

The HUB

2019 - 2020

NEWSLETTER



ROTARY CLUB OF ST. ANDREW, JAMAICA

Chartered September 8, 1966

Meetings: Tuesdays, 12:30 p.m.

Hotel Four Seasons

18 Ruthven Road, Kignston 10, Jamaica.

Rotary



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DISTRICT 7020

District Governor - Delma Maduro
Assistant Governor - Marie Powell

CLUB ADMINISTRATION 2019-2020

OFFICERS

Audley Deidrick - President
Travian Campbell - Vice President
Stacey-Ann Davis - Club Secretary
Kemmehi Lozer - Immediate Past President
Travian Campbell - Treasurer
Jennifer Anderson - Sergeant at Arm

DIRECTORS

Ammesha Samuels - Club Administration
Donnelle Christian - Service Projects
Nicole Gordon - New Generations
Judy Hyllton - Rotary Foundation
Yulit Gordon - Vocational Service
Lloyd Eubank Green - Public Image

COMMITTEE CHAIRS

Wayne Strachan - Fundraising & Social Events
Robert Gregory - Membership



INVOCATION

O Lord who knows our every need
Help us fulfill our Rotary Creed
We live to serve you every day
In all we think or do or say
Accept our prayers for this mean
Restore, Forgive, Inspire and Heal

NATIONAL ANTHEM

Eternal Father bless our land,
Guard us with Thy Mighty Hand,
Keep us free from evil powers,

Be our light through countless hours.
To our Leaders, Great Defender,
Grant true wisdom from above.
Justice, Truth be ours forever,
Jamaica, Land we love,
Jamaica, Jamaica,
Jamaica land we love.

ROTARY GRACE

O Lord and Giver of all good
We thank Thee for our daily food
May Rotary friends and Rotary ways
Help us to serve Thee all our days

FOUR-WAY TEST

of things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it BUILD goodwill and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

OBJECT OF ROTARY

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and in particular, to encourage and foster.

FIRST: The development of acquaintance as an opportunity for service.

SECOND: High ethical standards in business and professions; the recognition of the worthiness of all useful occupation as an opportunity to serve society.

THIRD: The application of the ideal of service by each Rotarian's personal, business and community life.

FOURTH: The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideal of service.

MEMBERSHIP RULES

Your membership in Rotary Club may be terminated by any of the following:

1. Resignation;
2. Failure to pay your dues during the 30 days after January 1 or July 1;
3. If you miss four consecutive regular meetings without makeup or being excused by the Board or Directors for good and sufficient reason;
4. Attendance below 60% average for each 6-month period, January 1 to June 30, and July 1 to December 31, unless excused by the Board of Directors for good and sufficient reason.

PAST DISTRICT GOVERNOR

Alvaro Casserly, CD, JP	1989/90
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CHARLEY BRAHAM AWARD

*Erald Shileto, OD,JP	1984
Rev. Dr. Webster Edwards, OD,JP	2001
Alvaro Casserly, CD,JP	2003

DISTINGUISHED ROTARIAN AWARD

*Erald Shileto, OD,JP	1983
Orville Walker, JP	1988
Alvaro Casserly CD, JP	1990
*Ricky Richardson	1990
Anthony Hogarth	1999
*Neville Royes	2002
Rev. Dr. Webster Edwards, OD,JP	2004
Donovan Walker	2004
*Arthur Lowe	2007
Dr. Lloyd Eubank-Green .	2008
Earl Samuels, CD	2003
Jennifer Anderson	2009
Judy Hylton	2014

HUMANITARIAN AWARD

Dr. Lloyd Eubank-Green	2007
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MULTIPLE PAUL HARRIS FELLOW

Orville Walker, JP	1986/97
Alvaro Casserly, CD, JP	1987/1998
*Arthur Lowe	1997/2001
Minna Israel	1998/2001
Lance Hylton (BVI)	2002
Donovan Walker	2001/2004
*Noel Bennett	1998/2004

ROTARY FOUNDATION BENEFACTORS

Judy Hylton	2001
Lance Hylton	2001
Grace Ashley	2007
Donovan Walker	2007
Minna Israel	2009
Earl Samuels CD	2012

PAUL HARRIS FELLOWS

*John Burke (Lagos)	1978
*Erald Shileto, OD, JP	1984
Rev. Dr. Webster Edwards, OD, JP	1988
*A. Tennyson Palmer CD,JP	1988
*Larkin Hall	1989
Charles Jeantelot	1990
*Rt. Rev.Bishop J.T. (Tommy) Clark	1991
*Ricky Richardson	1996
*Hector Watson	1996
Dr. James Monteith, JP	1997
*Roy Vaz	1997

*Keble Williams	1997
Grace Ashley	1997
Melvin Carey	1997
John Haughton	1997
C. Wain Iton	1997
Ryan Peralto, Jr.	1997
Vasle Atkinson	1998
Denis Goldson	1998
Anthony Hogarth	1998
*Dr. George Philip, CD	1998
*Neville Royes	1998
Dr. Lloyd Eubank-Green	1998
*Paul Bourke	1998
Victor Thompson	1998
*Lloyd Isaacs	1999
Hilton McIntosh, JP	1999
LeRoi Lorde	2000
Robert Gregory, CD	2001
Earl Samuels, CD	2001
Ainsley Mitchell	2002
Judy Hylton	2002
Don Duff	2003
Trevor Libert	2003
Jennifer Anderson	2004
*Sezvin Hamilton	2007
Merline Bardowell, OD	2007
Dr. Sandra Palmer-Peart	2007
Robert Drummond	2007
*Hugh Levy	2008
Anthony Griffiths	2009
Marie Powell	2010
Charles Ross	2010
Paul Thorbourne	2014
Wayne Strachan	2016
Jemelia Davis	2017
Abe Pearce	2017
Mavis Beckford	2017

NON-ROTARIANS

*Jean Casserly	1998
Paul Bitter	2001
Michael Lee-Chin	2003
Kingsley Thomas CD	2004
Barbara Walker	2004
Ingrid Walker	2004
The Most Hon. Portia Simpson Miller ON	2006
His. Excellency Jeremy Creswell	2007
Lisa Lewis	2009
Peggy Bennett	2010
Sir Dennis Byron	2017
Gary 'Butch' Hendrickson	2018
*Deceased	

PAST PRESIDENTS

1966/68	*Rt. Rev. Bishop J.T. (Tommy) Clark
1968/69	*Robert Lake
1969/70	Hayden Middleton
1970/71	Mick Elwin
1971/72	*Hon. Glen Owen OD, JP
1972/73	*Edward (Ted) Ogilvie
1973/74	Horace Fowler
1974/75	Geoff Searle
1975/76	Alvaro Casserly, JP
1976/77	Christopher Wilson
1977/78	Dr. James Monteith, JP
1978/79	*Vin Bennett, JP
1979/80	*Gerald Ford
1980/81	Audley Brandt
1981/82	*Keble Williams
1982/83	Rev. Dr. Webster Edwards, OD,JP
1983/84	*A Lloyd Johnson
1984/85	Larkin Hall
1985/86	Orville Walker, JP
1986/87	*A. Tennyson Palmer, CD, JP
1987/88	*Dr. George Phillip, CD
1988/89	Maurice Clarke, JP
1989/90	S. LeRoi Lorde, JP
1990/91	Donald Duff
1991/92	*Neville Royes
1992/93	*C. Lloyd Isaacs
1993/94	Melvin Carey
1994/95	*Selvin Goldson
1995/96	Ian King
1996/97	Anthony Hogarth
1997/98	Ryan Peralto, Jr.
1998/99	Trevor Hamilton
1999/00	Paul Thorbourne
2000/01	Wain Iton
2001/02	*Arthur Lowe
2002/03	Dr. Lloyd Eubank-Green
2003/04	Donovan Walker
2004/05	Earl Samuels, CD
2005/06	Robert Gregory, CD
2006/07	Jennifer Anderson
2007/08	*Sezvin Hamilton
2008/09	Merline Bardowell, OD
2009/10	Anthony Griffiths
2010/11	Charles Ross
2011/12	Robert Drummond
2012/13	Judy Hylton
2013/14	Marie Powell
2014/15	Robert Gibbs
2015/16	Eugene Ffolkes
2016/17	Wayne Strachan
2017/18	Jemelia Davis
2018/19	Kemmehi Lozer

*Deceased

ROTARY CLUB MEETINGS

BLACK RIVER	Invercauld Hotel Thursdays, 7:30pm
CHRISTIANA	Vernon Chung LN Wednesday, 6:30pm
KINGSTON EAST & PORTROYAL	Eden Gardens Mondays, 7:00pm
FALMOUTH	Glistening Waters Tuesday, 6:30pm
KINGSTON	Jamaica Pegasus Hotel Thursday, 12:30pm
DOWNTOWN KINGSTON	ICAJ Conference Room Wednesday, 12:30pm
LIGUANE PLAINS	Eden Gardens - Thursday, 6:15pm
LUCEA	Faista Grand Palladium Resort Wednesday, 6:00pm
MANDEVILLE	Golf View Hotel - Tuesday, 12:45pm
MAY PEN	Versailles Hotel - Thursday, 7:30pm
MONTEGO BAY	Sandals Royal - Tuesday, 12:30pm
MONTEGO BAY EAST	Sunset Beach Resort Thursday, 7:00pm
MONTEGO BAY SUNRISE	The Wexford Hotel Wednesday, 7:00pm
NEGRIL	Negril Escape - Wednesday, 7:00pm
NEW KINGSTON	Altamont Court Hotel Altamont Crescent, Kingston Friday, 7:45pm
ST. CATHERINE NORTH	Hayfield Sports Club, Ewarton Thursday, 6:30pm
OCHO RIOS	Sandcastle Resort, Ocho Rios Wednesday, 6:00pm
PORT ANTONIO	RADA Conference Hall, Folly Road Tuesday, 6:00pm
PORTMORE	Jamaica Employer's Federation Wednesday, 7:00pm
ST. ANDREW NORTH	ICAJ Building, 8 Ruthven Road Monday, 6:30pm
ST. MARY	Pompano Commercial Complex Tuesday, 6:00pm
SANTA CRUZ	Chariots Hotel - Tuesday, 7:30pm
SAVANNA-LA-MAR	Hotel Commingle - Tuesday, 6:30pm
SPANISH TOWN	Police Officer's Club Tuesday, 6:30pm
TRAFALGAR HEIGHTS	Phoenix Central Thursday, 6:30pm
ROTARACT CLUB MEETINGS	
ST. ANDREW	St. Andrew - Footprint Cafe 1st and 3rd Wednesdays, 6:00pm
UNIVERSITY OF TECHNOLOGY	UTECH Campus Thursday, 3:00pm
INTERACT CLUB MEETINGS	
ST. ANDREW HIGH SCHOOL	St. Andrew High School, Room 46 - Monday, 3:00pm
EARLY ACT CLUB MEETING	Allman Town Primary School Friday, 2:00pm

ROTARY CLUB OF ST. ANDREW

MEETING AGENDA

- Meeting call to order
 - President Audley Deidrick
- Rotary Grace
- Loyal Toast
- Four Way Test
- Fellowship
- Introduction of Visiting Rotarians/Guest
 - Apologies
- President's Time
 - Recognition of Birthdays & Anniversaries
- Fellowship
- Secretary's Report
- Rotary Information
- Sergeant-at-arms
- Introduction of Guest Speaker
- The Guest Speaker's Presentation
- Vote of Thanks
- Toast to RI
- National Anthem
- Adjournment

THE FIVE AVENUES OF SERVICE

1. Club Service - focuses on making clubs strong. A thriving club is anchored by strong relationships and an active member development Plan.
2. Vocational Service - calls on every Rotarian to work with integrity and contribute their expertise to the problems and needs of society. Learn more in An Introduction to Vocational Service and the Code of Conduct..
3. Community Service - encourages every Rotarian to find ways to improve the quality of life for people in their communities and to serve the public interest.
Learn more in Communities in Action: A Guide to Effective Projects.
4. International Service - exemplifies our global reach in promoting peace and understanding. We support this Service Avenue by sponsoring and volunteering on international projects, seeking partners abroad, and more.
5. Youth Service - recognizes the importance of empowering the youth and young professionals through leadership development programs such as Rotoract, Interact, Rotary Youth Leadership Awards, and Rotary Youth Exchange.

TODAY'S MEETING MAY 26, 2020



Welcome: We extend a warm welcome to all visiting Rotarians and Guests.

Theme of the month: Youth Service Month

Today's Agenda: "The Chinese in Africa and the lessons for the Caribbean: A personal view"

Keynote Speaker: Mr. Lincoln Bailey, Entrepreneur



Birthdays: The following persons will celebrate their birthdays and anniversaries during the week:-
May 26, 2020 – June 01, 2020

Members' Birthdays: There are no members' birthday this week

Spouses' Birthdays: There are no spouses' birthday this week

Anniversaries: There are no anniversaries this week

....*Congrats to all!*

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USING SCIENCE OF RESILIENCE TO STRENGTHEN ROTARY CLUBS DURING COVID-19

By Jenny Stotts, District 6690 membership chair

Resilience is the process of adapting in the face of adversity. When we experience a traumatic or stressful event, our brains activate a number of pathways to protect us. These biological processes help keep us safe. It's in the recovery from these events that we grow and change and become stronger.

Many of us are living this reality right now in the face of the COVID-19 pandemic. The good news is, there are ways to grow our capacity for resiliency. And we can use this time to strengthen Rotary, by working together to grow and foster resilience in our fellow members and our clubs. Here are a few tips:

Connect: A critical building block for resilience is simply connecting with others. Check in with fellow members. Call them, send them a message, work to make sure they can access your virtual meetings. As a club, consider connecting with other clubs to weave yourself further into the global fabric of Rotary.

Perspective: When we experience ongoing adversity, it is far too easy to lose hope. Help members maintain a realistic and positive perspective. Rotary clubs are facing challenges right now including adjusting to new meeting platforms and worrying about membership or giving. Remember that the challenges you face today are not a reflection of your future. How you respond to today's challenges will shape the future.

Wellness: We are living during a time where words like "quarantine," "lockdown," and "zoom fatigue" are common and relatable. Promote and prioritize wellness among your members. Use your virtual meeting to ask members to share ways that they are taking care of themselves and their families. Be gracious when a member needs to take a break, skip a meeting or have an extra few days to respond to an email. Now is not the time to keep points or compete with who is doing more or less. Speak and listen with kindness.

Purpose: When we give energy to others, it has a way of recharging our own batteries. It fosters a sense of self-worth and gives us feelings of purpose and validation. Plan service opportunities with your fellow members that you are able to accomplish and approach. Offering smaller projects concurrent to your larger, ongoing projects gives everyone in your club an access point to service.

Gratitude: We benefit from mindful and intentional reflections in gratitude. It can promote the release of neurotransmitters like serotonin and dopamine, which help us feel joy or happiness. Take a moment to share thanks to your fellow members and create opportunities for your entire club to extend gratitude to your community and your partners.

When we collectively care for our members, we help create pathways to grow and foster resilience. When we scale these practices to the organization level, we unlock new potential to strengthen our clubs and enhance the member experience.

The world deserves Rotarians and Rotary clubs that are resilient, adaptable, and strong. Remember to take care of one another. But, take care of yourself, too. You deserve to be your best and most resilient self.

MAKE IT THROUGH A HURRICANE

Mike Stafford, Rotary Club of Freeport, Bahamas

We knew that a storm was coming and that it was a bad one, so we were preparing. I run a small shipyard, and we stood down because the winds got to be too much for us to deal with pulling boats and ships out. We'd been through storms before, so we had all our supplies, our batteries. The only thing we had to buy was gasoline for the generators. My wife put up all the shutters.

I knew that we had to evacuate our main house the minute I heard gurgling in the toilets. I looked out a small hurricane window that we don't shutter and saw water was all the way up to our back deck, which is about 160 feet from the seawall of the canal we live on and 22 feet above sea level. I said to my wife, "Honey, we've got to bug out." That took a little while because we had to stuff our two cats in duffel bags, and cats don't like getting stuffed in duffel bags with 180-mile-an-hour winds howling outside.

We went to a cottage on our property that's about 150 feet higher than the house. We were in bed listening to the wind howling. It was about 3 in the morning, and we were holding hands, not sleeping. I was freaking out because you could hear the tornadoes whizzing around. My wife said, "Honey, I know that after this is done, you're going to go to the water plant because you always do that and you always want to help people. Don't worry, I understand, because you're a Rotarian."

Dorian ran for more than 30 hours. It just parked right on top of us. I've been through quite a few hurricanes, and it was like nothing we'd ever seen. The next day, I got half-way to the water plant — which was built with the support of a Rotary Foundation grant — and was greeted by the police who had come to escort me there. When we got to the plant, there were already about 200 people there with their jugs. The police had to clear a path through the crowd for me.

When I opened the door, I knew we had trouble. One-gallon jugs of water were scattered all around, which meant the electric motor for the pump had been underwater. I poured some water on it, sprayed some contact cleaner, and doused it with diesel fuel. Then I turned the switch and the machine fired up. We were making water.

The great thing about being a Rotarian is the response. We set up a system right after the storm. It just kind of fell together. The assistant governor for our area, Liz Knowles, took control. Across the street from the water plant, Christel Lightbourne, of the Rotary Club of Grand Bahama Sunrise, organized a warehouse as a distribution point for food and clothing. Jaims Carey, president of the Rotary Club of Lucaya, was in charge of trucking goods all around to people who couldn't get out because they had lost their car or they didn't want to leave their stuff. Billy Jane Ferguson from the Lucaya club is in charge of the sort center for relief supplies. And James Sarles from the Sunrise club is producing videos that he's sending around, and that's raising us money. He's kind of our ways

cont'd on page 13

RCSA Activities Highlight: **Throwback to President's Christmas Cocktail – PP Euegen's Year 2016-2017**



FINDING OPPORTUNITY IN ADVERSITY

By Rajeev Wadhwa, President, Rotary Club of Rowville-Lysterfield, Melbourne, Australia

When social distancing rules took effect in our area, we shifted to virtual meetings without missing a single meeting. We knew we needed to keep club members engaged and happy in these uncertain times. So even though some of our planned events could not proceed, we knew one event was just too important to let go.

Taking the art show online

The Rotary Club of Bayswater has run the Knox Art Show for the past 45 years. This year, the event was run as a collaboration between the Rotary clubs of Rowville-Lysterfield and Bayswater. The show normally has two components; a physical art gallery and an opportunity to view art online through www.Gallery247.com.au. When it became clear that we could not move forward with our physical exhibition, our combined boards met and discovered that Gallery 247 is well equipped and capable of running the art show 100% online.

We had already received all the artwork in a digital format from our artists. Our judge was willing to do his judging online. We discussed the idea with our sponsors and artists, and they were delighted that the show was still proceeding.

To promote the change, we:

- Produced stickers advertising the Virtual Art Show and placed them on the physical signs that were around town
- Created new posters
- Updated our website
- Extended the duration of the show to two weeks (instead of two days)
- Sent out newsletters to artists, sponsors, art lovers, family and friends

It was not difficult to set up. Gallery 247 offered both technical and implementation support, and one of our Rotarians was able to set up the virtual gallery without any programming skills.

In this, our 46th year of holding the Knox Art show, we had over 300 artists participate. We had more than 5,100 visitors to the online gallery, five times as many visitors as we typically get during the previous five years. People were able to purchase both paintings and photos of the artwork online.

We learned a lot in a limited amount of time and are keen to have both a virtual and in-person art show next year.

We recently conducted a virtual ANZAC service (25 April) to honour and to pay tribute to all those who have served our nation in times of war, conflicts and peacekeeping operations. We had 95 people register, and the service was even put on a big screen in a retirement village. It was well received. We are now keen to conduct this service every year and make it available to wider groups including other retirement villages.

cont'd on page 13

MAKE IT THROUGH A HURRICANE CNT'D. FROM P9

and means guy. We've also got individual Rotarians who've come to the island to do cleanup, and they've heard somehow about the water plant. Plus I've got clubs calling from Sweden, Germany, Winnipeg, Toronto, Chicago, and California, sending us supplies and money. It's just overwhelming. I'm trying to hold back tears as I'm talking about it.

My house pretty much went underwater with all our stuff. We had fruit trees laden with mangoes, avocados, breadfruit, starfruit. That all went under 6 feet of water. Every day is different. Some days are up, some days are down. You laugh, you cry, you get emotional. And then you see something good, like you find your first Paul Harris pin in the corner. Then later you find your second Paul Harris pin way off in another part of the house. Then, while you're mucking out something, you find your third Paul Harris pin. And now you're really happy, and you realize that we'll get through it.

FINDING OPPORTUNITY IN ADVERSITY CNT'D.

Virtual ANZAC service

While new situations like the COVID-19 pandemic pose challenges, they also offer opportunities. And as Rotarians, we need to be ready to seize these. Some of the opportunities we found through having an online format were:

Being able to easily invite Rotarians from other clubs, regardless of physical distance.

Inviting speakers from anywhere in the world, raising the bar on our speaker presentations.

Engaging vulnerable communities and sections of our society who may be feeling isolated and unable to connect in-person through their usual support networks.

During these challenging times, I encourage all Rotary clubs to meet online, support members through ongoing fellowship, and look for the new opportunities that are emerging.

We've discovered the motto "When life throws lemons at you, make lemonade," I hope you do too.



RCSA UPCOMING EVENTS

- ☐ District 7020 Online P.E.T.S & CONFERENCE – May 02nd – June 03rd
- ☐ RI Virtual Convention – June 20th – 26th

MOTIVATIONAL QUOTE

“Having an open mind”

By Webster Edwards

“ *Don't get upset when others do not share your well reasoned opinion. The world would certainly be an unexciting and uncreative place if there were no diversity of viewpoint.*

The 18th century philosopher Georg Wilhelm Hegel advanced the system of dialectical thinking.

It is the recognition that there are inherent truths in opposing sides, and it is from this clash of opposites, that truth and real understanding emerges.

This calls for tolerance, and the recognition that no individual has got a monopoly on truth.

That in the midst of our certitude, when our most treasured beliefs are challenged, there is the need for humility, and an open mind.

We should also display a willingness to learn, and in order to understand others, try to enter into the life experiences of other persons.

”

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ROTARIAN CODE OF CONDUCT

The following Code of Conduct has been adopted for use by Rotarians all over the World. This is based on “The Four-Way Test”.

As a Rotarian, I will:

1. Act with integrity and high ethical standards in my personal and professional life.
2. Deal fairly with others and treat them and their occupations with respect.
3. Use my professional skills to mentor young people, help those with special needs and improve people's quality of life in the world.
4. Avoid behavior that reflects adversely on Rotary and other Rotarians.

(PUT YOUR AD HERE)



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