**THE VALE NEWS**

Aug. 27, 2014

Vol. 30 Issue No. 9

Membership & Extension a time to highlight membership & Extension

**Club Calendar & Speaker Assignments**

Aug. 27th - Barbara Garvin, Exec. Dir.  – Hannah’s House

Sept.  3rd - District Governor Bruce Pacht - Dist. News

        10th – the exchange students to be the speakers and topics:

  Jose Gabriel Tomazelli Silva will speak about Brazil

Vilmos Zatik will speak about Hungary

Emily Chen will speak about Taiwan

17th - Candidate Forum - Heidi Spear & Adam Greshin

         24th - Candidate Forum - Maxine Grad and Ed Read

 Oct. 1st - Chris Mattrick, Forest Ranger - US Forest Service

        8th - Liza Walker,Vt. Land Trust

      15th - Robin Morris - MR Food Hub

      22nd - Kurt Gruending WCVT Communication Update

  29th - open

**Birthdays:**

**Anniversaries:**  Joe & Carol Klimek 8/31

**Meeting News**

Good crowd today on this hot sunny morning with a lot of excitement in the air.  The race is only 4 days away. Work on the river banks follows the meeting and only one weekend left to meet Gordon’s sales goal of $10,000.   Guests this morning: Barbara Christie-Garvin, exec. dir. of Hannah’s House and former members, Ron Geren & John Daniell

**Announcements**

Susan Snider is now a member of our Club - Welcome Susan!!!

The District governor will be here next week.  Be sure to wear your Paul Harris buttons to the meeting!

Monk had a pack of photos taken by Bill Hinserling from the MR Glen ski patrol and asked people to help themselves to any snapshot they would like to keep.

Duck Race Activities

1) Leo collected guys to clear the river banks after the meeting

Gordon reported on weekend Duck Race Sales - $1,300. We need to peddle another $1,500 to meet goal of $10,000.

He also asked the members to turn in the ticket stubs and money for their assigned tickets.

Race scheduled for 3 PM Sunday.  Come early and help sell tickets.

\*Senior Center (Evergreen Place) is serving breakfast on Mondays & Thursdays 8 - 10 AM in addition to lunch on Tues. & Thurs. Everyone is welcome. The breakfasts are Meals-On-Wheels Fundraisers.

\* Mega Bucks $80. Dave Koepele helped build up the pot as he drew the 9 of clubs for a loser’s $5.

**Happy Bucks**         (lots of “Happies” today)

Gene - really darn happy

John Daniell - just happy announcing nothing to complain about

Joe Klimek - Son in to Napa Calif on vacation - missed earthquake by miles

Rose-Marie - going thru pictures taken by Bill Hinserling

Dinsmore - Next week to Lake Winnipesaukee to do nothing

Leo - put new operating system in computer - hasn’t blown up yet

Clayton-Paul, Jr. - bigger I-phone coming out

Bob Holden - great discussion at his table & happy with the Duck Race

Susan Snider - Happy to be a member of our club

Al Barillero -  1) Duck Race 2) grandson was 2 last week

Ken Amann - going to be a grandfather in November

Henri Borel -  reading book on how to survive cancer and learned we have all survived cancer

Doug Stoehr - 1)two of the three exchange students have  arrived  2) picking up exchange student coming from Taiwan next week

Larry Ryan - wife fell and broke wrist - recovering

Dave Ellison - 1) finally picked up new car  2)dog getting cancer operation

**PROGRAM**

Barbara Garvin, exec. dir. of Hannah’s House thanked us for our support to Hannah’s House.

Hannah’s House is a non-profit org. with a budget under $50,000.  They help people who are relatives of disturbed people and don’t know how to cope.  They are not an agency, therefore don’t have restrictive rules and regulations. They help people navigate the extra help they need such as alternative therapy, medication, yoga etc.

There are a lot of options available to help families such as Youth Mental Health First Aid, so people don’t have to suffer in silence. They can have access to a psychiatric nurse to help with medications and get information on Mental Health Services, a grass roots locally supported organization.

Barbara suffered from depression in her youth.  Her family was devastated and tried different medications. When she got better she set up Hannah’s House to help others and did everything from Fundraising to helping individuals.  She puts in about 10 hours a week working with young children and their families.

Hannah’s House is in the phone book and has a Web-site.

                            THE FOUR WAY TEST

                        of  the things we think, say or do:

1) Is it the Truth?

2) Is it Fair to all Concerned?

3) Will it Build Goodwill and Better Friendships?

4) Will it be Beneficial to All Concerned?

**The Vale News**

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**Club Officers**

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