



Rotary Opens Opportunities

The HUB

2020 - 2021

NEWSLETTER

**ROTARY CLUB
OF
ST. ANDREW
JAMAICA**

Chartered September 8, 1966
Meetings: Tuesdays, 12:30 p.m.
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Rotary
District 7020



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Rotary
District 7020



DISTRICT 7020

District Governor - Charles Sealy II
Assistant Governor - Marie Powell

CLUB ADMINISTRATION 2020-2021

OFFICERS:

Audley Deidrick - President
Ammesha Brown - President Elect
Nicole Gordon - Vice President
Nicole Gordon - Club Secretary
Audley Deidrick - Immediate Past President
Delories Jones - Treasurer
Jennifer Anderson - Sergeant at Arm

INVOCATION

O Lord who knows our every need
Help us fulfill our Rotary Creed
We live to serve you every day
In all we think or do or say
Accept our prayers for this mean
Restore, Forgive, Inspire and Heal.

FOUR-WAY TEST

of things we think, say or do

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it BUILD goodwill and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

OBJECT OF ROTARY

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service.

SECOND: High ethical standards in business and professions; the recognition of the worthiness of all useful occupation as an opportunity to serve society.

THIRD: The application of the ideal of service by each Rotarian's personal, business and community life.

FOURTH: The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideal of service.

DIRECTORS

Ammesha Brown - Club Administration
Rocque Ferguson - Service Projects
Yulit Gordon - New Generations
Judy Hylton - Rotary Foundation
Jemelia Davis - Vocational Service
Lloyd Eubank Green - Public Image
Eugene Ffolkes - Membership Chair
Wayne Strachan - Fundraising & Social Events Chair

NATIONAL ANTHEM

Eternal Father bless our land,
Guard us with Thy Mighty Hand,
Keep us free from evil powers,
Be our light through countless hours.
To our Leaders, Great Defender,
Grant true wisdom from above.
Justice, Truth be ours forever,
Jamaica, Land we love,
Jamaica, Jamaica,
Jamaica land we love.

ROTARY GRACE

O Lord and Giver of all good
We thank Thee for our daily food
May Rotary friends and Rotary ways
Help us to serve Thee all our days

MEMBERSHIP RULES

Your membership in Rotary Club may be terminated by any of the following:

1. Resignation;
2. Failure to pay your dues during the 30 days after January 1 or July 1;
3. If you miss four consecutive regular meetings without makeup or being excused by the Board or Directors for good and sufficient reason;
4. Attendance below 60% average for each 6-month period, January 1 to June 30, and July 1 to December 31, unless excused by the Board of Directors for good and sufficient reason.

PAST DISTRICT GOVERNOR

Alvero Casserly, CD, JP	1989/90
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CHARLEY BRAHAM AWARD

*Erald Shileto, OD, JP	1984
Rev. Dr. Webster Edwards, OD, JP	2001
Alvaro Casserly, CD, JP	2003

DISTINGUISHED ROTARIAN AWARD

*Erald Shileto, OD, JP	1983
Orville Walker, JP	1988
Alvaro Casserly, CD, JP	1990
*Ricky Richardson	1990
Anthony Hogarth	1999
*Neville Royes	2002
Earl Samuels, CD	2003
Rev. Dr. Webster Edwards, OD, JP	2004
Donovan Walker	2004
*Arthur Lowe	2007
Dr. Lloyd Eubank-Green	2008
Jennifer Anderson	2009
Judy Hylton	2014

HUMANITARIAN AWARD

Dr. Lloyd Eubank-Green	2007
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MULTIPLE PAUL HARRIS FELLOW

Orville Walker, JP	1986/97
Alvaro Casserly, CD, JP	1987/1998
*Arthur Lowe	1997/2001
Minna Israel	1998/2001
Lance Hylton (BVI)	2002
Donovan Walker	2001/2004
*Noel Bennett	1998/2004

ROTARY FOUNDATION BENEFACTORS

Judy Hylton	2001
Lance Hylton	2001
Grace Ashley	2007
Donovan Walker	2007
Minna Israel	2009
Earl Samuels, CD	2012

PAUL HARRIS FELLOWS

*John Burke (Lagos)	1978
*Erald Shileto, OD, JP	1984
Rev. Dr. Webster Edwards, OD, JP	1988
*A. Tennyson Palmer, CD, JP	1988
*Larkin Hall	1989
Charles Jeantelot	1990
*Rt. Rev. Bishop J.T. (Tommy) Clark	1991
*Ricky Richardson	1996
*Hector Watson	1996
Dr. James Monteith, JP	1997
*Roy Vaz	1997

*Kebale Williams	1997
Grace Ashley	1997
Melvin Carey	1997
John Haughton	1997
C. Wain Iton	1997
Ryan Peralto, Jr.	1997
Vasle Atkinson	1998
Denis Goldson	1998
Anthony Hogarth	1998
*Dr. George Philip, CD	1998
*Neville Royes	1998
Dr. Lloyd Eubank-Green	1998
*Paul Bourke	1998
Victor Thompson	1998
*Lloyd Isaacs	1998
Hilton McIntosh, JP	1998
LeRoi Lorde	2000
Robert Gregory, CD	2001
Earl Samuels, CD	2001
Ainsley Mitchell	2002
Judy Hylton	2002
Don Duff	2003
Trevor Libert	2003
Jennifer Anderson	2004
*Sezvin Hamilton	2007
Merline Bardowell, OD	2007
Dr. Sandra Palmer-Pearl	2007
Robert Drummond	2007
*Hugh Levy	2008
Anthony Griffiths	2008
Marie Powell	2010
Charles Ross	2010
Paul Thorbourne	2014
Wayne Strachan	2016
Jemelia Davis	2017
Abe Pearce	2017
Mavis Beckford	2017

NON-ROTARIAN

*Jean Casserly	1998
Paul Bitter	2001
Michael Lee-Chin	2003
Kingsley Thomas, CD	2004
Barbara Walker	2004
Ingrid Walker	2004
The Most Hon. Portia Simpson Miller, ON	2006
His Excellency Jeremy Creswell	2007
Lisa Lewis	2009
Peggy Bennett	2010
Sir Dennis Byron	2017
Gary 'Butch' Hendrickson	2018
Sir Hilary Beckles	2020

*Deceased

PAST PRESIDENTS

1966/68	* Rt. Rev. Bishop J.T. (Tommy) Clar
1968/69	* Robert Lake
1969/70	Hayden Middleton
1970/71	Mick Elwin
1971/72	* Hon. Glen Owen, OD, JP
1972/73	* Edward (Ted) Ogilvie
1973/74	Horace Fowler
1974/75	Geoff Searle
1975/76	Alvaro Casserly, JP
1976/77	Christopher Wilson
1977/78	Dr. James Monteith, JP
1978/79	* Vin Bennett, JP
1979/80	* Gerald Ford
1980/81	Audley Brandt
1981/82	* Kebale Williams
1982/83	Rev. Dr. Webster Edwards, OD, JP
1983/84	* A Lloyd Johnson
1984/85	Larkin Hall
1985/86	Orville Walker, JP
1986/87	* A. Tennyson Palmer, CD, JP
1987/88	* Dr. George Phillip, CD
1988/89	Maurice Clarke, JP
1989/90	S. LeRoi Lorde, JP
1990/91	Donald Duff
1991/92	* Neville Royes
1992/93	* C. Lloyd Isaacs
1993/94	Melvin Carey
1994/95	* Selvin Goldson
1995/96	Ian King
1996/97	Anthony Hogarth
1997/98	Ryan Peralto, Jr.
1998/99	Trevor Hamilton
1999/00	Paul Thorbourne
2000/01	Wain Iton
2001/02	* Arthur Lowe
2002/03	Dr. Lloyd Eubank-Green
2003/04	Donovan Walker
2004/05	Earl Samuels, CD
2005/06	Robert Gregory, CD
2006/07	Jennifer Anderson
2007/08	* Sezvin Hamilton
2008/09	Merline Bardowell, OD
2009/10	Anthony Griffiths
2010/11	Charles Ross
2011/12	Robert Drummond
2012/13	Judy Hylton
2013/14	Marie Powell
2014/15	Robert Gibbs
2015/16	Eugene Folkles
2016/17	Wayne Strachan
2017/18	Jemelia Davis
2018/19	Kemmehi Lozer
2019/20	Audley Deidrick

*Deceased

ROTARY CLUB MEETINGS

BLACK RIVER	Invercauld Hotel Thursdays, 7:30pm
CHRISTIANA	Vernon Chung LN Wednesday, 6:30pm
KINGSTON EAST & PORTROYAL	Eden Gardens Mondays, 7:00pm
FALMOUTH	Glistening Waters Tuesday, 6:30pm
KINGSTON	Jamaica Pegasus Hotel Thursday, 12:30pm
DOWNTOWN KINGSTON	ICAJ Conference Room Wednesday, 12:30pm
LIGUANEA PLAINS	Eden Gardens - Thursday, 6:15pm
LUCEA	Feista Grand Palladium Resort Wednesday, 6:00pm
MANDEVILLE	Golf View Hotel - Tuesday, 12:45pm
MAY PEN	Versalles Hotel - Thursday, 7:30pm
MONTEGO BAY	Sandals Royal - Tuesday, 12:30pm
MONTEGO BAY EAST	Sunset Beach Resort Thursday, 7:00pm
MONTEGO BAY SUNRISE	The Wexford Hotel Wednesday, 7:00pm
NEGRIL	Negril Escape - Wednesday, 7:00pm
NEW KINGSTON	Altamont Court Hotel Altamont Crescent, Kingston Friday, 7:45pm
ST. CATHERINE NORTH	Hayfield Sports Club, Ewarton Thursday, 6:30pm
OCHO RIOS	Sandcastle Resort, Ocho Rios Wednesday, 6:00pm
PORT ANTONIO	RADA Conference Hall, Folly Road Tuesday, 6:00pm
PORTMORE	Jamaica Employer's Federation Wednesday, 7:00pm
ST. ANDREW NORTH	ICAJ Building, 8 Ruthven Road Monday, 6:30pm
ST. MARY	Pompano Commercial Complex Tuesday, 6:00pm
SANTA CRUZ	Chariots Hotel - Tuesday, 7:30pm
SAVANNA-LA-MAR	Hotel Commingle - Tuesday, 6:30pm
SPANISH TOWN	Police Officer's Club Tuesday, 6:30pm
TRAFALGAR HEIGHTS	Phoenix Central Thursday, 6:30pm
ROTARACT CLUB MEETINGS	
ST. ANDRW	St. Andrew - Footprint Cafe 1st and 3rd Wednesdays, 6:00pm
UNIVERSITY OF TECHNOLOGY	UTECH Campus Thursday, 3:00pm
INTERACT CLUB MEETINGS	
ST. ANDREW HIGH SCHOOL	St. Andrw High School, Room 46 - Monday, 3:00pm
EARLY ACT CLUB MEETING	Allman Town Primary School Friday, 2:00pm

ROTARY CLUB OF ST. ANDREW

MEETING AGENDA

- Meeting call to order
 - President Audley Deidrick
- Rotary Grace
- Loyal Toast
- Four Way Test
- Fellowship
- Introduction of Visiting Rotarians/Guest
 - Apologies
- President's Time
 - Recognition of Birthdays & Anniversaries
- Fellowship
- Secretary's Report
- Rotary Information
- Sergeant-at-arms
- Introduction to Guest Speaker
- The Guest Speaker's Presentation
- Vote of Thanks
- Toast to RI
- National Anthem
- Adjournment

THE FIVE AVENUES OF SERVICE

1. Club Service - focuses on making clubs strong. A thriving club is anchored by strong relationships and an active member development Plan.
2. Vocational Service - calls on every Rotarian to work with integrity and contribute their expertise to the problems and needs of society. Learn more in An Introduction to Vocational Service and the Code of Conduct.
3. Community Service - encourages every Rotarian to find ways to improve the quality of life for people in their communities and to serve the public interest. Learn more in Communities in Action: A Guide to Effective Projects.
4. International Service - exemplifies our global reach in promoting peace and understanding. We support this Service Avenue by sponsoring and volunteering on international projects, seeking partners abroad, and more.
5. Youth Service - recognizes the importance of empowering the youth and young professionals through leadership development programs such as Rotoract, Interact, Rotary Youth Leadership Awards, and Rotary Youth Exchange.



Welcome

*We extend a warm
welcome to all
visiting Rotarians and
Guests.*

**Today's
meeting**
September
22,
2020

THEME OF THE MONTH:

Basic Education & Literacy Month

TODAY'S AGENDA:

"The Windrush Foundation: Reparations for the victims?"

DISCUSSION:

***Arthur Torrington, Co-Founder,
Windrush Foundation & Community Advocat***



& Anniversaries

Birthdays: The following persons will celebrate their birthdays and anniversaries during the week:- **September 22, 2020 – September 28, 2020**

Members'

Birthdays:

*Rtn. Grace – Sept 23rd
PP. Don Duff – Sept 25th*

Spouses'

Birthdays:

There are no spouse birthdays this week.

Anniversaries:

Rtn. Abe and wife Margaret – Sept 22nd

Congrats to all!!



Rotary Club of St. Andrew



standrewrotary



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Sunrise after Dark increases Rotary's diversity in Louisiana

By Tracey Antee, past president of the Rotary Club of Opelousas Sunrise, Louisiana, USA

During my tenure as club president in 2019-20, I made a goal of starting a satellite club that would meet after regular business hours, hence the name Sunrise after Dark. A young professional group in the community just ended, and it seemed like the perfect opportunity to reach out to these individuals and invite them to join Rotary, within the ease provided by the satellite format.

Satellite clubs require fewer initial members to charter, and remain connected to their sponsoring clubs while they remain in this transitional phase toward becoming their own regular club. We were also excited to add their diversity to our membership. Sunrise after Dark ranges in age from 23 to 55 years old. Their inclusion made our collective membership more even in just about every demographic.

Our first satellite club informational meeting had almost 30 participants and we were quickly able to sign up 21 members to receive a charter in November. Establishing the satellite club was a simple process, and we received a lot of support from our District 6200 leaders.

We were able to recruit easily by initially identifying a few people in the community that had a large network and asking them to invite people to the informational meeting. People are more likely to say yes to someone they know and engage with than a stranger. This method of recruiting new members has been very successful.

The satellite club meets bi-monthly, once for a general meeting to listen to a speaker and a second time at a local bar or restaurant for networking. Prior to COVID-19, these networking meetings were well attended and created the opportunity to introduce the club to potential new members. Sunrise after Dark has continued to meet virtually twice a month.

The members of Sunrise after Dark were surprised when we shared our club's work over the decades. This helped motivate them to join in serving our community in a meaningful way. Using the People of Action materials available through the Brand Center, we showed prospective members how they could take action by joining the club, which made the difference for many of them. We recognized that people were looking for ways to volunteer and be People of Action in

Sunrise after Dark increases Rotary's diversity in Louisiana con'td.

their community but didn't know how. Sunrise After Dark gave them that opportunity.

Within the first three months, this group quickly stepped up and started their own service projects, partnering with nonprofits in the community to support diaper drives that created a new diaper bank for children in foster care. They also launched anti-bullying campaigns.

At the beginning of COVID-19, we basically had to push the pause button like many other Rotary clubs. The uncertainty surrounding COVID-19 and what would happen next left us in limbo. But after about four weeks we started meeting again via Zoom.

This was a game changer! We were able to engage with members that were struggling to make the 7 a.m. meetings and we had great participation because we missed seeing each other. It was much easier to send a friend or colleague the Zoom link and ask them to join us while they enjoyed their morning coffee. We ended up recruiting five new members and inducting them in July.

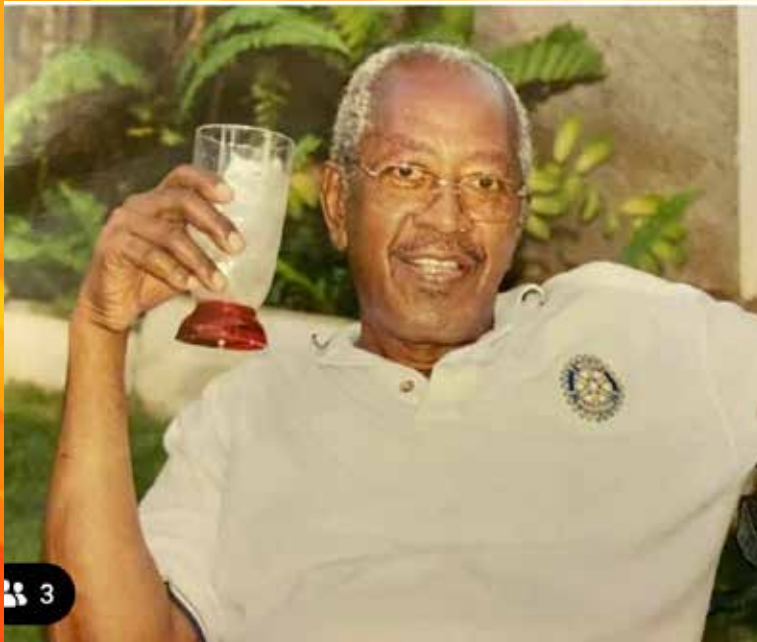
We continue to grow by reaching out to professionals in the community that normally couldn't make a physical meeting and giving them multiple times to meet, either at 7 a.m. with the Sunrise club or 6 p.m. with the After Dark club. We are adding another five new members in September.

We found the flexibility of both the satellite club format and virtual meetings a great way to increase the diversity of Rotary in our community and add new members.

RCSA Activities:

Highlights of PAG Orville Walker

In Loving Memory of PAG Orville Walker



Health Rocks @7020

District 7020 Health & Wellness

Vision: Healthy Caribbean communities free of Type 2 Diabetes and other chronic diseases

Mission: Promote diabetes awareness/prevention/management with emphasis on child obesity

Goals

- Heighten education and awareness opportunities
- Provide access to self-help tools
- Promote available program resources

Program Objective

The program aim is to be a sustainable resource for all participants working towards becoming healthier individuals. By increasing awareness of wellness concerns (education) supporting health management (personal change) and setting goals (self-help), individuals can create the perfect formula for achieving results. A Healthy Lifestyle option offers the opportunity to empower Rotarians and communities to embrace the knowledge and resources available to optimize their total well-being.

To ensure that the 3C's—Collaboration, Consistency and Communication work hand-in-hand for maximum program impact and success

1. 7020 Health & Wellness Program will work closely with industry partners, government entities, NGO's, and local communities to curb the increase in Type 2 Diabetes diagnoses.
2. 7020 Health & Wellness Program will focus on 3 main areas: Education/Awareness, Child Obesity, and Lifestyle Changes
3. 7020 Health & Wellness Program will promote education/awareness to empower communities to take charge of their family health, by leading a healthy lifestyle

Program Design

The program design looks at the following Healthy Lifestyles Dimensions:

1. Nutrition 2. Exercise 3. Mental Attitudes 4. Self-Care 5. Relationships and 6. Resources/Support and uses this framework to affect the education/awareness, personal change, and self-help necessary for achieving our desired results.

5 ways to support education during the pandemic

The COVID-19 crisis has created significant challenges in education. Developing remote learning plans and using new technology compounds the already complex task of teaching children and achieving the desired educational outcomes. Rotarians are quick to want to help, but not all responses have the same kind of impact. Read these suggestions for Rotary clubs wanting to support education sustainably through a global grant project.

1. Always start with a community assessment.

Meet with community leaders, parents, teachers, and students to learn what initiatives are already in place and what the community is capable of and willing to support.

2. Don't reinvent what already exists.

After you've determined if other organizations, particularly governments, are addressing the problem, coordinate your efforts with them to complement their approach.

3. Prepare and equip teachers.

Teachers need to be supported and trained before they can embrace alternatives to in-person school that are dictated by physical distancing, such as remote learning plans.

4. Focus on the long term.

It's tempting to want to fix a problem immediately. But sustainable solutions take time to develop and implement.

5. Communicate with regional grants officers.

Many education efforts involve components beyond the basic education and literacy area of focus. Connecting with Rotary's grants officers will ensure that efforts across multiple areas of focus are concentrated on a comprehensive solution.



We regret to inform the passing of our beloved PAG Orville Walker who died on Saturday, September 19, 2020.



RSCA UPCOMING EVENTS

☐ DC Meeting - October 17th



MOTIVATIONAL QUOTE



The ebbs and flows of life

By Webster Edwards

Life is a continuous ritual in which we experience the ebbs and flows each day that we are alive.

It is an ever flowing process of new beginnings.

We fall only to rise again. We have good times and bad times, successes and failures.

It is the ups and downs that give meaning and real vitality to life.

Each new day we are confronted with new challenges and new opportunities.

We can ignore them and pretend they never were.

Or we can grasp the opportunities, use them creatively, for the furtherance of humanity and for the general progress of the world.

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ROTARIAN CODE OF CONDUCT

The following Code of Conduct has been adopted for use by Rotarians all over the World. This is based on "The Four-Way Test".

As a Rotarian, I will:

1. Act with integrity and high ethical standards in my personal and professional life.
2. Deal fairly with others and treat them and their occupations with respect.
3. Use my professional skills to mentor young people, help those with special needs and improve people's quality of life in the world.
4. Avoid behavior that reflects adversely on Rotary and other Rotarians.

(PUT YOUR AD HERE)



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