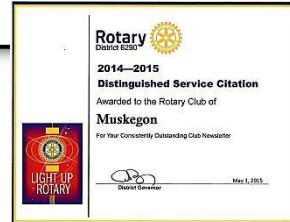




"Service Above Self"

Muskegon Rotary in Motion

<http://www.muskegonrotary.org>



Cathy Brubaker-Clarke, President
Kathy Moore, President-Elect
Linda Juarez, President-Nominee
Nancy Crandall, Secretary
Tim Arter, Treasurer
Josh Wallace, Immediate Past President



Muskegon Rotary Club

Club 16 (2809) - District 6290, Chartered May 1, 1916

Nov 2, 2017 12:00 - 1:30pm

Muskegon Harbor Holiday Inn

ReWine Satellite Club 5:15 - 6:30pm Holiday Inn



Jane Clingman-Scott, Director
Ed Hendrickson, Director
Mark Meyers, Director
Jason Piasecki, Director
Diane Van Epps, RIM Reporter
David Manley, RIM Editor

THE FOUR WAY TEST THAT ROTARIANS USE IN MAKING ETHICAL DECISIONS:

Is it the **truth**? Is it **fair** to all concerned? Will it build **goodwill** and better **friendships**? Will it be **beneficial** to all concerned?



(11/2) "1 in 21 Update" Jamie Hekker

"This is it: the absolute edge of no return: to turn back now and make home or sail irrevocably on and either find land or plunge over the world's roaring rim" - William Faulkner

MEETER / GREETER

Joanie Smith

INVOCATOR - REFLECTOR

Carla Skoglund

THIS WEEK'S MENU

Taco Bar - beef and chicken;
salad bar w/ 6 toppings 3
dressing; tortillas and salsa;
rice; dessert

STUDENT GUESTS

Muskegon Heights Academy

NEXT WEEK'S BIRTHDAYS

Chris Kuhn Nov 3
Roger Spoelman Nov 3
Kevin Donovan Nov 6

FUTURE PROGRAMS / EVENTS

11/02 **RETURN TO HOLIDAY INN**

11/02 1 in 21 Update

11/09 Health Care Reform

11/15 **Firearm Deer Hunting Season**
(no guns allowed inside; must be checked at door)

11/16 Cuba First Hand Aid

11/23 **THANKSGIVING (No Mtg)**

Muskegon Rotary Board

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Jason Piasecki jason@revel.in



ON STAGE THIS WEEK

Fresh off maternity leave and back like never before is our very own Muskegon County Community



Engagement Coordinator
Jamie Helsen-Hekker (left)

Our featured presentation will be giving us the current updates on the One In 21 initiative,

which aims to make Muskegon County the healthiest county in the state of Michigan by 2021. This initiative came about after the most recent study in which the University of Wisconsin and the Robert Wood Johnson found that Muskegon County was one of the worst counties in regards to health and the goal is to become the number one county in health standards amongst the other 81 counties in Michigan according to the 2021 health rankings.



WE RETURN TO THE HOLIDAY INN THIS WEEK, NOVEMBER 2.

For everyone who was unable to attend our last meeting for the season at The Lake House Waterfront Grill 10/26/17. We made sure to show our appreciation for the wonderful service provided by the staff over the previous months, and they returned the compliments by commenting how much we would be missed. Special thanks to Head Chef Craig French (above) and Banquet Manager Melissa Deal (above)

Click this link for recent minutes

Rotary Rewine

Muskegon Holiday Inn • Thursdays 5:15 - 6:30pm



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This publication, Muskegon Rotary in Motion (RIM), is intended for the private, non-commercial use of our members and friends. Content includes RIM correspondents' reports, meeting announcements, satire sort of, Club- or member-contributed social media items, and Club-related borrowings from media friends. The deadline for RIM announcements (the timeframe adherence to best guarantee accuracy and publication of a reader's message) is Thursday noon for the following week's issue. Submit brief announcements in writing to Editor Bill Johanson or one of the RIM Correspondents above.
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The **Community Services Committee** along with Two Men and A Truck, are hosting a Community Drive to collect new or gently used winter items such as *coats, hats, and mittens*. We will have a box at each Club meeting until November 13th to collect items for those in need. Please bring in your items to donate ASAP.

NEWS / ANNOUNCEMENTS- PRESIDENT AND OTHERS

President Cathy

pointed out the article in the recent *Rotarian* magazine (p 42) that talked about Rotary Scholars doing good in the World. Rotary Scholars have been helping out in Mexico's migrant shelters where people are trying to make

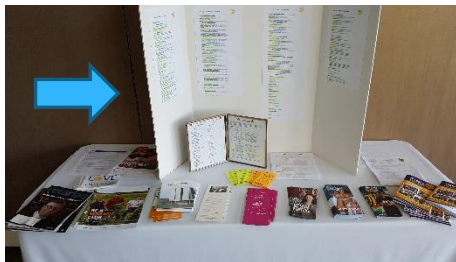


their way north and have encountered difficult struggles during their journeys.



Retention Committee- Brianna Scott and Jim Fisher, shared results from the recent Retention Survey in which 143 Rotarians participated. 61% responded that they attend meetings 2-3x/mo and those who attend only 1x/mo are likely due to demands of the job. 73% responded that they were on at least one committee. Which committees are you on?

It's worth noting that a "glitch in the system" caused all committees within Club Runner to display all members, as part of each and every individual committee. Therefore, it's important to make sure you are looking at the Committee board that **John Noling** has brought in, and that you either add or delete your name from the appropriate committees by communicating with your chair in each committee.



In response to the question regarding Club leadership, 80-90% answered that they are *not* interested in signing up. However, the good news is that 40% *would* like to participate in a leadership workshop which will be led by **Nancy Crandall** and **Jim Fisher**. The Committee is targeting January 2018 as a realistic target for the first session. And lastly, Rotarians have made it clear that the news and announcements portion of our programs to be limited to Rotary events only and that

the program start time is to be kept the same.

VISITING ROTARIANS & GUESTS

Jennifer Balgooyen of MAISD (**Marty Sytsema**), Susan Guerra of Charley's (**Myrna Olsen**), Pastor Jane Mountain of Our Savior's Lutheran Church (**Jim Rausch**), Brad Seymour (**Ammy Seymour**), Mike Budreau of Northside Construction (**Dave Manley**)



Marty Sytsema welcomed West Michigan Christian students Andrew Pleasure and Chantal Wilkinson.



Even in the absence of our Club's Finemeister (**Kevin Donovan**) we're reminded of his "fine" nature. These beautiful ladies **Kathy Moore, Ginny Sprague, Darlene Collet, Jackie Fisher, and Nancy Crandall** were all fined \$1 along with a couple other tables for lacking gender inclusion.



>>> PLEASE SHARE <<<
[Muskegon Rotary After Hours](#)
[Facebook Event Click on the above picture.](#)



Tim Lipan and Tom Schaub— Represented the **Rotary Social Committee** in all its glory! Wednesday, Nov. 1, 5-7 pm, come on out to the Muskegon Country Club. Complimentary appetizers, cash bar, Spouses and potential members are welcomed too, and no RSVP is necessary. This event was well attended last year and lots of laughs were had. The fun continued with many people staying for dinner at the restaurant as well! The Country Club again invites anyone inclined to stay for dinner at their SE4SONS restaurant where they will be offering some of their Wednesday night specials including: \$3 off all shared plates, ½ off select bottles of wine, and \$6 Martinis.



Nancy Crandall, Grape Escape, Sponsor Committee- We had a last minute Sponsor who did not make the sponsor directory list for the *Grape Escape* event. Larry Romanelli of the Little River Band of Ottawa

Indians was very generous to our Club, so If you see Larry around, be sure to say thank you for their contribution to our biggest fundraiser of the year.

Last Week's Program



Muskegon Provides Food for Health (MPFH) Speakers:

Sarah Rinsema-Sybenga, Exec Director, Community enCompass; **Marty Gerencer**, Principal, MMC and Project Lead, MPFH; Linda Juarez, Hackley Community Care Center
by RIM Reporter **Diane Van Epps**
Sarah- MPFH is a program of



Community enCompass, Hackley Community Care, Pathways, and Mercy Health as well as several other partners. The program is made up of doctors, farmers, neighborhood associations in the core city,



neighborhoods with people who live here, work here and want to be here. A concern in some of these neighborhoods have been empty lots enticing negative activity and filling up with trash. The area showed a history of neighborhood grocery stores as well as growers and farmers. At one time there were 20 urban gardens. McLaughlin Grows Urban Farms' key difference they sell the produce the employee farmers grow and then sell to the farmer's market, Muskegon Public Schools and local hospitals. A University of Wisconsin study showed that Muskegon was ranked at number 80 out of 82 of the unhealthiest counties. This is the impetus for obesity, diabetes, and high blood pressure.



Linda- Hackley Community Care serves individuals with the lowest access to resources. They provide

medical, dental and and community resources to their patients. These

individuals can now benefit from MPFH to help them increase their consumption of fruits and vegetables. The doctors write a prescription for fruits and vegetables and the patient can take their prescription/tokens to McLaughlin to receive fresh product.



Marty- "Due diligence was performed with 25 collaborators in the community". One of 14

models being used in Michigan was chosen and Muskegon is ahead of the curve. The program rolled out in August 2016 through October 2017 and was a success. There are plans in the works for a full launch in 2018 for up to 75 patients. This is not a "Biggest Loser" fix, but a change of life which also includes social benefits. Wouldn't this be something great for all of us? Community enCompass is looking for a coordinator. Please check out the [Community enCompass site](#) to get involved or to learn more information. Also attached in this link is the [MPFH Program Implementation Guide](#)

ROTARIANS ON THE MOVE



Our very own **Troy Wasserman** alongside his sister Angie (Mrs. **Gary Nelund**)

were featured in a recent article that is a great read, **Click on picture to go to the article.**

EDITORS NOTE

Do you have any comments, suggestions, or ideas on how to improve this newsletter? Would you like to join the team?

Please contact us @

bill.johanson@yahoo.com
davidkmanley@gmail.com

BAKER COLLEGE TO THE RESCUE

by RIM Reprter- John Noling



Working toward
their 5th
consecutive
Rotary
Presidential

Coitation this year is the widely
acclaimed Baker College of
Muskegon Rotaract Club.

Meetings are at 4:30 p.m.
Tuesdays at Baker College's
Starks Hall. All Rotarians are
cordially invited to attend. The
following update supplied by
Megan Dickson and **Linda
Meyers**:

"Our year is off to a great start.
We had four of our members
attend the Rotaract District
conference at Central Michigan
University this past weekend
where we learned a lot about
leadership and recruiting. Some
projects that we have been
involved with this year include":

- >Kids' Food Basket every Friday
- >Cleaning our Adopt-a-Highway
- >Volunteering at Rotary's Grape Escape
- >Donating books to Brooks Correctional
- >Read to Your Child Grandchild
Program



"We recently
chose
**Muskegon
Rescue
Mission** as our

year-long project. We
had a few great organizations to
choose from, so it was a difficult



(Left to Right: **Natalie Drier**,
President **Megan Dickson**, Vice
President **Jadyn Midkiff**, Club
Faculty Advisor and Paul Harris
Fellow, **Linda Meyers**, and **AJ
Henderson**).

choice. Our club chose
Muskegon Rescue Mission
because they are the only
mission in the area that serves
men, women and children."

"They also give the people
they serve the opportunity to
better themselves by teaching
them skills they need to get
back into the workforce and
get their life back on
track. This organization fits
nicely with
Baker's mission and provides
our club multiple ways to
volunteer and get involved."

We are also excited to welcome
District Governor Ed Swart to

our meeting on 10/31. Come join
us and wear your best
Halloween costume!!

Let's continue to support our
thriving Rotaract of Baker
College Muskegon Club, through
liking and sharing their current
events and contributions via
Facebook and other social
media outlets.



**Click on the picture above to
plug into their network.**