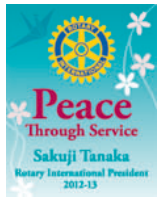




Kingston-North Kitsap Rotary eBulletin



Tue Mar 26, 2013

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Newsletter

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Duty Roster

Greeter:

Naomi Maasberg
& Karen Gibson

Thought of the Day:

Randy Monlux

Club Events

Blood Drive

Kingston Community Church
Mar 26, 2013 12:00 PM - 06:00 PM

Rotary Joint Club Fireside

White Horse Golf Course
May 29, 2013 06:00 PM - 09:00 PM

2013 District Conference

Sidney
May 31, 2013 11:00 AM - Jun 02, 2013 12:00 PM

Kingston Swing for Rotary Golf Tournament

White Horse Golf Course
Jun 21, 2013 12:30 PM - 08:00 PM

March is Literacy Month

"Why Join Rotary" - Reason #4 - Leadership Development: Rotary is an organization of leaders and successful people. Serving in Rotary positions is like college education. Leadership: Learning how to motivate, influence, and lead leaders.

Stories



A Rotary Travel Journal- Destination Guatemala Part II

Posted by Eugene Medina on Mar 26, 2013

And so our Guatemalan journey with Gene Medina continues. In this next segment of our journey we will visit two microcredit projects villages near Retalhuleu, Guatemala.

We had an opportunity to observe Solidarity and Development's {the Rotary sponsored Non-Governmental Organization (NGO)} microcredit program and the process of monthly repayment.

This program 16 microcredit groups each group comprised of approximately of 15-20 women. Each woman decides on the annual amount she wishes to borrow and then used the funds to prices products for resale (buy low, sell higher). For example, some women buy chicken eggs, young chicks, cosmetics, piglets, etc and then resale them. They then repay 12th of the loan amount at 1% interest. The monthly repayment calls for repayment on the loans principal (approximately 1 12th + a portion for personal savings and a small portion (the 1%) for the group pool. The latter is used for group or member emergencies or special issues the group decides upon.

For example, the typical annual long is 8000 quetzals (8000/8= \$1000 USD) these funds are used to purchase and resale chicken eggs every week during the year. In the end, the 667Q (\$83) monthly can become 1200Q (\$150) and they can use the net profit (\$67) for family food and the education of their children.



Typical village - Guatemalan Village Classroom

It is important to know that "while public education in Guatemala is theoretically free, even public school students are required to pay relatively high registration fees, all material costs including textbooks, and any transportation costs. They are also frequently obligated to contribute to building maintenance funds. To make matters worse, many of the families sacrifice to send their children to public schools that offer only a sub-standard level of education. Students are likely to find overcrowded classrooms in understaffed, poorly supervised schools". It can cost families up to \$100 per year for uniforms, books, supplies, school maintenance and transportation. . If the average male worker earns the equivalent of \$250 USD/month the additional.

On Tuesday, we visited the next village and attended a microcredit team meeting at Aurla's home





Speakers

Mar 27, 2013

[Dan Weedin](#)

To Infinity & Beyond: Everything you need to know about cyber liability

Apr 03, 2013

[Club Assembly](#)

Apr 10, 2013

[John Rosebeary](#)

Corey's Day on the Farm

Apr 17, 2013

[Rea Mowery](#)

Gettysburg 150th Anniversary

Apr 24, 2013

[Nick & Bobbie](#)

Village Green

May 01, 2013

[Club Assembly](#)

May 08, 2013

[Bill Maule](#)

Project Vote Smart

May 15, 2013

[Gary Jones](#)

The First Tee program

May 22, 2013

[Logan Reimann](#)

Kingston High student to present music talents

[View entire list...](#)

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[For New Members](#)

Directors/Officers

President

[Don Hutchins](#)

Vice President

[Randy Monlux](#)

President Elect

On Tuesday, we visited the next village and attended a microcredit team meeting at Aurla's home and observed another team of 16 women involved in the process. This time we had an opportunity to hear from individual members of the group. They are incredible people, committed to their families welfare and the education of their children.

Their child's education is the central theme of their parental work and commitment.



*Aurla's Home where we attended a microcredit group meeting (note the turkey in the foreground)
- Quite the contrast to the place where Rotarians stayed for the night.*

In the next segment or episode of our journey we will visit San Lucas de Toliman, a village on Lake Atitlan, Guatemala (See bottom left of map). I hope you enjoy these brief snapshots of the journey and will "tune in" for the episodes to come: San Lucas de Toliman. Lake Atitlan and its stoves, eco-toilets and washings stations, the Wakami village of Concepcion and its necklace makers, the Rio Dulce villages of Cuarto Cayos, Aqua Caliente, Tablitas and Nacimiento. Enjoy your commitment, involvement and support of our Rotary mission.

Watch for our next segment of the journey—Lake Atitlan Villages



Kingstons Rotary Goals and Strengths

Posted by Meisha Rouser on Mar 26, 2013

We had a productive and fun evening last week talking through our goals for our club for the upcoming year. Thanks to all of you who attended.

In last weeks Club Goal Setting workshop, we brainstormed on our clubs strengths and challenges. Here is what we came up with:

Identified Club Strengths:

- High energy
- Engaged
- Our Foundation (non-profit 501)
- Reputation
- Variety of Talents
- Member Diversity
- World Renowned Name
- FUN
- Great Lunch
- People Willing to Lead

Identified Club Challenges:

- No real display/marketing of what we do.
- People don't know a lot about everything Rotary is and does.
- Number of members (we are not a big club)
- Starting meetings on time.
- Covering everything in one hour (during our weekly meetings)
- 23 other service organization in this little town trying to raise money from a small community.

[Attached are the draft goals](#) we identified for next year. However, we would like to give everyone an opportunity to contribute. Thus, if you were not at the meeting or have more to contribute, please let me know if you have additional comments or suggestions.

Also [attached is "My as a Rotarian"](#) worksheet for you to complete and get back to

President Elect Meisha Rouser
Immediate Past President Clint Boxman
Secretary Suzanne Jenny
Treasurer Jerry Tellinghuisen
Board Member at Large Bob Winkel
Board Member at Large Mitchell Brockett
Community Service Chair Rea Mowery
International Service Chair Gene Medina
Vocational Service Chair Jessica Larson
Rotary Foundation Chair Bob Winkel
Public Relations Chair (Media) Dan Martin
Public Relations Chair (Press) Nancy Martin
Newsletter Editor Meisha Rouser
Administration Chair Fredrick Branchflower
Fundraising Chair Nick Jewett
Membership Chair Clint Boxman
Youth Exchange Officer Jennifer Carrier
Blood Drive Jon Sole
Web Master Evi Monlux

Editor Meisha Rouser
If you have any comments or questions, please contact the editor.

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Also attached is [mine as a Rotarian](#) worksheet for you to complete and get back to me by April 3rd.

The new board will review the draft goals and present the suggested goals for next year at the April 24th meeting for your final review.
 Thanks again! We really appreciate everyone's involvement.

Meisha Rouser
 Rotary Club of Kingston-North Kitsap



Mental Health Disorders - A perspective from teen Askli O'Brien

Posted by Sally Christy on Mar 26, 2013

Kingston High School, Ashli O'Brien, shared with our club in March some of her art work which focuses on bringing attention to mental health disorders - especially with teens.

Here are Ashli's thoughts on why she chose to do this type of work:

"The central idea of my concentration was a difficult one to decide. I didn't want it to seem ordinarily bland, but something with meaning behind it. I finally decided upon Mental Health Disorders. Why it came to mind, I'll never know. But it seemed interesting enough. Little did I know the grueling amount of hours researching would take. Nevertheless, I felt it was necessary to continue and not only did I educate myself on these rare disorders, but others in my class as well. I have a few family members and friends who have rare mental health disorders and through my art, I've been able to understand the struggles they face every day. People with disorders reach out for help but never quite get it within their grasp. No matter what, they will always feel trapped by the grip of their disorder. I have chosen this subject to get more people aware of how societal pressure and what is going on in the world causes young people, especially girls, to not feel good enough.

The work in my concentration demonstrates the exploration of my idea by showing disorders that are all around us but many don't know about. In one of my pieces, I water colored a rather thin and bony girl looking into a mirror and her reflections says "FAT", this displays Anorexia Nervosa. Each one of my pieces holds a deeper meaning and makes you think about the affect you have on somebody's self-esteem. Even just smiling at a person once a day can stop them from slipping into depression and make them feel important. Some of the disorders are created by society and the obsession of needing to be perfect. Young girls every day feel worthless just because of what society's unrealistic standards are. I chose to do this concentration to let everybody know what people with mental health disorders go through on a regular basis. And to help others reach an understanding and learn to accept people who are a little bit different in their own unique way."

Ashli O'Brien

Business Mentoring Begins in High School

Posted by Meisha Rouser on Mar 26, 2013

Rotary 5020 Career Pathways Initiative

Gary Nakamura, Rotary Club of Poulsbo-North Kitsap - [click here for full article](#)

Rotary Career Pathways Initiative goals:

1. Increase high school graduation rates with supportive career guidance and planning.
2. Support career and technical education programs that give students a real-world context for what they learn and alternatives to 4-year college immediately after high school.
3. Expand financial aid to help more low-income Washingtonians reach a "13th year" of education that leads to a living wage job.

In developing the Rotary Career Pathways Initiative program, I have kept the following in mind:

1. Complement and support existing career counseling and technical education programs, rather than create new ones.
2. Develop CPI activities and projects that do not take a great deal of extra effort by the counselors and teachers. We want to support them, not be a burden.

Rotary Career Pathways Initiative at the middle school level –

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Complement ongoing middle school career counseling programs (Navigation 101) that apprise students of post-high school education/training opportunities (not just 4-year college) and technical careers.

Middle school is too early for most students to select a specific career, but they should be encouraged to keep their future education and career options open by taking core courses required for entry into apprenticeships, technical schools, as well as 2 and 4-year colleges.

Rotary CPI activities at Kingston Middle School –

1. Participate in Principal reviews of student academic and career development portfolios, as a community member. This will give Rotarians an idea of what is currently going on in career and education guidance, positively impact the students' growth and development by giving them an opportunity and reason to articulate their current interests and plans for their immediate future, and give the students an opportunity to interact with a community member not affiliated with their school or family.
2. Participate in a June 6, 2013 (tentative date) Job Fair at Kingston Middle School. Students will be surveyed prior to the fair as to their career interests and questions regarding those careers. E.g. typical day, best and worst part of the job, education requirements. Survey results will be shared with Rotarians to inform and engage the appropriate ones.
3. Volunteer at Kingston Middle School as a subject-matter tutor or mentor; at lunch to teach chess, card games, math games; other opportunities to interact with students, gain their interest and trust, and perhaps inform their education and career choices, answer their questions.



Supporting Children's and Adult Literacy in Laos

Posted by Eugene Medina on Mar 19, 2013

Kingston-North Kitsap Rotary supports childrens and adult literacy in Laos. The Laos Literacy Project is a U.S. non-profit, tax-exempt organization. It was created to increase literacy in Laos among both children and adults, and to increase access in Lao villages to books and information about health, nutrition, better agricultural techniques, and other subjects that will increase the quality of life in one of the world's poorest countries.

Do you remember when you discovered the joy of reading? The power of a book to open doors to another world?

Most children in Laos learn to read from a teacher with a blackboard. The school may have some shared textbooks, but many children have never seen a book. Certainly they've never owned one, and they've never had a chance to discover the fun of reading.

The Laos Literacy Project works closely with the Lao-based Big Brother Mouse project to make literacy *fun* for children in Laos. Laos Literacy provides funding for book parties in rural schools, which begin by getting students excited about reading, and end with each child getting the first book they've ever owned. Then the school gets more books, so children can trade their book for a new one after they've read it.

Reading a good book is a joy in itself. But books can provide much more than enjoyment. They can provide information and inspiration to help readers improve their quality of life.





We help make books available in rural schools, but we also support small, home-based libraries in villages. At these libraries, adults, young people, and children can all find information about health, nutrition, childcare, agricultural techniques, sanitation, and other matters that affect them. They can find books that are simply enjoyable to read, and books that help them learn about the world.

You can get additional information about this project from Fredrick Branchflower, our club's project coordinator. We are currently supporting this work with a \$400 grant from our club Foundation.



Rotary Now Accepting Youth Scholarship Applications

Posted by Jessica Larson on Mar 19, 2013

Kingston Rotary is making available up to \$4000 for Kingston High School seniors! This is double the amount awarded last year.

Rotary scholarships applications are now available through the counseling office at Kingston High School. **Applications are due Friday, April 19th.**

The goal of the scholarship is to reward students who have worked to make a difference in our community through service. Part of the application process is an essay question asking what the 4 way test means to the student. Also this year we will be conducting interviews with our applicants.

Jessica will be needing three individuals to review the scholarships. Let her know if you would like to be on the Scholarship Review Committee.

Thanks!



Space Available for Guatemala Bottle School Trip

Posted by Meisha Rouser on Mar 19, 2013

There is still room to join fellow Rotarians' on a trip to Guatemala to build a bottle school. The trip will also include some sight seeing.
April 25 - May 1st, 2013

"When I was introduced to the Hug it Forward team in 2010, I knew immediately that I wanted to develop a plan to bring the Bottle School opportunity to Rotarians. Since then, we have raised over \$10,000 from Rotary clubs in the Pacific Northwest and California, much of which came after my personal experience on a Bottle School trip in April of 2012. I was honored to be asked to lead the Rotary Bottle School trip in April 2013. I am very excited about seeing Rotarians and their guests come with us to experience the beauty of the people, history and landscape of Guatemala. I guarantee that this will be a life-changing experience for each of you.

I'm pleased to announce that District 5340 Governor Dick Stevens and his wife Lynn are planning to join us on our Bottle School trip in April." *Mike Hancock*, Rotarian and Trip Coordinator.

Contact Mike Hancock for more information.

360-698-6477 office

360-509-4351 cell

[Click here for more information: www.servetheworldtoday.com/rotary](http://www.servetheworldtoday.com/rotary)



Rea Mowery - ROTARY MOMENT

Posted by Eva Monlux on Mar 13, 2013

Chicago, October 1945....Founder Paul Harris is asked... What is ROTARY? His response, "Thousands have answered, each in his own way. It is easier to note what ROTARY does than what it is. One recently has said, "If

ROTARY has encouraged us to take a more kindly outlook on life and men; if ROTARY has taught us greater tolerance and the desire to see the best in others; if ROTARY has brought us pleasant and helpful contacts with others who also are trying to capture and radiate the joy and beauty of life, then ROTARY has brought us all that we can expect."



Free Document Shredding & Electronic Recycling - April 13th

Posted by Doug Hallock on Mar 12, 2013

Windermere Real Estate West Sound's annual document shredding and electronic recycling even will take place on April 13th.

- Document Shredding (staples & paperclips OK, no bound material)
- Desktops & Laptops, Monitors & Televisions
- Gently Used Clothing & Small Household Items

Hot dog lunch by donation to help benefit the Windermere Foundation. Going to help those in need in our community.

Saturday, April 13th, 11am-2pm

Kingston - 26569 Lindvog Road NE
Poulsbo - 18570 State Hwy. 305
Silverdale - 9939 Mickelberry Rd. NW



Administrivia (or not)...

Posted by Donald Hutchins on Mar 05, 2013

I almost hate to bring this up. But you all must know that NO successful organization can exist without a certain basic minimum structure of "rules" by which everyone agrees to operate. Our beloved little Kingston-NK Rotary Club is no different.

We have a constitution and by-laws, and a separate set of by-laws for our "Foundation", meaning the funds we raise, that we pass on to worthy causes and projects. Here I am going to offer a mea-culpa. I read the Club's by-laws before taking office, and they looked pretty much as expected. They basically codified the way I'd observed the Club operating in the three years I'd been a member. I asked about the Foundation by-laws, couldn't find a copy right away and sort of forgot to keep digging. And I've very honestly never read our Constitution. Hmmm....

About now you may be getting a glimmer of where this is going. Thankfully, there are more astute managerial folks in our Club than I, and Gene Medina is one of the best. Gene mentioned to me a time or two that we ought to look closely at how we've been doing business, and investigate the possible need to realign our "rulebooks". In the press of other business, I didn't follow up with Gene - till recently he brought me a copy of our Foundation by-laws. And Voila! We are very much in need of a wholesale house-cleaning. Our recent processes don't even remotely resemble the Foundation rules. And none of us who have looked at them recently think they make any sense.

So: Gene, Fredrick and Bill Maule (from his rehab suite in Silverdale, no less) have agreed to form a working group, and undertake a bottom-up review. Our friends at the Bainbridge Island Club, who recently overhauled their documents, have loaned us theirs to use as a guideline. Our working group will look at those, ask questions where we don't understand why BI did some things, consider whether ours should be similar, or different if that's the case and report back to our Board, hopefully before Meisha and I change hats this summer.

In any event - I promise you (and Meisha) that this time I'll follow through, and we will start her term in an Administrative State of Grace. Stand by for the Working Group's report. I imagine it'll be of interest to us all.

Thanks as always for all the you do!



Bloomberg Philanthropies to donate US\$100 million to polio eradication

Posted by Meisha Rouser on Mar 05, 2013

New York Mayor Michael Bloomberg has announced a \$100 million donation to [support polio eradication efforts](#) through Bloomberg Philanthropies. The donation represents a six-year commitment to help fund the [Global Polio Eradication Initiative](#) (GPEI).

"We're at a critical juncture in the global effort to end polio," says Bloomberg. "If we're going to achieve a polio-free world, we must act quickly and commit now to providing the resources needed."

Rotary International, along with the World Health Organization, UNICEF, U.S. Centers for Disease Control and Prevention, and the Bill & Melinda Gates Foundation are global partners in the GPEI.

"On behalf of Rotary International -- and on behalf of all Rotarians -- I thank Mr. Bloomberg and his

foundation for this generous contribution of \$100 million to the Global Polio Eradication Initiative,” says Robert S. Scott, chair of Rotary’s International PolioPlus Committee. “Not only will this donation help us reach the most at-risk children with polio vaccine, it will also inspire other individuals, foundations, and businesses in the private sector to take part in this history-making endeavor to achieve a polio-free world.”

<http://news.yahoo.com/bloomberg-donating-100m-help-fight-polio-051615737--finance.html>



SWING FOR ROTARY GOLF CLASSIC

Posted by Alisha Martinez

Save the Date: Friday, June 21st, 2013

This years golf tournament promises to be the best ever as it will be held in the new club house! This is a great opportunity to attract new sponsors and we encourage each Rotarian to reach out to a new potential sponsor. With all of us pitching in, we can make this next tournament our best ever!

Kingston - North Kitsap Rotary Projects

Community Projects:

- Village Green Park and Community Center (Major Contributor)
- Scholarships for Kingston HS Students
- Food for Kids program
- Concerts on the Cove
- Stillwaters Environmental Center
- Kingston Seniors Association
- North Kitsap Food Banks
- Kingston Blood Drives
- KHS Interact Club

International Projects:

- “Hug it Forward” Bottle Schools Program
- Wheelchair Foundation
- Clear Path International
- Arequipa Educational support
- Acercandonos Educational support
- Youth Summer Exchange program
- Inter-Club project in development