

www.clubrunner.ca/northwestdesmoines / Fridays @ 11:45 - Ramada, 5000 Merle Hay Road

December 13, 2024

This Week's Program:

Matt Blake

State Senator

Arranged By:
Doyle Sanders
Greeter:
Dan Boes
Invocation:

Bill D. Corwin *Sergeant:*

Dianne Downing <u>Scribe:</u>

Bill Grask

2024-25 Officers & Directors

Tim Olejniczak, President
Dianne Downing, President Elect
Bill W. Corwin, Treasurer
Bill W. Corwin, Secretary
Ed Arnold, Board Member
Bill D. Corwin, Board Member
Tony Hunt, Board Member
Kelly Peterson, Board Member
Jack Bell, Past President

Future Programs

12/20: No Meeting Happy Holidays

12/27: No Meeting Happy New Year

Prez Sez

Tim Olejniczak

Hope everyone is having a great week so far! It is crazy to think that this upcoming Friday is our last meeting of the year! Quick house keeping items. If you can please let myself or Dianne know what you would like for the Christmas party, we need to get our order into Christophers by Friday. The options are Prime Rib or Chicken Parm. And just a reminder that this Friday we are meeting at the Ramada, and it will be our last meeting of 2024 and then we will meet back at the Ramada on January 3rd.



Next note, thank you Tony for setting up the bell ringing for salvation army, and thank you to everyone who volunteered especially since it was during the Iowa State game. Julia and I had a great time during the 10-12 slot, and I was shocked by the amount of people that were going in and out of Hobby Lobby, but also was happy to see many people donating.

As the year wraps up and as I get ready for year end both at work and we get ready for year end just a few thoughts and goals that I am going to have going into the new year.

My first one is to accept change and whatever 2025 brings me with attitude and open mind. 2024 a lot of changes happened for me and there were times I complained and times I did a good job moving forward and I can tell you the times I just accept the change knowing there was nothing I could do about it anyways turned out much better for me than the times I complained. In 2024 I took over being president for Rotary, lost Pam as my BOA and hired Hannah on, and our work got a whole new system that we now use for client planning and our calendars to name a few.

Second, try to do a good deed at least once a week. What I have noticed as I have gotten older is a little deed can go a long way. So, whether it's buying some one's lunch, giving someone some money on a street corner, volunteering somewhere just try to do some good each week. Not only do I feel like it makes you feel better, but it also makes a bigger impact than we realize on others.

Third, and I have said this one a lot over the week but really try to always be in the moment. If it's a conversation with someone, an activity or whatever it maybe always be in the moment because you don't know if you will ever get some of those moments again. Let's be present in all we do!

Since this is my last Prez Sez of the year and before Christmas I would like to wish everyone a Merry Christmas and I hope everyone gets to enjoy some time with some

loved ones! Thank you for allowing me to serve as your president and I am looking forward to the second half of my term!

Merry Christmas!

Tim



Scribbles

Charitable Giving Day at Northwest Rotary

The Rotary Club of Northwest Des Moines hosted four non-profit organizations and distributed four checks in the amount of \$750 to each organization. Representatives from each entity were present to receive the donation and to share briefly about the work that their non-profit does.

Jenna Turner and Rotarian Kelly Peterson shared in behalf of Campfire. Jenna became involved in Campfire while in college as an education major. She volunteered at a Campfire camp one summer. She was impressed with the opportunities to teach youth. After graduating from college, she joined with Campfire and worked full-time with them for the next five years. She is currently the Outreach, Strategy and Marketing Director. The funds received from Rotary will be used consulting fees to update a delipidating swinging bridge and upgrades on the septic system at Camp Hantesa located in the Ledges near Boone, Iowa. Campfire served 1600 youth K-12 grades last year. They are currently opening new clubs for refugees settling in Iowa.





Lende Follett from the Des Moines Area Religious Council (DMARC) Food Pantry was present to receive the check from the Rotary Club of Northwest Des Moines. Lende is a professor of statistics and systems at Drake University. She serves on the DMARC Board and has provided research to DMARC regarding food insecurity in Iowa. The DMARC Food Pantry has served over 70,000 people, an average of 1500 per day in 2024 which equates to seven million pounds of food. In November 2024, there were 2000 new visitors to the Food Pantry and their fourteen Distribution Centers in Iowa.

Continued...

Upcoming Events

Christmas Party December 18th Christopher's Restaurant Beaverdale

Items for the Nor'Wester should be submitted by end of the day each Monday. Please send to:

Tim Olejniczak
timolejniczak7@gmail.com







Future Information

Ed Arnold - Program Chair



_	Greeter	Invocation	Sergeant	Scribe
Dec 20	No Meeting	No Meeting	No Meeting	No Meeting
Dec 27	No Meeting	No Meeting	No Meeting	No Meeting
Jan 3	Bill D. Corwin	Dianne Downing	Leray Glendenning	Tony Hunt

Can't complete your assigned duty? Please assist Tim Olejniczak by finding your substitute!

Scribe Continued...



Jazmin Diaz, the Director of Urbandale Community Action Network (UCAN) received the check from Rotary. She reported that they will use the funds for developing translation program and web development that will allow UCAN to assist other non-profits. UCAN provides school age children in Urbandale with pants and boots to complement the coats provided by the Rotary Club of Northwest Des Moines.

Patty Sneddon-Kisting, the director of the Urbandale Food Pantry, was present to receive the donation from Rotary. She has been with Urbandale Food Pantry since 2020. In November of 2024 they served over 2500 people. They have seen an increase in the number of Senior Adults coming to the Food Pantry in the last year. The Food Pantry partners with twenty-five stores and food providers in the area to distribute the overstock of food products in these businesses. Two hundred dedicated volunteers serve at the Food Pantry. They have purchased a new building onHickman Road in Urbandale. This will allow them to expand their services in the community. They plan to open the new facility in June of 2025.



Scribe, Leray D. Glendenning

