

Muskegon Rotary in Motion

Brianna Scott, President Susan Cloutier-Myers, President-Elect Josh Wallace, Pres Nominee Pam Babbitt, Secretary Kathy Byma, Treasurer Don Crandall. Past President

Muskegon Rotary Club Club 216 (2809) – District 6290, Chartered May 1, 1916

February 12, 2012 12:10pm **Muskegon Harbor Holiday Inn** http://www.muskegonrotary.org



Cathy Brubaker-Clarke, Director Larry Larsen, Director Kathy Moore, Director Dave Sipka, Director Frank Marczak, RIM Reporter Bill Johanson, RIM Editor

THE FOUR WAY TEST THAT ROTARIANS USE IN MAKING ETHICAL DECISIONS: Is it the truth? Is it fair to all concerned? Will it build goodwill and better friendships? Will it be beneficial to all concerned?

Program: "United Way Update" Christine Robere

MEETER / GREETER

Jenna Blamer INVOCATION

Phil Friedrick

THIS MEETING'S MENU

Sub Sandwich Bar; salad bar with 6 toppings, 3 dressings; chili; potato chips/dip: dessert

STUDENT GUESTS

Muskegon Catholic Crusaders **NEXT WEEK'S BIRTHDAYS**

Christine Robere	Feb 13
Scott Sytsema	Feb 13
Marty Ferriby	Feb 15
Jane Clingman-Scott	Feb 16
Peg West	Feb 16
Rob Bridges	Feb 17
Cassie Klassen	Feb 17
Roger Andersen	Feb 18
PROGRAMS/EVENTS	

02/19 Youth Exchange-Mexico 02/26 McLaughlin Grows

(Meet at Watermark 920) 03/05 Tuskegee Airmen 03/12 Youth Exchange-Chile 03/19 TBA

03/26 Rotary Leader Mary Berge 04/02 Hilt's Landing Update 04/09 Marsh Field 04/16 Institute for Healing Racism

ROTARY AND SPARKLE

Muskegon, Michigan: Home to both the Miss Michigan Scholarship Pageant, a Miss America preliminary, and the revamped Miss Shoreline Pageant, which took place here last weekend. Five carefully selected \rightarrow judges picked the winner, Quinn Fischman of Jackson.

in what is now an "open pageant" that accepts qualified contestants from any



Just maybe... Miss Fischman has special memories of Muskegon Rotary. After all, three judges on this year's panel

Michigan

community.

are Rotarians – Gary Nelund, Bob Scolnik and JD Wallace. Then last June, she attended our Club's annual luncheon for Miss Michigan contestants, competing as Miss Jackson Crossroads, an >>>

Above, from left, Terri Strait, Gary Nelund, Brenda Sprader, Miss Shoreline 2015 Quinn Fischman, Bob Scolnik and JD Wallace.

>>> inaugural pageant that Rotarian Bill Johanson, left with Quinn, was invited to

We're sure to see Quinn again at this year's luncheon on June 18, and certainly wish her well during the competition.



For those interested in newsletter Click here

judge in January.



Deni Hunter & Group Therapy*



Check out Group Therapy* on Valentine's Day at the Red Rooster Tavern. Get in on the Valentine's Day Sweetheart Dinner for 2. Show starts at 9pm – Jimmy and **Deni Hunter**



Blue Lake Public Radio's Foley Schuler, above right, this week interviewed Scott Speck, Music Director of the West Michigan Symphony and its President and CEO **Carla Hill**, who'll serve as narrator with the Symphony this Friday, Feb 6, during WMS's "Words and Music" concert. Carla will present "Voices from the Gallery," a witty and moving piece by contemporary composer, the late Stephen Paulus. The work poses the question: If the great works of art could talk, what would they say?

Muskegon Rotary Board

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Larry Larsen <u>llarsensurt@gmail.com</u> Kathy Moore <u>mooreka@co.muskegon.mi.us</u> Dave Sipka <u>dsipka@muskegonisd.org</u> MSU Basketball Coach Tom → Izzo will speak in Muskegon THIS Saturday, February 7 at 5pm, in the Muskegon High School Auditorium!











This recent photo taken at Mexico's Riviera Maya features **Nancy Crandall**, outside left, **Don Crandall**, outside right, and, the fish from left, a Spanish mackerel, an amberjack, and a red snapper.

Rotary Business Connection



KEEPING BUSY DURING THE MEETING



Bob Scolnik & Gloria White Gardner

Carla Skoglund wants to remind all gentlemen about Soup for Suits, a free soup and bread luncheon to benefit the Muskegon Rescue Mission. It's

Tuesday, Feb 17, 11:30am-1pm. To donate or to sponsor a table, call Dan Skoglund or Kevin Newton at 231-727-6090.





Last Week's Program Mercy Health: "The Ride" by Frank Marczak

The program was opened by **Dave Alexander** who referenced the previous two programs that dealt with sports teams in the community. "THE RIDE" was then introduced by Amber Wallace, community development coordinator for Mercy Health. THE RIDE will take place on Saturday, March 14 at the Lakes Mall. This is the eleventh year of THE RIDE and it has raised over \$420,000 to support a testing and rehab program for kids and adults who may be suffering from a silent



type of heart disease.

Amber introduced Blair Moreau, an exercise physiologist from MH. THE RIDE is a fundraiser to help young people in particular identify and correct heart disease issues they may not even know they have. Blair reminded Club members about a young man from



the Saugatuck area who collapsed during a basketball game in

2011, and was pronounced dead at the scene. It was determined that he had a form of heart disease, an enlarged heart that had never been



diagnosed. Blair and two Mercy Health doctors developed a process and means to test high school athletes for this disease. Screening over 3,000 students, they found four children who had a fatal electrical disorder problem. Corrective action was taken but, in some cases, the child is only cautioned or informed that he/she



should no longer play sports as their life could be seriously in danger.

The testing also found 150 high school kids who were diagnosed with hypertension and over 900 who were borderline hypertensive. Money raised by THE RIDE is used to purchase equipment to diagnose kids and pay for the process of diagnosis where insurance >>>

RIM Correspondents

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This publication, **Muskegon Rotary in Motion (RIM)**, is intended for the private, non-commercial use of our members and friends. The deadline for RIM announcements is Thursday noon for the following week's issue. Submit brief announcements in writing (ie, notes, brochures, flyers, news releases) to Editor **Bill Johanson** or one of the RIM Correspondents above.

>>> does not cover the process. For more information, refer to <u>www.mercyhealth.com/studentheart</u> THE RIDE promotes health for all active engaged students and saves lives.

There are three ways to be involved in THE RIDE:

 Form an eight member team, each of whom will ride for 25 minutes. The rider pays \$50 to participate and can either join as an individual or as part of a team.
Total cost for a team is \$400. Rotarians can sponsor a rider for \$25 a person. Donations are very welcome.

3. Volunteer to assist with the program; as a time keeper, assistant or simply assisting the team.



Blair provided more statistics, some of them downright scary. Over onefourth (1/4th) of the kids tested have high blood pressure. In the USA over 67% of kids are considered obese. He attributes this largely to the increasing number of fast food restaurants so popular in our culture. He also referred to the fairly common electronic games widely in use; they are prone to raise tension in a player and can possibly cause long range health issues similar to the ones described above.



The Q&A process brought forth a number of questions about the high use of sodium in our foods, the information provided schools about Mercy Health's opportunity for testing students (information is sent to school administrators and athletic directors) and MHSAA requirements for testing.

Let it be known that Blair and Amber represent a process and solution for early identification of heart problems that are little known or imagined in our youth today. Kudos to Mercy Health and staff for stepping forward to raise monies to support early identification and correction of heart-related issues in our children.

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Eric Grimm volunteered to give our invocation last week, and his wonderfully researched offering was unique,

indeed. It is entitled "Creating Human Diversity Enriches Life." To experience it again, simply click on the link below:

file:///C:/Users/Bill/Downloads/Cele brating%20human%20diversity%20 enriches%20life%20(1).pdf

President Brianna reminded Club members of brochures and pamphlets placed on the table outside the dining room. Please check out the table each week for upcoming events offered by different organizations

Gary Ostrom informed the club about a recent successful new member orientation and told us about one new member who has participated in the Polar Plunge, a frosty winter experience held on Muskegon Lake. Wow.

The Mona Shores Rotaract Club is having an auction on February 12 and members were encouraged to buy raffle tickets or consider donating items for the auction.

Mike Youngdahl informed the Club about the formation of the Muskegon Boys and Girls Club; a terrific opportunity to serve young people from the community. A roll out event will

be held at Muskegon High School on Saturday afternoon. A very special speaker will be in town for the inaugural address. That speaker was mentioned in the newspaper and is none other than Tom Izzo, MSU basketball coach. Kudos to Mike, Bob Scolnik and any other member involved in the formation of this needed club. It was a long-time dream of the late Bob Tuttle. Muskegon Rotarian and National Boys & Girls Clubs board member. We welcomed our club's new executive director today: Dakota Crow.

And finally, we inducted a new member last meeting, **Marty Sytsema**, of Shoreline Sport & Spine PT



Visiting Rotarians & Guests Mona Shores Interactor David Griswold (John Noling); prospective member Patty Gaiser (Larry Larsen); GW Gardner Assn President Gloria White Gardner (Bob Scolnik); Lakeshore Museum Center Assistant Director Annoesika Steinman (Al Steinman); Chris Panyard (Bob Scolnik); Boys & Girls Club of the Lakeshore **Executive Director Dakota Crow** (Mike Youngdahl); Muskegon Area District Library Director Kelly Richards (Steve Dix); UIA 174 Business Manager Mark Mangione (Ryan Bennett); and Sunrise Garden Manager and prospective member Ty Woods (Jonathan Wilson). Student guests were from Muskegon High School.