



# Nor'Wester

Rotary Club of Northwest Des Moines

[www.clubrunner.ca/northwestdesmoines](http://www.clubrunner.ca/northwestdesmoines) / Fridays @ Noon - UGCC 4000-86th St. Urbandale

## Prez Sez

Kelly Peterson

So I am a literal rule-follower in most cases... I cross in crosswalks, follow the speed limit, don't cut in line. When the announcement came that flu season has the potential of being "really bad" this year based on indications from Australia's winter, I did as I was told and got my flu shot early. Now mind you, I have never had a reaction to the flu shot. So I found it interesting that this time my reaction was similar to my reaction to the COVID boosters: blazing headache, pounding earache, chills...and as I write this, a still-swollen arm 4 days later with a not-so-pretty rash at the injection site. But, I believe in the science and that prevention is the best medicine and will be back in line as soon as I am able to receive my COVID booster against Omicron.



That is why I found the recent article in the Rotary magazine encouraging. Even though there is no cure for polio, Rotary was relentless in its efforts to try to wipe this disease out globally. Since 1988 when wild poliovirus paralyzed "hundreds of children every day," and an estimated 350,000 polio cases spread across 125 countries, our efforts saw cases plummeted 99.9 %, sparing an estimated 20 million children from paralysis. Then, recently, when our hopes were high, a stumbling block- outbreaks of circulating vaccine-derived poliovirus, yes- a variant... and yet, we persisted. With Rotary's partnership with the Gates Foundation a modified vaccine was developed, tested, and now "provides hope that eradication is closer than ever." With World Polio Day approaching on October 24th, maybe consider an extra donation to Polio Plus? I am going to ask the Board if we can double our speaker's donation towards immunizing children that week, maybe even take a collection to further our club's support. In the meantime...how about that flu shot?

I am sorry I cannot be with you this week, I am on my first out-of-state road trip to Kansas City for work. They tell me it's a "straight shot and impossible to get lost," we'll see about that. But that is a story for another time. Thanks to Jack for handling the meeting.

See you on the 21st!

Yours in Service, Kelly

## Scribbles...

### Brooke Heldt - YMCA Supportive Housing



The YMCA started the Supportive Housing Campus in the 90's as the social responsibility portion of their organization. They operate around the three pillars of Hope, Dignity, and Support. They offer transitional housing for those at risk for homelessness on a dry campus.

The housing is considered transitional because many of their 140 residents will spend an average of 18 months living in the community. About 15 residents have made it their home since it opened. About 40% of the residents are veterans and receive preference on the nearly year-long wait list for openings. The community is designed as a hand up, not a hand out, so accountability is paramount. Each resident is assigned a case manager who helps them set, meet and achieve goals and simultaneously learn to manage money.

Continued...

October 14, 2022

### This Week's Program:

Tamara Harrison

Salvation Army  
Mobile Service Bus

#### Arranged By:

Ed Arnold

#### Greeter:

Eric Idehen

#### Invocation:

Mark McAndrews

#### Sergeant:

Ed Arnold

#### Scribe:

Jake Heston

### 2022-23 Officers & Directors

Kelly Peterson, President

Jack Bell, President Elect

Bill W. Corwin, Treasurer

Dianne Downing, Secretary

Ed Arnold, Board Member

Eric Idehen, Board Member

Donna Larson, Board Member

Tim Olejniczak, Board Member

Kyle Pieper, Board Member

Larry Sample, Board Member

Bill D. Corwin, Past President

### Future Programs

10/21: TBA

10/28: Alex Barker  
Iowa Wolves G-League  
Update

## Other Locations

### Monday

West Polk County, Toyota of Des Moines, (Noon)

### Tuesday

Ankeny, Ankeny Golf & Country Club, (11:45)

Johnston, Hyperion Golf & CC, (7:00 am)

Dallas Center, Memorial Hall, (Noon)

Norwalk, Echo Valley Golf Course, (6:30 am)

West Des Moines, DM Golf & CC, (Noon)

### Wednesday

East Polk County, Caring Hands, (7:00 am)

Adel, Patrick's Restaurant, 211 S 7th St, #C, (Noon)

The Greater Des Moines Club, check the District 6000 website for time and location

### Thursday

Waukee, Des Moines Golf & Country Club, (6:45 am)

Des Moines, Embassy Club - Ruan Bldg, (Noon)

Winterset, Pizza Ranch, (Noon)

### Friday

Des Moines, AM, Drake University - Courtside Club (7:00 am)

## Upcoming Events

Rotary Social Thursday, October 27

Iowa Wolves Polio Plus Basketball Night

Saturday, February 4, 2023

@ 7:00 PM

Items for the Nor'Wester should be submitted by end of the day each Monday. Please send to:

**Jenifer Mercer-Klimowski**

Phone: 515-490-3539

elliotsputdmom@yahoo.com

## This & That

### Scribbles Continued...

Each room is a monthly rental for residents with a sliding scale for rent. Transportation service is available to help them get to jobs or interviews. Because they are located downtown, low-cost shopping for necessities can be difficult, so the building has an onsite pantry they can purchase from. They have a community yard with a garden and a place to grill. Monday through Friday food opportunities are available to help them stretch their food budget and three days a week limited emergency food bags are available. Every resident gets a move-in package with necessities like pans, kitchen stuff, and laundry detergent.

They continue to offer support to their "graduates" as they transition by allowing them to use the amenities available to them when living in. They also can continue to work with their case manager.

They raise about \$185K a year to provide for the current residents. They welcome donations of money, pantry items, welcome basket supplies and hygiene products, as well as volunteers.

Wendi Wilson, Scribe

## Birthdays

October 10

Dianne Downing



## Future Information



### Ed Arnold - Program Chair

	<u><i>Greeter</i></u>	<u><i>Invocation</i></u>	<u><i>Sergeant</i></u>	<u><i>Scribe</i></u>
Oct 21:	Ntwari Gakunzi	Doyle Sanders	Jenifer MK	Bill C. Corwin
Oct 28:	Marv Johnson	Bob Moore	Bill Grask	Julia Taylor
Nov 4:	Dan Boes	Tim Olejniczak	Jack Bell	Shannon Heinen
Can't complete your assigned duty? Please assist Kelly Peterson by finding your substitute!				