



Nor'Wester

Rotary Club of Northwest Des Moines

www.clubrunner.ca/northwestdesmoines / Fridays @ 11:45 - Cozy Cafe 8535 Birchwood Ct.

October 23, 2026

This Week's Program:

**Ed Arnold
World Polio Day**

Greeter:

Doyle Sanders

Invocation:

Mark McAndrews

Sergeant:

Jeff Bremer

Scribe:

Leray Glendenning

Future Programs

10/30: Marquel Stuedmann &
Liz Keller
Golden Concierge Business

11/6: Bennett Buckley
Introductions Real Estate

Message from the President

Wendi Wilson

We had a wonderful club assembly meeting this past week, where we successfully completed two meaningful service projects. First, Justin and Julia brought in books to label and distribute to at-risk Pre-K students. We have supported this program for many years, and it is always such a blessing to see the impact on these children; this time, most students received six books and a colorful bag. Second, we wrote thank-you notes to the officers of the Urbandale Police Department in anticipation of November 2nd, which marks the 10th anniversary of the passing of Officer Justin Martin. I plan to drop those off at the Police Station later this week.



Our clothing drive benefiting JOPPA also kicked off last week at LifeTime Fitness. We have club members lined up to collect donations each week through November. Additionally, we have Urbandale Uplift and World Food Prize meal packaging occurring this week. This Friday, our program will focus on Polio, a subject near and dear to our hearts. Furthermore, our winter coats have arrived, been sorted, and will be distributed to Urbandale schools this week. A big thank you to everyone who is helping out this month! It is a fun and rewarding time to be involved in the Rotary Club of Northwest Des Moines!

If you have a project you would like our club to support this Rotary year, please reach out to me or any board member so we can consider it going forward.

Jalapeño Popper Football Cheese Ball



Ingredients: 16 oz. cream cheese, softened
1 cup cheddar cheese, shredded
½ cup Monterey jack cheese, shredded (*plus extra to make the "laces"*)
½ cup pickled jalapeños, chopped
1 fresh jalapeño, deseeded & finely diced
¼ cup green onion, sliced
8-10 slices of bacon, cooked & cooled
½ tsp garlic powder & ¼ cup chopped pecans

Instructions: Mix your chopped pecans, fresh jalapeño and half of your bacon together in a bowl then set aside. (This is your outer coating!)

Next mix your cream cheese, cheddar cheese, Monterey jack cheese, pickled jalapeños, green onion, garlic powder and the remaining bacon together in a large bowl.

Roll the mixture into a ball, place it on a tray and form it into the shape of a football. Sprinkle your coating over the top and all around the sides pressing in slightly to help it stick to cheese ball.

Then cut one long strip and 4 smaller strips of your leftover Monterey jack cheese and lay them on top of your cheese ball to form the "laces". Then serve!

**CREATE
LASTING
IMPACT**



2026-27 Officers & Directors

Wendi Wilson, President
Mark McAndrews, President Elect
Bill W. Corwin, Treasurer
Bill W. Corwin, Secretary
Ed Arnold, Board Member
Bill D. Corwin, Board Member
Tony Hunt, Board Member
Kelly Peterson, Board Member
Dianne Downing, Past President

Other Locations

Monday

West Polk County, Food Depot, 3000 SE Grimes Blvd, Suite 200 in Grimes (Noon)

Tuesday

Ankeny, Ankeny Golf & Country Club, (11:45)
Ankeny, Magee's Irish Pub, (6:00 pm)
Johnston, Hyperion Golf & CC, (7:00 am)
Dallas Center, Memorial Hall, (Noon)
Norwalk, City State Bank, (Noon)
West Des Moines, DM Golf & CC, (Noon)

Wednesday

East Polk County, Lutheran Church of the Cross (7:00 am)
Adel, Adel Public Library, 303 S. 10th St. (Noon)

Thursday

Waukee, Des Moines Golf & Country Club, (6:45 am)
Des Moines, Embassy Club - Ruan Bldg, (Noon)
Winterset, Pizza Ranch, (Noon)
Rotary Club of HOPE, First & Third Thursday of Month
(5:30 pm - Virtual Zoom Meeting)

Friday

Des Moines, AM, Wakonda Club, (7:00 am)

Upcoming Events

Clothing Drive - October 13-Nov 3 at Lifetime

World Polio Day Presentation - October 23th.

Rotary Projects around the Globe

Learn how Rotary clubs are taking action in Bolivia and Australia to end Polio

Bolivia

Rotaract Club of La Paz, in collaboration with local Interactors, hosted Paws Against Polio, a lively community fair and dog show dedicated to raising funds and awareness for polio eradication. Visitors enjoyed educational carnival-style



games about polio eradication, a bake sale, a dog adoption booth in partnership with a local animal shelter, and raffle drawings that awarded Rotaract merchandise and souvenirs. "The highlight was the dog parade," says Christopher Mamani Quispe, the club's president, "where registered furry participants competed for prizes — including veterinary consultations and dog-friendly cakes — for the cutest outfits and best tricks." Throughout the day, volunteers shared information about Rotary's global efforts to eradicate polio and encouraged attendees to support the campaign.

Australia

For the first three weeks of December, Rotary Club of Darwin Sunrise sells tinned Christmas cakes to raise money for the End Polio Now campaign. The sales have been an annual effort



since the club was chartered nearly 40 years ago. The club fulfills orders from local businesses, civic organizations, and the Northern Territory government, which since 2020 has purchased the cakes as gifts for older adults living in public housing. Club members set up their booth outside a local gourmet shop in a market district of the city, attempting to tap into the shop's customer base. "Maybe that group of people nearing our table will stop and buy a Christmas cake. No, they're on the way to Parap Fine Foods, never mind," says club member Brian Devlin. "There is always the next person. We always do well for PolioPlus."

Future Info

Bill D. Corwin - Program Chair

	Greeter	Invocation	Sergeant	Scribe
Oct 30	Jack Bell	Tim Olejniczak	Brad Helgemo	Tony Hunt
Nov 6	Dan Boes	Kelly Peterson	Bill D. Corwin	Mark McAndrews
Nov 13	Justin Nickel	Doyle Sanders	Dianne Downing	Tim Olejniczak

Can't complete your assigned duty? Please assist by finding your substitute!

Items for the Nor'Wester should be submitted by end of the day each Monday. Please send to:

Wendi Wilson

wwilsonod@gmail.com



NORTHWEST ROTARY CLUB • P.O. Box 3715 • Urbandale, IA 50323