

# NOR'WESTER

Rotary Club of Northwest Des Moines  
www.clubrunner.ca/northwestdesmoines

## Prez Sez...

Wendi Wilson

As Rotarians, we are aware that we have the ability to improve the quality of life of people around us. We know that our personal self esteem and well-being requires that we act. We many times act for selfish reasons-- because we receive personal pleasure in being a Rotarian. We want to sleep better at night.

I think that Rotarian Hugh Archer said it best. "When somebody has a brighter future because I did something helpful for them, I feel "better." I like to have personal self esteem. I need the respect of my companions and Rotary gives me the opportunity to earn their respect. I want to associate with people whose actions I admire. I like Rotarians and I want to be like them. I want to enjoy life. It helps to be a Rotarian."



Abbie, Prez & Gabi

## Scribbles

### Mike Wallace

#### Dallas County Conservation

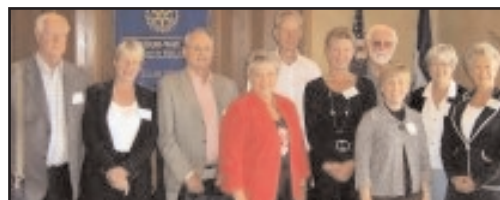
Rotary Friendship Exchange information was presented by Goran Stenson, representing District 2340, from Sweden. Each visiting member talked about their own town and celebrations, types of foods, and famous Swedish movie stars that the United States is familiar with. The group talked about companies that do business with the US in the area of robotics. This was followed by an exchange of flags from each group member with our own club.

The second speaker was Mike Wallace from the Dallas County Conservation service. Mike educated us about the Raccoon Valley Trail that has been in existence 20 years. The trail originally from Waukee to Yale, is a 34 trek, and is part of the American Discovery Trail. It is now 56 miles from Clive through Jefferson. The stimulus money was used to resurface the trail this summer. Another addition has been the TEAS , emergency access location markers along the trail. If someone needed help it gives the emergency responders a specific location.

The future efforts will be working on a 33 mile addition from Perry, through Dawson, Jamaica and Herndon to create another loop within the trail. There are also shelters and additions along the trail for riders to get in out of the rain, or out of the sun. One of the newest is the Dawson Depot . The small towns hope that folks stop and get acquainted and meet the local people. They were hoping to complete the new addition with \$850,000 dollars, and part of that has been funded through Vision Iowa \$, but funds are still needed to complete this regional trail concept.

Notes submitted by,  
Julia Taylor

Mike Wallace &  
Swedish Rotarian  
Delegates



October 2, 2009

Program:

## Rotary Volunteers

Arranged By:

Diana Reed

Greeter:

Wanda Armstrong

Invocation:

Jim Pittman

Sergeant:

Gene Gabus

Scribe:

Tim Walpole

## 2009-10

### OFFICERS AND DIRECTORS

- Wendi Wilson, President
- Eric Dickinson, President Elect
- Brad Helgemo, Secretary
- Wanda Armstrong, Treasurer
- Ed Arnold, Director
- Jim Arthur, Director
- Chuck Corwin, Director
- Rick Grant, Director
- Marcus Dunn, Director
- Cam Torstenson, Past President
- Dianne D-Nelson, Exec Sec
- Mark McAndrews, Exec Treas

### Future Programs

10/9: Shoes That Fit

10/16: GOLF OUTING

## Other Local Meetings

### Tuesday

Ankeny, Ankeny Golf & Country Club, (11:45)

Johnston, Hyperion Golf & CC, (7:00 am)

Dallas Center, Memorial Hall, (Noon)

West Des Moines, DM Golf & CC, (Noon)

### Wednesday

East Polk County, Prairie Meadows, (7:00 am)

Adel, Patrick's Restaurant, 211 S 7th St, #C, (Noon)

### Thursday

Waukee, Des Moines Golf & Country Club, (6:45 am)

Des Moines, Hotel Fort Des Moines, (Noon)

Winterset, Northside Cafe, (Noon)

### Friday

Des Moines, AM, Wakonda Club at 3915 Fleur Dr. (7:00 am)



## We'll Be Singing . . .

Opening: God Bless America

Song Time:

Sing Rotarians (#65)

Smiles

Items for the Nor'Wester should be submitted every Wednesday by Noon. Please send to:

**Chuck Corwin**

Phone: 515-226-7605

Fax: 515-223-9301

ccorwin@bryton.com

## Rotary Minute...

### Words from our President

Taking a few words from RI President John Kenny;

"There are many service organizations in the world today, but none so old or so successful as Rotary.

There are many reasons for that, and Vocational Service is one of them.

Vocational Service, in Rotary, means that we are committed to honest business and unassailable ethics, and that we are equally committed to using our vocational skills and advantages to help others.

The idea is simple enough - but it is unique to Rotary."

"If we wish to see our organization grow and prosper, we must keep Vocational Service front and center in our minds and actions.

We must do what is right, even when it is inconvenient. And we must always, always, put Service Above Self."

BIRTHDAYS

September 28

**Roger  
Nyberg**

BIRTHDAYS



## Future Information

### Program

Chairperson:

**Gil DeRoos**

Leslie Malcom, Oct. 9

GOLF OUTING, Oct. 16

TBA, Oct. 23

### Greeters

Chairperson:

**Nancy Johnson**

Jim Arthur, Oct. 9

GOLF OUTING, Oct. 16

Eric Dickinson, Oct. 23

### Invocation

Chairperson:

**Jim Pittman**

Roger Nyberg, Oct. 9

GOLF OUTING, Oct. 16

Dave Nagel, Oct. 23

### Sergeant

Chairperson:

**Kevin Smith**

Rick Grant, Oct. 9

GOLF OUTING, Oct. 16

Cam Torstenson, Oct. 23

### Scribe

Chairperson:

**Larry Sample**

Dick Amick, Oct. 9

GOLF OUTING, Oct. 16

Ed Arnold, Oct. 23