



Nor'Wester

Rotary Club of Northwest Des Moines

www.clubrunner.ca/northwestdesmoines / Fridays @ Noon - UGCC 4000-86th St. Urbandale

Prez Sez

Jack Bell

"I've seen lots of things here that I have never and will never experience anywhere else". Those words from a "RYLA-rian" were how my day ended. My guess is you know how (and where) my day began – in Grinnell at RYLA.

I walked into an empty gym around 8 am, it quickly filled and by 8:15 I had already been introduced to both my Rotarian Host for the day (Liz Loeb from Iowa City AM) and to a new word: "RYLA-rian". Similar to my writeup of Chris Bertelson's "Two Drops" presentation, three paragraphs will not do this day justice...a visit is the way to experience the action.

We were greeted with announcements from two of the RYLA student leaders, who informed us that we shared the gym with 152 students divided into 16 teams (and 0 phones!), followed by back massages (with music from the Neville Brothers). PDG Steve Wieneke then took over and discussed the 2nd tenant of the 4 way test, focusing on getting from "opportunity" to "fairness". I would've also liked to have heard the previous day's talk on the 1st tenant by our own Mark McAndrews. Another RYLA-rian spoke about the WOF (word of the day) – "Connection". An elaborate dance followed, hand gestures were explained, and I learned yet another new word: "booty scroll".

Then off to the first TTA with my team: "M". Called "Helium stick", this event consisted of everyone placing two fingers on a yard stick, held at about shoulder level, with the goal being to lower it to the ground without dropping it or removing a finger. Needless to say, I quickly understood why this was called "Helium"... . Alas, after about 20 minutes Team M did not accomplish the task. During the ensuing lengthy feedback session all commented on how they (did or did not) feel "connected" during the exercise, what could have gone better and what they felt they were gaining (or missing) from teammates. Lots of thoughtful insights - didn't have this stuff when I was that age... . Another TTA, lunch, a motivational speaker...on to the second half of the day.

The days are packed, from 8:15 until after 10 pm, however there are breaks and retreats to "rap rooms" and plenty of time for reflection and what most likely was challenging discussion. I felt that my team was hitting a comfort level, even by Tuesday morning, and that by Friday it would be very difficult to say farewell. Or as I might say "Visontlatastra" which, in Hungarian, means "until we meet again".

Rotary Creates Hope, Jack

Scribbles...

Julie Fugenschuh - Project Iowa



The executive director of Project Iowa, Julie Fugenschuh, joined us this week. She brought with her the director of Youth Works, Chris Noth. Project Iowa facilitates individual transformation that connects people to their purpose and provides career guidance to obtain meaningful and stable employment.

Project Iowa was developed in 2011 by the Workforce Development organization to bridge the gap between employee and employers. They have programs to help applicants grow both

Continued...

July 21, 2023

This Week's Program:

**Tom & Carol
Narak**

Xicotepec Update

Arranged By:

Jack Bell

Greeter:

Doyle Sanders

Invocation:

Joe Kobes

Sergeant:

Ntwari Gakunzi

Scribe:

Dan Boes



2022-23 Officers & Directors

Jack Bell, President

Tim Olejniczak, President Elect

Bill W. Corwin, Treasurer

Dianne Downing, Secretary

Ed Arnold, Board Member

Bill D. Corwin, Board Member

Kyle Pieper, Board Member

Kelly Peterson, Past President



Future Programs

7/28: Karen Ludwig
Middlebrook Farm

8/4: TBA

Other Locations

Monday

West Polk County, Food Depot, 3000 SE Grimes Blvd, Suite 200 in Grimes (Noon)

Tuesday

Ankeny, Ankeny Golf & Country Club, (11:45)
Johnston, Hyperion Golf & CC, (7:00 am)
Dallas Center, Memorial Hall, (Noon)
Norwalk, Echo Valley Golf Course, (6:30 am)
West Des Moines, DM Golf & CC, (Noon)

Wednesday

East Polk County, Caring Hands, (7:00 am)
Adel, 1016 Main St. Raccoon Valley Comm. House (Noon)
The Greater Des Moines Club, check the District 6000 website for time and location

Thursday

Waukee, Des Moines Golf & Country Club, (6:45 am)
Des Moines, Embassy Club - Ruan Bldg, (Noon)
Winterset, Pizza Ranch, (Noon)

Friday

Des Moines, AM, Downtown Holiday Inn – Mercy, (7:00 am)

Scribe Continued...

personally and professionally. They figure out what the applicants need to develop into a successful employee and then train them to do exactly that. Programs include career cultivation, self-improvement, digital skills, and prison to workforce. These services are all free for the applicant because everyone, both employed and unemployed, are benefitted from a better job.

This last year they developed Youth Works. This program was designed to get high school students ready for the workforce. During their senior year they take class in the morning and then report to work from 2-5 PM. They can get paid and get credit at the same time. Students are trained and then matched with professional internships for 9 months. This first year East High School was the school they worked with, and 4 students completed the program.

There are a few ways we can help Project Iowa. First if you know anyone looking for a new or better job, direct them to their website. Second, if you know of a business looking for new hires or that is open to internships, contact Project Iowa and they will take it from there. Third, they are always looking for ways to diversify funding and build community here in Iowa so let them know if you can get involved!

Scribe, Wendi Wilson



Items for the Nor'Wester should be submitted by end of the day each Monday. Please send to:

Jack Bell
jackbell@yahoo.com

Upcoming Events

St. Vincent's Volunteer Day
Tuesday, July 25, 4-6 pm.

Volunteer at the Iowa State Fair
August 10 thru 20

CFUM Supper Club ("to go" service)
Monday, August 28

Future Information



Ed Arnold - Program Chair

	Greeter	Invocation	Sergeant	Scribe
July 28	Kelly Peterson	Donna Larson	Leray Glendenning	Bill D. Corwin
Aug 4	Julia Taylor	Mark McAndrews	Bill Grask	Tim Olejniczak
Aug 11	Wendy Kreighauser	Bob Moore	Jake Heston	Dianne Downing
<i>Can't complete your assigned duty?</i> Please assist Jack Bell by finding your substitute!				