ROTARY CLUB OF CLINTON NEWSLETTER

VOLUME 78 | ISSUE 30 | NEWS FOR THE WEEK OF FEBRUARY 19, 2024

MEETING LOCATION

Monday Rotary Rastrelli's Restaurant: Tuscany Event Center 2417 Cleveland St. Clinton, IA

Thursday Night Rotary:

Second and Fourth Thursday of the month at 5:30, Rusty Barrel Lounge (224 5th Ave S, Clinton, IA)

MAILING ADDRESS

P.O. Box 1361 Clinton, IA 52733

EMAIL ADDRESS

RotaryClubofClintonIA@ gmail.com

WEBSITE RotaryClubofClinton.com

SOCIAL MEDIA LINKS

- <u>Facebook</u>
- <u>LinkedIn</u>
- YouTube

Where there is no struggle, there is no strength.

Rotary

OPRAH WINFREY

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ROTARY CLUB OF CLINTON EXECUTIVE SUMMARY

Presidential News

- We need timers, tellers and judges for the Tom Narak Memorial Speech Contest on March 05. Please reach out to Carrie if you can help!
- Text SCHOLAR to 56651 to Support Our Scholarship Funds!!!





- February 19: No Meeting
- February 26: Pastor Paul will speak about "First Circle Friends





Thank you for making us the WINNERS of the Salvation Army Bell Ringing Contest!!!

ROTARY CLUB OF CLINTON WEEKLY ROUND-UP



ATTENDANCE:

Online: 1 In-person: 26

GUESTS:

- Grace Dykstra
- Paige Lower
- Shawn Felts YTD: 157

SCHOLARSHIP FUND:

Feb 12 Meeting: \$193 YTD: \$5143

Clinton Rotary Foundation: N/A Year to date total: \$515

Total YTD: \$5658

MEMBERS:

- Current Members: 65
- Membership Goal: 84



Shawn Felts

On Monday, we had the privilege of hearing from Shawn Felts, the Total for February 12: 27 ^{Outreach} Coordinator for Speak Out Against Suicide. Felts was born and raised in the Clinton and Camanche areas. She has been with Speak Out for about three years.

Watch our Meeting HERE

Speak Out Against Suicide is a nonprofit agency that was developed to eliminate the stigma of suicide and depression. We intend to increase the awareness and create a safe environment in which community members know they are not alone and can feel free to ask for help. Speak Out has seven board members, all of whom have lived with experiences with suicide, whether they've lost someone in their families or they've had suicidal thoughts themselves. This agency is primarily funded through private donations and they typically have two fundraisers a year – the Speak Out Against Suicide Gala, which will be on April 29th, as well as the "Breaking the Silence Suicide Awareness Walk", which is in September. These proceeds go to scholarships that benefit people in the mental health field.

Felts emphasized the importance of reaching out to people and not caring about what others think. It's so important to have those conversations, even if they're difficult ones. Felts discussed a group of teens that got together and discussed what they needed from their parents. The teens said that "they needed from parents is just for them to cut out a little piece of time in their week to sit down and just have some conversations whether they be good or whether they be bad in calm way."

Speak Out Against Suicide is our February speaker for President Braydon's Nonprofit Awareness Campaign so Rotary is donating \$1000 to them. Please see their contact information below!

Email: <u>speakoutcamanche@gmail.com</u> https://www.facebook.com/SpeakOutCamancheIA https://speakoutiowa.org/



Chance, the Therapy Dog

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ROTARY CLUB OF CLINTON LOOKING FORWARD

PROGRAMS

- February 19: No Meeting
- February 26: TBD



INVOCATION

February 19: No Meeting February 26: SAM GENSON

GREETER

February 26: JOE BROWN





PROGRAM CHAIRS

BRUARY: MARSHA THRALL & ANDY GREEN **MARCH: JULIE DUNN APRIL: SUE WATKINS**



FEBRUARY: PAUL HOLMER & RYAN VEENSTRA **MARCH: DENNIS LAUVER** APRIL: MARY SWANSON & MARY BETH SMITH



BIRTHDAY

- Carrie Donaire
- Dennis Lauver February 05
 - February 23

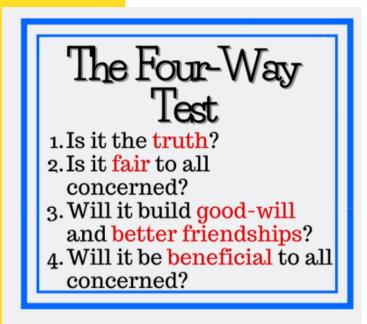
February 04

- February 25
- Juliann Bray • Rod Tokheim



- Sue Watkins • 10 yrs; Feb. 03 2014
- Daniel Housenga • 13 yrs; Feb. 07 2011
- Brian Kelly • 3 yrs; Feb. 08 2021
- Cheryl Frey
 - 16 yrs; Feb. 25 2008
- Andy Sokolovich • 2 yrs; Feb. 28 2022

ROTARY CLUB OF CLINTON R.I. ADMIN



Rotary Board of Directors for 2023-2024

- Braydon Roberts: President
- Carrie Donaire: President-Elect
- Andrew Green: President-Elect-Elect
- Dale Dalton: Treasurer
- Susie Mesecher: Secretary
- Carrie Donaire
- Cheryl Frey
- Rod Tokheim
- Jill O'Neill
- Andrew Kida: Past President
- Andy Fergurson: Foundation

Rotary Foundation Board of Directors for 2023-2024

- Gary Foster*: President
- Mark Rutenbeck*: Vice-President
- John Frey*: Secretary
- Dale Dalton*: Treasurer

Directors

- Jim Bruhn*
- Kathy Klahn*
 Paul Holmer*
 Lynn McGraw
 Andy Fergurson
- Dale Dalton*
- Jennifer Graf* Sue Watkins

COMMUNITY NEWS

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