



# Nor'Wester

Rotary Club of Northwest Des Moines

[www.clubrunner.ca/northwestdesmoines](http://www.clubrunner.ca/northwestdesmoines) / Fridays @ Noon - UGCC 4000-86th St. Urbandale

## Prez Sez

Kelly Peterson

Hmm what to write about... Today is MLK day, and our last speaker spoke about the new rec center. This made me think about community coming together over social issues, quality of life, change. Some are still resistant to change, others embrace it. It baffles me that women have only been a part of Rotary since 1987! But as I think about all that Rotary does to create change which provides quality of life through clean water, health, education, peace, economic development, and protecting the environment I am reminded why I've been a part of Rotary for over 20 years. As I research all the events that are sponsored by Rotary clubs, so many of them revolve around recreation- golf tournaments, runs, pickleball and softball tournaments, bowling leagues, and don't forget the Wolves Polio Night basketball game on February 4th ...all creating the change in world that we aspire to as Rotarians. Well that's my random thoughts for the week brought together by the work we do and who we are as Rotarians.



Yours in Service, Kelly

## Scribbles...

### Jan Herke - Urbandale Community Rec Complex



Jan Herke, Urbandale's Director of Parks and Recreation, gave the club an overview of the planning, design, funding and features of a proposed Community Recreation Complex. The idea of a recreation complex has been kicking around in various ways for at least the last decade. Before developing a plan, the city commissioned a scientifically representative survey of over 1,000 residents to determine the most important features to the residents of Urbandale and the values residents placed on each feature.

The proposed complex will be in the Walnut Creek Regional Park at 152nd and Meredith Drive. The geographic center of Urbandale is just west of 80/35 near Douglas Avenue. The population center is still east of the Interstate, but since new development is mostly to the west that will likely shift over time.

The planned indoor amenities include: a walking track; three gym courts - basketball, pickleball, etc.; indoor playground; community rooms and meeting spaces; and multiple rooms for recreational programming. Outdoor amenities include: pickleball courts; a splash pad; regional sized playground; and shaded gathering spaces.

Construction of the complex will be funded by a bond referendum that is up for a vote on March 7th. The bonding request is for an amount up to \$43 million and requires a 60% super majority to pass. The complex will not offer memberships, but may charge drop-in fees for some activities as well as rental fees for using some of the spaces (proposed fees will vary between non-profit groups and others).

All citizens are encouraged to be informed and to vote on March 7th. More information can be found at: [www.urbandale.org/uplex](http://www.urbandale.org/uplex).

Scribe, Mark McAndrews

January 20, 2023

*This Week's Program:*

Troy Peterson  
Valorfit

Arranged By:

Ed Arnold

Greeter:

Derek Sparks

Invocation:

Leray Glendenning

Sergeant:

Ntwari Gakunzi

Scribe:

Bob Moore

### 2022-23 Officers & Directors

Kelly Peterson, President

Jack Bell, President Elect

Bill W. Corwin, Treasurer

Dianne Downing, Secretary

Ed Arnold, Board Member

Eric Idehen, Board Member

Donna Larson, Board Member

Tim Olejniczak, Board Member

Kyle Pieper, Board Member

Larry Sample, Board Member

Bill D. Corwin, Past President

### Future Programs

1/27: Bob Mulqueen  
VISTA/Americorps

2/3: TBA

## Other Locations

### Monday

West Polk County, Toyota of Des Moines, (Noon)

### Tuesday

Ankeny, Ankeny Golf & Country Club, (11:45)

Johnston, Hyperion Golf & CC, (7:00 am)

Dallas Center, Memorial Hall, (Noon)

Norwalk, Echo Valley Golf Course, (6:30 am)

West Des Moines, DM Golf & CC, (Noon)

### Wednesday

East Polk County, Caring Hands, (7:00 am)

Adel, Patrick's Restaurant, 211 S 7th St, #C, (Noon)

The Greater Des Moines Club, check the District 6000 website for time and location

### Thursday

Waukee, Des Moines Golf & Country Club, (6:45 am)

Des Moines, Embassy Club - Ruan Bldg, (Noon)

Winterset, Pizza Ranch, (Noon)

### Friday

Des Moines, AM, Drake University - Courtside Club (7:00 am)

## Upcoming Events

### St. Vincent's Work Day

Tuesday, January 31st - 4:00 - Sign up online

### Iowa Wolves Polio Plus Basketball Night

Saturday, February 4, 2023 @ 7:00 PM

### DEI Summit (virtual)

Saturday, February 11 @ 9:00-10:30 AM

### Regional District Conference

4/29/2023 5:00-8:30 Hilton Garden Inn  
online registration at the rotary6000.org webpage

## This & That

### **IDEAS: ROTARY AROUND THE WORLD**

**United States** The Rotary Club of Conway-Morning, Arkansas, is aiming to deliver birthday messages to every child and young adult in the state's foster care system. Between January and September, more than 2,100 cards had been mailed, with an anticipated 3,700 individuals to be reached annually. "These children already face great uncertainty and disappointments in their lives, and I strongly believe that to consistently remember them on their special day would give them hope to go on, and to show that others around them genuinely care for them," says Mike Altland, a club member who started the campaign. A dozen or so Rotarian volunteers coordinate writing and forwarding cards to foster homes with the Arkansas Division of Children and Family Services and The Call, a statewide nonprofit that works with churches to match children with families. American Greetings, which operates a production facility in the area, donated a supply of cards and envelopes expected to last nearly two years, Altland says.

**Mexico** The Rotary Club of Guadalajara Internacional in March began training girls from the city's underserved communities in the Korean martial art of taekwondo. The Reconoce Tu Poder, or Recognize Your Power, program has trained dozens of girls, says creator Bertha Sánchez García, the club's immediate past president. Sánchez García, a brown belt in the discipline, and Zulema Fernández Sariñana, a member of the Rotary Club of Guadalajara, developed a manual and a training regimen with the assistance of Patricia Mariscal Alcalá, an Olympian who is one of Mexico's most accomplished female taekwondo athletes. "At the end of the program, each girl knows that she is capable of knocking down her obstacles by breaking a board with a kick," says Sánchez García. The effort has been replicated by clubs in two other Mexican towns as well as in India.

Items for the Nor'Wester should be submitted by end of the day each Monday. Please send to:

**Kelly Peterson**

kelpete12@yahoo.com

## Future Information



### Ed Arnold - Program Chair

	<u><b>Greeter</b></u>	<u><b>Invocation</b></u>	<u><b>Sergeant</b></u>	<u><b>Scribe</b></u>
Jan. 27	Larry Sample	Bill D. Corwin	Marv Johnson	Tim Olejniczak
Feb. 3	Julia Taylor	Bill Grask	Doyle Sanders	Jack Bell
Feb. 10	Wendi Wilson	Shannon Heinen	Dan Boes	Kyle Pieper
Can't complete your assigned duty? Please assist Kelly Peterson by finding your substitute!				