



Nor'Wester

Rotary Club of Northwest Des Moines

www.clubrunner.ca/northwestdesmoines / Fridays @ Noon - UGCC 4000-86th St. Urbandale

Prez Sez

Leray Glendenning



"Our club has a lot of MFLO's," said the Rotary leader in a meeting that I attended. MFLO's? I wondered what he meant, "Members Funding Lease Options"? What DID he mean?

As the opportunity to speak continued, other leaders described the many projects in which their clubs are involved. No one else mentioned having any MFLO's. So what DID it mean – "Money For Luxury Options"?

My mind began to think about all the volunteers and volunteer hours that our Club is accumulating: A golf tournament to raise funds for various community projects, CFUM in alternate months (do you know what that means?), Operation Warm Coats this fall, upcoming Jolly Holiday Lights on December 12, Salvation Army Bell-ringers on December 2, Mayor's Bike Ride in May 2018, Polio Plus/Wolves game on February 3, 2018 and more

to come. I thought about the many opportunities to learn more about the work of Rotary at the upcoming One Rotary Summit on October 12 (pre-registration deadline Oct. 9), the Rotary International Convention in Toronto, June 23-27, 2018, and other District opportunities in the Spring. But I was still wondering did this have anything to do with MFLO's? I thought of our Club goal for this year: "Every member become involved and participate in at least two projects during this fiscal year." I thought about President Ian Riseley's goal of tracking all the volunteers and volunteer hours of each club throughout this year. But what does any of this have to do with being an "MFLO"? And then I learned that an MFLO is a "Member For Lunch Only." Do we have any of those? Not if all of us will all accept the goal of participation and involvement. If we do, we redefine an MFLO as "Members Fully Leading in Opportunities" to do good in the world and to make a difference! And we are well on our way with over 100 volunteers and close to 300 volunteer hours since July 1. Let's keep up the good work!

Scribbles...

Randy Brown *Rebound Forward*

At today's meeting, Ed Arnold reported on last week's golf outing, which was another successful event, raising funds for the Club's service projects while providing fun and recreation for our friends and fellow Rotarians. Club President Glendenning thanked Ed, acknowledging his leadership and hard work.

Ed reported that the worldwide number of new cases of Polio this still stands at 10. We are very close to the goal of complete eradication of this crippling disease.

Doyle Sanders reported that there are still quite a few members who have not turned in the form indicating how they want their Rotary Foundation recognition points assigned. Please take care of this, if you haven't already.

Our speaker was Coach Randy Brown, who presented a motivational speech on

rebounding from life's devastating losses. His address shared his perspective on hitting the height in his professional accomplishment, the deepest throes of grief, and the ending of his struggle with addiction. By sharing details of his struggle, he presented his message of the way he has found to deal with adversity. He admitted that he hasn't always dealt with problems appropriately, but said that he had learned some valuable lessons from his experience. The key is that, just as in a sport, in life "if we're going to come back, we have to get up." He pointed out that all of us face adversity many times over in our life. If we learn from our experience with adversity, this is a gift. We can share this gift with the young people in our life, giving them direction on handling adversity when they encounter it.



Scribe, Jim Arthur

September 29, 2017

This Week's Program:

Sam Carrell
Water Works Foundation

Arranged By:

Beth Goedken

Greeter:

Jenifer M-K

Invocation:

Doyle Sanders

Sergeant:

Rod Ruppel

Scribe:

Wyatt Earp

2017-18 Officers & Directors

Leray Glendenning, President

Penny Luthens, President Elect

Bill Corwin, Treasurer

Dianne D-Nelson, Secretary

Doyle Sanders, Rotary Foundation

Wendi Wilson, Int' Service

Ed Arnold - Membership

Mark McAndrews, Youth Services

Kasey Vogel, Public Image

Beth Goedken, Programs

Brenda A-M, Past President

Future Programs

10/6: TBA

10/13: Rob Denson
DMACC

10/20: District Governor
*Board will meet with the
Governor at 10:15 at
UGCC.*

Other Locations

Monday

West Polk County, Toyota of Des Moines, (Noon)

Tuesday

Ankeny, Ankeny Golf & Country Club, (11:45)

Johnston, Hyperion Golf & CC, (7:00 am)

Dallas Center, Memorial Hall, (Noon)

Norwalk, Echo Valley Golf Course, (6:30 am)

West Des Moines, DM Golf & CC, (Noon)

Wednesday

East Polk County, Prairie Meadows, (7:00 am)

Adel, Patrick's Restaurant, 211 S 7th St, #C, (Noon)

The Greater Des Moines Club, check the District 6000 website for time and location

Thursday

Waukee, Des Moines Golf & Country Club, (6:45 am)

Des Moines, Wakonda Club, (Noon)

Winterset, Pizza Ranch, (Noon)

Friday

Des Moines, AM, Wakonda Club at 3915 Fleur Dr. (7:00 am)

Upcoming Events

One Rotary Summit

October 12 - Shive-Hattery in West Des Moines
Registration by October 9 <http://rotary6000.org/event/one-rotary-summit---west-des-moines-1/> No charge

District Governor Visit to our Club
October 20th Meeting

Items for the Nor'Wester should be submitted by end of the day each Monday. Please send to:

Jenifer Mercer-Klimowski

Phone: 515-237-2203 Fax: 515-237-2283
jmercerc-klimowski@emcnl.com

This & That

Highlights from Rotary Board Meeting

- Laura Holms has accepted the position of Chairperson of the Mayor's Bike Ride Committee.

- A donation of \$1,000 will be given to the Terrace Hill Piano Competition, with the condition that the competition includes Rotary branding as part of their advertisement.

- A recommendation was made to the Service Above Self Board that we provide \$2000 to the International Project, "Teach a Man to Fish." This project is being funded by a matching grant from the Rotary Foundation in partnership with other Rotary Clubs and Blessman Ministries. This project teaches young people in South Africa to become self-sustaining through effective farming.

One Rotary Summit

Would you like to know more about Rotary? Need a make-up for attendance? You have the opportunity to attend District 6000 Fall Training event, **ONE ROTARY SUMMIT**, on Thursday, October 12, at the Shive-Hattery, Inc. office building. A light supper will be served at 5:30 and program from 6-8:30. This event is FREE but advanced registration is required to plan for food and sufficient seating. You learn how to be an effective leader in Rotary, engage in fresh thinking and take home hands-on tools to strengthen your membership in Rotary. This is for ALL ROTARIANS! Please contact Leray Glendenning if you would like to attend, or register online at: <http://rotary6000.org/event/one-rotary-summit---west-des-moines-1/> by October 9.



Future Information



Beth Goedken - Program Chair

| <u>Program</u> | <u>Greeter</u> | <u>Invocation</u> | <u>Sergeant</u> | <u>Scribe</u> |
|--|-----------------|-------------------|-----------------|---------------|
| Oct 6 - TBA | Dianne D-Nelson | Bill Corwin | Mark McAndrews | Beth Goedken |
| Oct 13 - DMACC | Bob Moore | David Crandall | Laura Holmes | Jim Arthur |
| Oct 20 - District Governor | Roger Nyberg | Diana Reed | Kasey Vogel | Jim Arthur |
| <p><i>Can't complete your assigned duty?</i> Please assist Leray by finding your substitute!</p> <p>Email that information to lglendenni@aol.com also please cc Jenifer Mercer-Klimowski - jmercerc-klimowski@emcnl.com.</p> | | | | |



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WE STILL NEED BIKES! Have you got yours?

Strong As a Buffalo

Buffalo Bicycles are durable, featuring steel alloy frames, forks and spokes and a rear carrier capacity rated to 100kg. Weighing in at 5kg (a complete bike is 24kg), the heft of the steel frame is not a hindrance but evidence of the bicycle's strength. WBR is committed to using high-quality, well-designed parts. This improves the bicycle's functionality, reliability and strength, and keeps more Buffalo Bicycles on the road.

Good For the Long Haul

The Buffalo Bicycle is engineered for more tasks, serving as a powerful economic engine in rural communities. The specially designed frame, carrier and stand of the Buffalo Bicycle provide the stability needed to support big loads and passengers over long distances in remote areas. The short dipping top tube offers a preferred upright riding position for both men and women and allows easier mounting, especially when under load. The carrier's rigidity coupled with the frame make load carrying much more stable. The center stand simplifies loading for heavy or bulky cargo.

Simple to Maintain

The Buffalo Bicycle is deliberately compatible with locally available spare parts, requiring only basic tools for maintenance and repair. WBR operates a Field Mechanic Training Program to help keep the bicycles rolling, using a universal training manual that instructs with pictures and diagrams rather than words. To date, over 1,000 field mechanics have been trained, offering riders access to local maintenance.



Join us to put **The Power of Bicycles** into the hands of students, healthcare workers and entrepreneurs!

World Bicycle Relief builds & distributes locally assembled bicycles through study-to-own and work-to-own programs.

Join other Rotary Members and donate \$147 to purchase a Buffalo Bicycle to honor our good friend Chuck!

