

NOR'WESTER

Rotary Club of Northwest Des Moines
www.clubrunner.ca/northwestdesmoines

August 19, 2011

Prez Sez...

Wanda Armstrong

Rob Denson
President - DMACC

Arranged By:

Dianne D-N

Greeter:

TBA

Invocation:

Doyle Sanders

Sergeant:

David Piersel

Scribe:

Beth Goedken

The term Avenues of Service refers to the five parts of the Object of Rotary: Club Service, Vocational Service, Community Service, International Service, and New Generations.

Club Service involves all of the necessary activities Rotarians perform to make their clubs function successfully.

Vocational Service describes the opportunity each Rotarian has to represent the dignity & value of his or her vocation to the other members of the club, as well as the responsibility of the club to undertake projects related to such areas as career planning, vocational training, & the promotion of high ethical standards in the workplace.

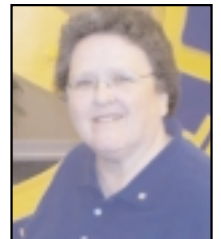
Community Service pertains to those activities that Rotarians undertake to improve the quality of life in their community. Involving assistance to youth, the aged, disabled, and others who look to Rotary as a source of hope for a better life.

International Service describes the many programs and activities that Rotarians undertake to advance international understanding, goodwill

and peace. Many projects are designed to meet humanitarian or to support relief and recovery efforts in the wake of a disaster.

New Generations recognizes the positive change implemented by youth and young adults involved in leadership development activities, community and international service projects, and exchange programs that enrich and foster world peace and cultural understanding.

This Saturday we will begin our journey into the Community Service avenue as we volunteer to sell root beer floats for the Iowa Special Olympics. August 22 we will be serving supper at CFUM. These are just two of the many service projects Northwest Des Moines Rotary Club is involved with during the year. Let's all do our part by supporting and helping with each of these projects.



2011-12 Officers & Directors

- Wanda Armstrong, President
- Brad Helgemo, President Elect
- Leslie Malcom, Secretary
- Dan Boes, Treasurer
- Ed Arnold, Director
- David Crandall, Director
- Jenifer M-K, Director
- Diane Porter, Director
- James Alan Smidt, Director
- Eric Dickinson, Past President
- Dianne D-Nelson, Exec Sec
- Bill Corwin, Exec Treas

Scribbles...

Dr. Richard Deming
Mercy Medical Center

Dr. Deming joined Mercy medical Center in 1989 and has been changing lives in Central Iowa ever since. He is active in many professional oncology organizations and has been the recipient of numerous awards.

Dr. Deming's role as an avid adventurer led him to put together an event where he led 14 Cancer survivors and 15 caregivers to the 17,600 foot Base Camp of Mount Everest Along their journey the team laughed, they cried, and they survived. Then they returned home with a new sense of purpose and a

renewed belief that anything is possible.

One of the things he learned from all this is that "too much stuff is a burden." He also learned that "it is not getting to the top that matters it is what you learn about yourself along the way."

He told us that the team prepared both physically and mentally because this was not just a physical adventure but it was a mind body experience. In a similar way life is a team and is about facing adversity. Adversity leads to personal growth.



Future Programs

8/26 Rick Green
Des Moines Register

9/2: Emily Minear
Supportive Housing
Campus

Continued....

Other Local Meetings

Tuesday

- Ankeny, Ankeny Golf & Country Club, (11:45)
- Johnston, Hyperion Golf & CC, (7:00 am)
- Dallas Center, Memorial Hall, (Noon)
- West Des Moines, DM Golf & CC, (Noon)

Wednesday

- East Polk County, Prairie Meadows, (7:00 am)
- Adel, Patrick's Restaurant, 211 S 7th St, #C, (Noon)
- The Greater Des Moines Club, WDM Marriott (6:00 pm)

Thursday

- Waukee, Des Moines Golf & Country Club, (6:45 am)
- Des Moines, Wakonda Club, (Noon)
- Winterset, Northside Cafe, (Noon)

Friday

- Des Moines, AM, Wakonda Club at 3915 Fleur Dr. (7:00 am)



We'll Be Singing . . .

Star Spangled Banner

Song Time:
When You're Smiling (#82)

Items for the Nor'Wester should be submitted every Wednesday by Noon. Please send to:

Jenifer Mercer-Klimowski

Phone: 515-237-2203

Fax: 515-237-2283

elliotspudmom@yahoo.com

Scribbles Continued...

No one felt they earned the trip or deserved the trip but that it was a blessing and helped them want to reach out with compassion to people around them.

If anyone would like to know more, they can attend. Dr. Deming and Charlie Wittmack's event, "Committed to the Core, an Evening of Inspiration," at the Hoyt Sherman Place, Thursday August 18 at 7 PM.

Scribe, James Alan Smidt

Back To School Giggles



"Do I get partial credit for simply having the courage to get out of bed and face the world again today?"

Future Information

<u>Program</u>	<u>Greeters</u>	<u>Invocation</u>	<u>Sergeant</u>	<u>Scribe</u>
<i>Chairperson:</i> Phil Houle	<i>Chairperson:</i> Chuck Corwin	<i>Chairperson:</i> Jim Pittman	<i>Chairperson:</i> Kevin Smith	<i>Chairperson:</i> Brenda A-Mailey
Gene Gabus, Aug 26	Larry Sample, Aug 26	James Allen Smidt, Aug 26	Paul Kirpes, Aug 26	Brenda A-M, Aug 26
Vicki Foresman, Sep 2	A. J. Johnson, Sep 2	David Smith, Sep 2	Liz Nead, Sep 2	Larry Sample, Sep 2
David Piersel, Sep 9	John Asche, Sep 9	Kevin Smith, Sep 9	TBA, Sep 9	Brenda A-M, Sep 9