



NOR'WESTER

Rotary Club of Northwest Des Moines
www.clubrunner.ca/northwestdesmoines

July 1, 2011

Installation of New Officers

Arranged By:

Wanda Armstrong

Greeter:

Chuck Corwin

Invocation:

Liz Nead

Sergeant:

Phil Houle

Scribe:

Wendi Wilson

Prez Sez...

Wanda Armstrong

I am excited and I hope you are also as we move into the 2011-2012 Rotary year. Thank you for putting your faith in me as your president for this Rotary year. I look forward to working with you this year to continue to make Northwest Des Moines Rotary a great Rotary club.

I am sure most of my predecessors have had personal goals for the club as they began their year. I also have a few.

The first and most important goal is to work on membership. We must all work on increasing our club membership. The membership committee will be looking to all members to help in recruitment.

My second goal is membership retention. It is just as important to make sure we are retaining our current members as it is to increase

membership. We can retain our current members by making sure we have quality programs and also that we are an all inclusive club. Try moving to a different table each week and get to know your fellow club members.



My third goal is attendance. I challenge each of you to strive for perfect attendance this year. If you have to miss regular meetings there are numerous ways you can make-up. You can make-up a missed meeting by participating in a club service project, visit another Rotary club, or make-up on-line.

Let's have fun this year and work together on being the friendliest Rotary club in the Des Moines area.

2011-12 Officers & Directors

- Wanda Armstrong, President
- Brad Helgemo, President Elect
- Leslie Malcom, Secretary
- Dan Boes, Treasurer
- Ed Arnold, Director
- David Crandall, Director
- Jenifer M-K, Director
- Diane Porter, Director
- James Alan Smidt, Director
- Eric Dickinson, Past President
- Dianne D-Nelson, Exec Sec
- Bill Corwin, Exec Treas

Scribbles...

Theresa Bomhof

Nat'l Alliance on Mental Health

Theresa Bomhof serves NAMI Greater Des Moines as Vice-President & Editor of Newsletter & Legislative Lead and has performed all leadership positions in the organization. NAMI is a self-help, education, support and advocacy organization dedicated to improving the lives of families who have relatives with a brain disorder (mental illness). The National Alliance on Mental Illness was founded in 1979 by 2 mothers in Wisconsin who met, discovering that each had a child with severe mental illness. They shared a frustration at the health system's care for their children and great hurt from a society who shunned them. Since that time, the organization has grown from 254 members to over a quarter million.

Theresa shared her personal experiences with her son's and daughter's mental illness and related a number of facts regarding mental illness. In many cases it is a best kept secret within families - few like to talk about it. Mental illness predominately (75% of cases) strikes the 15-25 age groups.

NAMI is about support, information and education. One of four families is affected by mental illness during a lifetime. Treatment can produce a 70-90% success rate. NAMI needs volunteers and funds to help the individual and families to learn and cope.

Thank you Theresa, for sharing your knowledge and helping open our eyes and educate us today. There is a wealth of knowledge in the Newsletter that was distributed and on www.namigdm.org.

Future Programs

- 7/8:** Rita Perea
District Governor Nominee
- 7/15:** Club Program
- 7/22:** Roy Criss
Des Moines Airport

Scribe, Larry Sample

Other Local Meetings

Tuesday

Ankeny, Ankeny Golf & Country Club, (11:45)
 Johnston, Hyperion Golf & CC, (7:00 am)
 Dallas Center, Memorial Hall, (Noon)
 West Des Moines, DM Golf & CC, (Noon)

Wednesday

East Polk County, Prairie Meadows, (7:00 am)
 Adel, Patrick's Restaurant, 211 S 7th St, #C, (Noon)
 The Greater Des Moines Club, WDM Marriott (6:00 pm)

Thursday

Waukee, Des Moines Golf & Country Club, (6:45 am)
 Des Moines, Wakonda Club, (Noon)
 Winterset, Northside Cafe, (Noon)

Friday

Des Moines, AM, Wakonda Club at 3915 Fleur Dr. (7:00 am)

Roving Ambassadors

Wanda Armstrong	Cubs Outing	6/23/11
Eric Dickinson	Cubs Outing	6/23/11
Dave Piersel	Cubs Outing	6/23/11
Bill Corwin	Cubs Outing	6/23/11
Dave Nagel	Cubs Outing	6/23/11
Larry Sample	Cubs Outing	6/23/11
Jim Arthur	Cubs Outing	6/23/11
Jenifer MK	Cubs Outing	6/23/11
David Crandall	Cubs Outing	6/23/11
Doyle Sanders	Cubs Outing	6/23/11
Dan Boes	Cubs Outing	6/23/11
Roger Nyberg	Cubs Outing	6/23/11
John Pittman	Cubs Outing	6/23/11
Wanda Armstrong	CFUM Supper Club	6/27/11
Dave Piersel	CFUM Supper Club	6/27/11
Jim Arthur	CFUM Supper Club	6/27/11
Ed Arnold	CFUM Supper Club	6/27/11
Larry Sample	CFUM Supper Club	6/27/11
Jim Lipscomb	CFUM Supper Club	6/27/11
Beth Goedken	CFUM Supper Club	6/27/11
David Crandall	CFUM Supper Club	6/27/11



We'll Be Singing . . .

Special
 Installation
 Program

Items for the Nor'Wester should be submitted every Wednesday by Noon. Please send to:

Jenifer Mercer-Klimowski

Phone: 515-237-2203

Fax: 515-237-2283

elliotspudmom@yahoo.com

BIRTHDAYS

June 19 Jim Arthur

June 23 Brad Helgemo

June 27 Dave Smith

Future Information

<u>Program</u>	<u>Greeters</u>	<u>Invocation</u>	<u>Sergeant</u>	<u>Scribe</u>
<i>Chairperson:</i> Phil Houle	<i>Chairperson:</i> Chuck Corwin	<i>Chairperson:</i> Jim Pittman	<i>Chairperson:</i> Kevin Smith	<i>Chairperson:</i> Brenda A-Mailey
Wanda Armstrong, July 8	Paul Kirpes, July 8	Roger Nyberg, July 8	Gene Gabus, July 8	Cam Torstenson, July 8
Wanda Armstrong, July 15	Vicky Foresman, July 15	Jim Pittman, July 15	Marv Johnson, July 15	Julia Taylor, July 15
Leslie Malcom, July 22	Ed Arnold, July 22	James Pittman, July 22	Ed Arnold, July 22	Randy Taber, July 22