

THE FOUR WAY TEST THAT ROTARIANS USE IN MAKING ETHICAL DECISIONS: Is it the truth? Is it fair to all concerned? Will it build goodwill and better friendships? Will it be beneficial to all concerned? "West MI Power Cleaning" Jerry Wiersma (3/9)

"This is it: the absolute edge of no return: to turn back now and make home or sail irrevocably on and either find land or plunge over the world's roaring rim" - William Faulkner

MEETER / GREETER

Dan Hartman

INVOCATOR - REFLECTOR



THIS WEEK'S MENU Housemade Meatloaf; garden salad bar; redskin potatoes; roasted vegetables; and cookies

STUDENT GUESTS

Ravenna Bulldogs

NEXT WEEK'S BIRTHDAYS

Tim DeMumbrum	Mar 11
Ricki Levine	Mar 11

FUTURE PROGRAMS / EVENTS

03/08 Soup's On... Lakeshore 03/09 West MI Power Cleaning (Meet at Lake House) 03/12 Build Your Burger 03/16 First Tee Golf Program 03/16 New Member Get Together 03/23 Quick Membership Updates (Meet at Lake House)

Muskegon Rotary Board

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Rotary Boast: Two Local Stars



Rotarian Chris Kuhn and Francine Kilcrease, below, were the big winners at last weekend's "Dancing with the Local Stars 2017." They each took home five trophies - "Critics Choice" (opening night Thursday); three "Best of Show" (Friday, Saturday matinée, Saturday night); and "Best Costume" - while performing freestyle to "Can't Stop the Feeling!" by Justin Timberlake. The performance included a drum set, light-up shoes and hatS. Photo courtesy: MLive, Facebook Friends





Matt Kaley, Rotary's other dancing star, and Andrea VanBeek, shown next page, performed a freestyle dance to "I Hope You Dance Mix" by Ronan Keating and Mandisa. The number featured a costume change that altered the dance's feel. Matt and Andrea didn't win a trophy but he told RIM, "The talent >>>



MATT KALEY & ANDREA VANBEEK

>>> was phenomenal. Had a super time. Made lots of new friends with some fabulous people. Hats Off! to Women's Division of the Chamber." The event, now in its ninth year, benefits food pantries and food programs in Muskegon, upper Ottawa and lower Oceana counties.





Muskegon Holiday Inn Thursdays 5:15 – 6:30pm

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NEW MEMBER GET TOGETHER

THURSDAY, MARCH 16, 2017 5:30 TO 7:30 PM AT THE ABODE OF SUSAN & ORVILLE CRAIN 49 TERRACE POINT CIRCLE PHONE 231-282-1818

COME TO OUR SOCIAL AND MEET COMMITTEE CHAIRS AND OTHER MEMBERS, NEW AND VETERAN.

DRINKS AND SNACKS PROVIDED.

PLEASE RSVP SO WE HAVE A COUNT AND ENOUGH FOOD. susancloutier@yahoo.com

Our March Meetings

Mar 9	– Lake House
Mar 16	– Holiday Inn
Mar 23	– Lake House

Mar 30 – Holiday Inn

FINAL STAGES:

ROTARY PARK MONUMENT

I just received confirmation from the monument company that the granite is now on site; they are crafting the base for it right now. I also received word



from Eagle Alloy that the castings are completed. So both the monument company and Eagle Alloy are working to get the castings mounted. We can't get the pad for the monument, or the pavers moved until the ground thaws. We can't even bid out the pad for the monument until we know exactly how much it weighs.

- Connie Maxim-Sparrow

Date Clarification

When an avid RIM reader pointed out an erroneous date, subsequent to last week's issue's distribution, we followed procedure in clarifying (we don't "retract") the mistake. First of all, RIM's proofreader was flogged appropriately until begging for forgiveness and pleading to keep his job. Salient facts were carefully researched by the Newsroom until we couldn't research facts no more. And finally, we reset the faulty RIM type for reprinting. Here's what you should have received: "Our 'New Member Get Together' is Thur, March 16, not March 6, and pretty much any Rotarian arriving won't be turned away." Other pertinent and impertinent info is in pink to our left.

Meanwhile: Everybody come... WE. DARE. YOU.

Rare Sunday Opening

A great Sunday afternoon ticket awaits you this next week at Rotary. Tickets for the March 12th Baker College of Muskegon Rotaract fundraiser to benefit the Boys and Girls Club of Muskegon will be available at



the meeting. Look for the display when you arrive or call **John Noling** for ticket delivery at 670-3740.

For only \$15, you can custom build your own famous Station Grill burger on a rare Sunday plus enjoy scrumptious chicken wings, French fries, and beverage. It's a terrific way to support a Rotaract service project that benefits our community.

Visiting Rotarians & Guests

Diane Smith, Chelsea Robinson and Laura Beechnau (**Kris Collee**); David Mamey (**Joan Schmitt**); and Western Michigan Christian HS students.

LAST WEEK'S PROGRAM

AgeWell Senior Services – Not Your Grandma's Meals On Wheels

Speaker: Exec Dir Kris Collee

by RIM Reporter Jamie Hekker

When you think about Meals on Wheels, what comes to mind? Is it a boring, bland, prepackaged "hospital food" meal, or something else? Perhaps Chicken Marsala, salad, steamed vegetables, fresh fruit, and a side of potatoes? That's what today's Meals on Wheels with AgeWell Services looks like. Meals on Wheels offers choices

to those over 60, including a "hot and hearty" meal like Thursday's today's lunch or sandwich and salad options for those with lighter appetites.

You may think that Meals on Wheels is just for the frail elderly who are in poverty. AgeWell Services offers meals through home-delivered meals and community meal sites for anyone 60 years and older. The costs are based on ability to pay. One in six people over the age of 60 is food insecure and these meal programs help address this vital need. Last year, AgeWell served 353,656 in its service area of Muskegon, Oceana and Ottawa Counties, including 207,036 home delivered meals. Some individuals are homebound long-term, but others simply need assistance for a short period of time as they transition home from a hospital or rehab facility. Home delivered meals help preserve independence and reduce hospital readmissions.

Home delivered meals provide vital nutrition to seniors, but also help reduce isolation and loneliness. The daily visit from the meal delivery driver serves as a safety check for people who may not have other visitors and sometimes can be lifesaving. One client, Helena, had fallen and broken her hip and her driver found her after becoming concerned when she didn't come to the door as usual. Her driver was able to

intervene and help ensure Helena got prompt medical attention. AgeWell helps promote community and reduce isolation through their many programs at Tanglewood Park including fitness classes, computer lab, fine arts room, nutrition classes, and the Tanglewood Café which offers and affordable place to meet and get a delicious meal. The congregate meals

sites also offer seniors an opportunity to connect and socialize while enjoying a healthy and affordable meal. AgeWell provides these services in the community in conjunction with many partners: 53 home delivered routes with some paid delivery drives and 191 volunteers and

community-based senior centers and congregations.

Dangers are Part of the Business

While you have heard of Meals on Wheels and may have known about the Tanglewood Park activities, many people don't know about AgeWell's work with the Tri County Protection Team. This team is dedicated to creating a coordinated response to vulnerable adult abuse including educating people on the danger of financial exploitation. The Tri County Protection Team will be working together with AgeWell, Adult Protective Services, law enforcement and the Prosecutor's office to ensure that abuse and fraud are dealt with efficiently and effectively to protect seniors.

What's the future for AgeWell Services? There are currently 33,762 seniors in Muskegon and in 15 years that number will double. Generation X is now the "Sandwich Generation" – raising families while caring for aging parents and working full-time. The Baby Boomers are diverse and AgeWell invites you to define your own age and find what you need. You can take a Boot Camp class, or try seated Zumba and balance classes if that's more your speed. If you'd like to attend a meal site to meet others or need home delivered meals, the option is there for you. Recent retirees may >>>

This Week On Stage

Jerry Wiersma will relate getting into the business world -West Michigan Power Cleaning Equipment –with his dad, purchasing the company from long-time Rotarian **Dick Witham**. He'll briefly touch upon his second business, West Michigan Small Engine Repair, and report on Karcher, the brand of cleaning equipment he sells; Karcher is the largest manufacturer of cleaning equipment in the world.

>>> find it more interesting to volunteer as meal delivery driver or teach a skill such as computers, financial management, lead a book group or more!

Other upcoming initiatives include working with "Farm to Plate" and local foods, which will require systems changes, equipment upgrades and change to production. As part of the Healthy Muskegon Network, AgeWell aims to be good stewards of the food system and looking to the future of food processing, working with the Food Hub and "Farm to Freezer" Initiative. Don't be surprised if in the future, AgeWell is considered the most innovative Meals on Wheels in the nation!

How can you help? Your time, talent, and treasure are always needed. Current needs include engaged board members with skills in construction, real estate, technology, food service or processing, or banking. The annual "Heels for Meals" fundraiser is coming up on April 22 at Bella Maria's! For more information on AgeWell, contact **Kris Collee** at <u>kris@agewellservices.org</u>.





<u>NEWS / ANNOUNCEMENTS –</u> <u>PRESIDENT</u>

New member Papa N'Jai, below,

of the Rotary ReWine evening meeting was inducted, sponsored by John Noling. Papa lived in Sierra



Leon for 20 years, and now lives in Muskegon with his wife Sylvia and young son. He is a faculty member at Muskegon Community College, serving as the chair of the Social Studies Department and coordinator of International Programs.

President Josh offered

congratulations to Rotarians **Chris Kuhn**, pictured below with partner Francine, and **Matt Kaley** on their



success in "Dancing with the Local Stars."

Dale Nesbary, president of Muskegon Community College, was honored with a tribute for his many contributions in his eight years of service.

Annah and **Dakota Crow** welcomed a baby girl last week.

Our Rotary team for "The Ride" needs one more rider. The event is

March 11th at the Lakes Mall and the commitment is only 25 minutes riding on a stationary bike. Contact **President Josh** if you are interested.

<u>NEWS / ANNOUNCEMENTS – COMMITTEE MEMBERS, GUESTS</u>

A lovely tanned **Nancy Crandall**, below, gave an update on the



n the Honduras trip. Twenty volunteers left last Friday and are building houses and

installing latrines in the balmy 90 degree weather. They will return this Saturday, hopefully to a more moderate climate.

Rabbi

Alpert, right, is seeking members to provide inspiration with the weekly reflection/



invocation. There is an opening on March 23, and sign-ups are open for the second quarter.

Grape Escape Planning is in full force. If you'd like to help, the next

planning meeting will be held on Monday, March 6th at 5:30 pm at the 3rd Street Grill.



Contact Co-Chair Marty Gerencer, time. above, for more details.



The Life Leadership Committee is hard at work interviewing students from all 14 high schools for

this year's Life Leadership Conference. If you're interested in helping with interviews, contact John Noling, above, or Brianna Scott.

The Crains will host a New Member Gathering at their home on March 16^{th} at 5:30pm. This is open to all – new members, committee chairs, and those who want to mix and mingle. Hope to see you there!

The World Peace Conference will be held on March 31 – April 1 in Ann Arbor. Twelve students have expressed interest. They will pay their own conference fees, but we need a large van and driver to help get them there, as well as funding for 1 night in the hotel. Donations are also being accepted for our local Rotary's matching grant to support the World Peace Conference. Contact **President Josh** to help with this need.

The 6th annual St. Patrick's Day Parade is coming to downtown Muskegon on March 18th! Come out and enjoy the fun at 11:00 am! The parade route is on Clay Ave. beginning at 4th Street and ending at Hennessey's Irish Pub. #WatchUsGoIrish

Chris and Fran one last

