The Rotary Club of Clinton WEEKLY NEWSLETTER

VOLUME 77 | ISSUE 36 | NEWS FOR THE WEEK OF MARCH 20, 2023

(II)



MEETING LOCATION

MONDAY ROTARY RASTRELLI'S RESTAURANT: TUSCANY EVENT CENTER 2417 CLEVELAND ST. CLINTON, IA

THURSDAY NIGHT ROTARY:

SECOND AND FOURTH THURSDAY OF THE MONTH AT 5:30 IN RASTRELLI'S BALDACCI ROOM (238 MAIN AVE, CLINTON, IA)

MAILING ADDRESS

P.O. BOX 1361 CLINTON, IA 52733

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SOCIAL MEDIA LINKS

- FACEBOOK
- LINKEDIN
- YOUTUBE

There is no recipe for a perfect relationship but we can enhance it with simple gestures that mean so much to a loving heart; a kiss when you leave, a hug when you come back, a text in the middle of the day that reads "I miss you" and the promise that you will make each other a priority when you are together.

- Brigitte Nicole

IN THIS ISSUE...

EXECUTIVE SUMMARY 🙎

WEEKLY UPDATES 3

LOOKING FORWARD

R.I. ADMIN 5

EXECUTIVE SUMMARY

PRESIDENTIAL NEWS

- ON SATURDAY, APRIL 22, THE DISTRICT 6000 CONFERENCE IS IN CORALVILLE! THE CONFERENCE IS AT CORALVILLE RADISSON HOTEL & CONFERENCE CENTER, FROM 5:00 PM - 8:30 PM. COME ONE, COME ALL!
- CONGRATULATIONS TO OUR DISTRICT GOVERNOR-ELECT, NORLAN!!!!! WE ARE SO PROUD OF YOU, NORLAN!
- THANK YOU, ANDY GREENE, FOR STARTING THE FOOD-SHARING INITIATIVE WITH INFORMATION REFERRAL!
- WE NEED HELP WITH THE BOO BASH!!! PLEASE VOLUNTEER TO HELP OUT WITH THE COMMITTEE. :)

KEY Dates

- MARCH 20: BOARD OF DIRECTORS MEETING, 10:45 AM
- MARCH 20: "THE AG OUTLOOK FOR 2023 AND BEYOND: THE GOOD, THE BAD, AND THE MILDLY AMUSING" - CHAD HART, IOWA STATE UNIVERSITY
- MARCH 27: "GROW CLINTON UPDATE" WITH ANDY SOKOLOVICH



ROTARY CONNECTS 1.4 MILLION ROTARIANS TO MAKE THE WORLD BETTER FOR THE 8 BILLION AND BEYOND



JOIN ROTARY - ENJOY ROTARY

@rtnsharat

WEEKLY ROUND-UP

WEEKLY STATS

SCHOLARSHIP FUND:

MARCH 13: \$153 YTD TOTAL: \$5067 SCHOLARSHIP CONTRIBUTIONS TO FOUNDATIONS YTD: \$1,500 TOTAL: \$6,720

ATTENDANCE: ONLINE: 4

IN-PERSON: 24 TOTAL FOR MARCH 13: 28

GUESTS:

- LEO COLLINS
- HARRY LEONARD

YTD: 135

MEMBERS:

- CURRENT MEMBERS: 77
- MEMBERSHIP GOAL: 84



No one is more

Newcomer Integration Community & Exchange

cherished in this world than someone who lightens the burden of another. **Thank you.**



<u>Watch our</u>

meeting here

On February 24th, 2022, Russian troops invaded Ukraine and since that time over 7.5 million Ukrainian people have fled their countries. Angela Bolens decided she needed to find a way to help and through that, "Iowa Nice" was born. Iowa Nice is a nonprofit organization, with 'nice' standing for Iowa Newcomer Integration Community and Exchange. Bolens is a full-time professor at Augustana College in Rock Island, Illinois, where she teaches business and Leadership ethics and Harry Leonard is the Vice-President of the Board for Iowa Nice. Both Bolens and Leonard joined us this week to discuss Iowa Nice.

Iowa Nice helps create successful opportunities for Ukrainian families to thrive. They connect them to borrowed vehicles, transitional housing, food, clothing, and an outpouring of community support. They "followed the generosity" to create the 503c organization, which has been able to help the newcomers secure employment and all are on track for self-sufficiency within 120 days of arrival. "The second part of Iowa Nice is 'integration.' Our job is to integrate them -- it's not to support them, it's to help them become self-sufficient. Every one of these families comes from very successful lives back in Ukraine. They are not comfortable taking handouts...our job is to help them learn the United States and all the legal processes so that they can be independent taking care of themselves again" Bolen explained.

Bolens stated, "Guys, this does not happen just anywhere. This idea of 'Iowa Nice'... it means something...in this community, in particular, exemplifies this idea of people wrapping their arms around others and those in need. It's just been incredible, so I've been switching my presentation just a little bit to say 'Thank You.' Before I even tell you a whole lot more, it is this community that has made all this possible. I am simply coordinating generosity. We are a coordinating generosity in our community. I tell people that you know this community that I made hope a promise to these people. Our mission has become a reality. Iowa Newcomer Integration Community and Exchange -- the idea here is really centered around the idea of community. It's taking all of us together to make this possible. Since October of 2022 we've helped eight Ukrainian families including 10 children and three beloved family pets...they found new homes and they found happiness in Iowa."

Thank you, Angela and Harry, for the INCREDIBLE work you do!!!

VOLUME 77 | ISSUE 36

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LOOKING FORWARD...

PROGRAMS

MARCH 20: "THE AG OUTLOOK FOR 2023 AND BEYOND: THE GOOD, THE BAD, AND THE MILDLY AMUSING" - CHAD HART, IOWA STATE UNIVERSITY

MARCH 27: "GROW CLINTON UPDATE" WITH ANDY SOKOLOVICH



INVOCATION MARCH 20: SAM GENSON

MARCH 27: JENNIFER GRAF

GREETER MARCH 20: GARY DELACY MARCH 27: TOM DETERMANN





PROGRAM CHAIRS MARCH: JULIE DUNN

APRIL: ANDY SOKOLOVICH MAY: MARY CONNELL & DALE DALTON JUNE: JILL O'NEILL

FELLOWSHIP CHAIRS

MARCH: DENNIS LAUVER APRIL: MARY SWANSON & MARY BETH SMITH MAY: ANDY SOKOLOVICH & DOUG HARRIDGE JUNE: NORLAN HINKE



MARCH BIRTHDAYS:

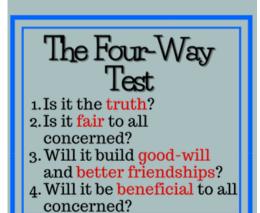
- DANIEL HOUSENGA MARCH 06
- MARY SWANSON MARCH 17
- ANDREW KIDA MARCH 18
- BRIAN KELLY
 MARCH 24
- BILL GREENWALT MARCH 25

<u>MARCH</u> <u>ANNIVERSARIES:</u>

- ROBERT HOLESINGER
 26 YEARS: MAR 03 1997
- BRIGHAM TUBBS
 - 25 YEARS; MAR 01 1998
- GARY FOSTER

 25 YEARS; MAR 29 1998
- RON GUTIERREZ
 - 12 YEARS; MAR 07 2011

Rappy everything



R.I. ADMIN

The History of the Rotary Bell

In 1922, U.S. Rotarians organized an attendance contest; the challenge was that the losing clubs would join in giving the winning club a prize. The **Rotary Club of New York City was** declared the winner and to them was awarded as a prize a bell from a popular patrol boat, which was placed on wood that came from HMS "Victory", Admiral Nelson's vessel at the battle of Trafalgar. Since then, the bell used in Rotary meetings started to represent, as on the ships, order, discipline and the time to guide us through the weekly hour and a half meetings. The bell informs us with its sound the beginning of the Rotary meeting, at which time people present should stand, same as at the end, in order to salute the national and Rotary flags. The gavel symbolizes the authority invested in the Rotarian elected to the highest position in Rotary, and through him/her reminds those present of his/her authority. When presidents transmit their positions to their successors at the end of their mandate, they give the bell their last hit turning the gavel over to their successor, symbolizing the transfer of authority.



Rotary Board of Directors for 2022-2023

- ANDREW KIDA: PRESIDENT
- BRAYDON ROBERTS: PRESIDENT-ELECT
- DALE DALTON: TREASURER
- SUSIE MESECHER: SECRETARY
- CARRIE DONAIRE
- CHERYL FREY
- ROD TOKHEIM
- JILL O'NEILL
- CHRISTIE COLLINS: PAST PRESIDENT
- ANDY FERGURSON: FOUNDATION Rotary Foundation Board of Directors for 2022-2023:
- GARY FOSTER*: PRESIDENT
- MARK RUTENBECK*: VICE-PRESIDENT
- JOHN FREY*: SECRETARY
- DALE DALTON*: TREASURER

Directors

- JIM BRUHN*
- KATHY FORREST
- JENNIFER GRAF*

- KATHY KLAHN*
- LYNN MCGRAW
- BRIAN WRIGHT*

FOUNDATION MINUTE

WELCOME TO WEEK 2 OF RI'S MONTH OF WATER & SANITATION TWENTY PER CENT OF THE NORTHLAND POPULATION UNDER THE AGE OF 15 HAVE HAD A MOOD OR ANXIETY DISORDER DIAGNOSED AS OF 2021, ACCORDING TO NORTHLAND DISTRICT HEALTH BOARD. ON THE FIRST WEEK OF MARCH, MANAIA VIEW SCHOOL IN WHANGĀREI HOSTED THE LAUNCH OF THE ROTARY TE TAI TOKERAU TAMARIKI MENTAL WELLBEING PROJECT. THE FIRST OF ITS KIND IN NEW ZEALAND. THE PROJECT'S PURPOSE IS TO SUPPORT TEACHERS AND PROVIDE THEM WITH THE NECESSARY RESOURCES AND TRAINING TO ADDRESS THE RISE OF MENTAL ILLNESS IN CHILDREN.

CHIEF EXECUTIVE OF THINK AND BE ME, CAT LEVINE, CREATED THE ORGANIZATION IN RESPONSE TO THE GROWING RATE OF MENTAL HEALTH ISSUES AMONG YOUTH. "THEY CALL IT THIS YOUTH MENTAL HEALTH PANDEMIC, BUT WHAT ARE WE DOING? WE'RE OBVIOUSLY NOT DOING SOMETHING RIGHT," LEVINE SAID.

LEVINE WAS WORKING FOR FREE IN THE MENTAL HEALTH SPACE WITH CHILDREN WHEN ROTARY CAME ALONG AND SPONSORED HER TO DO A TWO-YEAR WELL-BEING PROJECT. NORTHLAND TAMARIKI WILL BE TAUGHT THE SKILLS TO COPE WITH MENTAL ILLNESSES UNDER A MENTAL HEALTH PROJECT THAT HAS JUST BEEN LAUNCHED. TRF SPONSORED THE GLOBAL GRANT AT THE COST OF \$600,000 USD. LEVINE AND HER TEAM OF EXPERTS AND VOLUNTEERS WILL TRAIN 450 TEACHERS IN MORE THAN 60 NORTHLAND PRIMARY SCHOOLS OVER TWO YEARS AND WILL VISIT EACH SCHOOL THREE TIMES DELIVERING EDUCATIONAL MENTAL HEALTH PRESENTATIONS, RESOURCES AND FUN ACTIVITIES FOR THE CHILDREN.

ROTARY TAI TOKERAU TAMARIKI MENTAL HEALTH CHAIRMAN PETER SMITH SAID THE PROJECT HAD BEEN BREWING IN THE BACKGROUND AFTER A CONFERENCE LOOKING AT WHY NORTHLAND IS BEHIND IN ITS HEALTH AND EDUCATION.

"THERE'S NO REAL SUPPORT FOR KIDS IN PRIMARY SCHOOL, SO WHEN THEY'RE ANGRY OR SAD, AND THEY KNOW THEY ARE, BUT THEY DON'T KNOW WHY...THIS PROGRAM TELLS THEM TO SORT OF TAKE A BREATH AND UNDERSTAND WHY I AM SAD, WHY AM I ANGRY, WHAT CAN I DO," SAID SMITH.

IN ROTARY,

OLABISI GWAMNA, CLUB SECRETARY MOUNT PLEASANT ROTARY, EDITOR, FOUNDATION MINUTE

VOLUME 77 | ISSUE 36

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