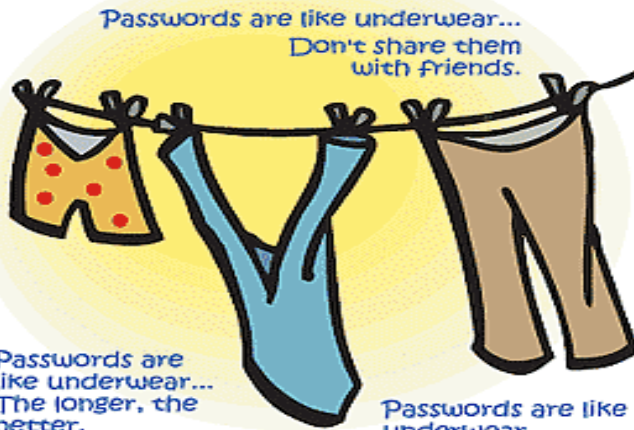


Information Security Tips

Passwords Are Like Underwear

Passwords are like underwear...
Change yours often.



Passwords are like underwear...
The longer, the better.

Passwords are like underwear...
Don't leave yours lying around.

Passwords are like underwear...
Be mysterious.



Wireless Networks

Got a wireless network at home? Here's how to protect it from hackers:

1. Require that computers attaching to it use a password (WEP or WPA); and/or,
2. Disable the SSID (the name you gave it) from broadcasting itself; or,
3. Only allow specific computers, via their MAC address, to access the wireless network.

These settings are available to you in the setup program for the wireless device. Or consult a PC technician.

FREE Anti-Virus and Free Anti-Spyware

There are some very reputable vendors who offer free anti-virus to home users for personal use. Two of them are AVG (<http://www.avg.com/product-avg-anti-virus-free-edition>) and AVAST! (www.avast.com). Then there is free anti-spyware from Spybot (www.spybot.com) where you may make a donation if you are so inclined.

While AVG, AVAST! and Spybot offer anti-malware products to protect your systems, some of the other well known vendors in this space are **Symantec** (Norton), **Kaspersky Labs**, and **McAfee**.

Free basic protection

AVG Anti-Virus Free Edition

Basic protection against viruses and spyware.



How to Stay Safe Online

1. Make sure that the firewall in Windows is enabled, or install a better one.
2. Don't open or click on links in emails from people that you don't know.
3. Install an anti-virus program. Keep the virus definitions (signature files) up to date.
4. Install software that protects against other kinds of malware: spyware, Trojans, etc.
5. Prepare for the worst. Backup everything that you would hate to lose.
6. Learn to dodge dangers online.
7. Keep Windows, your browser, and other critical software patched and up to date.
8. Use a password on your wireless router.
9. Use strong passwords (letters, numbers & characters) and never, ever give out your password to anyone.

MORE INFORMATION

For more information on how to protect yourself, your family and your personal information, visit sites such as www.staysafeonline.org, or www.staysmartonline.gov.au; www.thinkuknow.co.uk; www.onguardonline.gov or www.mcgruff.org/advice/online_safety.php.