



**CREATE HOPE
in the WORLD**

Founded in 1973

North Scottarian

ROTARY CLUB OF NORTH SCOTT

Eldridge/Davenport, Iowa

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Bill Tubbs

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FRIDAY: At the Steeplegate, with Zoom option

MENTAL HEALTH

'The Gray Matters Collective'

Thanks to Deanna Jensen-Valliere for this week's program. Haley DeGreve is a communications manager for Aftermarket & Customer Support at John Deere and 2020 graduate of Augustana College, where she earned a bachelor's degree in Marketing and Communication Studies. Throughout her education, she was inspired to start a mental health awareness and suicide prevention non-profit called The Gray Matters Collective in 2018. The collective became a movement filled with hope, support, and healing for thousands – becoming a nationally recognized movement through the University of Michigan Depression Center.



Haley DeGreve

Since she began mental health advocacy in 2018, she's spoken at many local schools, events, and workplaces to advocate against mental health stigma and educate crisis intervention. In the past two years alone, she has spoken to over 50,000 people globally on the topic. She also launched a podcast called Surviving the Suck, generating conversations about the reality of mental illness and surviving hardship. This podcast was recently ranked top 10 percent globally on topics related to mental health and suicide.

At John Deere, she helped spearhead the ABLEd Brain Health Subcommittee: a team dedicated to mental health awareness, substance use disorder, and suicide prevention resources. This team has worked to host a variety of lunch n'

learns, educational presentations, and provide new documentation for suicide preparedness at John Deere.

Outside of work, she serves as founder and CEO of The Gray Matters Collective and has been trained in Mental Health First Aid USA, the American Foundation for Suicide Prevention, and is a Make It Ok ambassador through Iowa's Healthiest State Initiative. In March 2022, she gave a TEDx talk on Mental Health, Suicide Prevention, and The Power of Community. Most importantly, she continues to fight each day to prevent suicide and hopes to change the world, one person at a time.

Fire and Ice/4-5; Rotary Families/3, 5; Rotary Foundation/8

CALENDAR

Wednesday, March 20: Rotarians read at John Glenn Elementary in Donahue, 11:00 a.m.

Thursday, March 21: Members invited to participate at "Pay it Forward" at John Glenn Elementary School, Donahue, at 1:00 p.m., to benefit First Responders.

Friday, March 22: Friendly Friday at North Scott Junior High, welcome students at 7:20 a.m.

Friday, March 22: At the Steeplegate, with Zoom option: **Haley DeGreve** of "The Gray Matters Collective," arranged by **Deanna Jensen-Valliere**.

Saturday, March 23: North Scott Rotary hosts Four-Way Test Speech Contest, NSHS Library 9:00 a.m. Contact Jan Touney to volunteer (time keeper, greeters needed). 563-508-2313, or email: jtouney@gmail.com.

Wednesday, March 27: Rotarians read at John Glenn Elementary in Donahue, 11:00 a.m.

Thursday, March 28: Rotarians serve lunch to Davenport Police, 11:30 a.m. at Davenport Police Station, 415 N. Harrison St., Davenport, sponsored by **Jimmy Holt** and the Barrel House. Contact Pat Olsen to sign up: 563-212-2533, or olsenpatrick@gmail.com.

Friday, March 29: Community Needs Committee meets at the Steeplegate Inn to review grants, 10:30 a.m.

Friday, March 29: At the Steeplegate, with Zoom option, Bettendorf Mayor **Bob Gallagher**, arranged by **Richard Pokora**.

Saturday, March 30: District Assembly and Grant Management Seminar, DMACC Newton Campus training for District Community Grants only.

Saturday, March 30: Rotarians invited to help with East Area Special Olympics swimming at the North Scott YMCA. Contact **Tracy Lindman** at 563-340-0215, email: lindamanmt@hotmail.com; or **Chance Berger** at 217-871-3881, email: cberger@ymcaimv.org.

Wednesday, April 3: "Pay It Forward" day at Virgil Grisom Elementary, Princeton. Members invited to help students with letters and packets for families adopting pets from the Quad City Animal Welfare Center.

Wednesday, April 3: Rotarians read at John Glenn Elementary in Donahue, 11:00 a.m.

Friday, April 5: Board of directors meeting 10:30 a.m., Steeplegate Inn. All members welcome to attend.

Friday, April 5: At the Steeplegate, with Zoom option: University of Northern Iowa president **Dr. Mark Nook**, arranged by **Chris Cournoyer**.

Saturday, April 6: Rotarians volunteer at the softball throw at East Area **Special Olympics** track & field at Central DeWitt School District, 331 E 8th St, DeWitt, 9:30-11:30 a.m. Watch for signup sheet.

Wednesday, April 10: Rotarians read at John Glenn Elementary in Donahue, 11:00 a.m.

Friday, April 12: Meeting relocated to **Iowa Army National Guard** Aviation Support Facility at Davenport Airport.

Saturday, April 13: Rotary Leadership Institute (RLI), Grace Community Church, Boone, 8:30 a.m.-3:30 p.m.

Monday, April 15: Rotarians in Iowa Quad Cities donate blood, 3-6 p.m., Holiday Inn, 4215 Elmore Ave., Davenport.

50 YEARS OF SERVICE ABOVE SELF

NORTH SCOTT ROTARY

1973



2023

Wednesday, April 17: Rotarians read at John Glenn Elementary in Donahue, 11:00 a.m.

Friday, April 19: At the Steeplegate, with Zoom option, **Peter Tokar**, CEO, Quad-City Chamber of Commerce, arranged by **Richard Horst**.

Saturday, April 20, 2024: District 6000 District Celebration, Pella Opera House, Pella, IA.

Friday, April 26: Friendly Friday at North Scott Junior High, welcome students at 7:20 a.m.

Friday, April 26: At the Steeplegate, with Zoom option: **Mauricio Diaz**, Executive Director of Dress for Success, arranged by **Rita Rawson**.

Friday, April 26: presentation of Tom Goodall Community Fine Arts Awards, co-sponsored by North Scott Rotary and North Scott, at NSHS spring play.

Friday, April 26 and Saturday, April 27: District Conference for Rotary District 6420 (northern Illinois) at Stoney Creek Hotel & Conference Center, Moline, begins 4:30 p.m. Friday and ends 9:00 p.m. Saturday.

Friday, May 3: At the Steeplegate, with Zoom option, program TBA, **Scott Case**. Interact students in attendance.

Friday, May 10: At the Steeplegate, with Zoom option, **Rotary Foundation Day**, celebrating our Rotary Foundation and recognizing new- and next-level Paul Harris Fellows.

Friday, May 17: Board of directors meeting, 10:15 a.m., Steeplegate Inn. All members welcome to attend.

Friday, May 17: At the Steeplegate, with Zoom option, North Scott Rotary **Youth Day**, celebrating Youth and recognizing Youth programs and scholarship recipients.

May 25-29, Saturday through Monday: Rotary International Convention, Singapore.

Friday, May 31: At the Steeplegate, with Zoom option, program TBA, Bill Tubbs.

July 4-7, 2024: Rotary volunteers at John Deere Classic.

Thursday, July 26: Annual North Scott Rotary Corn Boil.

MARCH 15: TONY KNOBBE, "FIRE AND ICE"

Children come to Rotary during spring break

Notes from Bill Tubbs/Volunteer Editor

March 15, 2024: Attendance of 61 during spring break included young members of our Rotary family, with president-elect **Greg Schaapveld** conducting the meeting for **Tracy Lindaman**, who was enjoying her new granddaughter in South Dakota. **Marguerite Holzworth** played piano, **Kelly Meyer** led singing of "America the Beautiful," "Welcome Song" and "R-O-T-A-R-Y," and **Dick Cole** reflected about wonders of life: a newborn baby, a hand, a sunset, the tides, movies, perfume, laughing, smiling and love. **Tony Knobbe** introduced Visiting Rotarians and guests: **Jennifer Peters** and **Maria Erickson** (Rotary Club of Bettendorf), **Amy Simler** (Rotary Club of Moline), **DGN Norlan Hinke** (Rotary Club of Clinton), **Betsy Ill** (guest of **Jordan Williams**), **Fallon Cochuyt** (daughter of **Josie Cochuyt**), and **Sofia, Carl, Hans** and **Sasha Grunwald** (children of **Rily** and **Ardia Grunwald**). Attending by Zoom were **Merle Anderson, Dwayne Anderson, Charlie Jones, Katie White** and **Dr. Don Sierk**.

Announcements

President-Elect Greg announced that our meetings will be recorded by Zoom for members only, and saved for one month.

Four-Way Test Speech Contest: Jan Touney invited members to "just show up" for the Four-Way Test Speech Contest on Saturday, March 23, 9 a.m. at the NSHS library. "It's the easiest job you'll have."

Friendly Friday: Theresa White said it would be "nice to have some new people" at the North Scott Junior High on Friday morning, March 22, at 7:20 a.m. to welcome and support students at the beginning of their day.

Special Olympics: Kelly Meyer said Special Olympics track and field will be the morning of Saturday, April 6, at Central DeWitt School District, 331 E 8th St, DeWitt, because the North Scott track is under renovation. Volunteering at the softball throw is North Scott Rotary's longest-standing service project. "It's a big event." Watch for a signup sheet.

Police Lunch: President-Elect Greg said the next one will be March 28, 11:30 at the Davenport Police station, downtown Davenport, with food from **Jimmy Holt** and Barrell House. Contact **Pat Olsen** to sign up: 563-212-2533, or olsenpatrick@gmail.com.

Pay It Forward: Greg invited members to participate in "Pay It Forward" days March 21 at John Glenn Elementary in Donahue at 1:00 p.m. to support First Responders, and April 3 at Virgil Grissom Elementary in Princeton to support



Sergeant-at-arms **Josie Cochuyt's** helper was daughter **Fallon**, who said, in true Rotary fashion, "Give me a dollar!" Photo by Editor

the Quad City Animal Welfare Shelter. **Jan Touney** will have Interact students present to help at Grissom.

Blood Drive: Greg announced Rotarians are invited to participate in a group blood drive on April 15 at from 3 to 6 p.m. at the Holiday Inn, 4215 Elmore Ave., Davenport. See flyer with QR code for signup, p. 6.

Bettendorf Rotarians Jennifer Peters and **Maria Erickson** invited North Scott Rotarians to support FUNdraising events for the American Heart Association. The dates and places are with a picture on page 5 of this wnenewsletter.

Personals

Marcia Brandt asked support for **Michele Darland**. (Michele's father, **Richard D. Ocar**, 92, of Davenport, died March 17 at Clarissa Cook Hospice House. Visitation will be March 21, 4-6 p.m. at Halligan, and March 22, 9-10 a.m. at Halligan with time of sharing at 10 and burial at National Cemetery, Rock Island. *Our sincere sympathies, Michele!*)

Jordan Williams said there will a best-ball golf event May 18 at Rustic Ridge in Eldridge to benefit Eldridge Police. **Jordan** gave \$100 to Rotary because **Jim Smith** helped him get his Model T running in 20 minutes! *Thank you, Jordan!*

NOTES/continued on p. 4

MARCH 15: TONY KNOBBE, "FIRE AND ICE"

A new appreciation for Iowa's rich soil

NOTES, *continued*

Bill Tubbs reminded that the 66th Annual Show of the Quad City Chordbusters will be at 2 p.m. tomorrow at the Junior Theater on the Family Resources campus. Rotarian **Drew Wilson** is president.

Lori Rochau asked for prayers and support for "my good friend," North Scott Rotarian **Carolyn Scheibe**, who is under home hospice care. Her address is 27015 Glynns Creek Ct., Eldridge, IA 52748. Prayers for Carolyn!



Carolyn Scheibe

Dick Cole said he let his teaching license expire Dec. 30, a final (?) decision after a lifetime of vocational ed.

Sergeant-at-Arms Josie Cochuyt, assisted by her daughter, Fallon, raised \$60 in fun fines.

Program

Greg Schaapveld, introducing the program, said he's presided four times for Tracy and **Tony Knobbe** was a presenter three times. Thanks to **Jan Touney** for notes about Tony's presentation, "Fire and Ice."

By Jan Touney

Tony Knobbe gave fellow North Scott Rotarians a new appreciation of the rich soil we'll be turning over in our gardens and fields this spring with a fascinating lesson on Friday, March 15, of how it all came to be.

In a presentation titled, "Fire and Ice," Tony drew on his ag education at Iowa State University, his farming background and the influence of his father, and his respect for the work of Burlington, Iowa, native and noted conservationist **Aldo Leopold**.

Tony called his father his first teacher. "He was a philosophical guy and loved to share his wisdom," he said. "I learned a lot about farming and a lot about dirt."

Elected Scott County treasurer in 2022 after serving six years on the county board of supervisors, Tony said he's long been fascinated by the prairie ecosystem and how "we came to be blessed" with the rich soil we have in Scott County.

He elaborated on each of the major factors that led to the formation of Midwestern soil – parent material, glaciers,

loess, organic matter, fire and grazing.

The parent materials of any soils, he explained, are sand, silt and clay. The surface area of those particles plays a key factor in the fertility and the workability of the soil. A pound of clay has 1,000 times the surface area of a pound of sand, and it's the surface area where water and nutrients are attached in the soil.

"That's why sandy soils tend to be less fertile and less productive," he said.

In the Midwest, the glaciers were the prime factor that reduced mountains and boulders and other rock to sand, silt and clay. Slowly creeping across the prairie, the glaciers "in many different episodes" and some with ice a mile thick produced many different structures and features on the land.

One doesn't have to drive far from Scott County to find moraines and then even farther north to see other land formations.

The melt of the glaciers in spring and summer produced tremendous movement of water.



Tony Knobbe

"We think we have floods today on the Mississippi," he said. "Imagine ice a mile thick melting within a few weeks and all washing down." Major Midwestern rivers like the Mississippi, the Missouri, the Ohio and the Illinois are where they are because of where a glacier ended.

What that also produced were huge mud flats in the river bottoms. When they dried, the wind picked up the finest of the soil particles and deposited them throughout the Midwest. In western Iowa, he said, the loess can be as deep as 100 feet.

"Here, it's not uncommon to find loess five to six feet deep throughout much of Illinois and eastern Iowa," he said.

Organic matter, as anyone who works the soil knows, provides great advantages. It was long thought, he explained, that organic matter came about largely because of the buffalo "eating, pooping and tramping plant material into the soil." More recently, scientists have said "balderdash" to that and say that organic matter got so deep into the soil from the large root systems of prairie plants such as

MARCH 15: TONY KNOBBE, "FIRE AND ICE"

Fire and ice: Iowa's land

KNOBBE/continued

the compass plant and big bluestem, whose roots can go down 10 to 15 feet.

Moving to the role of fire, Tony noted that before Native Americans and European settlers arrived on the continent, prairie fires were started by lightning. Native Americans realized that bison loved to find places that had been burned recently because the grass that grows afterward "is very lush and very tender. It's great stuff to eat."

"There are a number of different factors when we think about fire. ... When you think about man that started a fire, maybe it occurs late in the fall, or over a vast area, or a little patch. Maybe it burns fast, or slowly. Every one of those scenarios produces a different effect on the plants that are there."

Grazing is important because it aerates the soil and clears out dead plant litter.

All of the factors have contributed to an incredible diversity of soil that we see. "We farmers know that in one 80-acre field, we might have half a dozen or a dozen different soil types."

BUFFET MENU, MARCH 22

Baked Potato bar with assorted toppings, Meatless Chili, Tossed salad, Coleslaw



Rotary was a family outing during spring break for member Ardita and Rily Grunwald, with children Sasha, 4, Hans, 6, Sofia, 11, and Carl, 9.

Photo by Editor



Bettendorf Rotarians Jennifer Peters and Maria Erickson invited North Scott Rotarians to fundraisers for the American Heart Association March 20, 4-6 p.m. at Crawford Brew, 3659 Devils Glen Rd., Bettendorf; March 26, 4-6 p.m. at Swirl Wine Bar, Bettendorf; and April 2, 5-7 p.m. at Red's Threads, 5043 Competiton Dr., Bettendorf. For information, call 815-590-1487.

Photo by Editor

CLUB SERVICE

REFLECTION

March 22: Scott Case
March 29: Tony Knobbe
April 5: eff Ashcraft
April 12: Deanna Jensen-Valliere
April 19: Josie Cochuyt
April 26: Chance Berger

SERGEANT-AT-ARMS

March 15: Josie Cochuyt
March 22: Pat Olsen
March 29: Ross Paustian
April 5: Deanna Jensen-Valliere
April 12: Dr. Brad Burt
April 19: Jeremy Kaiser
April 26: Sara Tomasson

GREETERS

March 22: Ardita Grunwald, Deanna Jensen-Valliere
March 29: Richard Horst, Patrick Olsen
April 5: Terrye Kishiue, Jody Johnston-Mohr

April 12: (offsite) Tracy Lindaman, Sean and Stephanie Eckhardt
April 19: Marcia Brandt, Leroy Paustian
April 26: Drew Wilson, Dale Grunwald

PIANO

March 22: Marguerite Holzworth
March 29: Ron May
April 5: Terri Wittkowski
April 12: (offsite meeting)
April 19: Tewanta Lopez
April 26: Marguerite Holzworth

SONG LEADER

March 22: Drew Wilson
March 29: John Maxwell
April 5: Sara Tomasson
April 12: (offsite meeting)
April 19: Jeff Ashcraft
April 26: Paul Holzworth

ROTARY READERS

The schedule is filled for Rotarians reading to students at John Glenn Elementary in Donahue at 11:00 a.m. for no more than a half hour on Wednesdays from March 20 to April 17, but John Maxwell said he will "work you in" if you want to read! Watch for an invitation to read to students at Alan Shepard Elementary in Long Grove and Ed White Elementary in Eldridge during April.

March 20: Jill Grunwald, Ardita Grunwald, Diane Cole
March 27: Tracy Lindaman, Theresa White, Tricia Kane
April 3: Eric Langan, Chris Connolly, Joe Stutting
April 10: Jan Touney, Katie White
April 17: Carrie Keppy, Bill Tubbs, Merle Anderson

MAKEUPS/ROTARY ENGAGEMENT

Please turn in makeups to Deb Peterson at: dennis.peterson1@gmail.com, or nsrotary@aol.com.

Wednesday, March 13: Mini-meet at Maloney's: (no report)
Friday, March 15: Merle Anderson (Rotary Club of Kino, Tucson, AZ.

NORTH SCOTT ROTARY CLOTHING



North Scott Rotary clothing –
To order these and others:

<https://empoweringabilities.org/north-scott-rotary/>

WHERE OTHER CLUBS MEET

Monday, Noon..... Clinton, Rastrelli's Restaurant, Lyons
Monday, Noon..... Davenport, Bittner YMCA
Monday, 12:10..... Muscatine, Rendevouz, 3127 Lucas St.
Monday, 12:15..... Moline, Trinity Lutheran, 1313 13th Av.
Monday, 6:00 p.m. Quad Cities Illinois, HyVee, Moline
Tuesday, Noon .. Rock Island, Quad-City Botanical Center
Tuesday, 7:15 p.m.....River Cities, Brothers Restaurant, Rapid City, Ill.
Wednesday, Noon.....Bettendorf, Tanglefoot Pavilion
Wednesday, Noon, 1st and 3rd Wednesdays
.....Tipton, 208 W. Fifth St., Tipton
Wednesday, Noon.....Maquoketa, Eagle's Club
Wednesday, 5:00 p.m. North Scott Rotary Mini-Meet, Maloney's, Eldridge
Thursday, 7:00 a.m. . Iowa Quad Cities, J-Bar, Elmore Ave.
Thursday, 12:15 p.m.East Moline, Christ United Methodist Church
Thursday, Noon Milan, Pinnacle Club
Friday, Noon North Scott, Steeplegate Inn, Davenport

District Celebration, Saturday, April 20

Pella Operahouse, Pella, Iowa

Save this date and connect with Rotarians for a day. Registration form is on page 9 of this newsletter.

ROTARY BLOOD DRIVE



Mark Your
Calendar
&
Sign Up Here:



ROTARY IMPACTS LIFE Blood Drive



April 15, 2024
3:00 PM – 6:00 PM

Holiday Inn | 4215 Elmore Ave, Davenport, IA





Rotary Foundation Matching Funds

North Scott Rotary has a proud tradition of support for programs of The Rotary Foundation of Rotary International. From now until April 19, your gift to advance to your next level of giving will be matched.

Example 1: Your cumulative giving is \$500. Your gift of \$250 will be matched to achieve \$1,000 Paul Harris Fellow recognition.

Example 2: Your cumulative giving is \$1,200. Your gift of \$400 will be matched to achieve \$2,000 Paul Harris Fellow + 1. Etc.

Club exec secretary (Deb) can tell you your cumulative giving total. Give your checks to Deb on or before April 19. Donors will be recognized at North Scott Rotary's Rotary Foundation Day, May 10.

The mission of The Rotary Foundation is to enable Rotarians to advance world understanding, goodwill, and peace through the improvement of health, the support of education, and the alleviation of poverty.

Rotary Foundation Recognition Levels:

\$1,000-1,999, PHF, original PHF pin
\$2,000-2,999, PHF+1, one sapphire
\$3,000-3,999, PHF+2, two sapphires
\$4,000-4,999, PHF+3, three sapphires
\$5,000-5,999, PHF+4, four sapphires
\$6,000-6,999, PHF+5, five sapphires
\$7,000-7,999, PHF+6, one ruby
\$8,000-8,999, PHF+7, two rubies
\$9,000-9,999, PHF+8, three rubies
\$10,000-24,999, Major Donor level 1, one diamond
\$25,000-49,999, Major Donor level 2, two diamonds
\$50,000-99,999, Major Donor level 3, three diamonds
\$100,000-249,999, Major Donor level 4, four diamonds
\$250,000-499,999, Arch Klumph Society Trustees' Circle
\$500,000-999,000, Arch Klumph Society Chair's Circle
\$1,000,000+, Arch Klumph Society Foundation Circle

The Rotary Foundation of Rotary International receives Charity Navigator's highest rating of 4-Stars annually for efficiency and transparency and is ranked in Charity Navigator's top 5 foundations in the world of more than 5,000 that are rated!

The Rotary Foundation's Areas of Focus:

- 1. Maternal and Child Health.**
- 2. Water and Sanitation.**
- 3. Disease Prevention and Treatment.**
- 4. Basic Education and Literacy.**
- 5. Economic-Community Development.**
- 6. Peace and Conflict Resolution.**
- 7. Environment Protection.**

