

VOLUME 76 | ISSUE 30 | NEWS FOR THE WEEK OF JANUARY 31, 2022



MEETING LOCATION

RASTRELLI'S RESTAURANT: TUSCANY EVENT CENTER 2417 CLEVELAND ST. CLINTON. IA MEETING BEGINS AT 12:00

MAILING ADDRESS

P.O. BOX 1361 CLINTON, IA 52733

EMAIL ADDRESS

ROTARYCLUBOFCLINTONIA@GMAIL.COM

WEBSITE ROTARYCLUBOFCLINTON.COM

SOCIAL MEDIA LINKS

- FACEBOOK
- LINKEDIN
- YOUTUBE

66 Leaders see "we" where others see

only "me." Stewart Friedman, Stewart D. Friedman

Total Leadership: Be a Better Leader, Have a Richer Life (With New Preface)

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EXECUTIVE SUMMARY

PRESIDENTIAL NEWS

- WE NEED TO HAVE A CLUB QUORUM TO VOTE FOR FY 2023 BOARD MEMBERS SOON, IN PERSON AND ONLINE WILL WORK.
- NEXT BOARD MEETING IS THE 14TH AS THE 21ST IS A HOLIDAY
- PLEASE READ THE FOLLOWING NOTE FROM WHITTIER, IN REGARDS TO KICKS FOR KIDS:

THANKS FOR YOUR HELP WITH THIS PROGRAM. THE KIDDOS ARE SO ELATED WHEN WE GIVE THEM A PAIR OF BOOTS! THEY JUST LOOK AT US, STUNNED. "I GET TO KEEP THESE?!" AND THIS GIRL - SHE'S BEEN WEARING AROUND HER STEP DAD'S HUGE STEEL TOED BOOTS ... WITHOUT SOCKS ... SHE LOVES HOW FUZZY THESE FEEL INSIDE. SHE ALMOST TRIED TO KEEP THE ONE THAT WERE 2 SIZES TOO SMALL, BECAUSE THEY FELT SO SOFT ON HER FEET. BLESS HER HEART! SO A BIG BEAUTIFUL THANK YOU FOR YOUR HELP WITH THIS ACROSS OUR CITY!



- JAN 31: TAWNYA HAMBLY, JUNIOR ACHIEVEMENT
- FEB 7: CLINTON HIGH SCHOOL SYNERGY-MURAL PROJECT
- FEB 14: BOARD OF DIRECTORS MEETING
- FEB 14: MOBILE MEDICAL UNIT, ANDREA BARNETT



Postcard from DG 2022-23 Steve and Brenda Wieneke

Hello All!

Our 2022-23 Rotary International President Elect, Jennifer Jones announced her theme on January 20, and we wanted you to be among the first to know.



Rotary International Assembly is being conducted virtually again this year due to the covid pandemic. Online zoom education sessions will be held February 7-14, 2022.

We look forward to joining our classmates and sharing what we learn with all of you!

In Rotary Friendship,

Steve and Brenda

WEEKLY ROUND-UP

WEEKLY STATS

SCHOLARSHIP FUND: JANUARY 24 MEETING: \$115 YTD: \$3467.00

ATTENDANCE:

ONLINE: N/A IN-PERSON: 21 TOTAL FOR JAN 24: 25

GUESTS:

- ABBY STRUBLE: CLINTON
 HIGH SCHOOL
- HATTIE NICKLES: CLINTON HIGH SCHOOL
- KIM CRUTCHER
- RHEA WRIGHT YTD: 89

MEMBERS:

- CURRENT MEMBERS: 77
- MEMBERSHIP GOAL: 84



SHAWN DISCUSSED THE SPEAK OUT AGAINST SUICIDE NON-PROFIT AND PRIVATELY FUNDED **ORGANIZATION LOCATED AT 1805** S. WASHINGTON BLVD CAMANCHE IOWA. THEY HAVE A FACEBOOK PAGE WITH THE SAME NAME AND A WEBSITE IN DEVELOPMENT. SHE STARTED THE PROGRAM ASKING US TO THINK ABOUT HOW WE SUPPORT OURSELVES AND ASKING US "WHAT DID YOU DO TO BE WELL TODAY?" EXERCISED. EAT A HEALTHY BREAKFAST. MADE YOUR BED OR BRUSHED YOUR TEETH? ROUTINES LIKE THESE CAN BE HELPFUL WHEN IT COMES TO MENTAL HEALTH.

MANY PEOPLE STRUGGLING WITH THOUGHTS OF SUICIDE DON'T NECESSARILY WANT TO COMMIT SUICIDE THEY JUST WANT TO END THE PAIN. MOST PEOPLE JUST NEED SOMEONE TO LISTEN TO THEM AND SHOW SUPPORT. SOME PEOPLE WHO HAVE TRIED TO COMMIT SUICIDE SAY THEY TRIED TO TALK TO SOMEONE BUT WERE TOLD THE PERSON DIDN'T HAVE THE TIME. HOW MANY TIMES DO WE ANSWER THE QUESTION "HOW ARE YOU DOING?" WITH "GOOD". IS THAT REALLY TRUE OR COULD YOU SHARE HOW THINGS ARE REALLY GOING FOR YOU? SHAWN TAKES THE TIME TO LISTEN, HOSTS DIFFERENT SUPPORT GROUPS, AND GIVES PRESENTATIONS TO LOCAL SCHOOLS AND ORGANIZATIONS. SOME SIGNS TO LOOKS FOR IF A PERSON IS IN NEED OF SUPPORT ARE APPEARANCE CHANGES, MORE QUIET OR MORE TALKATIVE THAN USUAL, AND OTHER BEHAVIORAL CHANGES THAT YOU NOTICE. A NEW SUICIDE PREVENTION HOTLINE NUMBER WILL BE 988 THIS SUMMER. THE MOST IMPORTANT THING WE CAN DO FIRST IS TO EDUCATE OURSELVES. MENTAL HEALTH FIRST AID IS A GREAT TRAINING THAT'S AVAILABLE. UPCOMING EVENTS AND FUNDRAISERS INCLUDE AN OPEN HOUSE FEBRUARY 10TH FROM 4-6PM, APRIL 2ND GALA AT THE WILD ROSE CASINO, AND THE BREAKING THE SILENCE WALK THIS FALL. THANK YOU FOR SHARING THIS VALUABLE INFORMATION AND FOR THE WORK YOU DO IN OUR COMMUNITY!

(SUBMITTED BY SUSAN MESECHER, SECRETARY)

LOOKING FORWARD

PROGRAMS

JAN 31: TAWNYA HAMBLY, JUNIOR ACHIEVEMENT

FEB 7: CLINTON HIGH SCHOOL SYNERGY - MURAL PROJECT, HILLARY BURKEN AND AIDEN ESTES FEB 14: MOBILE MEDICAL UNIT, ANDREA BARNETT FEB 21: NO MEETING FEB 28: GROW CLINTON, ANDY SOKOLOVICH



<u>FEBRUARY</u> <u>BIRTHDAYS:</u>

- JERRY VAN SCOY FEB 01
- CARRIE DONAIRE FEB 04
- DENNIS LAUVER FEB 05
- JULIANN BRAY FEB 23
- ROD TOKHEIM FEB 25



INVOCATION

JAN 31: NORLAN HINKE

FEB 7: PAUL HOLMER FEB 14: CARRIE DONAIRE FEB 21: NO MEETING FEB 28: GREG JASPER



FEB 7: GARY DELACY FEB 14: TOM DETERMANN FEB 21: NO MEETING FEB 28: CARRIE DONAIRE



PROGRAM CHAIRS FEBRUARY: JULIE DUNN

FEDRUARY: PAUL HOLMER & RYAN VEENSTRA

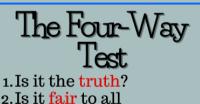
<u>FEBRUARY</u> <u>ANNIVERSARIES</u>

- SUE WATKINS

 8 YEARS; FEB 03 2014
- DANIEL HOUSENGA
 11 YEARS; FEB 07 2011
- BRIAN KELLY

 1 YEAR; FEB 08 2021
- THERESA NIELSEN

 3 YEARS; FEB 11 2019
- CHERYL FREY
 - 14 YEARS; FEB 25 2008



- concerned? Will it build good-wi
- 3. Will it build good-will and better friendships?4. Will it be beneficial to all
- concerned?

R.I. ADMIN

DG'S ALKA KHANOLKAR'S <u>R.I.S.E</u>

THE R.I.S.E. ACTION TEAM WILL PROVIDE RESOURCES FOR INSPIRATION AND SPECIAL EVENTS THROUGHOUT THIS NEW ROTARY YEAR.

> JUST WHEN THE CATERPILLAR THOUGHT HER LIFE WAS OVER, SHE BEGAN TO FLY.

IN ROTARY FELLOWSHIP ALKA K KHANOLKAR | DISTRICT GOVERNOR 2021-22 ROTARY DISTRICT 6000 EMAIL - AKHANOLKAR6000@GMAIL.COM

Rotary Board of Directors for 2021-2022

- CHRISTIE COLLINS: PRESIDENT
- ANDREW KIDA: PRESIDENT-ELECT
- BRAYDON ROBERTS: PRESIDENT ELECT-ELECT
- DALE DALTON: TREASURER
- SUSIE MESECHER: SECRETARY
- CARRIE DONAIRE
- CHERYL FREY
- ROD TOKHEIM
- JILL O'NEILL
- SHANNON SANDER-WELZIEN: PAST PRESIDENT
- ANDY FERGURSON: FOUNDATION

Rotary Foundation Board of Directors for 2021-2022:

- GARY FOSTER*: PRESIDENT
- MARK RUTENBECK*: VICE-PRESIDENT
- JOHN FREY*: SECRETARY
- DALE DALTON*: TREASURER

Directors

KATHY KLAHN*
LYNN MCGRAW

- JIM BRUHN*KATHY FORREST
- JENNIFER GRAF*

FOUNDATION MINUTE

WELCOME TO WEEK 4 OF ROTARY INTERNATIONAL'S MONTH OF VOCATIONAL SERVICE!

THE MINUTE THIS WEEK TOUCHES TWO OF THE ROTARY FOUNDATION'S 7 AREAS OF FOCUS: WATER AND SANITATION AND DISEASE PREVENTION AND TREATMENT. THE DAILY INTER LAKE, A LOCAL NEWSPAPER IN KALISPELL. MONTANA, REPORTS THAT THIRTEEN ROTARY CLUBS IN WESTERN MONTANA HAVE BEEN GRANTED A \$39,000 ROTARY FOUNDATION GLOBAL GRANT TO FUND ONGOING CLEAN WATER INITIATIVES IN GUATEMALA. ACCORDING TO THE NEWSPAPER, "THE GRANT PROJECT, NAMED "CLEAN HANDS, CLEAN WATER," PARTNERS WHITEFISH ROTARY CLUB (INTERNATIONAL SPONSOR) AND ROTARY CLUB GUATEMALA WEST(HOST CLUB), WITH SUPPORT FROM THE 13-MEMBER WESTERN MONTANA ROTARY COALITION. SPEARHEADED BY ROTARIAN DAVE RENFROW, COLUMBIA FALLS ROTARY CLUB, THE PROJECT HAS INTERNATIONAL SIGNIFICANCE. SUGGESTING THAT SMALL INVESTMENTS IN CLEAN WATER CAN STIMULATE ECONOMIC DEVELOPMENT, PREVENT DISEASE, AND REDUCE THE FLOW OF IMMIGRATION TO THE UNITED STATES' SOUTHERN BORDER. RENFROW SAID THE PROJECT IS AIMED DIRECTLY TOWARD MITIGATING MALNUTRITION CAUSED BY LACK OF CLEAN WATER AND SANITATION PRACTICES, WHICH RESULT IN LOW SCHOOL ATTENDANCE AND SUBSEQUENTLY, LOW LIFETIME INCOMES."

AVERAGE FAMILY INCOME IN THE PROJECT AREA, LOCATED IN THE WESTERN HIGHLANDS OF GUATEMALA, IS \$4.50 PER DAY, AND SCHOOL ATTENDANCE IS APPROXIMATELY THREE YEARS. WHEN COMPLETED THE PROJECT WILL SERVE FOUR COMMUNITIES AND 2,500 RESIDENTS WHO WILL PARTICIPATE IN THE CONSTRUCTION OF 318 HOME BIO-SAND WATER FILTERS, NINE COMMUNITY-SIZE BIO- SAND FILTERS FOR 30 FAMILIES EACH, NINE WELL-HEAD COVERS AND SUBMERSIBLE PUMPS, AND FOUR SCHOOL-SIZE TIPPY TAP HAND-WASH STATIONS.

FAST FACTS: GUATEMALA

- BIRTHPLACE OF THE MAYAN CIVILIZATION; CONTINUALLY INHABITED FOR 20,000 YEARS; HOME OF 3 UNESCO WORLD HERITAGE SITES; MOST POPULATED CENTRAL AMERICAN COUNTRY; TWO COASTLINES; LOCATION ON 3 TECTONIC PLATES REASON FOR MAJOR EARTHQUAKES; OVER 30 VOLCANOES 4 OF WHICH ARE CURRENTLY ACTIVE
- 90% WATER DANGEROUS TO DRINK DUE TO POOR INFRASTRUCTURE, POLLUTION, UNREGULATED SANITATION.
- ROTARY CLUB OF GUATEMALA WAS CHARTERED IN 1977.
- SEVERAL ROTARY CLUBS AROUND THE GLOBE CONTRIBUTING TO WASH AND GWP TO SUPPLY POTABLE WATER THROUGH FILTRATION SO THE HIGH MORTALITY RATE FROM WATER BORNE DISEASES COULD BE DRASTICALLY REDUCED FROM ITS CURRENT 30,000+ PEOPLE, OF WHICH 90% ARE CHILDREN.

IN ROTARY,

OLABISI GWAMNA PH.D, ROTARY CLUB OF MT. PLEASANT EDITOR, FOUNDATION MINUTE