

# NOR'WESTER

Rotary Club of Northwest Des Moines  
www.clubrunner.ca/northwestdesmoines

## Prez Sez...

Wendi Wilson

**Wow**, the beginning of a brand new Rotary year! I would like to say that I am humbled to be joining such an amazing group of people that have led this club so capably. Without a doubt, Cam did a fantastic job this past year with leading us to our new location and getting the fire started for the club to grow and be active! He deserves all of the kudos we can possibly muster!

I was so impressed at the turn out of Rotarians for the Charles Memorial Bike ride on July 5th! I am proud to say that 32 members and several spouses turned out to volunteer for this fundraising effort! We were able to gross nearly \$29,000 from YOUR efforts! Our club would not have been nearly as successful without the efforts from each one of you. I praise the bike ride committee for doing such a great job getting this major fund raiser off the ground!

*I am looking forward to an awesome year!*



## Scribbles

### Carl Voss - Des Moines Bicycle Collective

Chuck Corwin arranged an interesting program given my Carl Voss about the Des Moines Bicycle Collective. The Collective will be a partner and beneficiary of the Charles Gabus Memorial bike ride sponsored by our NW Rotary Club

The Bicycle Collective, a charitable 501(c)3 organization, is starting its second year of operation with strong success to date thanks to the scores of volunteers, bike donors and other financial contributors. Their goals are:

1. Get more people on bikes as alternative transportation.
2. Help people be self sufficient in maintaining their bikes.
3. Serve community needs.

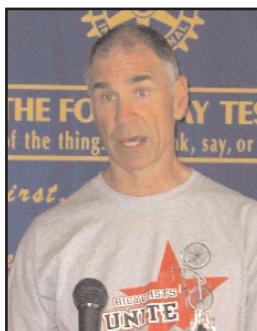
#### Some of their programs include:

- Volunteers do bike tune ups of donated bikes that are then sold or given to individuals in need including kids and refugees.
- Teaches bike mechanic, safety and etiquette classes throughout the community.

- Partners with the YMCA, YWCA, Boys & Girls Club, Homes of Oakridge, Variety & Bikes for Kids, & neighborhood organizations.

We also were enlightened to learn that for a 180 lbs person, biking 12 miles (i.e. Urbandale to downtown Farmers market) burns 600+ calories each way . . . or the equivalent of two large frosted cinnamon rolls. For this author, who has not biked much and “thus” exceeds the 180 lbs benchmark, biking appears to be a good activity to take up more seriously. Thanks for the interesting and inspirational program about an organization that is doing much good for scores of citizens in our community. Special thanks as well to Dave Smith who was inspired to purchase the visual aid (bike) and donate it back to the Collective to be given to a deserving individual!

Respectfully submitted,  
Paul Kirpes



July 17, 2009

Program:

Emily Williams-Bouska  
Capital Campaign Dir.  
Blank Park Zoo

#### Arranged By:

Gil DeRoos

#### Greeter:

Don Chafa

#### Invocation:

Nancy Johnson

#### Sergeant:

Brett Bremser

#### Scribe:

Larry Sample

## 2009-10

#### OFFICERS AND DIRECTORS

Wendi Wilson, President  
Eric Dickinson, President Elect  
Brad Helgemo, Secretary  
Wanda Armstrong, Treasurer  
Ed Arnold, Director  
Chuck Corwin, Director  
Rick Grant, Director  
Adam Keller, Director  
Marcus Dunn, Director  
Cam Torstenson, Past President  
Dianne D-Nelson, Exec Sec  
Mark McAndrews, Exec Treas

#### Future Programs

7/24: GSE Team  
7/31: Michelle Hamilton  
8/7: Mark Heppner  
Salisbury House

## Other Local Meetings

### Tuesday

Ankeny, Ankeny Golf & Country Club, (11:45)

Johnston, Hyperion Golf & CC, (7:00 am)

Dallas Center, Memorial Hall, (Noon)

West Des Moines, DM Golf & CC, (Noon)

### Wednesday

East Polk County, Prairie Meadows, (7:00 am)

Adel, Patrick's Restaurant, 211 S 7th St, #C, (Noon)

### Thursday

Waukee, Des Moines Golf & Country Club, (6:45 am)

Des Moines, Hotel Fort Des Moines, (Noon)

Winterset, Northside Cafe, (Noon)

### Friday

Des Moines, AM, Wakonda Club at 3915 Fleur Dr. (7:00 am)

## Rotary Minute...

### **Definition of Rotary**

How do you describe the organization called "Rotary"? There are so many characteristics of a Rotary club as well as the activities of more than a million Rotarians. There are the features of service, internationality, fellowship, classifications of each vocation, development of goodwill and world understanding, the emphasis of high ethical standards, concern for other people, and many more. In 1976, Rotary International created a concise definition of the fundamental aspects of Rotary. "Rotary is an organization of business and professional persons united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world." Those 31 words are worth remembering when someone asks, "What is a Rotary club?"



### *We'll Be Singing . . .*

The Star-Spangled Banner

Song Time:

God Bless America

You're a Grand Old Flag (#80)

Items for the Nor'Wester should be submitted every Wednesday by Noon. Please send to:

**Chuck Corwin**

Phone: 515-226-7605

Fax: 515-223-9301

ccorwin@bryton.com

BIRTHDAYS

June 27

**David Smith**

July 10

**Eric Dickinson**



BIRTHDAYS

## Future Information

### Program

Chairperson:

**Gil DeRoos**

Jeff Bremer, July 24

Chuck Corwin, July 31

Dave Piersal, Aug 7

### Greeters

Chairperson:

**Nancy Johnson**

Don Chafa, July 24

Don Chafa, July 31

Don Chafa, Aug 7

### Invocation

Chairperson:

**Jim Pittman**

Julia Taylor, July 24

Randy Taber, July 31

Kevin Smith, Aug 7

### Sergeant

Chairperson:

**Kevin Smith**

Richard Keith, July 24

Gene Gabus, July 31

Bill Grask, Aug 7

### Scribe

Chairperson:

**Larry Sample**

James Lipscomb, July 24

Leslie Malcolm, July 31

Tiffany Menke, Aug 7