



NOR'WESTER

Rotary Club of Northwest Des Moines
www.clubrunner.ca/northwestdesmoines

October 8, 2010

Prez Sez...

Eric Dickinson

Rosalyn Lehman
IA Water & Land Legacy

Arranged By:

Paul Kirpes

Greeter:

Dick Cummings

Invocation:

Roger Nyberg

Sergeant:

Marv Johnson

Scribe:

Randy Taber

I would like to let each of you know that New Generations Service is the Fifth Avenue of Service in Rotary. Programs for New Generations include Rotaract, Interact, RYLA, and Rotary Youth Exchange, as well as other activities that affect young people. This new avenue of service recognizes the positive change implemented by youth and young adults through leadership development activities, community and international service projects, and exchange programs that enrich and foster world peace and cultural understanding.



Scribbles

David Crandall

Rotary Foundation

Doyle Sanders and our newest Northwest Rotary member, David Crandall were greeted with a rousing round of applause when introduced as our speakers. Together they have extensive experience and knowledge regarding the Rotary Foundation.

Doyle led off the presentation. He focused primarily on information about the Paul Harris Fellows, Doyle explained how points are credited and how they can be used to earn the various levels of recognition or given to others so that they too can become Paul Harris Fellows. Doyle also spoke of an interesting concept on teaching children the habit of giving back. He told of how he has his grandchildren picking where he will make donations to charity this year.

David Crandall, new to our club, but not to Rotary International, provided the second half of our program with a presentation on where the money donated to the Rotary Foundation goes. Some of the programs he highlighted were the work done by Polio Plus, Group Study Exchange and the Youth Ambassador Scholarship programs. Unfortunately, he stated that some of the programs funded by Rotary have been eliminated recently due to the economic downturn.

He told us that all money donated comes back to the district after years in the form of various grants and programs.

David also showed some statistics highlighting the giving by members of NW Rotary. As a club we have given nearly, \$500,000 over the years, have a much higher average number of members who are Paul Harris Fellows and how by shifting credits around we could easily gain designation as a club with 100% Paul Harris Fellow participation.

Marcus Dunn, Scribe

2010 Officers & Directors

- Eric Dickinson, President
- Wanda Armstrong, President Elect
- Brad Helgemo, Secretary
- Marcus Dunn, Treasurer
- Ed Arnold, Director
- Jim Arthur, Director
- Dan Boes, Director
- Jenifer M-K, Director
- Diane Porter, Director
- Wendi Wilson, Past President
- Dianne D-Nelson, Exec Sec
- Bill Corwin, Exec Treas

Future Programs

- 10/15:** Rachel Caufield
Drake University
- 10/22:** Moodle Expert
- 10/29:** Bill Riley, Jr.

Other Local Meetings

Tuesday

- Ankeny, Ankeny Golf & Country Club, (11:45)
- Johnston, Hyperion Golf & CC, (7:00 am)
- Dallas Center, Memorial Hall, (Noon)
- West Des Moines, DM Golf & CC, (Noon)

Wednesday

- East Polk County, Prairie Meadows, (7:00 am)
- Adel, Patrick's Restaurant, 211 S 7th St, #C, (Noon)
- The Greater Des Moines Club, Jimmy's (6:00 pm)

Thursday

- Waukee, Des Moines Golf & Country Club, (6:45 am)
- Des Moines, Wakonda Club, (Noon)
- Winterset, Northside Cafe, (Noon)

Friday

- Des Moines, AM, Wakonda Club at 3915 Fleur Dr. (7:00 am)

Health Corner

• A healthy diet is like jogging. Practice a few times and it will come naturally.

• Laughter is an important key to health. Consider watching a good comedy instead of the news before bedtime and notice how much better you sleep.

• It is best not to need an alarm clock to wake you up. Adjust your bedtime until you wake up naturally just before your alarm clock goes off.



• According to the Academy of General Dentistry, flossing is just as important as brushing for teeth and gum health.



We'll Be Singing . . .

Opening: America the Beautiful
 Song Time:
 Sing Out a Song of Rotary (#64)
 When You're Smiling (#82)

Items for the Nor'Wester should be submitted every Wednesday by Noon. Please send to:

Jenifer Mercer-Klimowski

Phone: 515-237-2203
 Fax: 515-237-2283
 elliotspudmom@yahoo.com



Future Information

<u>Program</u>	<u>Greeters</u>	<u>Invocation</u>	<u>Sergeant</u>	<u>Scribe</u>
<i>Chairperson:</i> Leslie Malcom	<i>Chairperson:</i> Wanda Armstrong	<i>Chairperson:</i> Jim Pittman	<i>Chairperson:</i> Beth Goedken	<i>Chairperson:</i> Larry Sample
Doyle Sanders, Oct. 15	Bill Corwin, Oct. 15	Heidi Negel, Oct. 15	Kevin Smith, Oct. 15	Gene Gabus, Oct. 15
Julia Taylor, Oct. 22	Gil DeRoos, Oct. 22	David Nagel, Oct. 22	Gene Gabus, Oct. 22	Randy Gambill, Oct. 22
Paul Kirpes, Oct. 29	Dianne D-Nelson, Oct. 29	Jenifer M-K, Oct. 29	Julia Taylor, Oct. 29	Beth Goedken, Oct. 29