



BE THE INSPIRATION

Founded in 1973

North Scottarian

ROTARY CLUB OF NORTH SCOTT

Eldridge/Davenport, Iowa

Vol. 47 No. 02

www.northscottrotary.org; E-mail NSRotary@aol.com

January 09, 2019

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Dennis.peterson1@gmail.com

563-285-8584

North Scott Rotary Serves

The
Rotary
Foundation
Dear President Dennis Peterson:



On behalf of the Trustees of The Rotary Foundation, please accept this special 2017-18 club banner recognition as an expression of our sincere appreciation for your members' generous support of the Annual Fund. Your club is distinguished from more than 35,000 Rotary clubs worldwide as being one or more of the following:

- One of only 1,575 clubs to achieve Top Three Highest in Per Capita Annual Giving honors in their district (only clubs with a minimum US\$50 Annual Fund per capita contribution were eligible).
- One of only 3,425 clubs worldwide to attain status as an Every Rotarian, Every Year Club (clubs must have achieved a minimum Annual Fund contribution of US\$100 per capita with every dues-paying member contributing US\$25 or more to the Annual Fund during the Rotary year).
- One of only 4,000 clubs worldwide to become a 100% Foundation Giving Club

THIS FRIDAY AT THE STEEPLEGATE

Dr. Ryan Taylor specializes in Physical Medicine & Rehabilitation at the Genesis Spine and Joint Health Center. Dr. Taylor is a 2009 graduate of St. Ambrose University, and a 2013 grad of Des Moines University College of Osteopathic Medicine, Medical School. Dr. Taylor was Chief Resident at Mayo Clinic, Physical Medicine and Rehabilitation 2016-2017. Dr. Taylor provides inpatient physical rehabilitation at Genesis West as well as pain management services, and physical medicine and rehab including Platelet rich Plasma Therapy at the Spine and Joint Health Center. Physical Medicine and Rehabilitation is a very broad and diverse medical specialty. His clinical interests include:



- Musculoskeletal/Sports Medicine
- Ultrasound-guided interventions
- Regenerative medicine
- Electrodiagnostics (EMG/NCS)
- Spasticity management
- Traumatic Brain Injury/Concussion
- Stroke Rehabilitation
- Brain Injury Rehabilitation
- Spinal Cord Injury Rehabilitation
- Neurorehabilitation
- Acute Inpatient Rehabilitation

Dr. Taylor loves helping people and he says serving patients brings him joy! "Helping in any way that I can let me know that I am making a difference in the life of that individual, and that is extremely gratifying. Additionally, as a physician, I am an educator to my patients

and I love to teach!”

Teaching patients to rebuild their lives after a physical trauma is one important aspect of Dr. Taylor’s approach. Regaining the ability to walk after a stroke, traumatic brain or spinal cord injury is at the heart of the Genesis Exoskeleton spearheaded by Dr. Taylor. Research has shown that damaged nerves can be rewired if given the right kind of stimulus. The use of the EksoGT Exoskeleton gives the proper stimulus by allowing patients to stand up and walk with a full weight bearing, reciprocal gait. The results are life changing, benefits include:

- Neuromuscular stimulation that greatly enhances recovery
- Help with bone density and muscle mass
- Less neuropathic pain

And most importantly...HOPE which is fitting for the doctor who is known as the HOPE coach. Dr. Taylor’s greatest joy is helping people and with this new technology he will be able to help our patients in a way they have never been able to experience before.

Please share this **Foundation Minute** with your club members Thank you!

Chris Knapp, District Rotary Foundation Chair

knappc1@mchsi.com

Foundation Minute - Jan. 7

With 2017 -2018 behind us – The Rotary Foundation is pleased to report an outstanding year! Its annual fund raised \$131.4 million dollars, its endowment brought in \$28.5 million with an 8% return, and the PolioPlus Fund brought in \$143.6 million. It has been awarded 4 stars by Charities Navigator for the 11th year in a row and has approved 503 district grants and its program awards totaled \$27.4 million!

Cumulatively, since 1985 Rotary has helped immunize more than 2.5 billion children against polio and as of June, 2018, had spent more than \$1.8 billion toward global polio eradication. Since 2002-2003, 1,245 fellows from more than 120 countries have participated in Rotary’s Peace Fellowship Program, and program awards for these fellows and the centers have totaled \$4.0 million. Since 2013-14, the Foundation awarded 5,677 global grants totaling \$332.1 million and 2,466 in district grants totaling \$126.1 million.

Rotary International President
Barry Rassin, New Providence, Bahamas

Governor, Rotary District 6000
Tom Narak, West Des Moines, IA
Ass't Governor
Gary Loss, Davenport, IA

Make ups available at nearby Rotary Clubs

Monday, Noon Clinton, Rastrelli's Restaurant, Lyons
Monday, Noon Davenport Outing Club, 2109 N. Brady St.
Monday, 12:10 pm Muscatine, Rendezvous, 3127 Lucas St.
Monday, 12:15 pm ...Moline, Trinity Lutheran Church 1313 13th Ave
Monday, 6:00 pm Quad Cities Illinois, Hy Vee 42nd Ave, Moline
Tuesday, 7:15 am.. River Cities, Brothers Restaurant, Rapids City, IL
Tuesday, noon Rock Island, QC Botanical Center
Wednesday Noon Bettendorf, Tanglewood Pavilion
Wednesday, Noon Tipton, 1143 Cedar Valley Rd
Wednesday 5:00 pm....North Scott Mini-Meet at Maloney's, Eldridge
Thursday, 7:00 am..... Iowa Quad Cities, J-Bar Elmore Ave.
Thursday, 12:15 pm East Moline, Christ United Methodist Church
Thursday, Noon.....Milan, Pinnacle Country Club
Friday Noon North Scott, Steeplegate Inn, Davenport.

NORTH SCOTT ROTARY CALENDAR OF EVENTS

Friday, January 11: 10:45 a.m. Board of directors meeting in One Hundred West (bar area), Steeplegate.

Friday, January 11: Program: Dr. Ryan Taylor: Physical Medicine and Rehabilitation; Teaching patients to rebuild their lives after a physical trauma. Marcia Brandt and Jim Koehler, Hosts.

Saturday, January 12: 7:00 p.m. Moline Rotary Club invites all Rotarians to attend the Augustana Viking Basketball Game at NO charge. Reception in 2nd floor classroom at half time....look for the Rotary banner.

Tuesday, January 15: 11:00 a.m. Rotary Reads at John Glenn Elementary. Every Tuesday till March 5, 2019. John Maxwell making assignments.

Friday, January 18: Program: Gary Thrapp from Beyond the Baseline Sports Complex. Scott Case, Host.

Saturday, January 19: 9:00 a.m. Special Olympics Basketball Skills at North Scott Junior High. Many volunteers needed!! Kelly Meyer, Chairman.

Tuesday, January 22: 11:00 a.m. Rotary Reads at John Glenn Elementary. Every Tuesday till March 5, 2019. John Maxwell making assignments.

Friday, January 25: Program: Chuck Long; CEO Iowa Sports Foundation. Chris Cournoyer, Host.

Tuesday, January 29: 11:00 a.m. Rotary Reads at John Glenn Elementary. Every Tuesday till March 5, 2019. John Maxwell making assignments.

Friday, February 1: Program: to be arranged by Tony Knobbe. February birthdays celebrated. 50/50 raffle drawing by Jan Touney.

Tuesday, February 5: 11:00 a.m. Rotary Reads at John Glenn Elementary. Every Tuesday till March 5, 2019. John Maxwell making assignments.

Friday, February 8: 10:45 a.m. Board of directors meeting in One Hundred West (bar area), Steeplegate

Friday, February 8: Program: to be arranged by Rich Horst.

Saturday, February 9: 9:00 a.m. Tryke Build Day at Handi-capped Development Center, 4201 Brady Street, Davenport. Any/All members welcome to help build the trikes for Special needs children. This is Jeff Ashcraft's D6000 community service project. Contact Jeff with questions.

Saturday, February 9: 12:45 p.m. Award ceremony of

Tryke's to deserving youth and their families. ALL Rotarians encouraged to attend at HDC, Davenport

Tuesday, February 12: 11:00 a.m. Rotary Reads at John Glenn Elementary. Every Tuesday till March 5, 2019. John Maxwell making assignments.

Friday, February 15: Valentine theme meeting, hosted by the social committee.

Friday, February 15: 7:10 p.m. Quad City Storm vs. Macon Mayhem Hockey Game at Tax Slayer Center. Details/tickets coming soon!

Saturday, February 16: 9:00 a.m. Grant Management Seminar held at West Liberty Community Center.

MAKE UPS TURNED IN

December 17: Rich Golinghorst: Rotary Club of Moline

December 17: Bill Tubbs: D6000 Peace & Conflict Resolution Committee meeting

January 2: Jerry Coussens, Glen & Jean Keppy, Jim Smith, Bill Tubbs: Mini meet at Maloney's

January 2: Dr. Anita Wubbena: Rotary EClub

January 3: Steve Suiter: Rotary Club of Marco Island, FL

January 4: Merle Anderson: Catalina Rotary Club, Tucson, AZ

January 5: Dr. Anita Wubbena: Rotary EClub

January 8: Marcia Brandt and Dr. Don Sierk: Rotary Reads at John Glenn Elementary School

ASSIGNMENTS

January 11: Set up/tear down: Dick Cole; Greeters: Roger Amhof and Tyler Bindrum; Song Leader: Jeff Ashcraft; Piano: Tewanta Lopez; Invocation: Deb Peterson; Sergeant: Kelly Meyer

January 18: Set up/tear down: Don Sierk; Greeters: Bob Bainter and Dick Cole; Song Leader: Scott Case; Piano: Marguerite Holzworth; Invocation: Scott Case; Sergeant: Josie Seymour

January 25: Set up/tear down: Marty O'Boyle; Greeters: Chris Connolly and Josie Seymour; Song Leader: Jan Trimble; Piano: TBA; Invocation: John Maxwell; Sergeant: John Maxwell

February 1: Set up/tear down: Jim Smith; Greeters: Chris Cournoyer and Jody Johnston-Mohr; Song Leader: Paul Holzworth; Piano: Teri Wittkowski; Invocation: Jim Koehler; Sergeant: Jim Smith

February 8: Set up/tear down: Jack Schinckel; Greeters: Rich Horst and Nikki Dillon; Song Leader: Kelly Meyer; Piano: Tewanta Lopez; Invocation: Rev. Rich Pokora; Sergeant: Bill Tubbs

THANK YOU!!

Rotarians:

Thank you so much for the restaurant gift cards! (My husband was very pleased to think about going out to eat). I enjoy my times playing the piano for you and look forward to this brand new year!

Thanks again,
Teri Wittkowski

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LAST WEEK

LAST WEEK – January 4, 2019 – Paula Maddox, RN: Stroke Refresher Course

Seventy attended the first meeting of 2019. Guests attending were AG Gary Loss from Davenport Rotary and Mark Carlson from Moline Rotary. Additional guests were Brian Ritter, guest of Becky Bray, Dr. Diane Pappe, guest of Bill Tubbs and Laura Hansen, guest of Dr. Fred Mulch.

Gary Loss presented the club with 3 award achievements from the 2017-2018 Rotary year. (see front page). January birthdays were celebrated. Steve Fahrenkrog sold 50/50 raffle tickets and \$104 was won by Terrye Kishiue. Nathan Kessler was the sergeant and collected \$91 in fines. Tracy Lindaman asked for volunteers for the Special Olympics Basketball Skills on January 19 at North Scott Junior High, Eldridge.

Registered Nurse and Stroke and Sepsis Coordinator with Trinity, Unity Point Health Systems, Paula Maddox was our speaker on Friday. Strokes are the 2nd leading cause of death. If you feel like you might be having a stroke, IT IS a big deal. The thing to remember is B.E. F.A.S.T. Balance-eyesight-face-arm-speech-time. If any of these things are affected call 911. Stroke is an emergency. Every minute counts.

Strokes are hard to figure out. They kill more women than men, also more African Americans and Hispanics. The cost to treat a stroke are high. Big hospitals have a stroke coordinator that helps advice the treatment and therapy needed for each patient.

Follow NS Rotary on



The 4 Way Test

Of the things we THINK SAY or DO

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOOD WILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?