



Prez Sez

Bill D. Corwin

Thanks to everyone who has been selling and talking about the tickets for the past few months. We are in the home stretch on our main fund raiser for the year. Joe Kobes once again organized the events precisely and professionally.

On Saturday, Joe had us set up to sell at Fareway foods on 86th and Meredith. We were there from 9 -3. We showed off the new tent to the community and did make some sales. Joe, Bill D., Beth Goedken and Jenifer M-K all had shifts at Fareway. Lisa Corwin stopped by and brought B-Bops for Bill and Joe, as they were both 9-5 on the schedule. Diane Downing stopped to check in for a while, as well. At about 1 PM we had some visitors from the HyVee selling crew and heard that things were really on fire over there. Some of the logistics at Fareway really hampered sales at that location, compared to at HyVee. At 3 PM we decided to tear down Fareway early and focus the rest of the day at HyVee. That proved to be a very good decision.

HyVee was on fire all day. The day opened with Shannon Heinen, Ed Arnold, and Bill W. We had a great spot just inside the two main entrances in the store. HyVee was very good to us again this year. Wendy Wilson, Jack Bell and Larry Sample also had shifts at HyVee on Saturday. Everyone said as usual our Ed Arnold was on fire for selling for the kids. When Joe and I arrived, the number of tickets sold at HyVee was 10 times the number we had sold at Fareway. Joe, Larry and I finished out the day at HyVee and packed up around 5 PM. The Club raised a staggering \$4,000.00 in that one day.

Sunday we were 100 percent at HyVee. Shannon, Bill D. and Bill W. got things going. Time seemed to fly by. Jack Bell, Wendy Wilson, Joe Kobes and Jenifer M-K were also around the next few shifts and sales just kept booming. Diane Downing stopped in again and we put her to work filling out tickets and processing cards for as long as she could stay. We finished up the day at 5 PM on Sunday and the Club for sure had a great couple of days of fund raising and being out in the community as Rotarians.

I experienced this and I know others did as well. People really thanked us for doing what we do for the kids. At HyVee people remember supporting us in years past. We had teachers and people who had benefited from the coat project supporting us with donations and purchasing raffle tickets. Rotarians from other clubs stopped by and helped us out with ticket purchases and donations. The feedback I got and heard from others from the HyVee and the Fareway shoppers was positive towards the cause and towards our Club for taking it on.

I know for everyone involved it was a long weekend of work. I also know that everyone was supporting our Club and our ability to do the projects we have done in the past and want to continue. Thanks to everyone who helped this weekend and everyone who has sold tickets to benefit the Club. We are now in the home stretch. The drawings are Friday and we have invited all the raffle participants to our lunch to watch the live drawings during the meeting.

I am very proud of the Club's efforts again this year and I am certain that your work will help us do good in the world in the not too distant future.

Thanks for all the good you do in the world every day.

Bill D. Corwin



June 3, 2022

This Week's Program:

Jenna Ekstrom

DM Habitat for Humanity

Arranged By:

Ed Arnold

Greeter:

Joe Kobes

Invocation:

Dan Boes

Sergeant:

Kelly Peterson

Scribe:

Helen Turner

2021-22 Officers & Directors

Bill D. Corwin, President

Kelly Peterson, President Elect

Bill W. Corwin, Treasurer

Dianne Downing, Secretary

Ed Arnold, Board Member

Eric Idehen, Board Member

Donna Larson, Board Member

Tim Olejniczak, Board Member

Kyle Pieper, Board Member

Beth Goedken, Past President

Future Programs

6/10: Tim Krueger
Harvest Academy
Therapeutic Community

6/17: Steve Alcorn
Heartland Greyhound
Adoption

Other Locations

Monday

West Polk County, Toyota of Des Moines, (Noon)

Tuesday

Ankeny, Ankeny Golf & Country Club, (11:45)

Johnston, Hyperion Golf & CC, (7:00 am)

Dallas Center, Memorial Hall, (Noon)

Norwalk, Echo Valley Golf Course, (6:30 am)

West Des Moines, DM Golf & CC, (Noon)

Wednesday

East Polk County, Caring Hands, (7:00 am)

Adel, Patrick's Restaurant, 211 S 7th St, #C, (Noon)

The Greater Des Moines Club, check the District 6000 website for time and location

Thursday

Waukee, Des Moines Golf & Country Club, (6:45 am)

Des Moines, Embassy Club - Ruan Bldg, (Noon)

Winterset, Pizza Ranch, (Noon)

Friday

Des Moines, AM, Drake University - Courtside Club (7:00 am)



Birthdays

June 1

Mark McAndrews

Items for the Nor'Wester should be submitted
by end of the day each Monday. Please send to:

**Jenifer Mercer-
Klimowski**

Phone: 515-490-3539

elliottspudmom@yahoo.com

Scribbles

Megan Benzing - Alzheimer's Association

Megan spoke to us about Alzheimer's and various other kinds of dementia, which include vascular, dementia with Lewy Bodies, and frontotemporal dementia.



Alzheimer's is named for Alois Alzheimer, who developed the specific diagnosis in approximately 1907, following several years' study of a dementia patient. Alzheimer's is a progressive brain disease that affects memory, thinking and behavior. It causes nerve cells in the brain to die, resulting in loss of function and communication. It has impacts on memory, thinking, reasoning, and even, eventually, swallowing.

Age is the greatest factor, with most patients developing the condition after age 65, although there have been diagnoses of "early onset" for patients in their 40's and 50's. Family history may also be an indicator: if you have relatives who have developed the disease, you may be more likely to develop it. Certain population groups are also at higher risk, with Hispanics being 1.5 times more likely to develop it, African-Americans are twice as likely, and 2/3 of its victims are women - although this may be more a factor of women still having longer lifespans than men, so they have more opportunity for it to develop. More than six million Americans are living with some stage of Alzheimer's. It is also associated with higher rates of cardiovascular disease.

No two people with Alzheimer's experience the same progression. The condition is a continuum, usually lasting four to eight years past diagnosis, but some people live with it for as much as 20 years. It goes through three broad phases: 1) Asymptomatic, where it doesn't really show; 2) Mild symptoms, where patients can generally continue to function independently; 3) More serious changes in memory and behavior, from mild to severe, eventually interfering with daily functions. This

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Future Information



Ed Arnold - Program Chair

<i>Program</i>	<i>Greeter</i>	<i>Invocation</i>	<i>Sergeant</i>	<i>Scribe</i>
June 10 - Harvest Academy	Jake Heston	Doyle Sanders	Kyle Pieper	Wendi Wilson
June 17 - TBA	Derek Sparks	Dianne Downing	Brad Helgemo	Jim Lipscomb
June 24 - TBA	Jack Bell	Leray Glendenning	Eric Idehen	Mark McAndrews
<i>Can't complete your assigned duty? Please assist Bill D. by finding your substitute!</i>				



SERVE TO CHANGE LIVES

Nor'Wester

Rotary Club of Northwest Des Moines

www.clubrunner.ca/northwestdesmoines / Fridays @ Noon - UGCC 4000-86th St. Urbandale

Raffle Days!



Our worker bees were out in full force selling Raffle Tickets last week! Thanks to everyone who is helping to make this event a success!!

Scribbles continued...

progression also affects the role of caregivers. There are four FDA-approved medications, but these only address the symptoms, not the underlying medical causes. Early intervention also helps, with lifestyle factors, nutrition, and aggressive cardio treatments having shown to be helpful.

The Association acts as a resource and advocacy service. It runs a 24/7 telephone helpline (1-800-272-3900). It promotes participation in clinical trials, and can give referrals to support groups and other community-based services (Community Resource Finder). Visit its website at <http://www.alz.org>.

Scribe, Jenifer Mercer-Klimowski



Upcoming Events

Installation Dinner -
for Kelly Peterson
Thursday, June 23rd

Board Meeting
Thursday, June 23 - 11:45 at UGCC