

ROTARY CLUB OF CLINTON NEWSLETTER



VOLUME 78 | ISSUE 32 |
NEWS FOR THE WEEK OF
MARCH 04, 2024

MEETING LOCATION

Monday Rotary

Rastrelli's Restaurant:
Tuscany Event Center
2417 Cleveland St.
Clinton, IA

Thursday Night Rotary:

Second and Fourth Thursday
of the month at 5:30,
Rusty Barrel Lounge
(224 5th Ave S, Clinton, IA)

MAILING ADDRESS

P.O. Box 1361
Clinton, IA
52733

EMAIL ADDRESS

RotaryClubofClintonIA@
gmail.com

WEBSITE

RotaryClubofClinton.com

SOCIAL MEDIA LINKS

- Facebook
- LinkedIn
- YouTube

**“When in doubt,
look intelligent.”**

GARRISON KEILLOR

IN THIS ISSUE...

Executive Summary²

Weekly Updates³

Looking Forward⁴

**R.I. Admin &
Community News⁵**

ROTARY CLUB OF CLINTON

EXECUTIVE SUMMARY

Presidential News

- We need timers, tellers and judges for the Tom Narak Memorial Speech Contest on March 05. Please reach out to Carrie Donaire if you can help!

- Text SCHOLAR to 56651 to Support Our Scholarship Funds!!!

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Key Dates

- March 04: Kristin Huizenga, Executive Director, Clinton Substance Abuse Council
- March 11: Andy Sokolovich, President and CEO of Grow Clinton will provide an update on Grow Clinton
- March 18: Susan Sharp, Director of Ministry & Operations, Salvation Army 360 Life Center
- March 25: Mellissa Wood, Chief Operating Officer, MercyOne Clinton Medical Center – Update on MercyOne/Genesis Integration

Check It Out!


The Rotary Club of Clinton
proudly presents
**TOM NARAK MEMORIAL
SPEECH CONTEST**

TUESDAY, MARCH 5, 2024 AT 6 PM
Vernon Cook Theater,
Clinton High School
817 8TH AVE S

WHO: LOCAL HIGH SCHOOL STUDENTS, GRADES 9 - 12
WHAT: 5 - 8 MINUTE SPEECH
TOPIC: HOW DOES THE ROTARY 4 WAY TEST CREATE HOPE IN THE WORLD?

THE FOUR-WAY TEST IS:
OF THE THINGS WE THINK, SAY OR DO...
IS IT THE TRUTH?
IS IT FAIR TO ALL CONCERNED?
WILL IT BUILD GOODWILL AND BETTER FRIENDSHIPS?
WILL IT BE BENEFICIAL TO ALL CONCERNED?

FOR CONTEST RULES AND MORE DETAILS,
GO TO WWW.ROTARYCLUBOFCLINTON.COM
TO REGISTER, PLEASE SEND
YOUR NAME, GRADE, AND SCHOOL TO
ROTARYCLUBOFCLINTONIA@GMAIL.COM



ROTARY CLUB OF CLINTON

WEEKLY ROUND-UP

WEEKLY STATS

ATTENDANCE:

Online: 1

In-person: 24

Total for February 26: 25

GUESTS:

• N/A

YTD: 157

SCHOLARSHIP FUND:

Feb 26 Meeting: \$193

YTD: \$5336

Clinton Rotary Foundation: N/A

Year to date total: \$515

Total YTD: \$5851

MEMBERS:

- Current Members: 65
- Membership Goal: 84



Paul Holmer



Watch our Meeting [HERE](#)

Our own Pastor Paul Holmer joined us on Monday and not only knocked our socks off with an amazing game for Rotary Fellowship, but he also discussed "First Circle Friends," which is a service within our community that is a lifeline to those who are caregivers for family or friends.

Holmer stated, "First Circle Friends groups are a fun and engaging time for those in early to mid-stage memory loss and those requiring regular supervision. It gets them out of the house and it promotes their well-being. Caregivers, meanwhile, can rest easy knowing that their loved ones are in a safe and encouraging environment." First Circle Friends provides care for those suffering from early- or late-stage memory loss diseases such as Alzheimer's disease or dementia. The organization aims to provide respite care for the full-time caregivers of those individuals. "According to the Alzheimer's Association, 80% of care provided at home is delivered by family caregivers. Those who are currently experiencing family issues such as these are encouraged to see how First Circle Friends can help them," stated Holmer. First Circle Friends actually started out because of Rotary, after fellow Rotarian, Carol Machael, who reached out to Holmer and asked if there

were any agencies, or programs, that deal with memory loss. One year later, First Circle Friends was born. Holmer stresses that additional volunteers are ***always*** welcome at First Circle Friends. Thank you, Paul, for this AMAZING service!

First Circle Friends Session Plan

Date: February 9, 2024
Theme: Valentine's Day

Location: St. Paul Lutheran Church

Time	Activity	Supplies
10:00 am 10:15 am	Gather: coffee and chat Review schedule for the day.	Coffee, tea, cookies, bananas
10:25 am	Discussion: Valentine experiences and traditions History of Valentine's Day Valentine card verses	Discussion topics: School events, flowers, cards, gifts, foods, etc. Quiz, videos
11:00 am	Valentine Mad-libs Compose Valentine poems	Mad-lib sheets Activity sheets, paper, pens
11:15 am	Stretch exercises	Big Hug, Hug yourself, Big Heart (heart motion)
11:25 am	Music: Love song sing-along	Song sheets
11:50 am	Clean up for lunch; rest room break	
12:00 am	Lunch	Chris Holmer
12:30 pm	Exercise/walk	

ROTARY CLUB OF CLINTON LOOKING FORWARD

PROGRAMS

- March 04: Kristin Huizenga, Executive Director, Clinton Substance Abuse Council
- March 11: Andy Sokolovich, President and CEO of Grow Clinton will provide an update on Grow Clinton
- March 18: Susan Sharp, Director of Ministry & Operations, Salvation Army 360 Life Center
- March 25: Mellissa Wood, Chief Operating Officer, MercyOne Clinton Medical Center – Update on MercyOne/Genesis Integration



INVOCATION

March 04: Jennifer Graf
March 11: Andy Green
March 18: Bill Greenwalt
March 25: Val Hill

GREETER

March 04: James Bruhn
March 11: Claire Buyert
March 18: Christie Collins
March 25: Mary Connell



PROGRAM CHAIRS

MARCH: JULIE DUNN
APRIL: SUE WATKINS

FELLOWSHIP CHAIRS

MARCH: DENNIS LAUVER
APRIL: MARY SWANSON & MARY BETH SMITH



Celebrations

HAPPY

BIRTHDAY

- Daniel Housenga March 06
- Mary Swanson March 17
- Andrew Kida March 18
- Brian Kelly March 24
- Bill Greenwalt March 25

HAPPY ANNIVERSARY

- Brigham Tubbs
 - 26 years; Mar. 01 1998
- Robert Holesinger
 - 27 years; Mar. 03 1997
- Ron Gutierrez
 - 13 years; Mar. 07 2011
- Gary Foster
 - 26 years; Mar. 29 1998

ROTARY CLUB OF CLINTON

R.I. ADMIN

The Four-Way Test

1. Is it the **truth**?
2. Is it **fair** to all concerned?
3. Will it build **good-will** and **better friendships**?
4. Will it be **beneficial** to all concerned?

Rotary Board of Directors for 2023-2024

- Braydon Roberts: President
- Carrie Donaire: President-Elect
- Andrew Green: President-Elect-Elect
- Dale Dalton: Treasurer
- Susie Mesecher: Secretary
- Carrie Donaire
- Cheryl Frey
- Rod Tokheim
- Jill O'Neill
- Andrew Kida: Past President
- Andy Fergusson: Foundation

Rotary Foundation Board of Directors for 2023-2024

- Gary Foster*: President
- Mark Rutenbeck*: Vice-President
- John Frey*: Secretary
- Dale Dalton*: Treasurer

Directors

- | | | |
|------------------|----------------|------------------|
| • Jim Bruhn* | • Kathy Klahn* | • Paul Holmer* |
| • Dale Dalton* | • Lynn McGraw | • Andy Fergusson |
| • Jennifer Graf* | • Sue Watkins | |

COMMUNITY NEWS

GROW
CLINTON
CAMANCHE • CLINTON • FULTON

MARCH 7th



Citizens First Bank
1442 Lincoln Way

5 - 7PM

GROW
CLINTON
CAMANCHE • CLINTON • FULTON

ShamROCK!

15
MARCH
2024

5:30 PM
9:00

Legends Sports Bar and Grill
2118 Harrison Dr.