



Custom Nepal Options

November - December 2022



Option A

Kathmandu and school visits only



Day	Date	Overnight	Hotel	Meals	Highlights
1	November 29	Kathmandu	Nepali Ghar		<ul style="list-style-type: none"> • Arrival and transfer to hotel
2	November 30	Kathmandu	Nepali Ghar	BD	<ul style="list-style-type: none"> • Morning at leisure • Visit to Swayambunath • Welcome dinner
3	December 1	Kathmandu	Nepali Ghar	B	<ul style="list-style-type: none"> • Morning visit to school #1 • PM city tour to Bodhnath and Pashupatinath
4	December 2	Kathmandu	Nepali Ghar	B	<ul style="list-style-type: none"> • Full day visit to school #2
5	December 3	Melamchi Ghyang	Local Accommodation	B	<ul style="list-style-type: none"> • Drive to Melamchi school
6	December 4	Melamchi Ghyang	Local Accommodation		<ul style="list-style-type: none"> • Full day at Melamchi school
7	December 5	Kathmandu	Nepali Ghar		<ul style="list-style-type: none"> • Drive back to Kathmandu • Sightseeing and shopping options
8	December 6	Departure		B	<ul style="list-style-type: none"> • Transfer to airport in time for international departure

This is the base itinerary for all other options.





Option A Costs

The cost of this itinerary varies based on number of guests but should be between \$950 and \$1,200. There is a \$300 per person single supplement for anyone looking to have a private room rather than sharing. These costs are based on not more than 10 people total. If there are more people, we'll need to get a small bus or two vehicles which would add cost per person.

This cost includes all airport transfers, 5 nights in twin (two bed) accommodation in Kathmandu, local accommodation Melamchi, meals as indicated, all tours and activities as indicated, 4x4 transfer from Kathmandu to Melamchi Ghyang to Kathmandu, and all Moraway Adventures pre-departure services. This cost does not include international airfare, Nepal visa (\$30 for 15 days, \$50 for 30 days), tips/gratuities, mandatory travel insurance, personal equipment, or items of a personal nature.

Nepali Ghar, Kathmandu

The Nepali Ghar exudes the warmth of Nepali hospitality. This boutique hotel is influenced by traditional Nepali architecture of the Kathmandu valley. Guests can relax at the top floor lounge and terrace overlooking the Kathmandu skyline, get a bit of exercise in the fitness center or enjoy authentic and international snacks and Mediterranean dishes served all day at the Tea Shop restaurant. Rooms are spacious and comfortable with large windows and beautifully crafted furniture.



Option B

Kathmandu, school visits and 6-day trekking extension



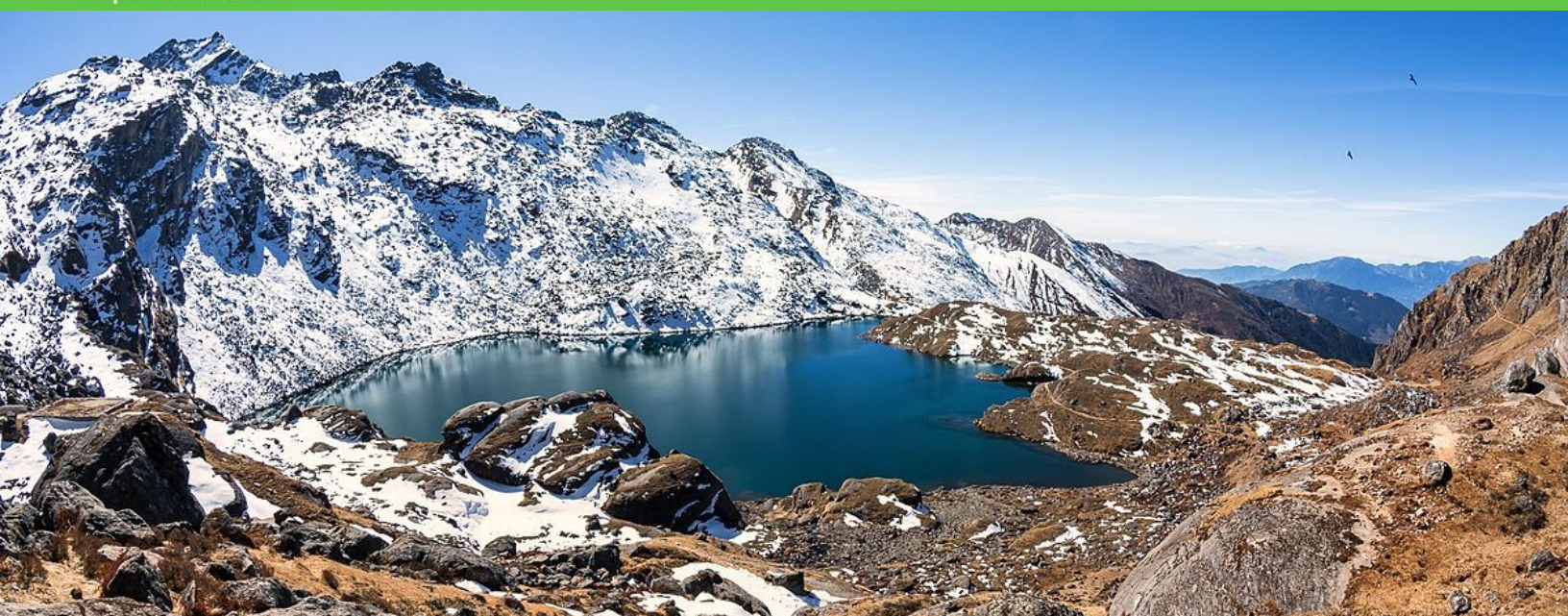
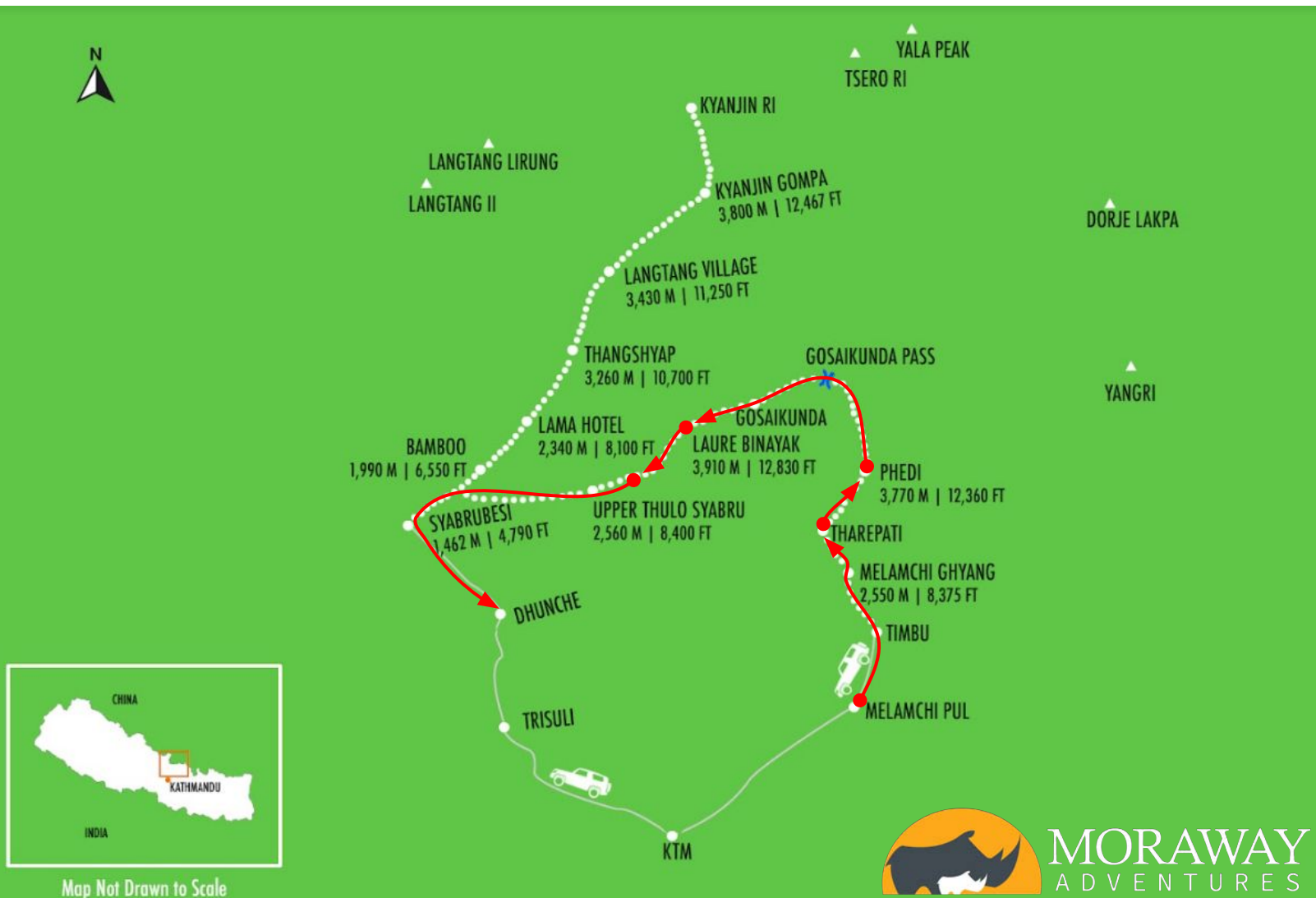
Day	Date	Overnight	Hotel	Meals	Highlights
1	November 29	Kathmandu	Nepali Ghar		• Arrival and transfer to hotel
2	November 30	Kathmandu	Nepali Ghar	BD	• Visit to Swayambunath • Welcome dinner
3	December 1	Kathmandu	Nepali Ghar	B	• Morning visit to school #1 • PM Bodhnath and Pashupatinath
4	December 2	Kathmandu	Nepali Ghar	B	• Full day visit to school #2
5	December 3	Melamchi Ghyang	Local Accommodation	B	• Drive to Melamchi school
6	December 4	Melamchi Ghyang	Local Accommodation		• Full day at Melamchi school
7	December 5	Tharepati 11,200 ft	Teahouse	LD	• Trek to Tharepati 4-6h • 3 miles, 3,700 ft of ascent
8	December 6	Tharepati 11,200 ft	Teahouse	BLD	• Acclimatization day • Local hikes nearby
9	December 7	Phedi 12,400 ft	Teahouse	BLD	• Trek to Phedi 4-6h • 5.3 miles, 2,600 feet up, 2,200 feet down
10	December 8	Laurebinayak 12,800 ft	Teahouse	BLD	• To Gosaikunda Lakes at 14,400ft • Down to Laurebinayak 5-6h • 6.5 miles, 3,000 feet up, 2,000 feet down
11	December 9	Sing Gompa 11,000 ft	Teahouse	BLD	• Trek to Sing Gompa 2-3h • 3.4 miles, 2,000 feet down
12	December 10	Kathmandu	Nepali Ghar	BLD	• Trek to Dhunche 3h • 4.5 miles, 3,000 feet down • Drive back to Kathmandu 4-5h
13	December 11	Departure		B	• Transfer to airport in time for international departure

Note that the first 6 days are identical to Option A - NO TREK option and then a 6-day trek is added.



Option B Trekking Details

The trek that begins from Melamchi School is the Gosaikunda circuit trek ending at Dhunche. this trek requires an ascent to a 14,000-foot pass after an acclimatization hike on day 8. Our guide will provide either a Gamow Bag or supplemental oxygen for safety. Lodging along the trek is in basic teahouses or lodges with all meals included. Guests will need to bring their own 20-degree sleeping bag or rent one.



Option B Costs

The cost of the Option B itinerary also varies based on number of guests from \$1,650 to \$1,950 per person. There is a \$350 per person single supplement for anyone looking to have a private room. These costs are based on not more than 10 people total. If there are more people, we'll need to get a small bus or two vehicles which would add cost per person. This cost includes all airport transfers, 5 nights in twin (two bed) accommodation in Kathmandu (local accommodation already provided in Melamchi), 5 nights accommodation in basic teahouses/lodges along the trek, meals as indicated, boiled water, tea/coffee and hot lemon drinks, all tours and activities as indicated, private guide for the trek, 4x4 transfer from Kathmandu to Melamchi Ghyang and Dhunche to Kathmandu, Gamow Bag or supplemental oxygen, Langtang National Park permit, trekkers information management card and all Moraway Adventures pre-departure services. This cost does not include international airfare, Nepal visa, tips/gratuities (est \$200-\$300), mandatory travel insurance, soft drinks, beer, or items of a personal nature.



Option C

Kathmandu, school visits and Pokhara extension



Day	Date	Overnight	Hotel	Meals	Highlights
1	November 29	Kathmandu	Nepali Ghar		• Arrival and transfer to hotel
2	November 30	Kathmandu	Nepali Ghar	BD	• Visit to Swayambunath • Welcome dinner
3	December 1	Kathmandu	Nepali Ghar	B	• Morning visit to school #1 • PM Bodhnath and Pashupatinath
4	December 2	Kathmandu	Nepali Ghar	B	• Full day visit to school #2
5	December 3	Melamchi Ghyang	Local Accommodation	B	• Drive to Melamchi school
6	December 4	Melamchi Ghyang	Local Accommodation		• Full day at Melamchi school
7	December 5	Kathmandu	Nepali Ghar		• Drive back to Kathmandu • Sightseeing options
8	December 6	Pokhara	Fishtail Resort	B	• Fly to Pokhara • Visit international mountain museum • Afternoon at leisure
9	December 7	Pokhara	Fishtail Resort	B	• To Sanrangkot for Annapurna sunrise • Phewa Lake and Peace Stupa • Afternoon at leisure
10	December 8	Kathmandu	Nepali Ghar	B	• Fly to Kathmandu • Day at leisure - shopping in Thamel
11	December 9	Departure		B	• Transfer to airport in time for international departure

Note that the first 7 days are identical to Option A - NO TREK with a 4-day Pokhara extension added.



Option C Costs

The cost of this option is \$1,945 to \$2,195. Pokhara is about 120 miles west of Kathmandu and right on Phewa Lake at an elevation of 2,700 feet. It's a really stunning city and the base for trekkers heading out to hike the Annapurna Circuit. There are stunning views to Annapurna and you'll get a chance to see sunrise over the Himalayas from here. There are numerous temples, Gumbas (Buddhist monasteries) and Churches in and around Pokhara valley. Many temples serve as combined places of worship for Hindus and Buddhists. This is a great extension option for those who want to spend a little more time in Nepal but aren't interested in an active trekking extension.



Fishtail Resort, Pokhara

Located on a peninsula on the stunning Phewa Lake, Fishtail Lodge offers panoramic views of the Annapurna Range. Soak in the view from the pool or relax at the on-site spa before dining al fresco style on the expansive deck. The restaurant serves a wide variety of Nepali, Chinese and Indian and Western cuisine. Spacious, en-suite rooms are well-appointed, comfortable and the perfect place to drift off to sleep with memories of your adventures in the Pokhara region.



Option D

Kathmandu, school visits, Pokhara and Chitwan National Park extension



Day	Date	Overnight	Hotel	Meals	Highlights
1	November 29	Kathmandu	Nepali Ghar		• Arrival and transfer to hotel
2	November 30	Kathmandu	Nepali Ghar	BD	• Visit to Swayambunath • Welcome dinner
3	December 1	Kathmandu	Nepali Ghar	B	• Morning visit to school #1 • PM Bodhnath and Pashupatinath
4	December 2	Kathmandu	Nepali Ghar	B	• Full day visit to school #2
5	December 3	Melamchi Ghyang	Local Accommodation	B	• Drive to Melamchi school
6	December 4	Melamchi Ghyang	Local Accommodation		• Full day at Melamchi school
7	December 5	Kathmandu	Nepali Ghar		• Drive back to Kathmandu • Sightseeing options
8	December 6	Pokhara	Fishtail Resort	B	• Fly to Pokhara • Visit international mountain museum • Afternoon at leisure
9	December 7	Pokhara	Fishtail Resort	B	• To Sanrangkot for Annapurna sunrise • Phewa Lake and Peace Stupa • Afternoon at leisure
10	December 8	Chitwan National Park	Barahi Jungle Resort	BD	• Fly to Chitwan • Drive to resort and evening at leisure
11	December 9	Chitwan National Park	Barahi Jungle Resort	BLD	• Jungle activities in Chitwan • Lions, rhinos, leopards, sloth bears
12	December 10	Kathmandu	Nepali Ghar	B	• Fly to Kathmandu • Day at leisure - shopping in Thamel
13	December 11	Departure		B	• Transfer to airport in time for international departure

Note that the first 10 days are identical to Option C but with 2 extra nights in Chitwan added.



Option D Costs and Details

The cost of this option is \$2,745 to \$2,995. This includes all of the same activities and experiences in Pokhara PLUS two nights in Chitwan National Park. Chitwan is most well-known for its almost 100 Bengal tigers and this is the best place in Nepal to see them. Wildlife abounds here with Indian leopards, rhinos, sloth bears, Bengal foxes, jackals, civets, mongooses and martens all present. The park boasts over 540 species of birds including such rarities as the lesser adjutant, grey-crowned prinia, swamp francolin and several species of grass warblers. Babblers, egrets, bitterns, storks and kingfishers are also prevalent. Explore the park on morning and afternoon 4x4 safaris.

NOTE: We cannot advocate any elephant riding activities as these violate our value of the ethical treatment of animals. Elephants used for riding are typically kept in cruel captivity.







Barahi Jungle Lodge, Chitwan

Barahi is set on the banks of the Rapti River with views extending directly into the forest of Chitwan National Park. Each of the thatched chalets was constructed with local stone, elephant grass and bamboo with sustainably harvested wood used for the furnishings and elegant interiors. The décor is a blend of contemporary and traditional Nepali influences and every suite has a private balcony with panoramic views. Explore Chitwan's wilderness by jeep safari, in a boat safari, or on a walk with an expert naturalist guide through the jungle. After a day of exploration, relax in the on-site wellness spa that offers Ayurvedic therapy. The resident chef specializes in pan-Asian cuisine with locally sourced organic ingredients.



Map: Nepal



-  Kathmandu
-  Melamchi School and Trekking extension
-  Pokhara
-  Chitwan National Park