

The RIM Newsletter

Rotary

InMotion



Club 16 (2809) District 6290, Chartered May 1, 1916
<http://www.muskegonrotary.org>



*Is it the truth?
 Is it fair to all concerned?
 Will it build goodwill and better friendships?
 Will it be beneficial to all concerned?*

Celebrating the people, events, and actions of the Muskegon Rotary Club

August 15, 2024

Next Meeting (August 22, 2024, 12-1:30pm) — Honey Glazed Pork Loin - at the Lake House
Program Topic – Little River Band of Ottawa Indians new Health and Family Services

What's Coming

August 22 – Little River Band of Ottawa Indians new Health & Family Services

August 29- MCC update with Rotaract

Upcoming Birthdays

August 22 Emily Morgenstern
 August 24 Judy Hayner
 August 25 Amy James
 August 25 Kristi Nagengast
 August 25 Ammy Seymour

Caring Connections Fund

[Click this link to donate \\$10 on your birthday](#)



Greeter This Week

Doug Brown
 Wyatt Huggett

Reflectors

Gregory Pittman August 15
 Myrna Olsen August 22
 Bill Loxterman August 29

Reflection



Gregory Pittman provides a powerful reflection

VISITORS & GUESTS



Susan Crain and Sarah Rinsema-Sybenga “New Mothers” introduce Mitchie their exchange student

RIM Reporting this Edition

Photographer – Mark Alpher
 RIM Reporter – Meredith Smillie
 RIM Editor – Jackie Farrar

Muskegon Rotary Board

Tim Arter, President
 Dave Alexander, President-Elect
 Roger Morgenstern, President Nominee
 Ginny Sprague, Past President
 Kristi Nagengast, Treasurer
 Jane Clingman-Scott, Secretary
 Kim Boersema, Club Coordinator
 Directors:
 Aaron Maike Tom Palmer
 Brandon Turnbull Esther Ricco
 Marty Sytsema Lisa Tyler

Please email Club Board Members through this [link](#):



Marty Sytsema introduced his daughter and guest Grace Sytsema



Holly LeMaster guest of **Jeanette Hoyer**



Euginnia Seyferth guest of **Heidi Sytsema**



Tony Gerheiser guest of **Dom Bunker**



Patrick O'Brien guest of **Rachel Fawcett**



Emma McClintock guest of **Tom Palmer**

8/15/2024 Muskegon Rotary
YouTube Video Link: [Click here](#)

RIM Reporting Team
Co-Editors: Susan Besteman & Jackie Farrar
Reporters: Kathy Moore, Roger Morgenstern, Meredith Smillie, Sue Samaniego
Photographers: Mark Alpher & Roger Morgenstern
Contributors: John Noling, & Mike Vogas

ReWine meetings are every 1st & 3rd Thursday each month at 5:15pm at **Unruly Brewing**

This week's program: Association for the Blind and Visually Impaired

Speakers: **Tim Tuthill**
Introduced by: **Rob Cook**
Reporter: **Meredith Smillie**



Rob Cook introduced **Tim Tuthill** from The Association for the Blind and Visually Impaired. Tim is the director of the Muskegon location and shared the services that they provide locally and in the West Michigan area.



Tim Tuthill shares information with members

Tim is the president and CEO for ABVI. He noted that he does not often use power points so that he can accommodate persons with visual impairments. Their mission is to work to create an accessible environment for anyone with a visual impairment. ABVI serves 13 counties on the west side of the state since 1913. The founder of ABVI helped found the Braille alphabet with Helen Keller. ABVI was founded by Roberta Griffeth over 100 years ago. They are one of the oldest nonprofits in the state of Michigan. ABVI partners with Mary Free Bed for service provision. They are holding a groundbreaking with Mary Free Bed to build the first children's rehabilitation center in Michigan. ABVI also likes to partner with Mary Free Bed for wheelchair adaptive sports programs, including archery. Tim noted that the adaptive sports offered through Mary Free bed as they are already pushing adaptive sports for the disabled.

Tim noted that they work with persons with low vision. Vision can fluctuate day to day for some individuals with vision loss. They work to maximize remaining site for individuals and offer rehabilitation services. Nearly 70 million Americans have vision concerns and are anticipating that as the population ages that requests for services could double. Loss of vision affects all areas of life for person suffering from low vision or blindness. Common low vision conditions are macular degeneration, glaucoma, diabetic retinopathy and cataracts. There is a lot of mental health conversations surrounding change of life as vision deteriorates. A loss of independence may also affect individuals who are losing their site.

ABVI offers to support individuals with support groups, advocacy work, mobility and while cane training, employment initiatives, assistive technology, ride sharing and transportation services, as well as services animals and white canes. All ages are served via ABVI.

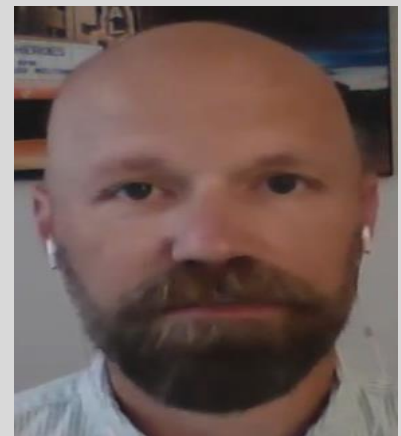
Muskegon offers a low vision clinic and assess, reassess and track vision loss. They develop treatment plans to assist individuals in navigating these life changes. Each treatment plan is very individualized, and each patient is assessed on their own medical and social needs. The rehabilitation team really works with persons to live independently, such as cooking and other daily living skills. There is also training on how to use adaptive technology and magnifiers. Technology continues to advance and become more portable. Cell phones and tablets have applications that can scan and read information for people with vision concerns. There are also orientation and mobility clinics that meet people where they are such as at home, shopping centers and employers.

ABVI also offers counseling services to support mental health, acceptance and grief over vision sight. These individual counseling sessions and supplement with peer support groups. ABVI does not want persons with vision loss to feel alone. ABVI also tries to support persons losing site to remain gainfully employed and to ensure that employers are accessible. ABVI is a nonprofit and for the support provided via the Senior Millages that are passed in our county, state agencies, federal grants and fund raising activities and private payment.

Several ways to learn more!

Sign up	You can sign up for our mailing list to receive our newsletters
Call	You can call us at 616-458-1187
Visit	You can visit https://www.abvimi.org
Email	Email us at tim.tuthill@maryfreebed.com

Rotarians in Action Spotlight Pete DeBoer



Pete DeBoer works on the Harvest Fest Sponsorship Committee. The Process does not always result in a yes, but the positive responses feed a great narrative and theme. To view this spotlight, click [here](#).

Microforest Mondays

8:30am – 10:30am
Help is needed for summer months
Contact **John Noling** for more information

ANNOUNCEMENTS

Ep 32: Matt Cortez - Muskegon Public Schools



We're excited to announce the release of Episode 32 of the Muskegon Rising Podcast, featuring an interview with Matt Cortez, Superintendent of Muskegon Public Schools.

Get to know Matt and his vision for the district. Learn how MPS is leading the way as the fourth district in Michigan to adopt the innovative Ford NGL framework.

Matt also sheds light on the state-accredited Career Technical Course in Geometry and Construction, offering a unique pathway for students to gain valuable skills and knowledge.

Tune in for an insightful conversation about the future of education in Muskegon.

<https://www.buzzsprout.com/2269729/15576395-matt-cortez-muskegon-public-schools>



Lisa Kraus talks about Harvest Fest and **reminds** members to purchase tickets!



Tickets:

Tickets are on sale now! More information can be found [HERE](#). Tickets are limited so be sure to get your ticket(s) soon!

Sponsorship:

The HF committee would like to challenge each member to help raise funds for this event. It is very simple challenge, they ask that EACH OF YOU you call or email ONE friend or business person you know, and ask them if they would be willing to sponsor the event! [HERE](#) is a link to view and download the sponsorship document. Feel free to email it or print it off and share it with someone you know! There will also be copies at the weekly Rotary luncheons on the back table. The instructions for returning the form are listed on the document.

Volunteer:

Volunteer registration is open! [HERE](#) is the link with more information. All volunteers that would like to enjoy the Harvest Fest activities before or after their shift will enjoy a discounted ticket price for the event!

New Member Coffee Connect



Connect with fellow Rotarians over coffee on September 20, 2024, 8-9am at Muskegon Museum of History and Science (430 W. Clay Ave.) Contact Melissa@LakeshoreMuseum.org to RSVP or for questions.

Hey Rotarians!
Watch me pull a rabbit out of my hat!



That's not a rabbit and that's not magic. The real magic will happen when Rotarians gather together for a three event weekend.

The Rotary Foundation Gala - Oct. 18
District Training Assembly - Oct 19
District Conference - Oct 19 -20

More details to come soon!