



The Bay



The weekly bulletin of the Rotary Club of Montego Bay ~ Issue 39~ 17 April 2012

Page |

*Chartered March 21, 1961
Meeting:
Sandals Royal Caribbean,
Montego Bay
Tuesdays - 12:45p.m.*

ADMINISTRATION 2011-12

Rotary International

RI President: Kalyan Banerjee

RI President Elect: Sakuji Tanaka

District 7020

District Governor: Guy Theodore

DG Elect: Vance Lewis

Assistant DG: Govind Chulani

BOD - Rotary Club of Montego Bay

President: Vernella Fuller

Vice President: Denton Campbell

Secretary: Natasha Parchment Clarke

Treasurer: Karen Burgess

President Elect: Thamani Smith

Immediate Past President: Mexine Bisasor

Sergeant at Arms: Alfred Pierre

Directors

Club Administration: Kay Reuben

Foundation: Duncan Sharp

Membership: Michelle Daswani

New Generation: Natasha Parchment- Clarke

Public Relations: Maria Ho Sue

Service Projects: Erica De Silva

Committee Chairs

Literacy: Thamani Smith

Vocational: Conrad Grant

Christmas Hampers: Conrad Grant

Health, Water & Sanitation: Blondel Reid

Christmas Family Luncheon: Blondel Reid

International Project: Andrea Hamilton

Disaster Relief: Duncan Sharp

Family of Rotary: Alfred Pierre

Major Fund Raiser: Denton Campbell, Maria Ho Sue

Membership Training: Pishu Chandiram, George Palmer, Larklin Hall

Rotary Club of Montego Bay

PO Box 1224

Montego Bay, Jamaica

Website:

<http://www.rotarymontegobay.com>

<http://www.facebook.com/>

Monthly Theme April ~ Rotary Magazine

Meeting: 10 April 2012

Present: PP George, Rtn. Alisha, PP Duncan, Pres. Vernella, PDG Pishu, PP Conrad, PP Robin, PP Denton, Rtn. Phyllis, PP Kay, PP Alfred, Rtn. Emmanuel, PP Ann, PP Erica

Apologies: Rtn. Ben, Rtn. Darrell, Rtn. Kevin, Rtn. Blondel.

Visiting Interactor: Shelleka Darby (Interact Club of Montego Bay High School)

Visiting Interactor President Shelleka, gave a confident and articulate presentation on the current position of her Club, the Interact Club of Montego Bay High School.

The Club has drastically increased its membership this year and has completed several projects. One such was clearing up an empty patch of land opposite their school and leaving a sign encouraging individuals to look after the environment.

She appealed for Rotarians to visit, support and encourage the Club. Three members; Pres. Vernella, PP Kay and PP Alfred will be visiting on 16 April.

Video Presentation on Heart Disease

Members were shown a video on heart disease. Among the issues covered were:

- Possible signs and symptoms of a heart attack
- That symptoms are often different for men and women
- That causes of heart condition might be hereditary or related to life-style
- Dietary and life- style changes one can make to lessen the likelihood of heart disease
- The importance of CPR knowledge.

The presentation was followed by a lengthy discussion.



The Bay



The weekly bulletin of the Rotary Club of Montego Bay ~ Issue 39~ 17 April 2012

Photos of the Week

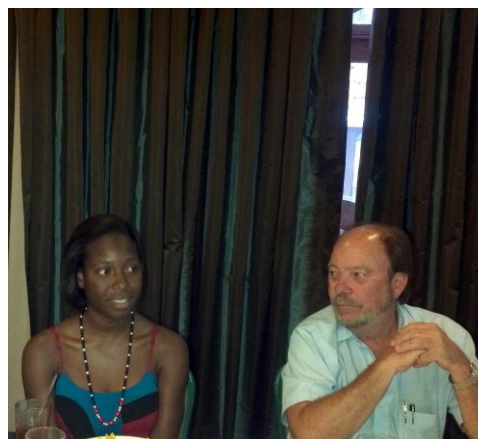
PP Ann and Pres. Vernella – PP Ann, who was absent when the Past Presidents were honoured, received her special Past President’s badge

Page | 2



PP Ann & Pres. Vernella

President Shelleka of the Interact Club of Montego Bay High School addressing the meeting, and with PP Robin.





The Bay



The weekly bulletin of the Rotary Club of Montego Bay ~ Issue 39~ 17 April 2012

Announcements RCMB:

1. **Website devoted to Golf Tournament Sponsors -**
<http://www.hummingbirdhall.com/rotarymontegobaygolf/>
2. **Club's Website -** <http://www.rotarymontegobay.com> **advertising on Club Website-** Please contact the Editorial Team for really competitive deals.
5. **Facebook Page. Please Click on this link and *like* -**
www.facebook.com/rotarymontegobay

Announcements - Other Clubs, District & International:

1. **Tuesday 5 June By-Laws Resolution Meeting-**
The resolution to adopt the by-laws will be moved.
2. **Rotary Club of Rose Hall - Bingo Evening -**
Fourth Tuesday in each month, The Atrium
3. **District 7020 Conference -** Haiti, 17-21 April 2012
4. **Rotary International Convention -** Bangkok, Thailand, 6-9 May, 2012



The Bay



The weekly bulletin of the Rotary Club of Montego Bay ~ Issue 39~ 17 April 2012

Page | 4

Rotary Grace

Option 1

Our Lord and giver of all good
We thank thee for our daily food
May Rotary friends and Rotary ways,
help us to serve Thee
All our days.

Option 2

O Lord who know our need
Help us to fulfil our rotary creed
We live to serve these every day
In all we think or do or say
Accept our prayers for this meal
Restore, forgive, inspire and heal

NATIONAL ANTHEM

Eternal Father bless our land,
Guard us with Thy Mighty Hand,
Keep us free from evil powers,
Be our light through countless hours.
To our Leaders, Great Defender,
Grant true wisdom from above.
Justice, Truth be ours forever,
Jamaica, land we love.
Jamaica, Jamaica, Jamaica land we
love.

Teach us true respect for all,
Stir response to duty's call,
strengthen us the weak to cherish,
Give us vision lest we perish.
Knowledge send us Heavenly Father,
Grant true wisdom from above.
Justice, Truth be ours forever,
Jamaica, land we love.
Jamaica, Jamaica, Jamaica land we
love.

Recognition Slate – March 2012

Rotarian of the Month - March

Winner

- ❖ Rtn. Alisha (320 points)

Runners Up:

- ❖ PE Roxanne - 300

Rotarians of the month contribution to the Club included, among other things:

- ❖ Club photography
- ❖ Project judge
- ❖ Attendance and work at Awards Ceremony
- ❖ Donating Hummingbird Hall for Awards Ceremony
- ❖ Donation of books and flowers for Award Ceremony
- ❖ Attendance at Interclub Assembly

Birthdays & Anniversaries in April:

- Rtn. Darrell – 1 April – Birthday
- Rtn. Kevin – 6 April - Birthday
- Sec. Natasha – 8 April - Birthday



The Bay



The weekly bulletin of the Rotary Club of Montego Bay ~ Issue 39~ 17 April 2012

Meeting Opportunities in Jamaica:

Mondays:

St. Andrew North – Hilton Kingston Hotel (6:30p.m)
Kingston East & Port Royal- Morgan’s Harbour Hotel (7:00 p.m)

Tuesdays:

St. Andrew – Jamaica Pegasus Hotel (12:30p.m)
Montego Bay – Sandals Royal Caribbean (12:45p.m)
Mandeville- Golf View Hotel (12:45p.m)
Falmouth - Glistening Waters (5:30p.m)
Port Antonio – Conf. Hall RADA, Folly Road (6:00p.m)
Savanna- la –Mar – Hotel Commingle (6:30p.m)
Spanish Town- JCF Police Officers Club,
34 Hope Road Kingston 6, Jamaica (6:30p.m)
Rose Hall – The Atrium, Rose Hall (6:30p.m)
Santa Cruz -Beadle’s Club (7:30p.m)

Wednesdays:

Montego Bay Sunrise - Wexford Hotel (7.30a.m)
Kingston Downtown – Hilton Kingston Hotel (12:30p.m)
Lucea- Grand Palladium (6:00p.m)
Negril – Negril Escape Resort (6:00p.m)
Ocho Rios-Sand Castles Hotel (6:00p.m)
Christiana- Spauldings Skills Trade centre (7:00p.m)
Portmore – Eden Gardens (7:30p.m)

Thursdays:

Kingston- Jamaica Pegasus Hotel (12:30p.m)
North St. Catherine- Windalco Sports Complex (6:00p.m)
Liguanea Plains- Eden Gardens (6:30p.m)
Trafalgar New Heights, Kingston -Liguanea Club (6.30pm)
May Pen – Hotel Versailles (7:00p.m)
Montego Bay East – Sunset Beach Resort (7:00p.m)
Black River- Luna Guest House (7:30 p.m)
Morant Bay – The Anglican Church Hall (6:00 p.m.)

Fridays:

New Kingston Pegasus Hotel (7:00a.m)

THE FOUR-WAY TEST

Of the things we think, say or do:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

Avenues of Service

Club Service focuses on strengthening fellowship and ensuring the smooth functioning of Rotary clubs.

Vocational Service involves club members serving others through their professions and aspiring to high ethical standards. Rotarians, as business leaders, share skills and expertise through their vocations, and they inspire others in the process.

Community Service Community Service is the opportunity Rotary clubs have to implement club projects and activities that improve life in the local community.

International Service encompasses efforts to expand Rotary’s humanitarian reach around the world and to promote world understanding and peace. It includes everything from contributing to PolioPlus to helping Rotary Youth Exchange students adjust to their host countries.

New Generations Service recognises the positive change implemented by youth and young adults through leadership development activities such as RYLA, Rotaract, Interact and Earlyact club service projects, and creating international understanding with Rotary Youth Exchange.