

### **NORVESTER** Rotary Club of Northwest Des Moines www.clubrunner.ca/northwestdesmoines

### March 23, 2012

John Rozycki Drake University Professor

<u>Arranged By:</u> Phil Houle <u>Greeter:</u> Roger Freerksen <u>Invocation:</u> Mark McAndrews <u>Sergeant:</u> Gil DeRoos <u>Scribe:</u> Brenda A-M

### 2011-12 Officers & Directors

Wanda Armstrong, President Brad Helgemo, President Elect Leslie Malcom, Secretary Dan Boes, Treasurer Ed Arnold, Director Jim Arthur, Director Jenifer M-K, Director Gil DeRoos, Director James Alan Smidt, Director Eric Dickinson, Past President Dianne D-Nelson, Exec Sec Bill Corwin, Exec Treas

#### Future Programs

**3/30:** Dennis Goldford Drake University Professor

**4/6:** Mitch Matthew Big Dream Gathering

# Prez Sez...



The committee for the Charles Gabus Memorial Bike ride will have raffle tickets available at the meeting Friday. The tickets will sell for \$5 each or 5 for \$20. The committee has been working hard on getting some great prizes this year.

### **Raffle prizes for this year:**

• Puerto Vallarta Get Away - Spring Break 2013 (Value: \$800.00) Seven day vacation for four

• Eye Care Package (Value: \$615.00) Eye Exam + Prescription Glasses

• Ever Blooming Gift - Urbandale Hy-Vee (Value: \$395.00) Flowers one time/month for 12 months *Prize list continued on back...* 



Wanda Armstrong

A reminder that your board voted five years ago that the Charles Gabus Memorial Bike Ride would be our fund raiser for the year. We are asking that all members support this fund raising effort by selling at least \$100 in raffle tickets-more would be great.

# Scribbles...

Kent Sovern

Kent Sovern, the Iowa Director of AARP, presented the many facets of AARP striving to achieve their mission to "Enhance quality of life for all as we age." AARP Iowa enacts that mission by striving to be a genuine force in helping Iowans become more fully engaged in their communities.

Due to the demographics of our country as a whole, and Iowa more specifically, the vision of AARP is moving in the direction of being a more bottom-up organization that begins its focus at the community. This is essential to keep Iowans engaged with their communities and in their communities as they age.

Some of the most popular current programs of AARP are createthegood.org – linking volunteers to causes needing help; www.drivetoendhuner.org – a collaboration with Jeff Gordon and NASCAR to alleviate hunger in the US; Tax Aid; Workforce

Development; Driver Safety (no charge for Veterans if taken in the month of November).

Mr. Sovern also gave overviews of 2 new initiatives. Des Moines has joined the World Health Organization's Global Network of Age-Friendly Cities. This process involves a 2 year planning period and 3 year implementation period that addresses infrastructure, social capital and health services with a goal to give people the ability to live their best life as they age.

The second initiative is AARP's "You've Earned a Say" campaign (earnedasay.org), a

grassroots listening process that will help AARP form its advocacy agenda with respect to Medicare and Social Security.

> Scribe, Mark McAndrews



## Other Local Meetings

#### <u>Tuesday</u>

Ankeny, Ankeny Golf & Country Club, (11:45) Johnston, Hyperion Golf & CC, (7:00 am) Dallas Center, Memorial Hall, (Noon) West Des Moines, DM Golf & CC, (Noon) <u>Wednesday</u> East Polk County, Prairie Meadows, (7:00 am)

Adel, Patrick's Restaurant, 211 S 7th St, #C, (Noon) The Greater Des Moines Club, Mama Lacona's (6:00 pm) <u>Thursday</u>

Waukee, Des Moines Golf & Country Club, (6:45 am) Des Moines, Wakonda Club, (Noon) Winterset, Northside Cafe, (Noon)

#### <u>Friday</u>

Des Moines, AM, Wakonda Club at 3915 Fleur Dr. (7:00 am)



Items for the Nor'Wester should be submitted every Wednesday by Noon. Please send to:

Jenifer Mercer-Klimowski

Phone: 515-237-2203 Fax: 515-237-2283 elliotspudmom@yahoo.com

## Roving Ambassadors

Dianne D-N Brad Helgemo Doyle Sanders Larry Sample Jenifer M-K Ed Arnold Ed Arnold Brenda A-M Jenifer M-K Joe Kobes Dave Nagel

Salvation Army Bell ringing Salvation Army Bell ringing Salvation Army Bell Ringing Salvation Army Bell Ringing GW Carver Reading--4 days in Oct GW Carver Reading--3 days in Nov GW Carver Reading--3 days in Dec Iowa Energy Game Iowa Energy Game Iowa Energy Game Iowa Energy Game



## Prizes Continued!!!

• Family Fun Weekend (Value: \$300.00) Stoney Creek Inn (2 nights), Family Urbandale Pool Pass, Adventureland Park Day Pass, Incredible Pizza Company Certificate

• Golfer's Delight (Value: \$325.00) 18 holes Urbandale Golf & Country Club, Golf carts and Lunch for four

• YMCA Gift Certificate (Value: \$264.00) 4 month adult membership

• Sports Package: four tickets each (Value: \$240.00) Iowa Barnstormers, Cubs & Energy

• Women's Care Package (Value: \$135.00) Manicure + Massage + Hair Styling

• Barnes & Noble Gift Certificate (Value: \$100.00)



# Future Information

<u>Program</u>	<u>Greeters</u>	<u>Invocation</u>	<u>Sergeant</u>	<u>Scribe</u>
Chairperson: Phil Houle	Chairperson: Chuck Corwin	Chairperson: <b>Jim Pittman</b>	Chairperson: Kevin Smith	Chairperson: <b>Brenda A-Mailey</b>
Phil Houle, March 30	Phil Houle, March 30	Mark McAndrews, March 30	Roger Freerksen, March 30	Wyatt Earp, March 30
Liz Nead, April 6	Eric Dickinson, April 6	Liz Nead, April 6	Gene Gabus, April 6	James Arthur, April 6
Liz Nead, April 13	Jim Arthur, April 13	Roger Nyberg, April 13	Kevin Smith, April 13	Eric Dickinson, April 13

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