**QUARTER ONE - RI YEAR 2023-24** 

# ROTARYSUN

**NEWSLETTER** 





## TABLE

03

PRESIDENT'S MESSAGE

04

Q1 2023-24 IN REVIEW

17

MEMBER SPOTLIGHTS

24

Q2 UPCOMING EVENTS & CELEBRATIONS



JOIN THE POLIO PLUS SOCIETY!

30

YOU STILL WORK THERE?

31

GET READY FOR CONFERENCE 2024!

32

CAR RAFFLE 2024...
COMING SOON



OF CONTENTS

### PRESIDENT'S MESSAGE

Fellow Rotarians, Family and Friends, it is an honor and privilege to be serving the Rotary Club of Grand Cayman Sunrise for the 2023-24 year as President. The start of any Rotary new year brings with it both excitement and anticipation, and this

year is certainly no different.

year's Rotary International This theme is "Create Hope in the World". I am very much looking forward to bringing awareness and action to the vision and goals of Rotary International's President - R. Gordon R. McInally - for members to "Create Hope in the World", by leading the way towards new possibilities in Rotary. We can accomplish this by promoting peace throughout the world, assisting those affected by conflict, and bringing awareness to mental health challenges so that we may restore or create one new hope at a time.



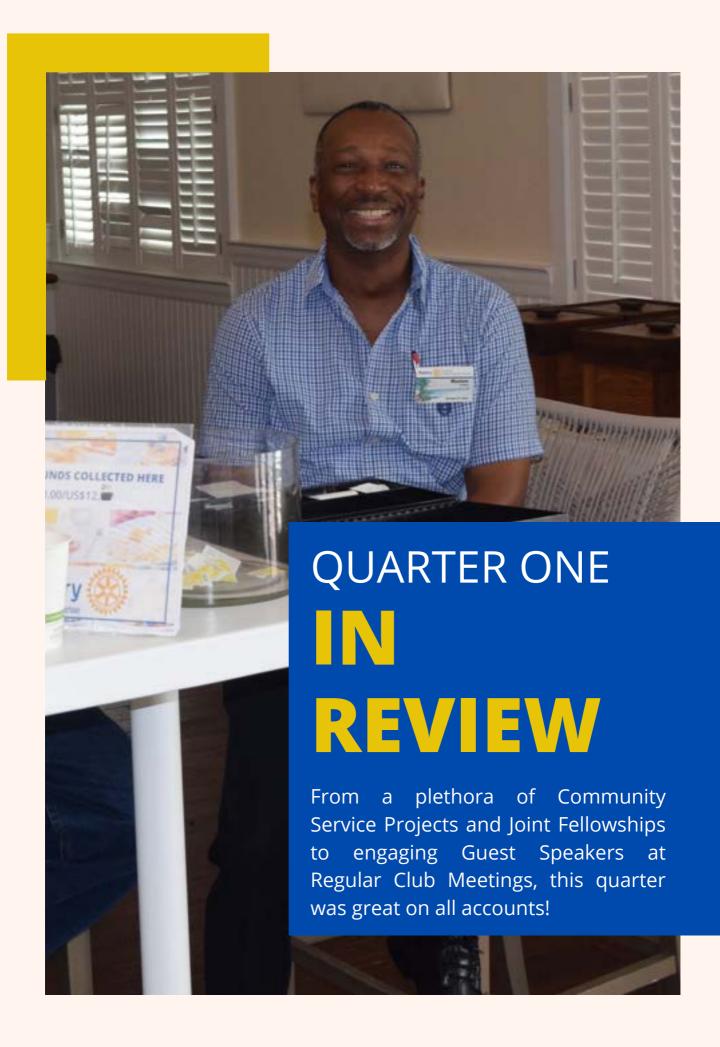
Rotary Sunrise is a dynamic and strong club, full of members who possess both the passion to serve and the determination to ensure we uphold Rotary's motto of Service Above Self. I am certain our members and the Board of Directors and Officers, will continue to thrive as we explore new and fun ways to serve our community.

As we look forward to the new year, I leave you with this quote by Jonas Salk, "Hope lies in dreams, in imagination, and in the courage of those who dare to make dreams into reality."

Let us dream big, imagine new possibilities, have the courage to change the world, and create one new hope at a time!

Yours in Rotary Service,

PRESIDENT 2023-24







Sister Janice's Preschool in Crewe Road and Quality Child Care in Westbay received their Library Bench with books on Friday, 7th July 2023. Both preschools also received Book Nook gift certificates worth CI\$630.00 each to purchase more new books.

These books donation were funded by Rotary "Buy-A-Kid-Book" popular program Sunrise hosted each year in Quarter two.



This Library bench contains a shelving for books on both sides and two storage drawers at the base. Learning to read from such a young age helps children in their development and their love of life in general.

Providing these books and a space just for them to grow and explore in a variety of books is what this is all about.

Special thanks to LIFE, IPP Karelle and Rotarian Ferlyn for assisting with the presentation of these chairs to the schools.

# SMALL PROJECT HUGE IMPACT!



On the RI Calendar, this July was dubbed 'Maternal and Child Health Month.' In recognition of this month's theme, the Rotary Club of Grand Cayman Sunrise donated care packages to patients at the NICU at the Health Services Authority Cayman.

Special thanks to Director Karina and Family for graciously packing all the donated items for this initiative. A family that packs together, stays together!









In celebration of International Youth Day (IYD), which is observed on the 12th August each year, the Department of Children and Family Services (DCFS) commemorated the day by taking a group of teenagers to Cayman Brac to experience a programme of enrichment - this comprised educational debates, a field tour and entertainment.

The Rotary Club of Grand Cayman Sunrise and its Youth Service Committee were excited to assist with this initiative through the sponsorship of awards and prizes for the programme participants.

At the cheque presentation ceremony held on Friday 4th August 2023, David Hunter - IYD 2023 Chairman expressed, "Thanks again to you and the club for the donation. I wish you a great administrative year." Other officials present were:

- Tiffany Myles, Deputy Director of DCFS,
- Dorline Welcome, Deputy Chair IYD 2023, and
- Rochelle Moya, Committee Member IYD 2023

Rotary Sunrise was ably represented by Youth Service Director Edward Harper and Club Administration Director Rhadica Bauldie-Welcome. We wished the traveling group safe journeys as they explored this year's IYD theme, "Green Skills for Youth: Towards a Sustainable World."

### BACKPACK BACKPACK

Members packed 160 backpacks with essential school items. These backpacks were distributed to school children identified by the Department of Children & Family Services (DCFS). Members were able to engage in fun filled fellowship to have these muchneeded backpacks prepared for kids in Grand Cayman and Cayman Brac.

Further, the Rotary Club of Grand Cayman Sunrise donated excess supplies of stationery from our Back to School Backpack project to Acts of Random Kindness (ARK) to aid with their congoing outreach initiatives.









### **Sunrise Meets Sunset: Joint Membership Drive and Fellowship Event!**

Members from Rotary Sunrise and Sunset gathered for Happy Hour while they shared information about joining each of the clubs.

The drive also offered prospective members options for meeting times based on when the clubs hold their meetings. Advance advertising also led to inquiries from the public about potential membership.

Our overall goal is to ensure that both clubs receive a net membership gain this Rotary year. After the formal speaking sections, the night ended with a raffle and fellowship to close.

Rotary Sunrise gifted Sunset with an engraved gavel to commemorate the event and as a token of friendship to the newest Rotary club in the Cayman Islands.

## BECOME A SUNRISER!

Our club members are dedicated people who share a passion for both community service and friendship.

Membership of a Rotary club is something granted to those willing to commit to assisting in their local communities, in addition to the global community. If you are ready to join other like minded individuals in accomplishing these goals you should let us know.

Becoming a Rotarian connects you with a diverse group of professionals who share your drive to give back.

### Learn more:

https://portal.clubrunne r.ca/1534/page/become -a-member-1



### Rotary Sunrise supports District 5000's efforts in response to the Maui fires

In early August 2023, a series of wildfires broke out in the U.S. state of Hawaii, predominantly on the island of Maui. The wind-driven fires prompted evacuations, caused widespread damage, killing at least 115 people and leaving 388 others missing in the town of Lāhainā.

Through generous personal donations from our membership, the Rotary Club of Grand Cayman Sunrise donated approximately USD \$1,000 to assist with relief efforts managed by Rotary District 5000.

Special thanks go out to PP Chris Bowring, Disaster Relief Chair who coordinated our participation in this relief initiative. To further assist, please scan the QR code and make a contribution. #EveryCentCounts

### JOINT MENTAL HEALTH TRAINING

Rotary International President for 2023-2024, Gordon McInally, prioritizes Mental Health in his strategy for Clubs around the world. He says that Rotary has been long involved in mental and wellness initiatives.

With this year's focus on #PrioritizingMentalHealth, the Rotary Clubs in the Cayman Islands held a two-part Mental Health First Aid Training facilitated by Dr Arline McGill, Jackie Neil (Loud Silent Voices), and Hylton Grace (Rotary Sunrise).







Who says that the sequel can't ever be as good as the original was wrong! That's a wrap, another successful Rock N' Roll Bingo for the books!

Thank you everyone for supporting the Rotary Foundation Committee's first fundraising endeavor for the year. It was a great night of fellowship between the Rotary Club of Grand Cayman Sunrise and Rotaract Club of Grand Cayman (RCGC)!



Such successes would not have been possible without the amazing prize donations, our helpful organizers from Sunrise and Rotaract, the amazing members who ran the show, our host - Craft F&B, and to those in attendance who actively participated.

We were able to collectively raise approximately KYD \$1,400, 25% of which will be given to the Rotaract Club of Grand Cayman for their club's contribution to the Rotary Foundation, the balance will go towards our club's contribution to the Polio Plus Fund.



### **About Guaruma**

an American photojournalist financially partnered with a Honduran physically, to communities pervasive drug cartel.

charitable organizations, the subsidized structured educational (after- project. school) program that now offers courses Photography, Environmental Education along the Cangrejal River.

Rotary Sunrise has been purchase involved with the Guaruma

The Guaruma Project began project since 2008, offering in the year 2000 in Honduras varying levels of support as well with our first environmentalist to set up a mission trip taking place in program for vulnerable youth 2009 and running consistently in isolated and impoverished until being halted by the help COVID pandemic in 2020. We engender a passion for were also instrumental in the photography plus provide a construction of the Guaruma channel of escape from Medical Clinic which officially recruitment into a life of opened in May 2020 and is crime and violence by the being run by two young doctors who grew up in the community. The Medical Over the years, with the Clinic serves the communities support of volunteers and in the mountains and delivers care for project has expanded into a children of the Guaruma

in Our support continues. This Computer Rotary year the Guaruma program Awareness and Ecotourism, receive US\$2000.00 quarterly and serves 80-100 youth from – 1500 from Rotary Sunrise + ages 12-21 who reside in 500 from Rotary Central; villages in the mountains while the Medical Clinic will receive US 500.00 from Rotary Sunrise. These funds will educational materials medical and supplies.

## JOIN OUR MISSION TRIP!

Please come and join the next mission trip to Honduras from:

**January 19 – 22, 2024!** 

We are excited at prospect of returning, after almost 5 years, to the villages in the mountains along the Cangrejal River.

As has been the custom, we will be conducting school medicals and health screenings, treating illness, teaching basic disease prevention, dispensing medicines, as well donating clothing, toiletries and school and other supplies.

The people need help. While everyone cannot make the trip, there are many opportunities to help contributions in cash and/or kind to assist with this mission will be greatly appreciated.

For more information, please contact International Service Director, Takeyce Palmer at 345-916-4918 or email at: takeycep73@gmail.com.

# GOLDEN AGE HOME VISIT & BOOK DRIVE



"There is more treasure in books than in all the pirate's loot on Treasure Island"

-Walt Disney

Indeed, one's definition of "treasure" is as wide as the ocean. Who imagine that could spending short а afternoon reading aloud to the residents of the Golden Age Home would considered a treasure by the residents?

But that is exactly what it was to this motley group of young and old, wheelchair-bound, blind and non-verbal, happily smiling people.

As the Rotary Club of Grand Cayman Sunrise we decided upon an afternoon reading to the residents of the Golden Age Home, which is a residential facility for elderly and disabled residents on the island.

What impact could an afternoon reading possibly have, you may ask? If the looks of excitement, interest, and rapture on the faces are any indication, a lot. It means someone took time out of their day to make YOU the focus, to take you with them into a new world through reading.

So, as we celebrated Basic Education and Literacy month, we were able to give a tangible gift of books, but also the gift of storytelling to a group of people limited in movement by age and disabilities.

### JOINT BEACH WALK FOR A CAUSE



For a second year, Rotary International, Kiwanis International, Lions Clubs International, and Optimist International have worked together to celebrate and give back to our communities with a weeklong service event, to held on 11-17 September.

This year we hosted a Joint Beach Walk which raised over \$2,500 in support of the Cayman Food Bank! All proceeds was pledged to go towards their efforts in fighting hunger in Grand Cayman! In true Rotary spirit, the night ended with a raffle and fellowship between all the clubs represented. Thank you to everyone who participated and made monetary donations to the cause!

### LIFE RECEIVES \$5,000 FOR PROJECTS

We welcomed Erica Dell'Oglio, Executive Director at Literacy Is For Everyone (LIFE) to the September 20th club meeting where she provided an update on the various Literacy Initiatives hosted by the organization.

Further, on behalf of Director Laetitia Bush and the Literacy Committee, President Andrea Balderamos and Director Karina Palmer-Forde presented LIFE with a donation of \$5,000 in support of their ongoing efforts towards improving literacy levels in the Cayman Islands.







It was over months of constant planning, lots of emails, and many back and forths that the success of such engaging conversation was born. The weekend of Club assembly and Retreat wasn't without its mishaps and things that could have gone better. However, the weekend still saw Rotarians and Rotaractors enjoying great fellowship and learning opportunities about each other and their clubs.



This year's assembly/retreat was held at The Cottages East End, a hidden, tucked-away gem boasting ten (10) cottages all occupied by Rotarians, their families, and Rotaractors. This allowed us the backdrop for what would become our club assembly hosted on Saturday, September 30th by Lesley Conolly.

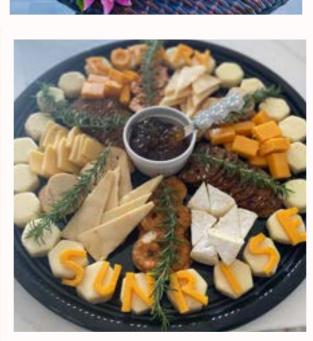
The day started with yoga which was led by Past President Christine. It was a relaxing morning on the beach being guided through various poses, and meditation. Past President Christine helped us to feel relaxed and grounded heading into our assembly talks. Lesley was given the task of leading us through the assembly. Her mandate was to seek out solutions and guide the discussion on a path where members left with a better understanding of the inner workings of the club. It was achieved!



Despite the heat of the day, we had team-building activities and breakout sessions. We even looked at our last assembly making a comparison of what has changed since our last survey. Our members did not hold back on the direction they felt they wanted to see the club moving, nor on what they loved about the club and its members. Both President Andrea and President-Elect Marlon are both very happy with the information they have received and I know will be making changes for the betterment of our organization.

The weekend of course had lots of fellowship moments from the organised Tequila & Taco Night on Friday, Fish Fry and BBQ on Saturday to brunch and charcuterie boards on Sunday. During the informal 'poolside fellowships' members got to connect even more, discussing topics that they would have otherwise gotten an opportunity to explore at a morning meeting.

The weekend also provided opportunities for old club phrases to be explained such as "wet lips" and new ones like "manisphere" and few others! Let's just say if you missed it you definitely missed it!





### **WELCOME** TO OUR **NEW SUNRISERS!**



We are happy to introduce our two newest Rotary Grand Cayman Sunrise members! Rotarians Jill Taylor and Jenne Figueira were inducted into our club by our 7020 District Governor David Kirkaldy during his Cayman Islands Visit.



**Jill Taylor New Rotarian** 

Jill grew up in a rural small-town New Brunswick, Canada, where community involvement was a way of life. After university, she joined the banking industry where she worked in various roles for nearly 18 years and still managed to obtain her Accounting Designation along the way! During COVID, she joined the Rotary Club of Pickering (Canada) where she was able to explore her love for community service outside of employer led initiatives. Thanks for choosing us and we look forward to what's next in your Rotary journey!

Jenne holds a MBA with specialization in Tourism and Hospitality Management and a Minor in Marketing. With over 10 years experience in the hospitality industry she has developed key skills and qualities perfect for being a Sunrise Rotarian. These include but not limited to event planning, client relationship building and public relations. For a two-year period, Jenne volunteered at CITA as the Operations Manager and was able to launch a successful small event and marketing business. Thank you for being a part of our growing membership and wish you all the best!



Jenne Figueira **New Rotarian** 

# SAY HELLO TO OUR HONORARY MEMBERS!



President Andrea officially recognized PP Eddie Balderamos and Hon Margaret Ramsay-Hale (Chief Justice) as Honorary Members of our club for the 2023-2024 Rotary year. Honorary membership is used to recognize people who have distinguished themselves by meritorious service and embody Rotary ideals, or those considered friends of Rotary for their support of Rotary's causes. We appreciate your dedication to serving the community and being associated with the Rotary Club of Grand Cayman Sunrise!



PP Eddie Balderamos Honorary Rotarian Eddie Balderamos, CEO of Balderamos Insurance Service Ltd. has an extensive background in the life and general insurance industry. His reputation as a person true to his word and always willing to help people, went a long way in this company's success. As a Past Present and current member of the Rotary Club of Grand Cayman, he wholeheartedly continues to lives by the motto, Service Above Self.

Chief Justice Margaret Ramsay-Hale is the first woman to hold this title in the Cayman Islands. She is a former member of Rotary Sunrise and still continues to support the club and our initiatives. She has distinguished herself not only in her career but with her volunteer work with empowering women and having a no tolerance stance in domestic violence in our community! Further, she chaired the Big Brothers, Big Sisters Cayman, providing mentorship for at risk youth.



Hon Margaret Ramsay-Hale Honorary Rotarian

# FELLOW THIS, **EELLOW THAT!**

The Paul Harris Fellow recognition acknowledges individuals who contribute, or who have contributions made in their name, of \$1,000 to The Rotary Foundation.

Multiple Paul Harris Fellow recognition is extended at subsequent \$1,000 levels (e.g., \$2,000, \$3,000). Recognition consists of a pin with additional stones corresponding to the Recipient's recognition amount level:

- 2,000 to 2,999.99 one sapphire
- 3,000 to 3,999.99 two sapphires
- 4,000 to 4,999.99 three sapphires
- 5,000 to 5,999.99 four sapphires
- 6,000 to 6,999.99 five sapphires
- 7,000 to 7,999.99 one ruby
- 8,000 to 8,999.99 two rubies
- 9,000 to 9,999.99 three rubies

The Paul Harris Society (PHS) is a district-administered recognition for those who elect to personally contribute US\$1,000 or more each year to the Annual Programs Fund, PolioPlus, PolioPlus Partners or the Humanitarian Grants program.

Thank you Rotary Sunrisers for giving wholeheartedly to the Foundation!



PP Winston and Rotarian Faye being presented with their PHF +7 pin



Director Edward being presented with his very first PHF for being recognised as Rotarian of the Year 2022-23



Director Kareem being presented with his PHS Chevron

## RED BADGE TO BLUE BADGE RECOGNITION

The Red Badge to Blue Badge is a New Member Program designed to assist in New Sunrisers' development as a Rotarian. Mandatory tasks include:

- Be a greeter at a club meeting
- Attend a 'World of Rotary' session
- Complete 'Who Yuh Fah' Talk
- Participate in a club project or fellowship event
- Update profile on the club's website and create a My Rotary account

Further, Rotarians opt to complete any three (3) of the below optional tasks:

- Donate a raffle prize
- Lead the 4-way test or Rotary grace
- Attend a meeting at another Rotary, Rotaract or Earlyact Club
- Attend a committee meeting of your assigned committees or another
- Bring a Guest to a meeting

Once completed, members will graduate from the Red Badge Program and earn their Blue Badge to become a full-fledged Rotarian of Sunrise. This quarter, we saw five Rotarians who successfully completed this program:

- Rotarian Ajoni Ambrosey
- Sergeant-At-Arms Andre Seale
- Director Kareem French
- Secretary Laura Oseland
- Director Rhadica Bauldie-Welcome

### **CONGRATULATIONS!**





# KAREEM CONTINUES TO GO ABOVE AND BEYOND!

ROTARIAN OF THE QUARTER (Q1)



This quarter, many of our Rotarians have exhibited exemplary dedication and passion towards the success of our club and the impact we have in our community. One of the club's goals this year was to really raise the public's awareness of our efforts in service to the community, and it is no surprise that the Rotarian of the Quarter (Q1) is none other than our Public Image Director, Kareem French. Congrats!

Director Kareem has been a Rotarian since 2020 and prior to his induction to Sunrise, was involved Rotary Rotaract in Barbados for many years. Since joining our Club, he has been involved in several committees, including the Public Image, International Service. Vocational Service, Fellowship and Youth Service.

Director Kareem started the year with the goal of increasing our social media presence and creating engaging and impactful images and slides used at our weekly meetings. His imagination and creativity have allowed him to do just that. Our social media impact has grown significantly over the past few months, and our weekly meetings are bold and engaging.

In addition to improving the club's public image, Director Kareem has also shown his dedication and commitment to service through regularly attending our service projects and fellowships. He even stepped in as acting Secretary during August and helped with the upkeep of the club.

He has truly shown his willingness to go above and beyond what is asked of him, going the extra mile each and every time, exuding his passion and love for Rotary and all the club stands for. Thank you, Director Kareem, for your unwavering service to Rotary Sunrise and congratulations again!

### **HOWARD CROSS**

THANK YOU FOR YOUR SERVICE!



Howard was a quietly spoken Rotarian who was loud in his activities; usually behind the scenes. He was present at projects, especially community projects, but what really stood out was his inability to say no when it came to Rotary.

Despite a very frequent travel schedule, being physically separated from his family and being very busy, he always attended meetings, fellowships and other Rotary activities.

Howard led by example. He was there when the club or its members needed him but a lot of times most Rotarians didn't know just how much he contributed in time, money, talent or the use of his property for Rotary Sunrise. He has left a path that will be hard to follow and is already missed. We need more Rotarians like Howard Cross in Rotary International! We need more Rotarians like Howard Cross in Rotary Sunrise.

Wishing you all the best and know that our doors are always open with welcoming arms whenever you choose to pay us a visit.

With love, from your

Potary Sunrise Family



## **OCT 2023**

04

GENERAL MEETING 07

SPOTTS PARK CLEAN UP

11

BUSINESS MEETING 18

GUEST SPEAKER FROM PAHO ON POLIO



19

CORPORATE SCRABBLE SCRUM 21

CIRCLE OF LIFE BRUNCH

**TBA** 

FELLOWSHIP EVENT

Please be reminded that there is no meeting on Wednesday 25 October 2023. Further, stay tuned to your committee chats for updates on Committee Meetings this month!



## **NOV 2023**

01

GENERAL MEETING

15

**PROJECT** 

04

BUSINESS MEETING

**GENERAL MEETING** 

**ARK HOUSING** 

18

80

ANNUAL FLEA MARKET 27

GIVING TUESDAY **TBA** 

FELLOWSHIP EVENT

Please be reminded that there is no meeting on Wednesday 29 November 2023. Further, stay tuned to your committee chats for updates on Committee Meetings this month!



## **DEC 2023**

06

BUSINESS MEETING 13

**GENERAL MEETING** 

**TBA** 

COMMUNITY CHRISTMAS PARTIES **TBA** 

CHRISTMAS FELLOWSHIP EVENT



CAR RAFFLE SALES



Please be reminded that there is no meeting on Wednesday 20 and 27 December 2023. Further, stay tuned to your committee chats for updates on Committee Meetings this month!



## CELEBRATING BIRTHDAYS AND ROTAVERSARIES THIS QUARTER:

### **Birthdays:**

- Oct 7th PP Deirdre McFarlane
- Oct 8th Dir. Karina Palmer-Forde
- Oct 18th PE Marlon Bodden
- Oct 31st Sec. Laura Oseland
- Nov 11th Dir. Kareem French
- Nov 17th Dir. Edward Harper
- Nov 18th Rot. Steven Sokohl
- Nov 23rd Rot. Hylton Grace
- Nov 27th Rot. Dwight Allison
- Dec 26th Dir. Laetitia Bush

#### **Rotaversaries:**

- Oct 5th Sec. Laura Oseland (1 Year)
- Oct 21st IPP Karelle DaCosta (8 Years)
- Oct 23rd Patriann Monteith (4 Years)
- Oct 26th SAA Andre Seale (1 Year)
- Oct 28th Rot. Alison Maxwell (3 Years)
- Nov 8th Rot. Tara Nielsen (2 Years)
- Nov 19th Rot. Robert Robertson (36 Years)
- Nov 30th PP Woody Foster (21 Years)
- Dec 1st PP Dawn Cummings (29 Years)
- **Dec 2nd** Rot. Dean Heyne (8 Years)
- **Dec 2nd** Rot. Ferlyn Heyne (8 Years)
- **Dec 5th** PP JD Mosley-Matchett (16 Years)
- Dec 10th Rot. Su Mander (9 Years)
- **Dec 16th** Dir. Lundie Richards (3 Years)
- **Dec 16th** Dir. Laetitia Bush (14 Years)
- **Dec 16th** Dir. Edward Harper (3 Years)





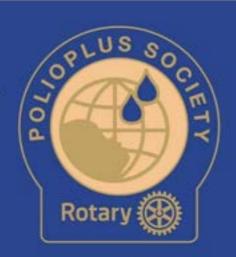




# THE POLIOPLUS SOCIETY IS HELPING TO END POLIO NOW

Not a Member Yet? Go To

CLICK HERE



World Polio Day is commemorated on the **24th October** every year. And over the last couple of years our Rotary District 7020 has championed this cause and led activities that promote the eradication of Polio.

Our club currently has **19 persons** who are members of the District 7020 PolioPlus Society. They have made the pledge to commit an annual contribution of at least US\$100.00 to the Polio Plus Program of the Rotary Foundation until Polio is officially eradicated.

This Rotary year the Foundation committee's goal is to:

- (a) increase that number by a minimum of 5 additional members and
- (b) ensure all members honor their annual pledge before 15th March 2024

Members who sign up for the District 7020 PolioPlus Society receive a certificate and PolioPlus Society pin. If you are not a member yet of the Society, please consider to joining the District 7020 PolioPlus Society in October 2023.

Please email the completed form to **District Secretary Stacy Parke** (stacyparke.7020@gmail.com) who will assist in compiling all the club's submissions to the District Foundation PolioPlus Society Chair. Also, please note you can make your financial donation via our club operation account or pay directly through the RI website, please just keep your records and confirm the same with us.

Thank you in advance for your support of the District 7020 PolioPlus Society. If you have any questions, please do not hesitate to contact either District Secretary Stacy or Director Lundie.







**Create HOPE 2024** is the return of the District 7020 PETS Assembly and Conference to the Cayman Islands for the first time in 10 years! Plan to pack your bags and get ready for an engaging week filled with education, fellowship, celebration, inspiration, personal growth, home hospitality, fun and HOPE! We look forward to hosting you April 28 through May 3, 2024!



## **COMING SOON**





SPECIAL THANKS TO EVERYONE WHO CONTRIBUTED TO MAKE THIS FIRST ISSUE A SUCCESS!

**NEXT ISSUE DATE: JANUARY 2024**