



# Nor'Wester

Rotary Club of Northwest Des Moines

www.clubrunner.ca/northwestdesmoines / Fridays @ 11:45 - Cozy Cafe 8535 Birchwood Ct.

August 1, 2025

*This Week's Program:*

**Jerry Holub**  
Holub Greenhouse

*Arranged By:*  
Dianne Downing

Greeter:

Tim Olejniczak

Invocation:

Leray Glendenning

Sergeant:

Kelly Peterson

Scribe:

Marv Johnson

*Future Programs*

**8/8:** Norlan Hinke  
District Governor

**8/15:** Joe Stevens  
Joppa Tour

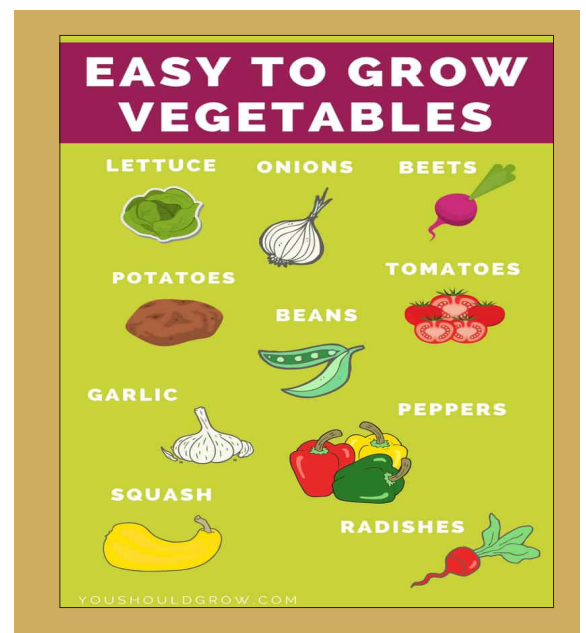
## Message from the President

Dianne Downing

Thanks to everybody that helped with my Rotary duties last week. I had a tough week. I was sick all week. Last Sunday, my heart afibbed. I took a bunch of meds to help my heart which caused me to have gout in my right foot. The gout was so bad and intense that I could not put any weight on it and get out of bed. So I called my doctor and I got a pill to help the gout. In addition I drank a bunch of cherry juice, not realizing that the cherry juice would make me sick to my stomach. So for three days I had stuff coming out both ends. My husband is a SAINT! On Saturday I finally started to feel better. Since I haven't been able to keep anything down, it's been a heck of a weight loss plan.



I'm really excited to hear today's speaker Jerry Holub. He has a great greenhouse in Ames, but he also during the summer has a tent on Merle Hay. Which if you look at my picture, you can see I spend a lot of time with Jerry during the summer. I love his plants and I love my backyard and so I hope you really enjoy his presentation today. Again thanks everybody for your help and understanding.





### 2025-26 Officers & Directors

Dianne Downing, President  
 Wendi Wilson, President Elect  
 Bill W. Corwin, Treasurer  
 Bill W. Corwin, Secretary  
 Ed Arnold, Board Member  
 Bill D. Corwin, Board Member  
 Tony Hunt, Board Member  
 Kelly Peterson, Board Member  
 Tim Olejniczak, Past President

## Other Locations

### Monday

West Polk County, Food Depot, 3000 SE Grimes Blvd, Suite 200 in Grimes (Noon)

### Tuesday

Ankeny, Ankeny Golf & Country Club, (11:45)  
 Ankeny, Magee's Irish Pub, (6:00 pm)  
 Johnston, Hyperion Golf & CC, (7:00 am)  
 Dallas Center, Memorial Hall, (Noon)  
 Norwalk, City State Bank, (Noon)  
 West Des Moines, DM Golf & CC, (Noon)

### Wednesday

East Polk County, Lutheran Church of the Cross (7:00 am)  
 Adel, Adel Public Library, 303 S. 10th St. (Noon)

### Thursday

Waukee, Des Moines Golf & Country Club, (6:45 am)  
 Des Moines, Embassy Club - Ruan Bldg, (Noon)  
 Winterset, Pizza Ranch, (Noon)  
 Rotary Club of HOPE, First & Third Thursday of Month  
 (5:30 pm - Virtual Zoom Meeting)

### Friday

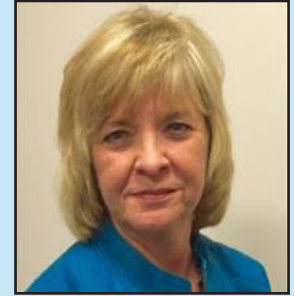
Des Moines, AM, Downtown Holiday Inn – Mercy, (7:00 am)

## Upcoming Events

**Golf Outing** Friday, September 12th

## Scribbles

*Betty Devine*  
 Urbandale Community  
 Action Network  
 (UCAN)



Betty Devine from Urbandale Community Action Network (UCAN) spoke to the group today. UCAN has recently relocated to Cedar Ridge Shopping Center at 7501 Douglas Ave, Suite 16 in Urbandale. Their main focus involves helping others. For Urbandale Seniors they provide help with transportation, food delivery and fall and spring yard clean-up. For Urbandale Children and Families, they provide back to school supplies, weekend meal packs, and at the holidays, an adopt-a-family program for families in need. UCAN also helps provide winter clothing accessories such as hats, gloves, snow pants and boots.



Urbandale Community  
 Action Network

## Anniversary

Leray Glendenning 29 Years  
 Bill Grask 26 Years



Future Info

### Ed Arnold - Program Chair

	Greeter	Invocation	Sergeant	Scribe
Aug 8	Kelly Peterson	Bill Grask	Doyle Sanders	Joe Kobes
Aug 15	Doyle Sanders	Tony Hunt	Julia Taylor	Mark McAndrews
Aug 22	Julia Taylor	Marv Johnson	Wendi Wilson	Tim Olejniczak

Can't complete your assigned duty? Please assist by finding your substitute!

Items for the Nor'Wester should be submitted by end of the day each Monday. Please send to:

**Dianne Downing**

iowagirlddn@gmail.com

