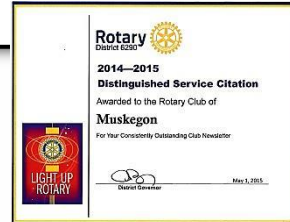




"Service Above Self"

# Muskegon Rotary in Motion



<http://www.muskegonrotary.org>

Cathy Brubaker-Clarke, President  
Kathy Moore, President-Elect  
Linda Juarez, President-Nominee  
Nancy Crandall, Secretary  
Tim Arter, Treasurer  
Josh Wallace, Immediate Past President



**Muskegon Rotary Club**  
Club 16 (2809) - District 6290, Chartered May 1, 1916  
**October 5, 2017 12:00 - 1:30pm**  
**Lake House Waterfront Grill**  
ReWine Satellite Club 5:15 - 6:30pm Holiday Inn



Jane Clingman-Scott, Director  
Ed Hendrickson, Director  
Mark Meyers, Director  
Jason Piasecki, Director  
Meredith Smillie, RIM Reporter  
David Manley, RIM Editor

## THE FOUR WAY TEST THAT ROTARIANS USE IN MAKING ETHICAL DECISIONS:

Is it the truth? Is it fair to all concerned? Will it build goodwill and better friendships? Will it be beneficial to all concerned?



## (10/5) "Muskegon County Youth Millage" Zach Anderson & Group

This is it: the absolute edge of no return: to turn back now and make home or sail irrevocably on and either find land or plunge over the world's roaring rim" - William Faulkner

### MEETER / GREETER

Bill Pennington

### INVOCATOR - REFLECTOR

Robin Henshaw Hard

### THIS WEEK'S MENU

Roast Turkey Breast Buffet w/  
sherry/sage gravy; garden  
salad bar; garlic parmesan  
mashed potatoes; roasted  
vegetable; cookies/brownies.

### NEXT WEEK'S BIRTHDAYS

Ed Garner	Oct 2
DJ Hilson	Oct 2
Dick Carlson	Oct 4
Cyndi Langlois	Oct 4
Cindy Larsen	Oct 6
Andrea Fearnly	Oct 11
Heidi Sytsema	Oct 11

### FUTURE PROGRAMS / EVENTS

10/04 **Grape Escape**  
10/12 Mexican Heritage Here  
10/19 Atlanta Attendees Update  
10/26 Food for Health

### Muskegon Rotary Board

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The hour is nearly upon us for this year's **Grape Escape** - Wednesday! - and hopefully we're all contributing in one manner or another. And have you heard? We've received so many unique items for our Silent Auction that we had to add extra tables at the Frauenthal just to fit everything in. The Committee can't wait to see what these items are!

To order **Grape Escape** tickets online, go to one of these links:

[Muskegon Rotary Page](#)  
[Muskegon Rotary Grape Escape Tickets Here!](#)

### Facebook Page

[Facebook Access to Grape Escape Tickets Here!](#)

### Star Tickets

[Star tickets access to Grape Escape Tickets!](#)

### Frauenthal

[Frauenthal Access to Grape Escape Tickets!](#)

You can also purchase tickets directly from the Frauenthal Center Box Office: Hours: M-F 11am-5:30pm or by calling 231.727.8001.



### "BREAK A LEG" Photo Finish

After his presentation of a Muskegon Rotary flag to the Delhi Midtown Rotary Club, left, followed by presenting their flag to us, **Roger Spoelman** provided these pictures of his India trip to assuage any confusion of his mission there: "I was representing



an organization I serve as a board member," Roger told RIM: "CURE International. I was speaking about Clubfoot. We operate 250 clinics in all 29 states in India (we're in 16 other countries as well). Some of the Indian DGs are promoting Clubfoot treatment as the next Rotary effort post-polio."

*Spread love.  
Not hate.*

## ON STAGE THIS WEEK

The Muskegon County **Board of Commissioners** voted unanimously Tuesday, July 18, to place a proposed 1.5-mill tax on the Nov. 7 ballot.

**The 10-year tax**, if passed by voters, would help raise an estimated \$6.2 million in the first calendar year and an estimated \$62 million over the duration of the millage to help fund the enhancement of existing youth programs and for the development of other prevention and family-based programs for the county.

According to language from the proposal, the tax increase **would cost the owner of a \$100,000 home about \$75 annually or \$6.25 per month.**

## ANNOUNCEMENT FROM

**PRESIDENT-** Cathy Brubaker-Clarke,

Fellow Rotarians...For information on contributing to Hurricane Harvey's Disaster Relief Fund, **click on the following link:**

[The Gulf Coast Disaster Relief Fund](#)

## RIM Reporting Team

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This publication, Muskegon Rotary in Motion (RIM), is intended for the private, non-commercial use of our members and friends. Content includes RIM correspondents' reports, meeting announcements, satire sort of, Club- or member-contributed social media items, and Club-related borrowings from media friends. The deadline for RIM announcements (the timeframe adherence to best guarantee accuracy and publication of a reader's message) is Thursday noon for the following week's issue. Submit brief announcements in writing to Editor Bill Johanson or one of the RIM Correspondents above.

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## "Almost Heaven, West Virginia, Blue Ridge Mountains, Shenandoah River ..."



At the recent John Denver Tribute! Full house, excellent food and fantastic music!

Sold out for Family Promise! Mike Snell hit a home run with this show and his beautiful voice and skillful guitar work were mesmerizing. He played a full repertoire of John Denver songs intermixed with some of his own music, ending with a very beautiful version of Hallelujah...and the large audience eagerly sang along.



Above, a view of Mike Snell performing on stage. – Bob Scolnik



**Muskegon Holiday Inn**  
**Thursdays 5:15 – 6:30pm**

## Beautiful and Blessed

The recent weather tragedies down south remind us of the wonderful, and usually safe, location we call home. And



## LAST CALL FOR VOLUNTEERS

Grape Escape is less than a week away! **We currently have 78 volunteers and need a total of 88.** There will be an email blast sent to all of us outlining the auction items pre-event so we all have a chance to review.

**Please click link below and enter your name in the field to choose your position.**

[Grape Escape Volunteer >Excell Sheet<](#)



## ReWine Meeting Notes

September 21, 2017

[ReWine Minutes 09-21-2017](#)

professional photographers like Jeremy Church will capture the extreme beauty of the Muskegon area on any given day (we couldn't help *not* publishing his shot below).

As Jeremy said on Facebook, "Fall in Red. WOW!!!! This sunset came out of nowhere! I went down to the lake just to see what might happen and I was not disappointed. We seem to get really vivid sunsets like this every Fall. Here's to the start of something good."

☺ 9/27/17 at the Muskegon Channel



## 10 Brave Rotarians



Well, after 10 long weeks of selecting items out of the Trader Joe's bag, Pam Babbitt announced **Gene Fethke** as the winner of this segment of 10

Brave Rotarians. She also mentioned that this is **the last week to sign up for Trader Joe's petition!**

## Visiting Rotarians and Friends



We want everyone to know that we have taken the matter of **NOT** capturing a photo of the guest cards **very seriously**.

Recourse will be taken, but the matter is still currently under investigation.



Until we can reprint the actual list next week, **enjoy these pictures our friends, family, and guests.**



**If you recognize any of the suspects, please contact the editor [bjobassman@yahoo.com](mailto:bjobassman@yahoo.com)**

## Last Week's Program

# Steelcase Wellness Program

**Speaker- Gary Strehlke**  
**by RIM Reporter Lori Wheeler**



**Jerry Conrad** introduced our guest speaker **Gary Strehlke**, the **Wellbeing Navigator**

from the **Steelcase Corporate Office**. Gary shared an impressive presentation that began with the history of the Wellness Program. It is far from the early "simple but ineffective" biometric screens.

Through much research and years of work, they have developed an amazing resource called **The Wellbeing Hub**. The Hub is currently offered to employees of Steelcase as well as family members. The redesign of how they've managed to encourage their employees to participate in healthier choices, is based upon a **Human Centered** approach, which puts the employee at the center of their own well-being.

There is financial, life, relationships and career coaching available for all employees, Gary demonstrated the vast amount of resources available, including an Employee Assistance Program to help with stress, depression, onsite groups or individual counseling. A third party company called **Best Doctors** is available for all employees and family members in order to get a second opinion upon being diagnosed by another practitioner.

Gary also spoke on the "5 Stages of Readiness for Change". In which people may not even be

aware that they have an underlying "upstream- **cause**" issue, and only need to be encouraged to possibly see things from a different perspective.

Gary utilizes a technique called Motivational Interviewing, which helps him find the "upstream- **cause**" issue. From there, they work to remove it and resolve the "downstream issue- **symptom**." At **The Wellbeing Hub** at **Steelcase**, they utilize both private and public spaces to get the employees engaged. The Hub reaches employees all over the country and is designed to be inviting, intuitive, and safe--a **human centered design**. Gary has a classroom where he offers educational classes, yoga, anything that will bring a greater sense of wellbeing.

Steelcase's revolutionary Wellbeing Hub encourages employee wellness, which leads to less stress and a happier, healthier, more productive workforce.

## OUR NEWEST MKG ROTARY MEMBER



Please welcome our club's newest Rotarian- **Clare Root-Benson**, who was given a warm

introduction by her sponsor, **Kevin Donovan**, Clare has a vast background in community involvement with an emphasis on teaching, music, and social services.

## PAUL HARRIS FELLOW AWARD



Congratulations to **John Slocum** for receiving a Paul Harris Fellow Award. John was

introduced by **John Noling** and **Grace Goszkowicz**, president of the North Muskegon HS Interact. John's career as teacher, life coach, and a leadership teacher demonstrates how he sincerely cares about all students. His character exemplifies **Service Above Self**.

## NEWS / ANNOUNCEMENTS – PRESIDENT



**Cathy Brubaker-Clarke** reflected on an article in the Rotarian Magazine "10 minutes of daily meditation" and encouraged all of us to find moments every day to relieve our daily stress.



North Muskegon High School Principle **Ken Byard**- and **John Slocum** from the Interact

Committee welcomed the N.M.H.S students; **Brett Huff** and **Grace Goszkowicz** gave a review of the many things their group has been involved in this year. An impressive list, including Grace Adventures, The Irish Music Festival, Hope Project, and a trip to El Salvador planned this year.

**Kathy Moore** of the 1 in 21 Committee reported there are new Red Star sheets available. The guidelines have changed so *everyone is encouraged to review them.*



**Orville Crain** on behalf of **Howard Hardesty** of the Orientation Committee reported that next Wednesday **Oct 4<sup>th</sup>** is orientation for new or potential members at **8:00 am @ the Shoreline Inn.**



**Darlene Collet** Made the announcement that the **badges box has been reorganized.**

So if your badge is missing, put your new number on the back of your pin.

**Joanie Smith** announced the Youth Exchange Committee interviewed for a potential outbound student for school year 2018-19. Her name is **Hanna Scofield**, and she is a student met at Youth Leadership, and she is a really super student.



D&I committee – **Dakota Crow** reported more Love Lives Here signs are coming. You can also get them for a \$7 donation at Goodwill, the Boys & Girls Club office in the Frauenthal.



**Jerry Wiersma**, Volunteer with the **Noah Project**, presented an exciting update on their help with taking in dogs after Hurricane Harvey. After the news agencies ran stories about it, over 200 people came to the shelter to help. The shelter immediately had to rent a 10x20 storage unit to keep food, toys, treats that were donated for all the dogs. They even now have a huge waiting list to adopt or foster dogs or just to generally help out at the shelter.



**Linda Meyers** announced "**Amy Miedema-Barber** is a **Baker**

**Rotaractor from 2014.** Last week, she was inducted into the **Holland Rotary Club**. I believe this is the **first local Rotaractor to become a Rotarian.** I know we have a couple coming up for Muskegon as well!! "Following Amy's induction, this is a note I received from her: '**The President himself has contacted me and asked for me to be in charge of the exchange student committee** due to a huge project with India and my background with Rotaract.'" -

**LOVE**  
LIVES HERE  
Muskegon Rotary Club