

### **Rotary Opens Opportunities**



ROTARY CLUB OF

Chartered September 8, 1966 Meetings: Tuesdays, 12:30 p.m. ST. ANDREW Hotel Four Seasons JAMAICA 18 Ruthven Road, Kignston 10, Jamaica.



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### **DISTRICT 7020**

District Governor - Charles Sealv II Assistant Governor - Marie Powell

#### **CLUB ADMINISTRATION 2020-2021** OFFICERS:

Audley Deidrick	<ul> <li>President</li> </ul>
Ammesha Brown	<ul> <li>President Elect</li> </ul>
Nicole Gordon	<ul> <li>Vice President</li> </ul>
Nicole Gordon	<ul> <li>Club Secretary</li> </ul>
Audley Deidrick	- Immediate Past President
Delories Jones	- Treasurer
Jennifer Anderson	<ul> <li>Sergeant at Arm</li> </ul>

#### INVOCATION

O Lord who knows our every need Help us fulfill our Rotary Creed We live to serve you every day In all we think or do or say Accept our prayers for this meal 0 Restore, Forgive, Inspire and Heal.

#### FOUR-WAY TEST

of things we thing, say or do 1. Is it the TRUTH? 2. Is it FAIR to all concerned? 3. Will it BUILD goodwill and BETTER FRIENDSHIPS? 4. Will it be BENEFICIAL to all concerned?

#### **OBJECT OF ROTARY**

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and in particular, to encourage and foster: FIRST: The development of acquaintance as an opportunity for service.

- SECOND: High ethical standards in business and professions; the recognition of the worthiness of all useful occupation as an opportunity to serve society.
- THIRD: The application of the ideal of service by each Rotarian's personal, business and community life.
- FOURTH: The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideal of service.

#### DIRECTORS

Ammesha Brown - Club Administration - Service Projects Rocaue Ferauson Yulit Gordon Judy Hylton Jemelia Davis Llovd Eubank Green - Public Image Eugene Ffolkes Wayne Strachan Events Chair

- New Generations - Rotary Foundation - Vocational Service - Membership Chair - Fundraising & Social
- NATIONAL ANTHEM

Eternal Father bless our land, Guard us with Thy Mighty Hand, Keep us free from evil powers, Be our light through countless hours. To our Leaders, Great Defender, Grant true wisdom from above. Justice. Truth be ours forever. Jamaica. Land we love. Jamaica. Jamaica. Jamaica land we love.

#### **ROTARY GRACE**

O Lord and Giver of all good We thank Thee for our daily food May Rotary friends and Rotary ways Help us to serve Thee all our days

### MEMBERSHIP RULES

Your membership in Rotary Club may be terminated by any of the following: 1. Resignation;

- 2. Failure to pay your dues during the 30 days after January 1 or July 1;
- 3. If you miss four consecutive regular meetings without makeup or being excused by the Board or Directors for good and sufficient reason;
- 4. Attendance below 60% average for each 6-month period, January 1 to June 30, and July 1 to December 31, unless excused by the Board of Directors for good and sufficient reason.

PAST DISTRICT GOVERNOR		*Keble Williams	1997
Alvero Casserly, CD, JP	1989/90	Grace Ashley	1997
Alvero Casseny, CD, JF	1909/90	Melvin Carey	1997
CHARLEY BRAHAM AWARD		John Haughton	1997
*Erald Shileto, OD, JP	1984	C. Wain Iton	1997
Rev. Dr. Webster Edwards, OD, JP	2001	Ryan Peralto, Jr.	1997
Alvaro Casserly, CD, JP	2003	Vasle Atkinson	1998
Alvalo Casselly, OD, 31	2000	Denis Goldson	1998
DISTINGUISHED ROTARIAN	AWARD	Anthony Hogarth	1998
*Erald Shileto, OD, JP	1983	*Dr. George Philip, CD	1998
Orville Walker, JP	1988	*Neville Royes	1998
Alvaro Casserly, CD, JP	1990	Dr. Lloyd Eubank-Green	1998
*Ricky Richardson	1990	*Paul Bourke	1998
Anthony Hogarth	1999	Victor Thompson	1998
*Neville Royes	2002	*Lloyd Isaacs	1998
Earl Samuels, CD	2003	Hilton McIntosh, JP	1998
Rev. Dr. Webster Edwards, OD, JP	2004	LeRoi Lorde	2000
Donovan Walker	2004	Robert Gregory, CD	2001
*Arthur Lowe	2007	Earl Samuels, CD	2001
Dr. Lloyd Eubank-Green	2008	Ainsley Mitchell	2002
Jennifer Anderson	2009	Judy Hylton	2002
Judy Hylton	2014	Don Duff	2003
HUMANITARIAN AWARD		Trevor Libert	2003
	2007	Jennifer Anderson	2004
Dr. Lloyd Eubank-Green	2007	*Sezvin Hamilton	2007
MULTIPLE PAUL HARRIS FEL	LOW	Merline Bardowell, OD Dr. Sandra Palmer-Peart	2007 2007
*Noel Bennett	PHF+1	Robert Drummond	2007
Alvaro A. Casserly	PHF+1	*Hugh Levy	2007
Webster Edwards	PHF+1	Anthony Griffiths	2008
*Arthur Lowe	PHF+1	Marie Powell	2000
Victor W Thompson	PHF+1	Charles Ross	2010
Donovan Craig Walker	PHF+1	Paul Thorbourne	2014
Donald John Duff	PHF+2	Wayne Strachan	2016
Minna A. Israel	PHF+2	Jemelia Davis	2017
Marie Powell	PHF+2	Abe Pearce	2017
*Orville Walker	PHF+2	Mavis Beckford	2017
Judy G Hylton	PHF+3		
Lance Hylton	PHF+4	NON-ROTARIAN	
ROTARY FOUNDATION BENE	EACTORS	*Jean Casserly	1998
Judy Hylton	2001	Paul Bitter	2001
Lance Hylton	2001	Michael Lee-Chin	2003
Grace Ashley	2007	Kingsley Thomas, CD	2004
Donovan Walker	2007	Barbara Walker	2004
Minna Israel	2009	Ingrid Walker	2004
Earl Samuels, CD	2012	The Most Hon. Portia Simpson Miller, ON	2006 2007
Marie Powell	2019	His Excellency Jeremy Creswell Lisa Lewis	2007
Wayne Strachan	2019	Peggy Bennett	2009
Charles Ross	2020	Prof Nigel Harris	2010
		Sir Dennis Byron	2013
PAUL HARRIS FELLOWS	4070	Gary 'Butch' Hendrickson	2018
*John Burke (Lagos)	1978	Sir Hilary Beckles	2020
*Erald Shileto, OD, JP	1984	Edith Marilyn Duff	2020
Rev. Dr. Webster Edwards, OD, JP	1988	Benjamin Hylton	2020
*A. Tennyson Palmer, CD, JP *Larkin Hall	1988 1989	Konrad Hylton	2020
Charles Jeantelot	1989	Gavin Leckie	2020
*Rt. Rev. Bishop J.T. (Tommy) Clark	1991	Jessica Hylton Leckie	2020
*Ricky Richardson	1996		
*Hector Watson	1996		*Deceased
Dr. James Monteith, JP	1997		
*Roy Vaz	1997		
<b>7</b>			

PAST PRESIDENTS 1966/68 * Rt. Rev. Bishop J.T. (Tommy) Clar	ROTARY CLUB ME
1968/69 * Robert Lake 1969/70 Hayden Middleton	BLACK RIVER
1970/71 Mick Elwin	CHRISTIANA
1971/72 * Hon. Glen Owen, OD, JP	
1972/73 * Edward (Ted) Ogilvie	KINGSTON EAST & PORT ROYAL
1973/74 Horace Fowler	FALMOUTH
1974/75 Geoff Searle	
1975/76 Alvaro Casserly, JP	KINGSTON
1976/77 Christopher Wilson	
1977/78 Dr. James Monteith, JP	DOWNTOWN KINGSTON
1978/79 * Vin Bennett, JP 1979/80 * Gerald Ford	
1980/81 Audley Brandt	LIGUANEA PLAINS
1980/81 × Keble Williams	LUCEA
1982/83 Rev. Dr. Webster Edwards, OD, JP	MANDEVILLE
1983/84 * A Lloyd Johnson	MANDEVILLE MAY PEN
1984/85 Larkin Hall	
1985/86 Orville Walker, JP	MONTEGO BAY
1986/87 * A. Tennyson Palmer, CD, JP	MONTEGO BAY EAST
1987/88 * Dr. George Phillip, CD	MONTEGO BAY
1988/89 Maurice Clarke, JP	SUNRISE
1989/90 S. LeRoi Lorde, JP	NEGRIL
1990/91 Donald Duff	NEW KINGSTON
1991/92 * Neville Royes	
1992/93 * C. Lloyd Isaacs 1993/94 Melvin Carey	
1993/94 Melvin Carey 1994/95 * Selvin Goldson	ST. CATHERINE NORTH
1995/96 lan King	OCHO RIOS
1996/97 Anthony Hogarth	
1997/98 Ryan Peralto, Jr.	PORT ANTONIO
1998/99 Trevor Hamilton	
1999/00 Paul Thorbourne	PORTMORE
2000/01 Wain Iton	
2001/02 * Arthur Lowe	ST. ANDREW NORTH
2002/03 Dr. Lloyd Eubank-Green	ST. MARY
2003/04 Donovan Walker	JI. WART
2004/05 Earl Samuels, CD	SANTA CRUZ
2005/06 Robert Gregory, CD 2006/07 Jennifer Anderson	SAVANNA-LA-MAR
2007/08 * Sezvin Hamilton	SPANISH TOWN
2008/09 Merline Bardowell, OD	••••••
2009/10 Anthony Griffins	TRAFALGAR
2010/11 Charles Ross	HEIGHTS
2011/12 Robert Drummond	ROTARACT CLUB MEET
2012/13 Judy Hylton	ST. ANDREW
2013/14 Marie Powell	
2014/15 Robert Gibbs	UNIVERSITY OF TECHNOLOGY
2015/16 Eugene Ffolkes	
2016/17 Wayne Strachan 2017/18 Jemelia Davis	INTERACT CLUB MEETI
2017/18 Jernena Davis 2018/19 Kemmehi Lozer	ST. ANDREW HIGH SCHOOL
2019/20 Audley Deidrick	EARLY ACT
*Deceased	CLUB MEETING

### **ROTARY CLUB MEETINGS**

KU IAKY CLUB MEE	INGS			
BLACK RIVER	Invercauld Hotel Thursdays, 7:30pm			
CHRISTIANA	Vemon Chung LN Wednesdays, 6:30pm			
KINGSTON EAST & PORT ROYAL	Eden Gardebs Mondays, 7:00pm			
FALMOUTH	Glistening Waters Tuesdays, 6:30pm			
KINGSTON	Jamaica Pegasus Hotel Thursdays, 12:30pm			
DOWNTOWN KINGSTON	ICAJ Conference Room Wednesdays, 12:30pm			
LIGUANEA PLAINS	Eden Gardens - Thursdays, 6:15pm			
LUCEA	Feista Grand Palladium Resort Wednesdays, 6:00pm			
MANDEVILLE	Golf View Hotel - Tuesdays, 12:45pm			
MAY PEN	Versalles Hotel - Thursdays, 7:30pm			
MONTEGO BAY	Sandals Royal - Tuesdays, 12:30pm			
MONTEGO BAY EAST	Sunset Beach Resort Thursdays, 7:00pm			
MONTEGO BAY SUNRISE	The Wexford Hotel Wednesdays, 7:00pm			
NEGRIL	Negril Escape - Wednesdays, 7:00pm			
NEW KINGSTON	Altamont Court Hotel Altamont Crescent, Kingston Fridays, 7:45pm			
ST. CATHERINE NORTH	Hayfield Sports Club, Ewarton Thursdays, 6:30pm			
OCHO RIOS	Sandcastle Resort, Ocho Rios Wednesdays, 6:00pm			
PORT ANTONIO	RADA Conference Hall, Folly Road Tuesdays, 6:00pm			
PORTMORE	Jamaica Employer's Federation Wednesdays, 7:00pm			
ST. ANDREW NORTH	ICAJ Building, 8 Ruthven Road Mondays, 6:30pm			
ST. MARY	Pompano Commercial Complex Tuesdays, 6:00pm			
SANTA CRUZ	Chariots Hotel - Tuesdays, 7:30pm			
SAVANNA-LA-MAR	Hotel Commingle - Tuesdays, 6:30pm			
SPANISH TOWN	Police Officer's Cub Tuesdays, 6:30pm			
TRAFALGAR HEIGHTS	Phoenix Central Thursdays, 6:30pm			
ROTARACT CLUB MEETI	NGS			
ST. ANDREW	St. Andrew - Footprint Cafe 1 <sup>st</sup> and 3 <sup>rd</sup> Wednesdays, 6:00pm			
UNIVERSITY OF TECHNOLOGY	UTECH Campus Thursdays, 3:00pm			
INTERACT CLUB MEETINGS				
ST. ANDREW	St. Andrew High School			

### ST. ANDREW HIGH SCHOOL

HIGH SCHOOL	
ARLY ACT	
CLUB MEETING	

St. Andrew High School Room 46 - Mondays, 3:00pm Allman Town Primary School Fridays, 2:00pm

# PLAN YOUR FUTURE

# **Mutual Funds**

### **Global Equity Fund**

**Global Diversified Income Fund** 

**Global Fixed Income Fund** 

Global US Dollar Fixed Income Fund

**Global Money Market Fund** 

Local Money Market Fund



A member of the **I** Group





We extend a warm welcome to all visiting Rotarians and Guests.

### Today's meeting MAY 18, 2021

### THEME OF THE MONTH: Youth Service Month

### **TODAY'S AGENDA:**

"My story: How I recovered from COVID-19?"

### **KEYNOTE SPEAKER:**

**PP. Eugene Ffolkes,** CEO, Telegens Inc & Caribbean Digital Media Academy & Past President of the Rotary Club of St. Andrew



**Birthdays:** The following persons will celebrate their birthdays and anniversaries during the week:- May 18, 2021 – May 24, 2021

Members' Birthdays: There are no members' birthday this week

Spouses' Birthdays: .Anniversaries: There are no spouses' birthday this week There are no anniversaries this week.

Best wishes to all!

Rotary Club of St. Andrew 🔰 standrewrotary

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### **ROTARY CLUB OF ST. ANDREW**

### **MEETING AGENDA**

- Meeting call to order
   President Audley Deidrick
- Rotary Grace
- · Loyal Toast
- Four Way Test
- Fellowship
- Introduction of Visiting Rotarians/Guest
   Apologies
- President's Time
  - Recognition of Birthdays & Anniversaries
- Fellowship

- Secretary's Report
- Rotary Information
- Sergeant-at-arms
- Introduction to Guest
   Speaker
- The Guest Speaker's
   Presentation
- Vote of Thanks
- Toast to RI
- National Anthem
- Adjournment

### THE FIVE AVENUES OF SERVICE

- 1. Club Service focuses on making clubs strong. A thriving club is anchored by strong relationships and an active member development Plan.
- Vocational Service calls on every Rotarian to work with integrity and contribute their expertise to the problems and needs of society. Learn more in An Introduction to Vocational Service and the Code of Conduct.
- 3. Community Service encourages every Rotarian to find ways to improve the quality of life for people in their communities and to serve the public interest. Learn more in Communities in Action: A Guide to Effective Projects.
- 4. International Service exemplifies our global reach in promoting peace and understanding. We support this Service Avenue by sponsoring and volunteering on international projects, seeking partners abroad, and more.
- 5. Youth Service recognizes the importance of empowering the youth and young professionals through leadership development programs such as Rotoract, Interact, Rotary Youth Leadership Awards, and Rotary Youth Exchange.

### RI President's May 2021 Message

For years, Susanne and I hosted many Rotary Youth Exchange students in our home. This program was an entry point to Rotary for me, and my heart is truly in it. When Rotary's exchange programs were suspended because of COVID-19 to keep students and families safe, we felt sorry, especially for the participants, because those years cannot be repeated.

Because of the many uncertainties of the pandemic, the Rotary Board has decided to suspend in-person exchanges through June 2022. As we look ahead with hope, we thank Youth Exchange officers, host families, and volunteers for their contributions in years past, and we encourage districts to offer virtual exchanges as a way of connecting students around the world with each other and with our communities.

For those who are not able to participate in Rotary Youth Exchange, Rotary offers other opportunities. New Generations Service Exchange (NGSE) is a Rotary program that deserves wider recognition: It is an excellent opportunity for young people ages 18 to 30 to participate in community service as individuals or in a group and to gain internship experience. Simukai Matshalaga, a Rotaractor from Zimbabwe, stayed with us in Ratzeburg during her NGSE experience three years ago.

When I applied for the New Generations Service Exchange program, I did not realize that I was signing up for a life-changing experience. This program gave me that opportunity and much more. It taught me about the importance of failing fast, learning quicker, and being myself.

Some of my greatest experiences happened at the dinner table. The warmth and kindness of every home I lived in still resonate with me today. It took me weeks to understand how a stranger could care for me as deeply as these members of the Rotary family did. I am inspired by the lessons of humility I learned from all the amazing people I met. I came to understand a new culture and realized that the only things that separate us as people are our experiences and, at times, our false assumptions.

Professionally, it gave me confidence in my own abilities as an engineer. Seeing how other organizations handled problems made me aware that the best person to solve the challenges in my country was me. Returning home from northern Germany, I declined a promotion, quit my job, and began building a family business — a decision that previously I would have never made, out of fear.

I am indebted to the Rotary family. I am not sure whether the friends, mentors, and families I left behind knew that they changed my life permanently. I hope they now do.

New Generations Service Exchange changed Simukai's life. It can change yours, too. All Rotary members can experience something similar at any time: I encourage everyone to take a virtual journey this month and visit meetings of other clubs online. You will see how different Rotary is around the world as you meet great people and make new friends.

Let us build upon these connections forged online — and later, when the time is right, enjoy in-person exchanges through Rotary Friendship Exchange, another excellent program for Rotary members of all ages.

Our ability to meet in person is limited now, but we know that Rotary Opens Opportunities, always. Now is the time to get ready, so that when the pandemic is behind us, Rotary's exchange programs will come back stronger than before, serving a world that is yearning to reconnect.

Holger Knaack President 2020-21

**RCSA Activities Highlight:** 

Throuback of the Christmas Treat Handover at Majesty Gardens Community Centre



### 7 tips to growing membership

*Members of the Rotary Club of Collierville with the Non Profit of the Year Award they received from the Chamber of Commerce for their service projects in the community.* 

By Dave Rhylander, president of the Rotary Club of Collierville, Tennessee, USA

Is it possible to grow your club in the midst of a pandemic? We have found the answer to be a resounding yes. Despite all the challenges that COVID-19 has presented to Rotary clubs and the entire world, really, there are ways to excite members, engage in service, and through creativity attract people who are interested in joining us as people of action.

Last June, we set a goal to grow by 20%, and so far we have welcomed in 13 new members. Why 20%? Back in the early 2000's our club had 100 members. But our membership declined over the years. If we grow 20% each year, we figure we can get back to 100 members within three years if not sooner. We knew this would be a challenge, but like in business or sports, you set a target and build a plan to achieve it.

Here is how we did it:

- 1. We started corporate memberships in July which has helped us get new members as more than one person can attend the meeting. We modeled our corporate membership after Rotary guidelines where there is a primary member but if they cannot attend they send an alternative. This has helped us attract members who would not normally join. Several of the corporations have headquarters in Collierville like Muellar, MCR Safety, Alston Construction. This has enhanced the club via resources and also the ability to attract other corporations and change the image of Rotary.
- 2. We set a goal of attracting more women and young professionals so we did not look like "the old guys club." We put female members and younger members in charge of projects that increased their visibility in the community and made them ambassadors to attract other prospective members. When people saw we had young professionals and women in our club, more were attracted. And these prospective members saw the value of what we were doing. Of our 13 new members, six are women.
- 3. We created an online application that made it very easy to fill out all the information required.
- 4. We organized service projects that built awareness of the club and helped attract people who want to do service work. We rang the Salvation Army Bell this year at one location and it got high participation from members and their families. We set a goal of raising the most money of any Salvation Army location in the Greater Memphis Area which we did. During the bell ringing we had several people come up and ask how they could join Rotary because they wanted to be part of something like this. The Salvation Army is a great cause because they help so many people in need and most of the funds go to the needy vs administration/ overhead. And everyone who rings the bell tells you it is a very rewarding personal experience. Many bring their children to participate so they can witness the "giving by others." We just won the Non Profit of the Year Award from the Chamber of Commerce because of our service.

### 7 tips to growing membership cont'd.

- 5. We told our story via social media so non Rotarians could see what we are doing to support our community, want to be part of a successful team, and come join Rotary. Each week we do a profile story on a member so people can see who is in Rotary and something about the person. We also post on Facebook every time we have a club meeting where we talk about the speakers or recognize people. When we have events like Salvation Army, we take pictures of the bell ringers and encourage people to donate. This gets the name of Rotary in front of people as its "the best kept secret" as some of our members say.
- 6. We provided meeting options, meeting in person (except for December and January) with the option of attending by Zoom if you could not attend in person. We follow health department guidelines and post them the day before the meeting so Rotarians know what to expect. Our county essentially shut down in December and January due to an increase in COVID and our speakers were limited due to access to Zooming their stories.
- 7. We embraced diversity. Diversity brings increased energy and new ideas. If you have projects that are very appealing it helps you attract young members. Plus, young members have children and they understand the value of vaccinating children to prevent polio, or providing Christmas gifts, or ringing the bell for the Salvation Army, or sponsoring a Gift of Life Child for major heart surgery from Honduras.

We are not done growing this year. I hope we get another five to eight new members before year end. We will be remembering the year of COVID-19 as the year we grew our membership in double digits. How about your club?

### **RSCA UPCOMING EVENTS**

Virtual PETS – 19<sup>th</sup>, 21<sup>st</sup>

- Boys Town Community Centre Tour & Labour Day Project May 22<sup>nd</sup>
- *RCSA Wellness Morning at the Peace Garden May 23<sup>rd</sup>*
- *Fellowship Evening May 25<sup>th</sup>*
- Rotary District 7020 Assembly May 29<sup>th</sup>
- Rotary District 7020 Conference June 05<sup>th</sup>

**Upcoming Roatarct/Interact Events** 

*no upcoming event* 

# A day in the life of a vaccination volunteer

*By Jill Johnson, member communications team lead, Corporate Communications, Rotary International* 

I volunteered at the COVID-19 vaccination clinic in my town on 15 April. I worked the registration desk, checking people in for their appointments. It's a fun assignment because you interact with so many people. There was the young man who told me he just woke up — it was 1:00 p.m! There were the teenagers born the year I graduated high school who didn't laugh at my lame attempts at jokes. And there was the young man with autism who, as his mom filled out the paperwork, sang me a song and showed me how he could dance.

**I've always wanted to volunteer** but struggled with finding the "right thing." When Rotary members were encouraged to work with their local health organizations to support vaccination clinics in their communities, I thought, "I could do that." I may not be a Rotarian or a Rotaractor, but I am a part of the Rotary community. And this felt like the "right thing."

While the registration desk is fun (and busy), I also liked being a vaccination assistant on previous volunteer shifts a week earlier. There's more time to chat than at the registration desk, so you get to interact with people in a different way. I've listened to residents talk about how excited (and nervous) they are. I've seen their faces light up when the vaccination is over and they didn't feel a thing. I've heard more people say "thank you" than I can count.

While it's mostly a joyful and positive experience, there have been some challenges. There was the patient who was there with her caregiver. She had a disability and was deaf, and was also very afraid — she really wanted her mom. Another man arrived in a wheelchair with his parents and started to get angry when he realized he was getting a vaccination. As a non-medical professional who works behind a desk all day, it was an eye opening experience.

When my shift was done, I was exhausted, but in a good way. I still had work to do and two kids to take care of, but I felt accomplished and happy. I had no idea volunteering would have this effect on me. I'm already looking for more clinic shifts to volunteer for.

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### Your Advantage...Our Passion

### © MOTIVATIONAL QUOTE © Let us light a candle of hope

By Webster Edwards

You can make a significant contribution to life wherever you may happen to be. You can excel in any field, making the best of whatever situation you might be experiencing especially at this time.

There is much to learn and many steps to climb, there are doubts to conquer and resolutions to implement.

There are people to inspire and many goals to achieve.

So begin now by putting your shoulders to the wheel, always remembering that the journey of a thousand miles begin with the first step.

Life can be hard but you can make it if you strive.

These thoughts are graphically captured in words from one of our popular singers called Shinehead.

"With obstacles in the way You may fall before you rise But if you really want good yuh nose affi run So get up and Keep your eyes on the prize. So strive, step up in life and go for what you know You've got to strive Remove the doubt from out your mind And let good flow."

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### **ROTARIAN CODE OF CONDUCT**

The following Code of Conduct has been adopted for use by Rotarians all over the World. This is based on "The Four-Way Test".

As a Rotarian, I will:

- 1. Act with integrity and high ethical standards in my personal and professional life.
- 2. Deal fairly with others and treat them and their occupations with respect.
- 3. Use my professional skills to mentor young people, help those with special needs and improve people's quality of life in the world.
- 4. Avoid behavior that reflects adversely on Rotary and other Rotarians.





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