



Nor'Wester

Rotary Club of Northwest Des Moines

www.clubrunner.ca/northwestdesmoines / Fridays @ Noon - UGCC 4000-86th St. Urbandale

November 30, 2018

This Week's Program:

Cliff Campbell

Polio Survivor

Arranged By:

Brenda AM

Greeter:

Brenda AM

Invocation:

Kasey Vogel

Sergeant:

Bill W. Corwin

Scribe:

Mark McAndrews

2018-19 Officers & Directors

Penny Luthens, President

Beth Goedken, President Elect

Bill W. Corwin, Treasurer

Dianne Downing, Secretary

Wendi Wilson, Int'l Service

Bill D. Corwin, Membership

Brenda AM, Youth Services

Kasey Vogel, Public Image

Ed Arnold, Club Svs & Programs

Leray Glendenning, Past President

Future Programs

11/30: Cliff Campbell
Polio Survivor

12/7: Todd Ashby
Water Trails

12/13: (Thursday)
Holiday Party @ Hyperion

Prez Sez

Penny Luthens



Hello Rotarians. This note comes to you after a wonderful Thanksgiving weekend enjoying family, and a quick trip up to Minnesota to watch the Minnesota vs. Green Bay Sunday night football game #skol :). We are headed into that very

busy and sometimes stressful last month of the year as we prepare for holiday parties with friends, coworkers and families.

This is a busy one for the week of Northwest Rotary as well.

Thank you to all who helped to make the kick off Jolly Holiday Lights a success and thank you in advance for those of you helping with the Salvation Army bell ringing on Saturday.

Additionally, our club was awarded a \$3000 check from Endow Urbandale to help with our continued support in keeping kids warm

with coats on Tuesday, November 27th. I love it that this ceremony coincided with Giving Tuesday this year!

At our last Board meeting, we discussed that fact our Club is so prolific when it comes to volunteering. It is my belief that during service project hours we truly get to know one another. There are so many ways to serve. If indeed you know of a project that our efforts could lend a hand to, please pass them along and we can increase our opportunities and options.

That is it for this week. I'm off to Altoona!

Thanks for all that you have done, are doing, and will do as your life allows.



Scribbles...

Emily Fish - ALS-Lou Gehrig's Disease

The November 16, 2018 meeting of the Rotary Club of Northwest Des Moines was very informative on several levels. Sergeant Joe Kobes quizzed the group on a Thanksgiving and Turkey theme. Results were mixed!

Our speaker, Emily Fish, Development Manager of the Iowa ALS Chapter, talked about Amyotrophic Lateral Sclerosis, commonly referred to as ALS or Lou Gehrig's Disease. The Iowa Chapter serves and supports people living with ALS and their loved ones through services and education. "We leave no stone unturned in search for the cure of this progressive neurological disease." The disease affects nerve cells in the brain and the spinal cord. The progressive degeneration of the motor neurons in ALS leads to death, usually in 3 to 10 years from time of diagnosis. It was identified in 1869 by French neurologist Jean-Martin Charcot, but was brought to national attention by Lou Gehrig's emotional announcement in 1939 that he had the disease.

The Iowa ALS Chapter helps people in a number of ways: by educating about symptoms and diagnosis, systems management and drug therapies; by providing support



continued...

Other Locations

Monday

West Polk County, Toyota of Des Moines, (Noon)

Tuesday

Ankeny, Ankeny Golf & Country Club, (11:45)

Johnston, Hyperion Golf & CC, (7:00 am)

Dallas Center, Memorial Hall, (Noon)

Norwalk, Echo Valley Golf Course, (6:30 am)

West Des Moines, DM Golf & CC, (Noon)

Wednesday

East Polk County, Prairie Meadows, (7:00 am)

Adel, Patrick's Restaurant, 211 S 7th St, #C, (Noon)

The Greater Des Moines Club, check the District 6000 website for time and location

Thursday

Waukee, Des Moines Golf & Country Club, (6:45 am)

Des Moines, Wakonda Club, (Noon)

Winterset, Pizza Ranch, (Noon)

Friday

Des Moines, AM, Wakonda Club at 3915 Fleur Dr. (7:00 am)

This & That

Trivia Question!

As I mentioned in the Prez Sez this week, Giving Tuesday was November 27th this year. It is a movement to create an international day of charitable giving at the beginning of the Christmas and holiday season. The question this week is, do you know where Giving Tuesday originated and did you donate to a cause dear to your heart this year?

Email penny.luthens@dmymca.org with your answer for a raffle ticket.



Upcoming Events

SAVE THE DATE: Saturday, December 1

Ring the Bells - Salvation Army

Scribe Continued...

groups and support for those living with ALS; by providing life coping skills through education and training; by identifying available resources for things like insurance, finances, taxes and transportation; by assisting with inevitable end-of-life plans; and by providing mechanisms for fundraising and research. Rotarians may remember that Dianne Downing-Nelson took part in the "ice bucket challenge" a few years ago as an ALS awareness campaign.

Ed Arnold, Scribe

Items for the Nor'Wester should be submitted by end of the day each Monday. Please send to:

Jenifer Mercer-Klimowski

Phone: 515-237-2203 Fax: 515-237-2283
jmercerc-klimowski@emcnl.com



Birthdays

Nov 19 Wendi Wilson

Nov 24 Bill W. Corwin

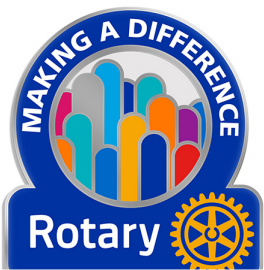
Nov 29 Dan Boes

Future Information



Beth Goedken - Program Chair

<u>Program</u>	<u>Greeter</u>	<u>Invocation</u>	<u>Sergeant</u>	<u>Scribe</u>
Dec 7 - Water Trails	Greg Hartley	Brenda AM	Beth Goedken	Jenifer MK
Dec 14 - No Meeting	No Meeting	No Meeting	No Meeting	No Meeting
Dec 21 - No Meeting	No Meeting	No Meeting	No Meeting	No Meeting
Can't complete your assigned duty? Please assist Penny by finding your substitute!				



Nor'Wester

Rotary Club of Northwest Des Moines
www.clubrunner.ca/northwestdesmoines / Fridays @ Noon - UGCC 4000-86th St. Urbandale

Jolly Holiday Lights



Back row: Kevin Klimowski, Joe Kobes, Bill W. Corwin, Ed Arnold, Bob Moore
 Front row: Ellen Corwin, Penny Luthens, Santa, Jenifer M-K, Larry Sample
 Floor: Eric Dickinson



Jenifer M-K, LeAnn Auxier, Santa, Kyle Pieper



Joe Kobes, Danny Mielneczek



Danny Mielneczek, Brenda Auxier-Mailey, Santa,
 Bill C. Corwin



Bill W. Corwin



Pat Arthur, Larry Sample, Kevin Klimowski, Ellen Corwin

Thanks to everyone
 who came out
 and made this another
 successful year
 for Jolly Holiday
 Lights!!!



Penny Luthens & Bob Moore