ambulance carries a defibrillator, but if the accident is in a public place, such as a Ski area, there may be a defibrillator handy along with a person who knows how to use it. The quicker it is used the higher the chances of a person surviving.

THE FOUR WAY TEST
of the things we think, say or do:

- 1) Is it the Truth?
- 2) Is it Fair to All Concerned
- 3) Will it Build Goodwill and Better Friendships?
- 4) Will it be Beneficial to All Concerned?

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Club Officers

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