

The Rotary Club of Clinton

WEEKLY NEWSLETTER

VOLUME 76 | ISSUE 32 | NEWS FOR THE WEEK OF FEBRUARY 14, 2022



MEETING LOCATION

RASTRELLI'S RESTAURANT:
TUSCANY EVENT CENTER
2417 CLEVELAND ST.
CLINTON, IA
MEETING BEGINS AT 12:00

MAILING ADDRESS

P.O. BOX 1361
CLINTON, IA
52733

EMAIL ADDRESS

ROTARYCLUBOFCLINTONIA@GMAIL.COM

WEBSITE

ROTARYCLUBOFCLINTON.COM

SOCIAL MEDIA LINKS

- [FACEBOOK](#)
- [LINKEDIN](#)
- [YOUTUBE](#)



"IF YOU
GET, GIVE.
IF YOU
LEARN,
TEACH."
-MAYA
ANGELOU

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EXECUTIVE SUMMARY

PRESIDENTIAL NEWS

- WE NEED TO HAVE A CLUB QUORUM TO VOTE FOR FY 2023 BOARD MEMBERS. BOTH IN-PERSON AND ONLINE WILL WORK FOR VOTING PURPOSES.
- WE WILL BEGIN COMMITTEE BREAK-OUT MEETINGS ONCE A MONTH AGAIN, STARTING IN MARCH!
- LAST YEAR, OUR CLUB CELEBRATED "RANDOM ACTS OF KINDNESS" DAY (FEBRUARY 17) WITH THE CREATION OF A "KINDNESS BINGO CARD." THE ROTARY CLUB OF BOONE SAW THIS AND BECAME INSPIRED BY THE IDEA. THEIR CLUB HAS NOW DECLARED THIS FEBRUARY ROTARY RANDOM ACTS OF KINDNESS MONTH AND CHALLENGED MEMBERS TO FIND AS MANY WAYS AS POSSIBLE TO BUILD GOODWILL AND BETTER FRIENDSHIPS BY TREATING OTHERS WITH KINDNESS. THIS IS THEIR NEWEST SERVICE PROJECT!

KEY DATES

- FEB 14: BOARD OF DIRECTORS MEETING -- ID: 810 4877 6567 PASSCODE: BOARD
- FEB 14: CLINTON HIGH SCHOOL SYNERGY- MURAL PROJECT
- FEB 21: NO MEETING
- FEB 28: GROW CLINTON, ANDY SOKOLOVICH

Check It Out!



WELCOME TO OUR CLUB, MELISSA!

WEEKLY ROUND-UP

WEEKLY STATS

SCHOLARSHIP FUND:

FEBRUARY 07

MEETING: \$202

YTD: \$3,892.00

ATTENDANCE:

ONLINE: 4

IN-PERSON: 27

TOTAL FOR FEB 07:

GUESTS:

- ANDREA BARNETT
- MICHELLE ARENSDORF
- KATHY THIELEN
- ETHAN BUER
- NATHAN BEELER
- KAYLEE WILKENS
- KAELYN GOODSMAN

YTD: 102

MEMBERS:

- CURRENT MEMBERS: 77
- MEMBERSHIP GOAL: 84



VIEW OUR MEETING
ONLINE [BY CLICKING HERE.](#)

THIS PAST MONDAY, WE WERE GREETED TO A WONDERFUL PRESENTATION BY MICHELLE ARENSDORF AND ANDREA BARNETT, DISCUSSING MERCYONE'S EASTERN IOWA'S MOBILE MEDICAL CLINIC. THE MOBILE MEDICAL CLINIC IS A GENTLY USED WINNEBAGO THAT WAS MADE INTO A MOBILE CLINIC! IT HAS 2 EXAM ROOMS AND CAN GIVE IMMEDIATE CARE, VACCINATIONS, AND MORE. THE MOBILE MEDICAL CLINIC HAS A SPECIFIC FOCUS ON BRAIN HEALTH, INCLUDING SCREENINGS, DIAGNOSIS, TREATMENT, HEALTHY COPING, AND CONNECTING PEOPLE TO RESOURCES.

MOBILE HEALTH CLINICS (MHCS) ARE AN INNOVATIVE MODEL OF HEALTHCARE DELIVERY THAT COULD HELP ALLEVIATE HEALTH DISPARITIES IN VULNERABLE POPULATIONS AND INDIVIDUALS WITH CHRONIC DISEASE.

MHCS ARE PARTICULARLY IMPACTFUL WITH:

- OFFERING URGENT CARE
- PROVIDING PREVENTIVE HEALTH SCREENS
- INITIATING CHRONIC DISEASE MANAGEMENT

MMC CAN SUPPORT A COMMUNITY'S HEALTH NEEDS BY:

- INCREASING ACCESS TO CARE
- CLOSING GAPS IN INSURANCE COVERAGE
- LINKING PEOPLE TO NEEDED HEALTH SERVICES
- PROMOTING COLLABORATIVE & COORDINATED CARE
- INCREASING PATIENT NAVIGATION
- IMPROVING THE DELIVERY OF SERVICES
- IMPROVING HEALTH OUTCOMES

Social Determinants of Health



Social Determinants of Health
Copyright free

Healthy People 2030

GREENHOUSE PROJECT

SEATTLE ROTARIANS VISIT THE GREENHOUSE PROJECT IN OAXACA, MEXICO.
READ FURTHER FOR SUSAN SOLA'S ARTICLE ABOUT THE VISIT.



Rotary Supports Mexican Subsistence Farm Families *(by Susan Sola)*

The Rotary Clubs of the University District in Seattle, Clinton, Iowa and Billings, Montana have collaborated with the Rotary Club of Bella Vista Atizapán outside Mexico City for several years to provide family greenhouses to help Mexican subsistence farm families in drought-stricken Oaxaca state stay together and avoid the men having to leave their families and migrate to find work. This powerful model project has grown and inspired others: initial results are very promising in Chapantongo, Hidalgo state, where there is more water but similar levels of rural unemployment, and the same clubs are supporting new larger, cooperative greenhouses run by 5-6 families each.



Greenhouse owner (left) with Susan Sola, Paula Laschober, agronomist-intern Laura and Rotarian project leader Jesus Hernandez

In January 2022, Mexican Rotarians Jesus Hernandez and Juana Aguilar hosted Seattle Rotarians Susan Sola and Paula Laschober on a visit to some of the 160+ rural families in the Huajuapán de León district who have received greenhouses. The farmers expressed their gratitude and positive experiences growing tomatoes, chilies, cilantro, green beans, onions, carrots, radishes, lettuce, zucchini, pumpkins and other crops to feed their

families and bring in extra income. They also shared a delicious meal using some of these fresh, organic vegetables and proudly demonstrated their neat greenhouses full of beautiful, healthy vegetables in the middle of a dry, arid landscape.

It was inspiring to meet and talk to the enthusiastic women and men who have worked very hard to make successes of these greenhouses, which have made big changes in their lives. Families can now fill a large part of their nutritional needs and use any extra produce to barter, share, sell or use in micro-businesses such as tiny cafes, taquerias or food sales. Customers have even started to come directly to buy from them. Experiments are under way to raise nopal cactus and can it to sell, and to raise and roast peanuts, adding value to them in the form of candies and baked goods.

This project has inspired rural networking and collaboration, idea generation and incipient optimism among a population that has suffered from isolation and challenging geography, climate change, limited infrastructure and services and, most recently, higher unemployment and poverty exacerbated by the pandemic. Food from the greenhouses helped to support rural villages kept in quarantine for long periods during COVID. Victor Martinez, the local administrator and educator, and the Mexican Rotarians have made enormous efforts to sustain and keep the project moving forward during COVID and to communicate this progress to the U.S. Rotary partners via personal success stories and photos. We all celebrate when we see the picture of a woman harvesting her first, beautiful crop of tomatoes, a man generating other types of income by saving hours of farm work with greenhouse drip irrigation, or children working and learning together with their parents in their greenhouse.



Greenhouse owner (in front) with Mexican Rotarians Juana Aguilar and Jesus Hernandez, and local administrator Victor Martinez

GREENHOUSE PROJECT

SEATTLE ROTARIANS VISIT THE GREENHOUSE PROJECT IN OAXACA, MEXICO. READ FURTHER FOR SUSAN SOLA'S ARTICLE ABOUT THE VISIT.



Rotary Supports Mexican Subsistence Farm Families (by Susan Sola) - continued

Susan and Paula's trip confirmed and strengthened the ties between our clubs and our confidence in the project's management. Mexican Rotarian Claudio Cruz, the Oaxaca native who founded and led the project until his death from COVID last year, would be proud of our joint U.S.-Mexico collaboration and results to date. He would be cheering us on as we look toward the next chapter in helping to meet the many needs of these very deserving people.



Chapantongo greenhouse owner with Jesus Hernandez of Bella Vista Atizapan Rotary Club



Drip irrigation conserves scarce water and helps produce several crops per year. Victor Martinez examines peanut crop.



(left) Where water is not found nearby, cisterns fill during May-September rainy months and are supplemented with tanked in water in dry months. Greenhouse owner with Victor Martinez.



Local agronomists Laura and Margarito collaborate with both training and practical knowledge.



(left) Bella Vista Atizapan Rotarians with Chapantongo greenhouse owners.



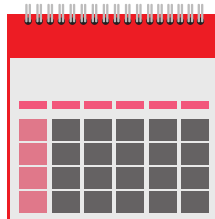
LOOKING FORWARD

PROGRAMS

FEB 14: CLINTON HIGH SCHOOL SYNERGY - MURAL PROJECT, HILLARY BURKEN AND AIDEN ESTES

FEB 21: NO MEETING

FEB 28: GROW CLINTON, ANDY SOKOLOVICH



INVOCATION

FEB 14: CARRIE DONAIRE

FEB 21: NO MEETING

FEB 28: GREG JASPER



GREETER

FEB 14: TOM DETERMANN

FEB 21: NO MEETING

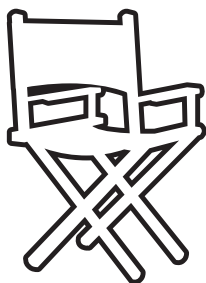
FEB 28: CARRIE DONAIRE



PROGRAM CHAIRS

FEBRUARY:

JULIE DUNN



FELLOWSHIP CHAIRS

FEBRUARY:

PAUL HOLMER & RYAN VEENSTRA



FEBRUARY BIRTHDAYS:

- JERRY VAN SCOY FEB 01
- CARRIE DONAIRE FEB 04
- DENNIS LAUVER FEB 05
- JULIANN BRAY FEB 23
- ROD TOKHEIM FEB 25

FEBRUARY ANNIVERSARIES

- SUE WATKINS
 - 8 YEARS; FEB 03 2014
- DANIEL HOUSENGA
 - 11 YEARS; FEB 07 2011
- BRIAN KELLY
 - 1 YEAR; FEB 08 2021
- THERESA NIELSEN
 - 3 YEARS; FEB 11 2019
- CHERYL FREY
 - 14 YEARS; FEB 25 2008

The Four-Way Test

1. Is it the **truth**?
2. Is it **fair** to all concerned?
3. Will it build **good-will** and **better friendships**?
4. Will it be **beneficial** to all concerned?

R.I. ADMIN

DG'S ALKA KHANOLKAR'S R.I.S.E

THE R.I.S.E. ACTION TEAM WILL PROVIDE RESOURCES FOR INSPIRATION AND SPECIAL EVENTS THROUGHOUT THIS NEW ROTARY YEAR.

“THE PROBLEM IS NOT THE PROBLEM; THE PROBLEM IS YOUR ATTITUDE ABOUT THE PROBLEM.”
– CAPTAIN JACK SPARROW

IN ROTARY FELLOWSHIP

ALKA K KHANOLKAR | DISTRICT GOVERNOR 2021-22

ROTARY DISTRICT 6000

EMAIL - AKHANOLKAR6000@GMAIL.COM

Rotary Board of Directors for 2021-2022

- CHRISTIE COLLINS: PRESIDENT
- ANDREW KIDA: PRESIDENT-ELECT
- BRAYDON ROBERTS: PRESIDENT ELECT-ELECT
- DALE DALTON: TREASURER
- SUSIE MESECHER: SECRETARY
- CARRIE DONAIRE
- CHERYL FREY
- ROD TOKHEIM
- JILL O'NEILL
- SHANNON SANDER-WELZIEN: PAST PRESIDENT
- ANDY FERGURSON: FOUNDATION

Rotary Foundation Board of Directors for 2021-2022:

- GARY FOSTER*: PRESIDENT
- MARK RUTENBECK*: VICE-PRESIDENT
- JOHN FREY*: SECRETARY
- DALE DALTON*: TREASURER

Directors

- JIM BRUHN*
- KATHY FORREST
- JENNIFER GRAF*

- KATHY KLAHN*
- LYNN MCGRAW

FOUNDATION MINUTE

WELCOME TO WEEK 4 OF ROTARY INTERNATIONAL'S MONTH OF VOCATIONAL SERVICE!

THE MINUTE THIS WEEK TOUCHES TWO OF THE ROTARY FOUNDATION'S 7 AREAS OF FOCUS: WATER AND SANITATION AND DISEASE PREVENTION AND TREATMENT. THE DAILY INTER LAKE, A LOCAL NEWSPAPER IN KALISPELL, MONTANA, REPORTS THAT THIRTEEN ROTARY CLUBS IN WESTERN MONTANA HAVE BEEN GRANTED A \$39,000 ROTARY FOUNDATION GLOBAL GRANT TO FUND ONGOING CLEAN WATER INITIATIVES IN GUATEMALA. ACCORDING TO THE NEWSPAPER, "THE GRANT PROJECT, NAMED "CLEAN HANDS, CLEAN WATER," PARTNERS WHITEFISH ROTARY CLUB (INTERNATIONAL SPONSOR) AND ROTARY CLUB GUATEMALA WEST(HOST CLUB), WITH SUPPORT FROM THE 13-MEMBER WESTERN MONTANA ROTARY COALITION. SPEARHEADED BY ROTARIAN DAVE RENFROW, COLUMBIA FALLS ROTARY CLUB, THE PROJECT HAS INTERNATIONAL SIGNIFICANCE, SUGGESTING THAT SMALL INVESTMENTS IN CLEAN WATER CAN STIMULATE ECONOMIC DEVELOPMENT, PREVENT DISEASE, AND REDUCE THE FLOW OF IMMIGRATION TO THE UNITED STATES' SOUTHERN BORDER. RENFROW SAID THE PROJECT IS AIMED DIRECTLY TOWARD MITIGATING MALNUTRITION CAUSED BY LACK OF CLEAN WATER AND SANITATION PRACTICES, WHICH RESULT IN LOW SCHOOL ATTENDANCE AND SUBSEQUENTLY, LOW LIFETIME INCOMES."

AVERAGE FAMILY INCOME IN THE PROJECT AREA, LOCATED IN THE WESTERN HIGHLANDS OF GUATEMALA, IS \$4.50 PER DAY, AND SCHOOL ATTENDANCE IS APPROXIMATELY THREE YEARS. WHEN COMPLETED THE PROJECT WILL SERVE FOUR COMMUNITIES AND 2,500 RESIDENTS WHO WILL PARTICIPATE IN THE CONSTRUCTION OF 318 HOME BIO-SAND WATER FILTERS, NINE COMMUNITY-SIZE BIO- SAND FILTERS FOR 30 FAMILIES EACH, NINE WELL-HEAD COVERS AND SUBMERSIBLE PUMPS, AND FOUR SCHOOL-SIZE TIPPY TAP HAND-WASH STATIONS.

FAST FACTS: GUATEMALA

- BIRTHPLACE OF THE MAYAN CIVILIZATION; CONTINUALLY INHABITED FOR 20,000 YEARS; HOME OF 3 UNESCO WORLD HERITAGE SITES; MOST POPULATED CENTRAL AMERICAN COUNTRY; TWO COASTLINES; LOCATION ON 3 TECTONIC PLATES REASON FOR MAJOR EARTHQUAKES; OVER 30 VOLCANOES 4 OF WHICH ARE CURRENTLY ACTIVE
- 90% WATER DANGEROUS TO DRINK DUE TO POOR INFRASTRUCTURE, POLLUTION, UNREGULATED SANITATION.
- ROTARY CLUB OF GUATEMALA WAS CHARTERED IN 1977.
- SEVERAL ROTARY CLUBS AROUND THE GLOBE CONTRIBUTING TO WASH AND GWP TO SUPPLY POTABLE WATER THROUGH FILTRATION SO THE HIGH MORTALITY RATE FROM WATER BORNE DISEASES COULD BE DRASTICALLY REDUCED FROM ITS CURRENT 30,000+ PEOPLE, OF WHICH 90% ARE CHILDREN.

IN ROTARY,
OLABISI GWAMNA PH.D,
ROTARY CLUB OF MT. PLEASANT
EDITOR, FOUNDATION MINUTE