



# Nor'Wester

## Rotary Club of Northwest Des Moines

[www.clubrunner.ca/northwestdesmoines](http://www.clubrunner.ca/northwestdesmoines) / Fridays @ Noon - UGCC 4000-86th St. Urbandale

## Prez Sez

Jack Bell

By now you know that I really enjoy participating in Rotary activities and projects that, while creating hope, provide a robust “return” on our time and effort. Consider our clothing donations – clothing goes to Joppa who can either sell the donations and use the proceeds or provide the clothing directly to clients. Two of District Governor Dennis’ four main areas of focus this year addressed with one thoughtful and generous act.

The Pickleball Tourney has so many facets to it - keeping kids warm, fun competition, profile raising, selling - that it’s worthy of its own newsletter write-up(s). Nourish Now was similar: addressing two important humanitarian goals – the environment and food insecurity, with each food rescue.

With that as an intro, let me introduce the Urbandale Uplift Project, with a launch date of Thursday, October 12. Lots to cover, and our club leader on this, Wendy Kriegshauser will provide more details soon. Meantime, Wendy I apologize for stealing some of the spotlight! In short, it’s a city-wide volunteer day, starting with a picnic – and all-important networking for Rotary - in Walker Johnson Park at 11:30 on October 12. Mayor Andeweg will welcome everyone and then it’s off to the project sites. We’ll have more details and a sign up soon. You can also find more at [www.urbandaleupliftproject.splashthat.com](http://www.urbandaleupliftproject.splashthat.com). Come for just the picnic and networking or for the entire afternoon. There will not be a club meeting on Friday, October 13, to help acknowledge time commitments.

Sponsors include the City of Urbandale, Urbandale Development Fund, Urbandale Chamber of Commerce, and several businesses like Mid-American Energy and Hy-Vee. Jake Heston and Maddie Vreeze (of UGCC, HyVee and Valley Interact and debate team renown) will also be participating with the HyVee team; maybe we’ll join forces.

Another great example of a way to showcase Rotary while we serve. I hope you agree.

## Scribbles...

### Jake Heston - Juvenile Diabetes Research

Jake Heston, one of our own Club members and a manager of the Urbandale Hy-Vee store presented a program on Juvenile Diabetes Research Foundation. (JDRF). The Hy-Vee Corporation supports JDRF.



This charitable Foundation focuses on providing funding for Type I Diabetes (T1D). T1D is an auto immune disease which has proven to be primarily genetic in which the pancreas stops producing insulin in the body. T1D affects 1.4 million Americans with 64,000 new cases being diagnosed annually. It is estimated that 2.1 million Americans will have T1D by 2040. In recent years there has been a twenty-one percent increase of T1D in young people under the age of twenty. A ten-point test is now available which reveals with increased accuracy the probability of a person having T1D in the future.

T1D also can affect vision and it is recommended that a person with T1D have their eyes checked at least once or twice annually.

Continued...

August 25, 2023

*This Week's Program:*

**Emily Easton**  
Four Oaks Family  
Connection

Arranged By:

Tim Olejniczak

Greeter:

Kelly Peterson

Invocation:

Doyle Sanders

Sergeant:

Jack Bell

Scribe:

Bill Grask



*2022-23 Officers & Directors*

Jack Bell, President

Tim Olejniczak, President Elect

Bill W. Corwin, Treasurer

Dianne Downing, Secretary

Ed Arnold, Board Member

Bill D. Corwin, Board Member

Kyle Pieper, Board Member

Kelly Peterson, Past President



*Future Programs*

**9/1: No Meeting**

**9/8: Ryan Arnold**  
Drake University

**9/15: Leo Landis**  
Iowa's Emancipation Events

## Other Locations

### Monday

West Polk County, Food Depot, 3000 SE Grimes  
Blvd, Suite 200 in Grimes (Noon)

### Tuesday

Ankeny, Ankeny Golf & Country Club, (11:45)  
Johnston, Hyperion Golf & CC, (7:00 am)  
Dallas Center, Memorial Hall, (Noon)  
Norwalk, Echo Valley Golf Course, (6:30 am)  
West Des Moines, DM Golf & CC, (Noon)

### Wednesday

East Polk County, Caring Hands, (7:00 am)  
Adel, 1016 Main St. Raccoon Valley Comm. House (Noon)  
The Greater Des Moines Club, check the  
District 6000 website for time and location

### Thursday

Waukee, Des Moines Golf & Country Club, (6:45 am)  
Des Moines, Embassy Club - Ruan Bldg, (Noon)  
Winterset, Pizza Ranch, (Noon)

### Friday

Des Moines, AM, Downtown Holiday Inn – Mercy, (7:00 am)



Items for the Nor'Wester should be submitted  
by end of the day each Monday. Please send to:

**Jack Bell**  
jackfbell@yahoo.com

## Scribe Continued...

The Foundation sponsors several bike rides across the country to raise funding and awareness for JDRF. The first bike ride annual was held in Death Valley, California in 1999 with 17 riders. The number of ride locations has increased across the years accumulating over \$60 million for JDRF. 2.2 million was raised and donated to JDRF in 2023.

Funding for the Foundation comes from events such as the bike rides and support from corporations such as Hy-Vee. Over the last twenty years, Hy-Vee has donated over \$22 million to diabetes research. In addition, an entity known the Children's Congress lobbies legislators in Washington, DC for additional funding.

The Foundation funds are distributed in several of the following ways: continued research for a cure for diabetes which to date has totaled 2.5 billion; care packages developed for families of children when they are first diagnosed with T1D; advocacy for fair and consistent pricing of insulin and new technology for the care of diabetes patients. One such technology in recent years has been the development of equipment which can detect high blood sugar through a smart phone. This type of technology has great increased the mobility of T1D patients.

The work of the Juvenile Diabetes Research foundation continues to provide tremendous hope that one day soon diabetes, especially Type I diabetes, will be cured. This reality will significantly change the lives of millions of Americans who suffer from this disease.

Leroy D. Glendenning, Scribe

**Upcoming Events**

**Trail Clean Up - DSM Christian School**  
Sunday, August 27

**CFUM Supper Club** ("to go" service)  
Monday, August 28

**Joint WDSM Club Project with Social**  
Tuesday, August 29th

## Future Information



**Ed Arnold - Program Chair**

	<b>Greeter</b>	<b>Invocation</b>	<b>Sergeant</b>	<b>Scribe</b>
<b>Sep 1</b>	No Meeting	No Meeting	No Meeting	No Meeting
<b>Sep 8</b>	Dan Boes	Julia Taylor	Joe Kobes	Jake Heston
<b>Sep 15</b>	Bill D. Corwin	Wendi Wilson	Donna Larson	Tony Hunt
<i>Can't complete your assigned duty?</i> Please assist Jack Bell by finding your substitute!				