



THE ACORN

WEEKLY PUBLICATION BY THE ROTARY CLUB OF THOUSAND OAKS

<http://thousandoaksrotary.org>

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April: Maternal and Child Health Month



Program: April 4th
Randy Strong, Founder
JoinRotaryNow.org

Program: March 28th

SENIOR CONCERNS

Off-site Meeting



Patricia Jones introduced Andrea Gallagher, current President of Senior Concerns. Andrea is also a Certified Senior Advisor, Life Transitions Chair, author, and national speaker on senior related topics, such as Boomer Transitions, Live Smart After 50.

Senior Concerns was awarded Non-Profit of the Year last year, by Jacqui Irwin. Andrea began her presentation with a brand-new 12-minute documentary about Senior Concerns. The editing of the film was under-written by **Patricia** and **George Jones**. Senior Concerns is 44 years-old, and provides daycare programs for seniors as well as support groups for their caregivers. Their programs consist of physical fitness, music memory, pet therapy (including a robotic dog named "Jenny" for those suffering from severe dementia), theme parties for the holidays, children's visits for music programs, TED talks and discussions, senior advocacy for housing, transportation, legal services and Meals on Wheels.

100 volunteers deliver meals and break social isolation for home-bound seniors. Meals are prepared at Los Robles Hospital and delivered by Senior Concerns volunteers. One of the volunteers makes stuffed bears out of clothing from loved ones and gives them to the individuals who have lost a spouse. They then have something of their spouses to love.

The life expectancy has doubled in the last 100 years. 65+ population growth is outpacing all other age segments. California has the largest number of seniors in the country. 1/3 of the population is over 65.



**BE THE
INSPIRATION**

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Thousand Oaks Rotary Meeting

March 21, 2019

President Karen Furnari opened the meeting on the patio of Senior Concerns. She introduced **Martin Anderson** to present the Inspirational Moment and Pledge.



Martin said he had a Rotary Moment on Saturday when he attended the Mystery Night which was a trip to Santa Monica for lunch and theater. He said it was wonderful, as were the many other Mystery Nights he has attended over the years. He also mentioned Rotary Moments when he traveled to Mexico, Canada, Thailand, Brazil, and other countries for Rotary International Conventions. Of course, an NID in India was unforgettable as well. Next year's International Convention is in Honolulu, he reminded all. **Martin** recalled the time when his traveling companions packed a couple of canisters of hairspray and TSA was quick to confiscate them. He said they were watched closely for the rest of their trip.

Martin also mentioned a past member that had a lot of medical issues. He said family and coworkers walked on eggshells around him, but he came to Rotary because he was treated normally by Rotary friends. He could just be himself.



Song Leader was **Nancy Wohl** who led the club in singing *America the Beautiful*.

As responsible for introducing Visiting Guests and Rotarians, **Tony Kourounis** had an easy job, since there were none this week!

Program:

April 11th

**4-Way Test
Essay Contest**



BIRTHDAYS

Apr 03 Pappas, Joani
Apr 04 Schreiber, Carol
Apr 10 Roche, Hugo
Apr 13 Kourounis, Tony
Apr 15 Harrison, Eric
Apr 18 Stone, Ronnie
Apr 22 Nash, Michelle
Apr 27 Weaver, Timothy
Apr 30 Selvin, Harry



ANNIVERSARIES

Apr 04 Furnari, Karen & Steve
Apr 06 Biery, Bob & Patty
Apr 12 Cousin, Heather & David
Apr 21 Curran-Klein, Lois & David
Apr 25 Lamia, Chris & Rhonda
Apr 28 Boggs, Steve & Janice

ANNOUNCEMENTS



President Furnari thanked **Jeff Borenstein** for planning and executing a wonderful Mystery Night. Lots of fun. She also said that she, along with District President Sandi Schwartz, **Matt** and Teresa **Lallo**, and **Don Moors** traveled to Tijuana where 65 people ages ranging from 3 to 87 years of age, received hearing aids. It was a heartwarming experience, and she and Sandi cried for hours...happy tears! **Karen** also reminded all about District Assembly in Oxnard 3/30.

Jim Friedl said he took a 4-mile hike around the local COSCA trails and photographed 21 varieties of wildflowers in bloom. He said you need to experience it for yourself as it is amazing. He also said we only have 12 signed up from our club for the Group 4 Work Day, and we need more volunteers. If you can rake your yard, you can be helpful. It's only a half-day commitment on April 6th.





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**LOOK WHAT'S
COMING UP!!!**

In two weeks 550 Rotarians, one from each district world-wide, will meet in Chicago to participate in Rotary's triennial Council on Legislation. They will debate and vote on 116 proposed changes to the RI Constitution and the Club Constitution. The changes they adopt will be incorporated and will be found in the 2019 Manual of Procedure next Fall. To review the documents online: my.rotary.org ; Learning and Reference; Governance Documents.



HAPPY \$\$\$\$\$

Michelle Nash carried the cup.



Patricia Jones explained to the group that **Carol Robinson** designed the beautiful planter boxes we are seeing at Senior Concerns using funds donated by our club.

Andrea Gallagher, President of Senior Concerns, thanked us all for being there with a \$10 donation.

Marissa Buss reminded us that May 5th is quickly approaching for the Chili Cookoff. She said to inform **John Bradley** if you can't be present. We had a shortage of volunteers last year and it really hurt us.

Don Moors also commented on the impressive trip to Tijuana. **Matt Lallo** does a great job he beamed!

Lois Curran-Klein said the Interactors' fundraiser benefiting K-9s for Warriors raised the most yet at \$4200, but attendance was poor. She encourages everyone to make an effort to be at their next event as they work really hard to put on the event, and the talent is great.

Chantal Margottin announced that her partner's son was a speaker at the Fillmore Rotary Club.

Joani Pappas thanked those who have stepped up to work on the 4-Way Essay Contest.

Martin Anderson raffled off 2 tickets to Shen Yun donated by Hugo Roche. **Don Moors** purchased them.





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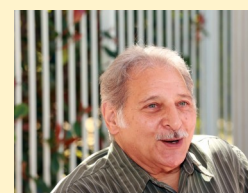
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FINE SESSION



David Masci was Fine Master. He decided to have the group explore their knowledge of others. He asked: "How Well Do You Know **Karen Furnari**, **Michael Jansen**, **Monica Fuller**, and **Martin Anderson**?" Questions ranged from the strangest thing they ate (one person confessed that it was pickled pigs feet) to who described themselves as tall, and which one was **Jeff Borenstein's** only friend (one who was known as "Budge"). **David's**

first challenge was for **David Stowell**, who was to figure out what was the first that vehicle each of the four people drove. He got all four correct on the first try. Among those asked the other questions and fined were **Larry Baker**, **Felix Masci**, **Tony Kourounis**, **Jim Friedl**, **Pat McCoy**, **Matt Lallo**, **Chris Steele**, **Felix Wang**, and **Paul Dryman**.



Pictures of the Senior Concerns Patio and the Conference Room Program



MASTERS OF MYSTERY TOURS



THE RECEPTORS





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PAST PRESIDENTS — Rotary Club of Thousand Oaks

58-59 DONN ODELL	88-89 KENNETH ROBERTS
59-60 JOHN HEYWOOD	89-90 JEFF BORENSTEIN
60-61 MARV BURROW	90-91 DENNIS GILLETTE
61-62 ROSS DUSKIN	91-92 MERV KOPP
62-63 ROY McCOMBER	92-93 TOM GLANCY
63-64 PAUL PACE	93-94 HUGO ROCHE
64-65 JOHN CONLAN	94-95 BRIAN BACK
65-66 CARLOS SCURIA	95-96 TONY KOUROUNIS
66-67 MERRILL DARLING	96-97 JACK CAINE
67-68 PHIL OZAB	97-98 DICK WIELER
68-69 WILLIAM VANDERZWANN	98-99 JUDY ST. JOHN
69-70 ALVIN J. HOTZ, JR.	99-20 MIKE GONZALES
70-71 BEN CRANMER, JR.	20-01 NEIL SCRIBNER
71-72 GLENN GOODWIN	01-02 BOB BIERY
72-73 GEORGE VASLIEFF	02-03 HARRY SELVIN
73-74 HENRY STILL	03-04 RICK LEMMO
74-75 JOHN TUEL	04-05 DOUG TAPKING
75-76 KENNETH HANSON	05-06 KATHY HILL
76-77 DAVID HUANG	06-07 PETE TURPEL
77-78 WILLIAM HAAS	07-08 VICKI ARNDT
78-79 FELIX MASCI	08-09 MARTIN ANDERSON
79-80 HARLAND JONES	09-10 KEITH PARKS
80-81 DAVE WENDER	10-11 FRANK CORRIGAN
81-82 GEORGE GIBB	11-12 RICHARD WILLIAMS
82-83 NORMAN NAGEL	12-13 SUSAN MURATA
83-84 BILL PETERSON	13-14 CAROL FREEMAN
84-85 MIKE O'BEIRNE	14-15 NATE HARIMOTO
85-86 MARV SOSNA	15-16 MIKE MURPHY
86-87 FRED FERRARINI	16-17 ROBERT BIANCHI
87-88 DOC NEEDHAM	17-18 TIM WEAVER

The ACORN is a weekly publication of the Rotary Club of Thousand Oaks.

Editor K.T. Connor, notes by Nancy Wohl, photos by Rich Folsom