Becoming a Rotarian

After reading this brochure, you may wish to become part of the Rotary Club of LaGrange - Sunrise. The information below will help you to understand the nature of Rotary.

Attendance Committment:

Attendance at 50% of the club's weekly meetings is required. You may also 'make-up' attendance at any of the other 29,000 Rotary Clubs in the world.

Membership Dues:

Dues are used to cover the cost of membership and to run the club. Current Dues are \$125.00 annually.

Service Expectations:

Members get the most out of Rotary by participating. You will be asked to assist with projects to the extent to which you are able.

Family:

We encourage family members to attend and participate in all projects and social events.

Your Place in Rotary

As a leader in the business and professional community, you can help Rotary continue to make a difference in the Hudson Valley and the world. In return, you will:

- Make new friends/network
- Learn more about the businesses and professions in LaGrange.
- Gain status in your community as a Rotarian.
- Experience personal growth.
- Be warmly welcomed in Rotary Clubs all over the world.

The Rotary Emblem

The emblem consists of outer cogs on a wheel. A key is used to lock the wheel to an axle. Each Rotarian is considered to be a key - an essential if the organization is to run well.



The Four - Way Test

Rotarians strive to follow the four-way test in all aspects of their daily lives. High ethical standards are emphasized.

The test reads:

Of all the things we think, say or do Is it the **TRUTH**? Is it **FAIR** to all concerned? Will it build **GOOD WILL** and **BETTER FRIENDSHIPS**? Will it be **BENIFICIAL** to all concerned?

More Information

For more information on the Rotary Club of LaGrange - Sunrise, club activities, or details on being a guest speaker, we welcome guests at our weekly meetings, you can visit our web site at: http://www.clubrunner.ca/Portal/ Home.aspx?accountid=1581 or you can e-mail us at:

> LaGrangeNYRotary@gmail.com "Like" us on Facebook



The Rotary Club of LaGrange - Sunrise

Meets Tuesday

ROTARY

AGRANGE, NEW YOR

7:15am - 8:15 am Daily Planet 1202 Rt. 55 LaGrangeville, NY 12540

Mailing Address Rotary Club LaGrange - Sunrise PO Box 317 LaGrangeville, NY 12540

Rotary International

Rotary International is the largest service club in the world. Its major focus is the promotion of World Peace. It attempts to do this by promoting understanding of other peoples professions and cultures in particular by personal contact.

Currently there are 1,220,000 Rotarians in 169 countries. Rotary now exists in many of the former Soviet satellites and the Republic of China.

Some programs in which we have participated internationally are:

- Youth Exchange a high school student from another country comes to stay with a club for one year, while an outbound student goes to another country.
- International Conventions and District Conferences.

Some international programs that the LaGrange -Sunrise Rotary Club has supported financially are:

- **Polio Plus** this international project's goal is to eradicate polio from the face of the earth. We are ever closer with the contributions made from Rotary around the world.
- Shelterbox An international aid organization, that was founded by a Rotarian, that responds instantly following natural and other disasters by delivering shelter to those who need it most. Each ShelterBox supplies an extended family with a tent and essential equipment to use while they are displaced or homeless.
- Educate For Change Provides education for children in Northern Uganda affected by the war that left the northern part of the country in shambles.

Rotary Club of LaGrange - Sunrise

Our membership is very active with over 35 members. The members consist of busy men and women who are contributing to their community everyday through their businesses or professional lives, in addition to Rotary.

Annually the club organizes and sponsors the LaGrange Trash Bash where miles of roads are cleaned.

A major focus, for the last several years, has been the improvement of parks in LaGrange including Stringham and Freedom Parks. At Stringham this includes: the 9/11 Memorial with its flag pole, brick work, benches and garden; the construction and placement of the gazebo and its plantings; the playground. The main pavilion and several plantings at Freedom Park were constructed by club members.

We support many local organizations including food pantries, youth sports, the LaGrange Library and the LaGrange Community Day among others during the year.

Supporting the area's youth is a top priority of the club. Every 3rd grade student in the Arlington School District is provided a dictionary. Other youth sponsored projects include Rotary Youth Leadership Institute (RYLA,) a week long leadership program for High School Sophomores, scholarships for high school seniors and hosting an international Rotary exchange student.



Fellowship in Rotary

The Rotary Club of LaGrange - Sunrise is not only committed to giving to both our local and global communities but also fosters fellowship and networking opportunities for our members. Some of the events we hold include:

- Fall Festival
- Christmas Celebration
- Quarterly Social Hour
- Summer BBQ

We also hold fundraisers which include:

- Annual Golf Tournament
- Food Bank Drive
- Holiday Bell Ringing for the Salvation Army
- Sports Ticket Raffle

