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# North Scottarian

**ROTARY CLUB OF NORTH SCOTT**

Eldridge/Davenport, Iowa

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**THIS FRIDAY: At the Steeplegate, with Zoom option**

## Ellen Hosch, Genesis Medical Center: Understanding Diabetes

Tony Knobbe arranged a speaker for Friday on a subject, diabetes, which affects many. Ellen Hosch, RD, LD, CDCES is a Registered Dietitian, Licensed Dietitian in Iowa and Illinois and Certified Diabetes Care and Education Specialist.

Ellen graduated from the University of Iowa with a bachelor's degree in Food and Nutrition, then completed a dietetic internship at Indiana University Medical Center in Indianapolis. She subsequently attained the credential of a Registered Dietitian.

She began her career working in public health as a nutritionist for the WIC program (Women, Infants and Children food supplemental program), then transitioned to being a clinical dietitian at what was then Mercy Hospital in Davenport.

Ellen always had an interest in diabetes education and transitioned into a position at the Diabetes Education Center, where she provides outpatient diabetes education and medical nutrition therapy to patients. Since 2015 she has been the coordinator for the Diabetes Care Center, as well as continuing to participate in patient education. "Helping patients to learn to manage diabetes is the most rewarding job ever!" she says.



**Ellen Hosch**



**Calendar/2; Auction/3, 8; YWCA/4-5 Pay It Forward/6; Coats/7**

## CALENDAR

**Thursday, Dec. 7:** Rotarians invited to join "Pay It Forward" activity at Edward White Elementary, Eldridge, at 8:00 a.m. We will be helping the kids put together hygiene kits for the individuals served by **Empowering Abilities** (formerly known as **Handicapped Development Center**). We will have **Jeff Ashcraft** there to speak to the students. He may also bring an individual who is served, staff, or families of those served. – *Tracy Lindaman*

**Friday, Dec. 8:** Board of directors, 10:30 a.m. at Steeplegate. Any member may attend.

**Friday, Dec. 8:** At the Steeplegate, with Zoom option, "Understanding Diabetes," with **Ellen Hosch**, Genesis, arranged by **Tony Knobbe**.

**Tuesday, Dec. 12:** North Scott Rotary partnering with Neil Armstrong Elementary, Park View, to take 40 kindergarten students to Circa '21 to see "'Twas the Night Before Christmas." Doors open at 9:30 a.m. Show at 10 a.m. Arranged by **Jeremy Kaiser**. Rotarians welcome to greet students but need a ticket if going to the show. Order tickets at 309-786-7733.

**Friday, Dec. 15:** Friendly Friday at North Scott Junior High, arrive 7:15-7:30 to show support to students.

**Friday, Dec. 15:** At the Steeplegate, with Zoom option, Social gathering with holiday music and a time of sharing stories of the season by North Scott Rotarians.

**Friday, Dec. 22:** (No meeting, Christmas)

**Friday, Dec. 29:** (No meeting, New Year's)

**Friday, Jan. 5:** At the Steeplegate, with Zoom option: Iowa Secretary of State **Paul Pate**, Human Trafficking Prevention, arranged by **Chris Cournoyer** for **Deanna Jensen-Valliere**.

**Friday-Saturday, Jan. 6-7:** District 6000 Rotary Youth Exchange Winter Retreat, Newton, **Paul Kalainoff**.

**Friday, Jan. 12:** At the Steeplegate, with Zoom option, state Reps. **Gary Mohr** and **Mike Vondran**, arranged by **Richard Pokora**.

**Friday, Jan. 19:** **Dr. Barbara Wilson**, president of the **University of Iowa**, arranged by **Chris Cournoyer**.

**Friday, Jan. 26:** At the Steeplegate, with Zoom option, Rotarian **Mark Harvey**, CEO, Central Scott Telephone and CST Communications, arranged by **Drew Wilson**.

**Friday, Feb. 2:** At the Steeplegate, with Zoom option, program TBA, **Richard Horst**.

**Friday, Feb. 9:** At the Steeplegate, with Zoom option, Valentine Party, tentative.

**Friday, Feb. 16:** **Michelle Hargrave**, Executive Director & CEO of **The Figge**, arranged by **Rita Rawson**.

**Friday, Feb. 16:** District 6000 AG Orientation, DMACC Newton Campus, 6-9 p.m.

**Saturday, Feb. 17:** President-Elect Orientation and District 6000 Annual Meeting, DMACC Newton Campus, 9 a.m. to 3 p.m.

**Friday, Feb. 23-Saturday, Feb. 24:** North Central President-Elect Training Seminar (NCPETS), hybrid, venue TBA.

**Friday, Feb. 23:** Happy 119th Birthday, Rotary International! Regular meeting at the Steeplegate, with Zoom option, program TBA, **Marcia Brandt**.



## NORTH SCOTT ROTARY

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2023

**Friday, March 1:** At the Steeplegate, with Zoom option, program TBA, **Bill Tubbs**.

**Saturday, March 2:** Grant Management Seminar, West Liberty Community Center, 8:30-11:30 a.m.

**Friday, March 8:** At the Steeplegate, with Zoom option, **Dougal Nelson, Junior Achievement**, arr. by **Scott Case**.

**Friday, March 15:** At the Steeplegate, with Zoom option, program TBA, **Tony Knobbe**.

**Saturday, March 16-Sunday, March 24:** District 6000 Project Team to Xicoteppec, Mexico.

**Friday, March 22:** At the Steeplegate, with Zoom option: Haley DeGreve of "The Gray Matters Collective," arranged by **Deanna Jensen-Valliere**.

**Friday, March 29:** At the Steeplegate, with Zoom option, Bettendorf Mayor **Bob Gallagher**, arranged by **Richard Pokora**.

**Saturday, March 30:** District Assembly and Grant Management Seminar, DMACC Newton Campus.

**Friday, April 5:** At the Steeplegate, with Zoom option: University of Northern Iowa president **Dr. Mark Nook**, arranged by **Chris Cournoyer**.

**Friday, April 12:** At the Steeplegate, with Zoom option, program TBA, **Drew Wilson**.

**Saturday, April 13:** Rotary Leadership Institute (RLI), Grace Community Church, Boone, 8:30 a.m.-3:30 p.m.

**Friday, April 19:** At the Steeplegate, with Zoom option, program TBA, **Richard Horst**.

**Friday, April 19:** District 6000 Rotary Foundation Dinner Gala, Pella, 5:30-9:00 p.m.

**Saturday, April 20, 2024:** District 6000 District Conference, Pella Opera House, Pella, IA.

**Friday, April 26:** At the Steeplegate, with Zoom option: **Mauricio Diaz**, Executive Director of Dress for Success arranged by **Rita Rawson**.

**May 25-29, 2024:** Rotary International Convention, Singapore.

**July 4-7, 2024:** Rotary volunteers at John Deere Classic.

**DEC. 1, 2023: YWCA QUAD CITIES**

Auction committee members present at the Dec. 1 meeting celebrated net proceeds of \$104,567 from the Nov. 17 50th Anniversary Auction, (l-r): Kelly Meyer, Becky Bray, Tyler Bindrum, Katie White, Deanna Jensen-Valliere, John Maxwell, Nate Kessler, Pat Olsen, Mindy Leahy, Josie Cochuyt, Sara Tomasson and president Tracy Lindaman.

Photo by Editor

# Record auction net proceeds: \$104,567!

By **Bill Tubbs/Volunteer Editor**

**Dec. 1, 2023:** Sixty-nine Rotarians and guests gathered for our first post-Thanksgiving meeting, which included **Pat Olsen's** announcement of net Auction proceeds of \$104,567. President **Tracy Lindaman** presided, **Terri Wittkowski** played piano and **John Maxwell** led singing of "America," "Welcome Song" and "R-O-T-A-R-Y." **Scott Case** gave a reflection about the importance of recruiting and North Scott Rotary having "more to sell today than ever!" **Tony Knobbe** introduced Visiting Rotarians and guests: **Amy Simler** (Rotary Club of Moline), **Nancy Stockwell** (guest of **Deb Peterson**), **Byran Bolin** (guest of **Matt Maiers**), **Carmen Galvin** (guest of **Rev. Rich Pokora**), and **Isabel Ordaz** and **Mia Gomez**, NSHS Service Club members. Joining by Zoom were **Merle Anderson**, **Jody Johnston-Mohr**, **Sara Somsy** and **Jan Touney**.

## Announcements

**President Tracy** asked for signups for the "Pay It Forward" activity at Ed White Elementary in Eldridge on Thursday, Dec. 7, at 8:00 a.m. Rotarians will help kids put together hygiene kits for individuals served by Empowering Abilities (formerly Handicapped Development Center). See list of signups on page 6.

**Jeremy Kaiser** invited members and their guests to come to Circa '21 Dinner Theatre on Tuesday, Dec. 12, at 9:30 a.m. to welcome 40 students from Neil Armstrong Elementary in Park View who will be experiencing "'Twas the Night Before Christmas" on stage, paid for by North

Scott Rotary's "School Shop" fund. Members wishing to attend the show, which will start at 10:00 a.m., can order tickets @ \$12 by calling 309-786-7733.

**Deanna Jensen-Valliere** said the annual Holiday Party will be moved to January. (We will have a meeting at the Steeplegate Inn on Friday, Dec. 15 with holiday music and a time for sharing.)

**Auction:** **Pat Olsen** reported "a lot of good comments." He thanked all who worked hard to make the event a success, especially **Mindy Leahy** and **Katie White** who ran the seamless registration process, on which they worked daily for more than a week before the event. Pat recounted Auction history to 2012 when proceeds were \$20-30,000, the Starlite Ballroom in 2013 and 2014 with proceeds in the \$45-50,000 range, then the Rogalski Center in 2015 when the gross jumped to \$89,000. That's when we planted the seeds for a major project, the Rotary Inspiration Play Zone. This year's 522 registrations with a gross of \$141,000 and a net of \$104,567 are records! (This total DOES include matching funds from **Bill and Linda Tubbs** of \$9,450 for gifts which were given after the match was announced on Auction night.) **Pat** announced that **Bill and Linda's match offer is extended for amounts given by Dec. 31!** He thanked **Bill and Linda** for the generous offer! Our vision is to make an impact with a 50th Anniversary legacy gift at Sheridan Meadows Park in Eldridge. Member input is welcomes as this process unfolds. Next year's Auction will be Friday, Nov. 22 at Rhythm City Casino. Stay tuned for details!

NOTES, continued on page 4

DEC. 1, 2023: YWCA QUAD CITIES

# YWCA: 'Meeting needs of the people'

## Personals

**Jeff Aschraft** was proud to say the rollout of Handicapped Development Center's new name, **Empowering Abilities**, has been a success. "The mission is the same," he said. "The new name talks about what our folks CAN do and not what they CANNOT do!"

**Dick Cole** said the \$65 he gave for his wedding anniversary and the \$87 he is giving for his birthday will be directed to the Auction fund to take advantage of the match! *Thank you, Dick, and Happy Birthday!*

**Ross Paustian** said Florida Governor Ron DeSantis will be at Cody Road in Eldridge at 2 p.m. Sunday. All are welcome.

**Stephanie Eckhardt** said Sean's dad suffered a fall. (Melvin Hill, 86, of Eldridge, died Nov. 29. *Sincere sympathies!*) She said the Winter Concert by North Scott musical groups on Sunday, Dec. 10 at the high school auditorium will be special, and encouraged attendance.

**Marcia Brandt** said the lights that were replaced by North Scott Rotary at Genesis were noticed by kids!

**Monica Hursey** issued an invitation to Friday night's "Hometown Holiday" events in downtown Eldridge!

**Sergeant-at-Arms Pat Olsen**, in his Michigan Wolverine pullover, raised \$72 in fun fines, including **Dale Grunwald** for his "Santa" beard, **Scott Case** for his Hawkeye shirt, **Jeff Ashcraft** for the HDC name change, **Ryan Johnson** for gas money, **Matt Maiers** for his good-looking suit, **Joe Stutting** \$1 each for three school board members in Rotary, and \$1 if your football team is not playing this week.

## Program

**Marcia Brandt** introduced **Deanna Woodall** with the Quad Cities YWCA. Thank you to **Jan Touney** for program notes:

### By Jan Touney

Deanna Woodall is passionate about helping people through her work as vice president of development and growth with YWCA Quad Cities and its Iowa Empowerment Center.

She shared that passion with the North Scott Rotary in remarks on Friday, Dec. 1.

"Job security for me is meeting the needs of people



Deanna Woodall with Marcia Brandt.

Photo by Editor

who can't meet their own needs," she said. "This is hard work. You are seeing a part of this community that people forget about."

Woodall said that 33 percent of Quad Cities residents are not able to meet their basic needs.

The work of the Iowa Empowerment Center, which just a week ago opened up in greatly expanded space in Davenport at 1115 Mississippi Ave. in the former Temple Emanuel, includes offering "immediate need" supplies such as shelf-stable food, diapers, formula, hygiene and cleaning supplies to those who need them. There is also a clothing closet for people of all ages. Continuing education classes are also offered.

Woodall thanked the North Scott Rotarians for giving the organization a community needs grant in the last cycle.

The Center is open Monday-Thursday from 9 a.m. to 3:30 p.m. It serves approximately 15-20 clients daily. It is operated 100 percent on donations.

"We are ready to introduce a financial literacy program," she said. "Some people have never been taught how to

**YWCA**, continued on page 5

## PROGRAM

### YWCA, *continued*

budget. Sometimes they just need to be encouraged to make better choices.”

Referring to the move, she smiled and said, “This has been the longest week of my entire life. I hope you can feel and see and sense my passion.”

The expansion and move of the Iowa Empowerment Center comes on the heels of a major campaign to build a new YWCA in downtown Rock Island. That \$20million project is in the final stages of construction, she said. “It serves the entire Quad Cities community and will expand all of our services,” she said. That includes opening up an additional 120 spots for child care.

“That’s huge,” she said. The new building “will be a benchmark for that city.”

Woodall’s professional and personal life is centered around helping non-profits. She said she and her husband, Rob, are dedicated to supporting the community, not just financially, but through their time.

“I became involved at the YWCA after my own child was involved in child care there,” she said.

She noted that the YWCA has been a part of the Quad Cities for 107 years, with a mission to eliminate racism and empower women.

**At the end of the meeting, president Tracy** invited members to “Tell me something good!” She said “A Charlie Brown Christmas” directed by our member, **Sara Tomason**, was fun, and Sara’s 9-month-old son, Walt, stole the show as Woodstock, the baby bird. The meeting ended with members reciting Rotary’s Four-Way Test.

## QUIZ

### Know your members. Know your Rotary club.

This question was suggested by one of the three Rotarians who is part of the answer. The question:

Three present members of North Scott Rotary are the daughters-in-law of current or former members.

1. Name them (and their fathers-in-law).
2. Name the Rotarian whom you think suggested the question.

Email answers to: [btubbs@northscottpress.com](mailto:btubbs@northscottpress.com).

## YOUTH SERVICE

### A TASTE OF BROADWAY CIRCA'21 DINNER PLAYHOUSE

## Rotary is taking 40 students to 'T'was the Night Before Christmas' at Circa '21

### Dear North Scott Rotary,

I have Big News! North Scott Rotary is partnering with Neil Armstrong Elementary in Park View to take 40 Kindergarten students to Circa '21 to see Ken Ludwig's "T'was the night before Christmas" the morning of Tuesday, Dec. 12. The teachers and kids are very excited for this show, as many of the students may never have the opportunity to go to a show like this.

I would like to get a group of Rotarians together the morning of the show to greet the students as they arrive and stay to watch the show with them. Doors open at 9:30 a.m., and the show begins at 10:00 a.m. Please let me know if you would like to come! You can email me directly at [jeremy.kaiser@scottcountyiowa.gov](mailto:jeremy.kaiser@scottcountyiowa.gov).



Rotarians can reserve tickets to the show by calling 309-786-7733 x2.

Thank you and I hope to see you there!

**Jeremy Kaiser**

## NORTH SCOTT ROTARY CLOTHING

To order North Scott Rotary clothing:  
[handicappeddevelopment.org/north-scott-rotary](http://handicappeddevelopment.org/north-scott-rotary)

## ROTARY PRINCIPALS

### *The Object of Rotary*

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- FIRST:** The development of acquaintance as an opportunity for service;
- SECOND:** High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- THIRD:** The application of the ideal of service in each Rotarian's personal, business, and community life;
- FOURTH:** The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

### *Rotary Code of Conduct*

**As a Rotarian, I will:**

1. Exemplify the core value of integrity in all behavior and activities.
2. Use my vocational experience and talents to serve Rotary.
3. Conduct all my personal, business, and professional affairs ethically, encouraging and fostering high ethical standards as an example for others.
4. Be fair in all dealings with others and treat them with the respect due to them as follow human beings.
5. Promote recognition and respect for all occupations which are useful to society.
6. Offer my vocational talent to provide opportunities for young people, to work for the relief of the special needs of others, and to improve the quality of life in my community.
7. Honor the trust that Rotary and fellow Rotarians provide and not do anything that will bring disfavor or reflect adversely on Rotary or fellow Rotarians.
8. Not seek from a fellow Rotarian a privilege or advantage not normally accorded others in a business or professional relationship.

### *The Four-Way Test* *(of the things we Think, Say or Do)*

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

## COMMUNITY SERVICE

### Pay It Forward, hygiene kits

**These signups** were received last Friday for the "Pay It Forward" activity at Ed White Elementary in Eldridge on Thursday, Dec. 7, at 8:00 a.m. Rotarians will help kids put together hygiene kits for individuals served by Empowering Abilities (formerly Handicapped Development Center). All are welcome and encouraged to participate!

- |                    |                |
|--------------------|----------------|
| Jeff Ashcraft      | Tracy Lindaman |
| Becky Bray         | Marty O'Boyle  |
| Josie Cochuyt      | Pat Olsen      |
| Stephanie Eckhardt | Deb Peterson   |
| Dale Grunwald      | Rita Rawson    |
| Jill Grunwald      | Joe Stutting   |
| Monica Hursey      | Paul Thronson  |
| Tricia Kane        | Bill Tubbs     |
| Tony Knobbe        | Theresa White  |



## CLUB SERVICE

### **GREETERS**

- Dec. 8:** Donn Wilmott, Rich Horst
- Jan. 5:** Terry Kishiue, Pat Olsen
- Jan. 12:** Jody Johnston-Mohr, Leroy Paustian
- Jan. 19:** Marcia Brandt, Warren Hodge
- Jan. 26:** Jack Schinckel, Sean Eckhardt

### **PIANO**

- Dec. 8:** Tewanta Lopez
- Jan. 5:** Terri Wittkowski
- Jan. 12:** Tewanta Lopez
- Jan. 19:** Marguertie Holzworth
- Jan. 26:** TBA

### **SONG LEADER**

- Dec. 8:** Sara Tomasson
- Jan. 5:** TBA
- Jan. 12:** TBA
- Jan. 19:** TBA
- Jan. 26:** TBA

### **REFLECTION**

- Dec. 8:** Tony Knobbe
- Jan. 5:** Deanna Jensen-Valliere
- Jan. 12:** John Maxwell
- Jan. 19:** Becky Bray
- Jan. 16:** Matt Maiers

### **SERGEANT-AT-ARMS**

- Dec. 8:** Jim Smith
- Jan. 5:** Dr. Brad Burt
- Jan. 12:** Jeremy Kaiser
- Jan. 26:** Jim Smith

**INTERACT/COMMUNITY**

# Interact asks Rotary help for coat project

By Jan Touney

Everyone deserves to be warm this winter.

The Interact Club at North Scott Junior High School invites the North Scott Rotary to join them again in a service project to provide new or gently used coats and boots for children and adults in our community.

The coats are put on free racks located outside Central Scott Telephone Co. in Eldridge and Go Van Goghs in Park View.

The need is great. A full rack of coats is sometimes emptied in 24 hours. Coats should be clean, with closures working. Donations of gently used hats, scarves and gloves will also be accepted.

You can bring your donations to our Friday meetings, beginning this Friday, Dec. 8, and continuing through mid-January. Jan Touney will collect them each week and drop them off. Our Interact students are collecting coats and boots at school.

Let's work together on this!

Thank you.



The coat rack at Central Scott Telephone, 125 N. 2nd St., Eldridge.

Photo by Editor

## MAKEUPS/ROTARY ENGAGEMENT

**Please turn in makeups to Deb Peterson at: [dennis.peter-son1@gmail.com](mailto:dennis.peter-son1@gmail.com), or [nsrotary@aol.com](mailto:nsrotary@aol.com).**

**Monday, Nov. 27:** Deanna Jensen-Valliere, Rotary Club of Davenport.

**Wednesday, Nov. 29:** Bill Tubbs, Rotary Club of Maquoketa.

**Wednesday, Nov. 29:** Mini-meet at Maloney's: Dick Cole, Jerry Coussens, Rob White, Marty O'Boyle, Jim Smith, Tom Messer, Steve Fahrenkrog, Hank Runge, Mitch Amhof, Jason Happel, Rev. Rich Pokora, Bill Tubbs.

**Friday, Dec. 1:** Membership Committee meeting: Deanna Jensen-Valliere, Becky Bray, Tracy Lindaman.

**Friday, Dec. 1:** Social Committee meeting: Deanna Jensen-Valliere, Katie White, Heather Wagner, Tyler Bindrum, Erica Schroeder-Cerda.

***Wear your Rotary pin with pride!***

## WHERE OTHER CLUBS MEET

Monday, Noon..... Clinton, Rastrelli's Restaurant, Lyons

Monday, Noon..... Davenport, Bittner YMCA

Monday, 12:10..... Muscatine, Rendevoz, 3127 Lucas St.

Monday, 12:15..... Moline, Trinity Lutheran, 1313 13th Av.

Monday, 6:00 p.m. .... Quad Cities Illinois, HyVee, Moline

Tuesday, Noon .. Rock Island, Quad-City Botanical Center

Tuesday, 7:15 p.m. .... River Cities, Brothers Restaurant, Rapid City, Ill.

Wednesday, Noon..... Bettendorf, Tanglefoot Pavilion

Wednesday, Noon, 1st and 3rd Wednesdays

..... Tipton, 208 W. Fifth St., Tipton

Wednesday, Noon..... Maquoketa, Eagle's Club

Wednesday, 5:00 p.m. .... North Scott Rotary Mini-Meet, Maloney's, Eldridge

Thursday, 7:00 a.m. . Iowa Quad Cities, J-Bar, Elmore Ave.

Thursday, 12:15 p.m. East Moline, Christ United Methodist Church

Thursday, Noon ..... Milan, Pinnacle Club

Friday, Noon ..... North Scott, Steeplegate Inn, Davenport

## MORE AUCTION PHOTOS



Allie Stutting Boge of Iowa City was sponsored by North Scott Rotary for RYLA and became a RYLA leader. Now the outstanding NSHS grad is assuming leadership with the Xicotepec Project.



The White group – Katie and guests – gather to celebrate a successful evening.



Katie White was half of the registration team with Mindy Leahy.



Found on Facebook with the message: "Alone we can do so little; together we can do so much. And to think, this isn't even all of the ladies of North Scott Rotary."